

Workshop on Responding to the Current Youth Mental Health Crisis and Preventing the Next One

SPEAKER BIOS

Harolyn Belcher, MD, MHS (*she/her*), Forum for Children's Well-Being member, is the vice president and chief diversity officer, director, Office for Health, Equity, Inclusion, and Diversity, senior director, Center for Diversity in Public Health Leadership Training at Kennedy Krieger Institute. She is a neurodevelopmental pediatrician and research scientist at Kennedy Krieger Institute, and is jointly appointed as a professor in the Department of Pediatrics at Johns Hopkins University School of Medicine and the Department of Mental Health at the Johns Hopkins Bloomberg School of Public Health. Belcher serves on the National Academies' Board on Children, Youth, and Families, and is a member of the Baltimore City Task Force on Social Determinants of Health. She served on the faculty of George Washington University, Children's National Medical Center in Washington, DC, and University of South Florida, as the director of the Developmental Evaluation and Intervention Program, Division of Child Development, Department of Pediatrics. She was the assistant medical director, Division of Early Intervention Services/Exceptional Family Member Program, Department of Pediatrics at the National Naval Medical Center. She was awarded the Distinguished Civilian Service Award for her work at the National Navy Medical Center. Belcher received her Bachelors of Science degree in zoology and medical degree from Howard University as a BS-MD Honors Program scholar. She received a Master's of Health Science focusing on mental health from the Johns Hopkins Bloomberg School of Public Health, and was a fellow in developmental pediatrics at Kennedy Krieger Institute.

Rahil Briggs (*she/her*), Forum for Children's Well-Being member, is the national director of HealthySteps, a program of ZERO TO THREE. Since 2018, she has overseen the dramatic growth of HealthySteps to over 200 sites across the country with 15% average year-over-year growth, reaching over 350,000 children and families in 2021. She is responsible for all aspects of the program's operations, financial sustainability, evaluation and research, policy, model enhancements, and site professional development and training. She comes to this role after a successful career at Montefiore in New York, where she grew the HealthySteps footprint from one to 21 practices, serving over 30,000 children annually. Additionally, Briggs is the founder and former director of Pediatric Behavioral Health Services at Montefiore, one of the largest integrated pediatric behavioral health services in the nation. The Academic Pediatric Association awarded her for this work with the 2018 Health Care Delivery Award. Briggs is the editor of *Integrated Early Childhood Behavioral Health in Primary Care*, published by Springer (2016). She is clinical professor of pediatrics and psychiatry at Albert Einstein College of Medicine. Briggs completed her undergraduate work at Duke University (*magna cum laude*) and her doctoral work at New York University.

Alex Briscoe (*he/him*) was appointed director of the Alameda County Health Care Services Agency in 2009 where he led one of the state's largest public health systems, overseeing health and hospital systems, public health, behavioral health, and environmental health departments with an annual budget of \$700 million and 6,200 FTE contracted and civil service staff. Before joining the county, he was the

director of the Chappell Hayes Health Center at McClymonds High School in West Oakland, a satellite outpatient center of Children's Hospital and Research Center. Briscoe's work has helped design the nexus of public health and public education. He has designed and administered a number of mental health and physical health programs and services in child serving systems, including home visiting programs, programs for medically fragile children, and clinical and development programs in child welfare, juvenile justice, and early childhood settings. Briscoe has served on the Alameda County First Five Commission, The Alameda Alliance, and The Kaiser Commission on Medicaid and The Uninsured, as well as a number of other public and private boards and commissions. Briscoe is a mental health practitioner specializing in adolescent services and youth development. He has advised or collaborated with a number of local and national foundations including The Atlantic Philanthropies, The Robert Wood Johnson Foundation, The Annie E. Casey Foundation, The California Endowment, and most recently with Tipping Point Community. He has specialized in Medicaid policy and administration, emergency medical services, youth voice and crisis counseling, and safety net design and administration.

Christina Dobson, MEd (*she/her*) joined Ready for School, Ready for Life in 2017. As the Director of Navigation Services, she has brought together local, state, and national partners to design and implement elements of a responsive system of care for families and young children. In spring of 2022, Dobson is transitioning to the role of Director of Data and Performance to support the evaluation of Ready Ready's work. Her work with Ready for School, Ready for Life is informed by almost two decades of work in the Guilford County community supporting women and families to attain their goals for health, education, and well-being. In 16 years at the YWCA Greensboro, Dobson designed and managed a variety of programs for young parents and their children. Following her work at the YWCA, she dedicated a year to United Way of Greater Greensboro, through the AmeriCorps VISTA program, helping to create a community-wide network to support family economic stability. She is committed to addressing systemic barriers so that all children can thrive. Dobson graduated from Harvard University and earned her Master of Education degree from the University of Michigan. She lives in Greensboro with her husband, and they have two grown children.

