

Health Policy Research Scholars (HPRS)

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*Standing Committee on Evidence Synthesis and
Communications in Diet and Chronic Disease Relationships*

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Outline



HPRS program overview and goals



Overview of the HPRS community



Example related to on nutrition/food/agriculture



Lessons for training and education

A National Movement: Building a Culture of Health

- Creates a society where every person has an equal opportunity to live the healthiest life they can—whatever their ethnic, geographic, racial, socioeconomic, or physical circumstance.
- Embraces a more integrated, comprehensive approach to health.
- Encompasses both health care and the many other critical factors that impact people's health: early childhood development, education, housing, jobs, and the built environment.
- Requires unprecedented collaboration with everyone playing a role—parents, co-workers, neighbors, civic leaders, policymakers, and industry.

Health Policy Research Scholars



Being in HPRS means learning from and collaborating with a passionate group of emerging scholars representing a diverse range of fields. Collectively we are committed to advancing health equity and building a Culture of Health.

- Valerie Taing, PhD student in Social Work and Sociology, University of Michigan



National Program Center (NPC)

- Director: Keshia Pollack Porter
- Deputy Director: Gregory Powers
- Associate Director: Shannon Frattaroli
- Director of Leadership and Scholar Coaching: Jessica Harrington
- Director of Evaluation: Attia Goheer
- Program Administrator: Amanda Williams
- Director of Communications: Caitlin Hoffman
- Administrative Lead: Pam McCullough

Partners



Purpose of the HPRS Program

“Health Policy Research Scholars (HPRS) is a **four-year national leadership development program** for **full-time doctoral students** from nonclinical, **research-focused disciplines in which policy is a key lever for change** (e.g., urban planning; political science; economics; anthropology; education; social work; sociology). The program is focused on doctoral students who want to improve health, well-being, and equity; challenge long-standing, entrenched systems; exhibit new ways of working; collaborate across disciplines and sectors; and bolster their leadership skills.” - 2023 Call for Applications

HEALTH POLICY RESEARCH SCHOLARS

Applicants for HPRS must be:

- Doctoral students in research-focused programs, entering their 2nd year of doctoral study in fall 2023.
- Enrolled full time in a U.S. institution.
- From an underrepresented population and/or historically marginalized background.
- U.S. citizen, permanent resident, or with DACA or TPS.
- Anticipate doctoral program completion no earlier than spring/summer by the end of their 3rd year in HPRS.
- Interested in health policy and interdisciplinary approaches to build a Culture of Health; emphasis on non-health disciplines

How is underrepresented defined?

- Race/ethnicity
- Socioeconomic status
- Ability status
- First generation college graduate
- Underrepresented in field/discipline
- Other historically marginalized background
(explain in application)

The HPRS Community



HPRS by the Numbers...

257

Across 6 cohorts

4

Year Program

40

Scholars Selected

2nd

Year Students

\$30,000

Annual Award

\$10,000

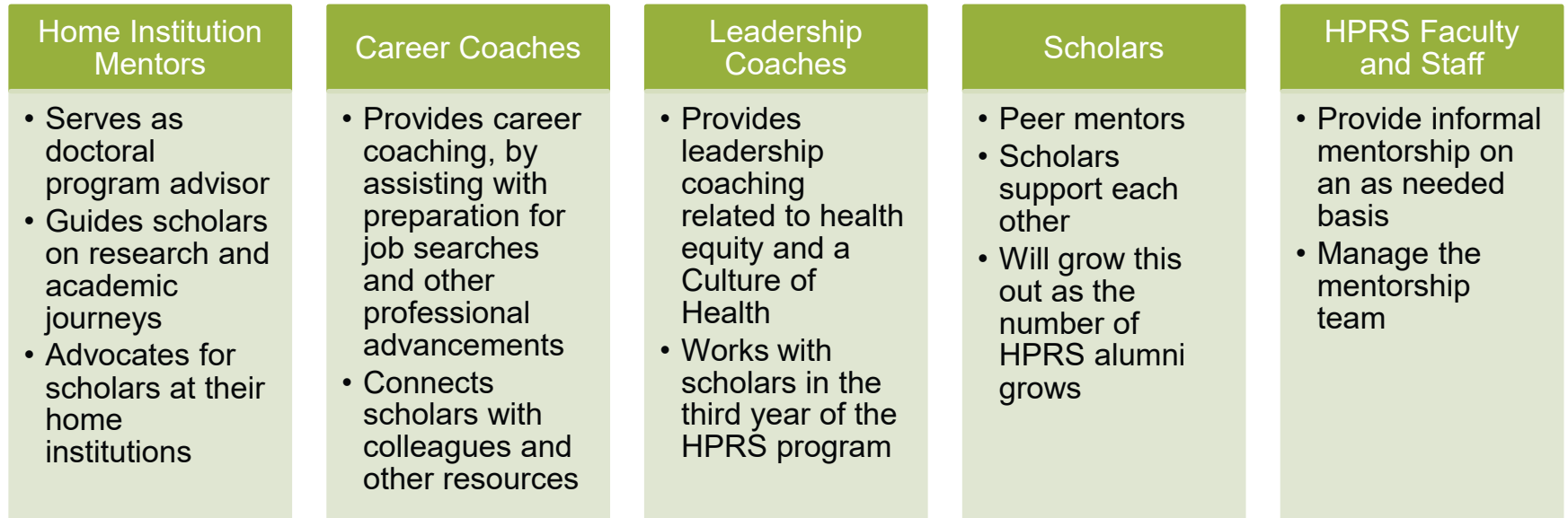
Dissertation Grants

Preparing Doctoral Scholars as Leaders

The HPRS Program has several key components, including:

- A comprehensive **Curriculum** that includes courses in health policy, communications, health equity, population health
- Opportunities to network and learn face-to-face, through the **Summer Institute** and **Other In-Person Meetings**
- Robust **Leadership Training**
- A **Mentorship Program** that creates a team of mentors to support Scholars in the program
- Competitive **Dissertation Support**, writing workshops, and other resources
- **Collaboration with Leaders** from various fields

Mentorship Model



Transparent communication among network for scholar's benefit

Dissertation Support

- Scholars entering their dissertation phase are eligible to apply for a competitive dissertation grant of up to \$10,000.
- Scholars who apply must have passed their proposal defense and have a dissertation that is related to building a Culture of Health.
- Grants may be used to support data acquisition and analysis, travel costs, and other research support.
- Experience with grant writing, preparing a budget, and budget narrative.

