



BLUE H.E.L.



Honor Educate Lead Prevent



Data Points

Demographic Information On/Off Duty Sought help? PTSD? **Prior suicide attempts?** Under investigation at time of death? **Murder Suicide Recent Event** Public? Alcoholism **Drug Addiction** Depression **Post Traumatic Stress**

Financial Issues Relationship Issues Domestic Violence Recent Loss of a Loved One Recent Loss of LE Career Work Related Medical Issues Non-Work Related Medical Issues Diagnosed Mental Illness Childhood Trauma Abnormal Work Issues TBI or Concussion

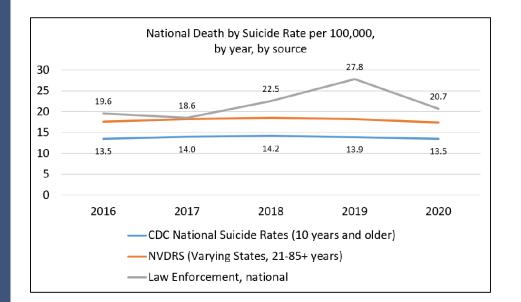
Narratives

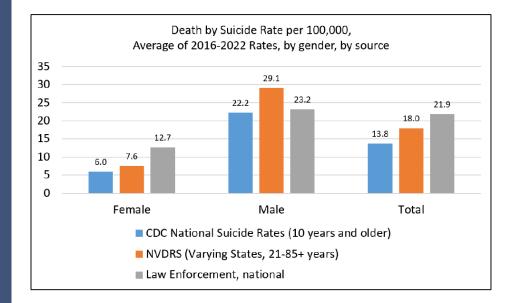


Sources

Families Friends Departments (co-workers, Chiefs, etc.) Peer Support Networks Other LE Organizations Internet Searches







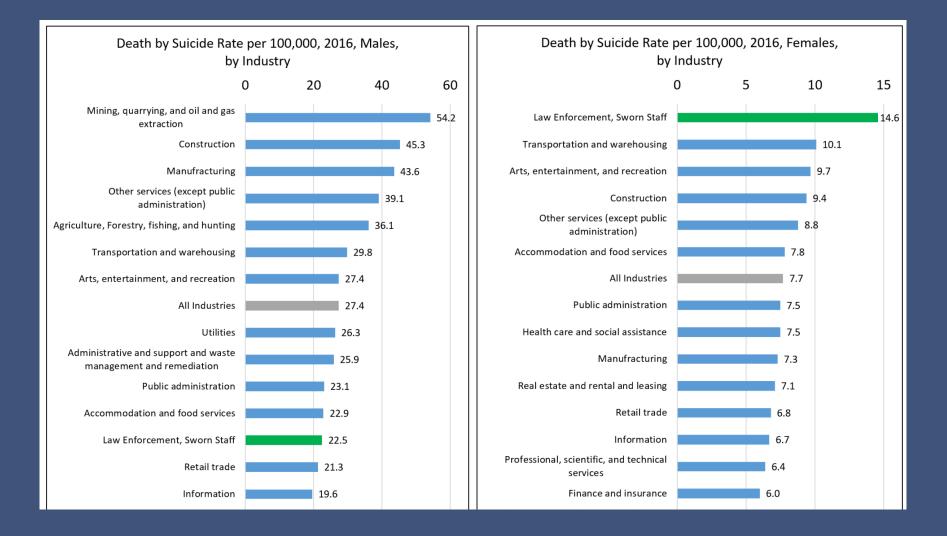
Data

Peterson, C., Sussell, A., Li, J., Schumacher, P. K., Yeoman, K., & Stone, D. M. (2020). Suicide rates by industry and occupation – National Violent Death Reporting System, 32 states, 2016. Morbidity and Mortality Weekly Report, 69(3), 57–62. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7367035/

1sthelp.org/the-numbers

Prepared by: Dr. Dan Lawrence from the CNA Corporation ** the comparisons are using the same states for 2016 data



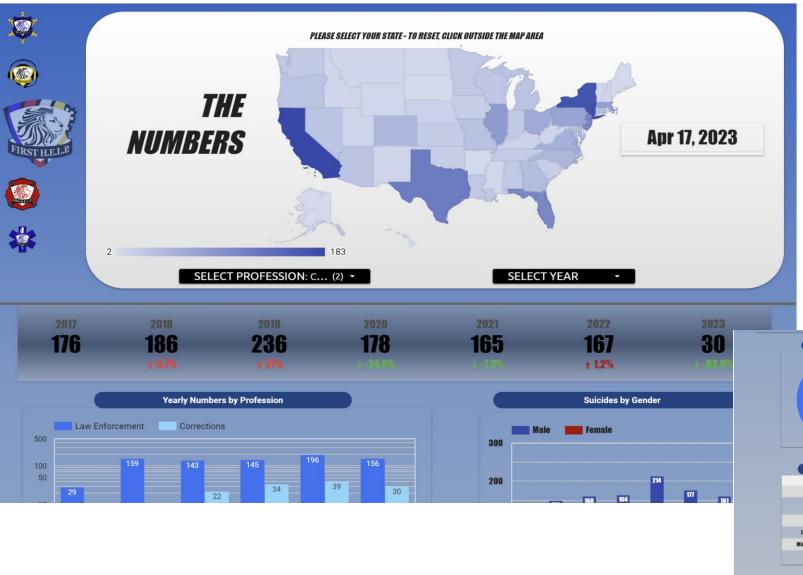


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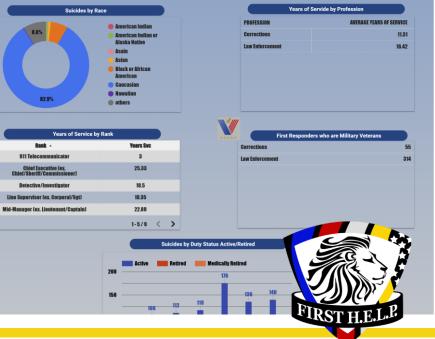
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Challenges and Successes



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