Sandra Fritsch, MD (*she/her*) currently maintains board certification in general psychiatry and child and adolescent psychiatry. Her current professional role is as the medical director of the Pediatric Mental Health Institute, Children's Hospital Colorado and professor in the Department of Psychiatry at University of Colorado School of Medicine. Her career has encompassed working at the interface of pediatrics and child psychiatry; both for inpatients in pediatric hospitals and in outpatient child psychiatry. Fritsch has worked in Massachusetts and was fortunate to be involved in the Massachusetts Child Psychiatry Access Program (MCPAP), developed a similar program in Maine, and is the project director/medical director of CoPPCAP, the Colorado Pediatric Psychiatry Consultation & Access Program), a HRSA PMHCA funded initiative. Fritsch's professional interests include advocacy, innovations in medical education, collaborative care models between primary care and mental health providers, and the interplay of physical health concerns and mental health needs. She has been in her current role for almost 6 years, having previously practiced in Maine. Fritsch is a graduate of Michigan State University College of Human Medicine in 1985. She trained in pediatrics, psychiatry, and child psychiatry (Triple Board Residency) at Brown University and completed her residency in 1991.

Mary Gordon (*she/her*) is recognized internationally as an award-winning social entrepreneur, educator, author, child advocate and parenting expert who has created programs for young children informed by the power of empathy. She founded an international children's charity, Roots of Empathy (ROE), based on the demand for the Roots of Empathy program which she created in 1996 for elementary school children. ROE has research from three continents, including RCTs, confirming its efficacy in reducing aggression and bullying while increasing empathy, inclusion, and prosocial behaviors. Over the school year, these experiential programs taught by a certified Instructor using an accredited curriculum, highlight the attachment relationship between a parent and an infant. In 2005, Gordon created Seeds of Empathy for 3-5 year olds in child care settings. Gordon consults to governments, educational organizations, and public institutions. The Nelson Mandela Children's Foundation brought her to South Africa to share her parenting expertise. Gordon has also presented to the World Health Organization, the Skoll World Forum, UBS Global Philanthropy Forum, and the United Nations. She has given several TEDx talks and is the recipient of honorary doctorates in North America and Europe. Both Gordon and the program have been featured in the New York Times, the LA Times, the Guardian, The Washington Post, Time Magazine and in features on NBC's Today Show, PBS, CNN, The BBC, NHK Japan and the Huffington Post. Her book, *Roots of Empathy: Changing the World Child by Child*, is available in multiple languages.

Laura Kavanagh, MPP (*she/her*), Forum for Children's Well-Being member, is the deputy associate administrator of the Maternal and Child Health Bureau (MCHB), part of the U.S. Department of Health and Human Services' Health Resources and Services Administration. Kavanagh has served in this role since April 2015, with a focus on improving the transparency, accountability, and evidence base of MCHB's programs and initiatives. Before recently re-assuming this role, Kavanagh served as the acting administrator of MCHB from October 2017 through October 2018. Previously, Kavanagh led the MCHB Division of MCH Workforce Development; the MCHB Division of Research, Training and Education; and the MCHB Autism Initiative, a cross-division program that included research and training. Prior to her tenure at MCHB, Kavanagh conducted health policy research at Georgetown University's National Center for Education in Maternal and Child Health for 14 years and taught in the graduate public policy program. Research areas include evaluation of the national MCH training program, development of MCH performance measures, effectiveness of outreach strategies for access to children's health services, and evaluation of the Healthy Tomorrows Partnership for Children program. Recognitions include the American Academy of Pediatrics Section on Developmental & Behavioral Pediatrics Dale Richmond/Justin Coleman Lectureship Award, the National Public Health Leadership Institute fellowship, and the American Public Health Association's Maternal and Child Health Young Professional Award. Kavanagh earned a Master of Public Policy degree with an emphasis on health policy analysis from Georgetown University, and a Bachelor of Arts degree in interdisciplinary studies from the University of Virginia.