Translating Scientific Findings Across Disciplines

- Interdisciplinary Training
- Intentional community building
 - By topics and by disciplines
 - Writing Accountability Groups (WAGs)
- Training in communications: Op-Ed, oral presentations, Hill visits, data visualization, slideshows

Original Report:
Racism and Health

BUILDING THE TRANSDISCIPLINARY RESISTANCE COLLECTIVE FOR RESEARCH AND POLICY: IMPLICATIONS FOR DISMANTLING STRUCTURAL RACISM AS A DETERMINANT OF HEALTH INEQUITY

The Transdisciplinary Resistance Collective for Research and Policy*;
Adrian N. Neely, MS¹; Asia S. Ivey, MA²; Catherine Duarte, MSc³;
Jocelyn Poe, AICP⁴; Sireen Irsheid, LCSW, MSW⁵

Structural racism is a multilevel system of ideologies, institutions, and processes that have created and reified racial/ethnic inequities. As a system, it works in concert across institutions to propagate racial injustice.

INTRODUCTION

Structural racism is a multilevel system of ideologies, institutions,

frameworks to advance the research enterprise and inform sustainable and comprehensive intervention. This distinction is an important one, as the

Ethnicity & Disease, Volume 30, Number 3, Summer 2020

Additional Supports

Opportunities to apply for:

- Conference Travel Award
- Biostatistical Consulting Award
- Research Dissemination Award
- Dissertation Award
- Teach Out Award
- Hardship Funds

Optional professional development sessions:

- Financial Literacy, Writing Retreats (with editor)

HPRS Alumni (#HPRSAalum)

HPRS Alumni
Total: 115

Finishing Doctoral
Program
31



Academic
Roles
62

Non-Academic,
Non-Government Roles
15

Government
Roles
5



Example from HPRS Community: Nutrition/Food/Agriculture

Photos Farm Philly, phila.gov

Dissertation Award

- Ashley Gripper: *“We Don’t Farm because it’s Trendy: An Environmental Justice Approach to Understanding the Connections Between Urban Agriculture and Health in Philadelphia Study*
- Summary: Through spatial analysis, focus groups, and structural equation modeling, this study investigates the connections between urban agriculture and mental health, spirituality, and collective agency of Black farmers and gardeners.

Ashley Gripper, PhD, MPH HPRS Alumni, Cohort 2018



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Black Agricultural Solutions to Food Apartheid: A Teach-Out



Instructors: [Ashley B. Gripper, PhD, MPH](#) [+1 more](#)

Enroll for Free

Starts Apr 23

Course

Gain insight into a topic and learn the fundamentals

Beginner level

Recommended experience ⓘ

5 hours (approximately)

Flexible schedule

Learn at your own pace

[View course modules](#)

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HEALTH POLICY RESEARCH SCHOLARS

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There are 6 modules in this course

Black Agricultural Solutions to Food Apartheid is a series where we dive deep into the historical, ancestral, and spiritual connections that Black people have to land and agriculture. Throughout this course, we encourage participants to learn about their ancestral foodways, agrarian practices, and spiritual connections. These sessions share wisdom and highlight the importance of food sovereignty, rebuilding community, and land based living.

Participants will gain a deeper understanding of the spiritual and ancestral relationships that many Black people have to a higher power, land, plants, and each other.


Participants will walk away from this series with an understanding of the many benefits of gardening and farming, including but not limited to social capital, collective agency, physical wellbeing, deepened spiritual connections, community resilience, economic autonomy, organizing, mobilizing, and improved mental and emotional health.



Participants will leave this session with the desire to learn more about their own familial relationships to food and land, as well as a greater understanding of Black agriculture.


[Read less](#)


- **Modules:**
 - Land is at the Center
 - A Brief History of Structural Racism Experienced by Black Farmers
 - Community Gardening in Philadelphia: Past and Present
 - Threatened Gardens and Advocacy Efforts
 - Stewarding from Spirit
 - Overcoming Barriers to Growing in a City

Sharing the Teach-Out






 Thread

**Ashley B. Gripper**
@DoctaGrip





I'm really excited to share this labor of love and community with y'all. In fall 2021, I started working with [@HPRScholars](#) and John's Hopkins CTL to put together a teach-out on "Black Agricultural Solutions to Food Apartheid." It finally launched 😊 -




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**Ashley B. Gripper** @DoctaGrip · Feb 18, 2022

Black Agricultural Solutions to Food Apartheid is a series where we dive deep into the historical, ancestral, and spiritual connections that Black

Lessons Learned

(based on our evaluation & theory of change)

- Need to provide training and support to foster interdisciplinary mindset
- Network building and community are critical
- Need buy-in & support from home institution (engage Home Institution Mentors)
- Intentional outreach to non-health disciplines is essential
- “Wrap around services” help with scholar success
- Current evaluation identifying “core components”

Contact Information

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