Amy Wimpey Knight, MHA (*she/her*), Forum for Children's Well-Being member, is the president of Children's Hospital Association (CHA), representing over 220 hospital organizations and pediatric programs dedicated to improving child health through innovation in policy and care delivery. Knight oversees the organization's quality and safety, data and analytics, member and advocacy communications, hospital/health system relations, education, child health advocacy, human resources

and governance, and plays a key role in our public policy initiatives. Prior to joining the Children's Hospital Association in 2011, Knight was a partner and the director of children's hospital services for Kurt Salmon, a global management consulting firm. As a strategic advisor to children's hospitals and academic medical centers across North America, she understands their strategic and operating issues in the evolving legislative, payer and regulatory environments in addition to their local and regional markets. She routinely led engagements with hospital executive teams and boards to position their hospitals for success in their local, regional and national markets. Knight's professional career also includes management positions in children's hospitals working closely with schools of medicine, physician groups and a variety of community-based providers. Knight has a Master of Health Administration from Washington University's School of Medicine in St. Louis, and a Bachelor of Arts in History from The University of Texas at Austin. She is based in Washington, D.C.

Nanfi N. Lubogo, CCHW (*she/her*) serves as co-executive director for PATH CT, a statewide family support organization for families of children and youth with special health care needs/disabilities. She serves on various committees, councils, and boards both in Connecticut and nationally. Current appointments include: President, Board of Directors of Family Voices; co-lead of the Family Voices United to End Racism Against CYSHCN and Families project; AAP Council on Children with Disabilities EDI Workgroup; National EMSC Family Advisory Network. Lubogo is a former council member of the National EMS Advisory Council where she served as co-chair of the Education and Preparedness Committee. Lubogo is a Maternal and Child Health/Public Health Leadership Fellow and Partners in Policy Making Graduate.

Kate Margolis, PhD (*she/her*) is an associate clinical professor at UCSF School of Medicine and the director of the Division of Integrated Behavioral Health at the Zuckerberg San Francisco General Hospital Department of Psychiatry and Behavioral Sciences. She also directs the pediatric behavioral health and HealthySteps program within the pediatric ambulatory clinic at ZSFG. She is a Spanish-speaking, licensed clinical psychologist, specializing in pediatric psychology. Prior to joining UCSF, she served as faculty at the University of Colorado School of Medicine. Committed to social justice and culturally-responsive care, Margolis has dedicated her career to enhancing systems of care to better serve marginalized children and families across the continuum of care to include prevention and health promotion in infancy and early childhood. Margolis provides content expertise for primary care behavioral health services and billing for children served by Medicaid in California in her role as the director of the UCSF Dyadic Behavioral Health Technical Assistance Center with the aspiration to expand Early Childhood/Dyadic integrated behavioral health services across California. Some of her areas of clinical and research interest include health equity for immigrant children and families, systems of care, integrated pediatric primary care, culturally-responsive evidence-based practice, payment reform, and training/workforce capacity development in integrated primary care. Margolis earned her PhD in Counseling Psychology from the University of Oregon and completed her pre-doctoral internship at Children's Hospital Los Angeles and her postdoctoral fellowship in primary care psychology at Children's Hospital of Colorado.

Georgia Mjartan is the executive director of South Carolina First Steps, a state agency and nonprofit annually serving over 35,000 children birth to age five in every county of the state. Mjartan also leads

the state's Early Childhood Advisory Council, a coordinating entity which links public, private, and nonprofit systems to ensure whole families are supported in their efforts to become successful in school, work, and life. First Steps provides over \$17 million in grants annually to a network of 46 nonprofit affiliates, one in each county, which provide parenting support, increase access to high-quality child care, support school transitions, and offer a variety of other evidence-based programs. Mjartan also oversees First Steps 4K, an innovative, publicly-funded pre-K program which allows 3,000 children annually to participate in free, high-quality, full-day, 4-year old kindergarten in private, nonprofit, and faith-based centers. Mjartan is an Aspen Institute Ascend Fellow and a graduate of the Harvard John F. Kennedy School of Government's Senior Executives in State and Local Government program. She holds a Master of Science in Public Affairs and Political Communications from the University of Ulster (UK) and undergraduate degrees in English and Political Science from the University of Arkansas in Little Rock. Mjartan's accomplishments have been recognized extensively. Southern Living named Mjartan one of the Southerners of the Year and Arkansas Business recognized her as the Nonprofit Executive of the Year. Her work has been featured on NBC News, USA Today, and PBS.

Vivek Murthy, MD, MBA was confirmed by the U.S. Senate in March 2021 to serve as the 21st Surgeon General of the United States. As Vice Admiral of the U.S. Public Health Service Commissioned Corps, Murthy commands a uniformed service of over 6,000 dedicated public health officers. Murthy is focused on working across government to address critical public health issues, including the growing proliferation of health misinformation, the ongoing youth mental health crisis, well-being and burnout in the health worker community, and social isolation and loneliness. During his previous tenure as 19th Surgeon General, Murthy created initiatives to tackle our country's most pressing public health challenges. The first Surgeon General of Indian descent and the youngest active duty flag officer in federal uniformed service, he helped lead the national response to a range of health challenges, including the Ebola and Zika viruses, the opioid crisis, and the growing threat of stress and loneliness to Americans' physical and mental wellbeing. Murthy also continued the office's legacy on preventing tobacco-related disease, releasing a historic Surgeon General's report on e-cigarettes and youth. And in 2016, he issued the first Surgeons General's Report on Alcohol, Drugs and Health. Before entering government service, Murthy co-founded VISIONS, a global HIV/AIDS education organization; the Swasthya Project, a rural health partnership that trained women in South India to become community health workers and educators; TrialNetworks, a technology company dedicated to improving collaboration and efficiency in clinical trials; and Doctors for America, a nonprofit mobilizing physicians and medical students to improve access to affordable care. Murthy received his Bachelor of Arts degree from Harvard, his MD from the Yale School of Medicine, and his Masters in Business Administration from the Yale School of Management.

Warren Y.K. Ng, MD, MPH (he/him) is the president of the American Academy of Child and Adolescent Psychiatry. He serves on the New York State Governor's Behavioral Health Services Advisory Council. He is a professor of psychiatry, Columbia University; medical director for Outpatient Behavioral Health at NewYork-Presbyterian/Columbia University Irving Medical Center (CUIMC); and director of clinical services, Division of Child & Adolescent Psychiatry at CUIMC; behavioral health service line clinical innovation officer, NewYork-Presbyterian Hospital. Ng oversees the comprehensive spectrum of clinical programs in child, adolescent, and adult outpatient and community behavioral health at NewYork-

Presbyterian's Division of Community and Population Health. He also oversees the psychiatric services at the Morgan Stanley Children's Hospital of New York within the outpatient, emergency department, and inpatient services.

James M. Perrin, MD (*he/him*) is professor of pediatrics at Harvard Medical School and former director of the Division of General Pediatrics at the MassGeneral Hospital for Children. He holds the John C. Robinson Distinguished Chair in Pediatrics at the MGH. He was president (2014) of the American Academy of Pediatrics, chair of its Committee on Children with Disabilities, and past president of the Ambulatory (Academic) Pediatric Association. He directed the Autism Intervention Research Network on Physical Health for seven years. Perrin was founding editor of Academic Pediatrics. He has studied asthma, middle ear disease, children's hospitalizations, health insurance, and childhood chronic illness and disabilities. A recent focus has addressed improving Medicaid for younger people in Massachusetts and nationally. He received a Robert Wood Johnson Foundation Investigator Award in Health Policy Research and was a member of the Agency for Healthcare Research and Quality National Advisory Council. He is an elected member of the National Academy of Medicine. He has been on several national committees relating to children and youth with special health care needs and their families, including with the National Academies' Board on Children, Youth, and Families. He has served on the boards of Family Voices, the Frank Porter Graham Child Development Institute (University of North Carolina), and the Institute for Exceptional Care. He graduated from Harvard College and Case Western Reserve School of Medicine, followed by residency and fellowship at the University of Rochester and prior faculty appointments at Rochester and Vanderbilt. While at Rochester, he developed a community health center in rural communities between Rochester and Buffalo.

Cheryl Polk, PhD (*she/her*), Forum for Children's Well-Being co-chair, is Safe & Sound's first chief program officer. Safe & Sound has worked for more than 45 years to prevent child abuse and reduce its devastating impact. In this position, Polk supervises the agency's clinical and family teams: Integrated Children & Family Services that bolster mental health, and Community Education & Strategic Partnerships. Prior to this role, she served as president of HighScope Educational Research Foundation. For more than 25 years, Polk has promoted healthy child development, especially for children at risk of school failure and their families, through her work as a psychologist, academic, and civic volunteer. She served as the executive director of the Lisa and John Pritzker Family Fund where her insight into early childhood development and philanthropy helped create innovative intervention programs for children exposed to community and interpersonal trauma. She was president of the board of directors of ZERO TO THREE: National Center for Infants, Toddlers, and Families and served as a board member of that organization for more than 10 years. Polk received her PhD in psychology from California School of Professional Psychology-SF/Alliant International University.

Wendy Pringle, LMHC, NCC, RPT, CAAPT (*she/her*) is the director of pediatric healthcare integration at HopeSparks in Tacoma, Washington where she currently works with Pediatrics Northwest to design and implement a pediatric collaborative care model. She sits on the Washington Department of Health's Behavioral Health Integration Subgroup for the Children and Youth Behavioral Health Workgroup. She is a Licensed Mental Health Counselor with a Master of Arts degree in Counseling Psychology. She has over 20 years of experience in programs for children, youth and families. She has served as a program manager at Puget Sound Educational Service District Head Start/ECEAP program where her work

included the Change Management Team and management of the Tiered Services/Expansion Team. She has worked in community mental health agencies where she has provided clinical supervision, personnel oversight and collaborative leadership to the Child, Youth and Family Teams. She is a National Certified Counselor, Registered Play Therapist with the Association for Play Therapy, and Certified with the International Institute for Animal Assisted Play Therapy.

Kimberly Seals (*she/her*) is the director of the Bureau of Maternal and Child Health with the South Carolina Department of Health and Environmental Control. As director, Seals oversees activities within the Divisions of Children's Health and Perinatal Services, Women's Health, and the Division of Children's and Youth with Special Healthcare Needs. Prior to relocating to South Carolina, Seals was the Maternal and Child Health Director for the March of Dimes Alabama office. In this role, she led the state's programmatic and mission related activities of giving every baby a fighting chance at life. One of her largest initiatives was to launch and implement Healthy Babies are Worth the Wait in Alabama focused on preventing prematurity. Seals received her Master of Public Administration degree from Texas Southern University and her Master of Public Health degree from Meharry Medical College. She completed her undergraduate work from University of Alabama at Birmingham, with a bachelor's degree in biology. Seals participates on several committees across the state of South Carolina and is passionate about racial/ethnic disparities research and evidenced-based programs that minimize the impact of inequities among communities of color.

Maira Szilagyi, MD, PhD, FAAP (*she/her*) began her one-year term as President of the American Academy of Pediatrics (AAP) on January 1, 2021. Szilagyi is a primary care pediatrician, educator, and Professor of Pediatrics at UCLA (since 2014) where she is division chief of developmental/behavioral pediatrics and Peter Shapiro Term Chair for the Promotion of Child Developmental and Behavioral Health. She completed her MD, PhD, and pediatric residency at the University of Rochester. During her 30 years in Rochester, she developed a community-based, integrated-care medical home for children in foster care, worked in a suburban private practice, precepted residents in continuity clinic, created and led a regional child abuse program, conducted research highlighting vulnerable children, and mentored trainees. Szilagyi has worked closely with the AAP for 3 decades. In the 1990s, she led a multi-disciplinary team at AAP-District-II NYS that developed the first health care standards for children in foster care- Fostering Health (now the national standards). She has served in leadership roles on the Committee on Early Childhood, Task Force on Foster Care, and Council on Foster Care, Adoption and Kinship Care. She has authored several AAP policy statements, clinical and technical reports and speaks widely about child welfare, vulnerable children, and childhood trauma and resilience. A dedicated advocate, Szilagyi works closely with the AAP's Washington Office on legislation related to equity, diversity, and the care of vulnerable children. She collaborates with mental health and child welfare to integrate evidence-based interventions into pediatric care. She recently led a federally funded, multi-site project with the AAP and University of Massachusetts Medical School to educate pediatricians about trauma- and resilience-informed care and relational health.

Elsie Taveras, MD, MPH (*she/her*) is the inaugural chief community health equity officer at Mass General Brigham (MGB). She is also executive director of the Kraft Center for Community Health at Mass General Hospital and the Conrad Taff Endowed Professor of Pediatrics and Nutrition at Harvard Medical

School. Taveras leads MGB's efforts of United Against Racism focused on patient care and health equity, as well as the new system-wide strategy in community health. Taveras is a board-certified Pediatrician, clinical epidemiologist, and a community health services researcher. Her main focus of research is understanding determinants of chronic diseases in women and children and developing interventions across the lifecourse to prevent obesity and chronic diseases, especially in underserved populations. Her work spans the spectrum of observational studies and interventions—to identify and quantify risk factors— and to modify these risk factors for health promotion and disease prevention. Taveras' leadership, passion, and expertise has been recognized widely. In 2016, she received the Public Health Leadership in Medicine Award from the Massachusetts Association of Public Health for her extensive work improving health and health care in community-based settings. In 2017, she was promoted to professor of pediatrics becoming the first Latina at Harvard Medical School to reach that rank in pediatrics. In 2018, she received the Conrad Taff Endowed Chair at Harvard Medical School, becoming the first Latina to hold an Endowed Professorship across Harvard Medical School and at Massachusetts General Hospital. She has more than 250 publications and has received continuous research funding from the National Institutes of Health, the Centers for Disease Control and Prevention, the Patient-Centered Outcomes Research Institute, the American Diabetes Association, the Robert Wood Johnson Foundation, the Boston Foundation, among many other federal and foundation sources.

Kini-Ana Tinkham, RN (*she/her*) is the executive director of the Maine Resilience Building Network (MRBN). Tinkham has worked in public health and healthcare for close to 40 years. She works to improve the health and well-being of children, families, and communities by advancing the MRBN mission through capacity building, system integration, resilient workforce development, policy, and advocacy. Tinkham brings extensive system transformation leadership experience aimed at the integration of community and health systems through strategies to advance equity and promote a resilience-framed approach to public health.

David Willis, MD (*he/him*), Forum for Children's Well-Being co-chair, is a senior fellow at the Center for the Study of Social Policy. He leads a national initiative to advance early relational health for child health and communities. A board-certified, developmental-behavioral pediatrician, Willis was a clinician in Oregon for more than 30 years with a practice focused on early childhood development and family therapy. Most recently, he was the first executive director of the Perigee Fund, a Seattle-based philanthropy focused on strengthening of the social and emotional development of all babies and toddlers, and on advancing the workforce to do so. From 2012-2018, he served as director of the Division of Home Visiting and Early Childhood Services at the U.S. Health Resources and Services Administration Maternal Child Health Bureau in Washington DC, and continues to be thought leader in home visiting and early childhood systems. During his career, Willis has also been a Harris Mid-Career Fellow with ZERO TO THREE; the past president of the Oregon Pediatric Society; an executive member of the American Academy of Pediatrics' Section on Early Education and Child Care; and chair of the AAP Board's Early Brain & Child Development Strategic Initiative. Willis has been a national lecturer, advisor to early childhood national policy, and visionary for the transformation of child health care in coordination with early childhood communities and focused on the advancement of early relational health and young children's social-emotional and developmental well-being. Willis received his MD from Jefferson Medical College of Thomas Jefferson University.

NATIONAL ACADEMIES

*Sciences
Engineering
Medicine*

Mary Ann Woodruff, MD, FAAP (*she/her*) is a board certified pediatrician in practice for over 30 years in Tacoma, WA with her remarkable colleagues at Pediatrics Northwest, a multispecialty pediatric practice. She leads practice mental health integration and serves on the leadership team for the Bridge of Hope, a partnership between HopeSparks and Pediatrics Northwest, to implement the Collaborative Care Model. She is a member of the American Academy of Pediatrics (AAP), co-chairs the Early Childhood Committee for the Washington Chapter of the AAP (WCAAP), and sits on the Behavioral Health Integration and Healthcare Transformation Committees. She was the co-medical director of WCAAP's First Year Families, a learning collaborative for pediatric practices in implementing Perinatal Mood Disorder Screening. She is the co-medical director for First Year Families: Pediatrics Supporting Parents to improve support of Early Relational Health. She sits on the Medical Provider Outreach Committee for Help Me Grow Pierce County. Woodruff serves on the WA Department of Health's Essentials for Childhood Steering Committee and the Prenatal to Five Relational Health Sub Group of the Children and Youth Behavioral Health Work Group, advisory to the legislature. Since 2001, she has been delighted to practice pediatrics with books as part of Reach Out and Read. She cofounded Reach Out and Read Washington in 2007 and continues as the medical director for Reach Out and Read Washington and on the ROR National Medical Advisory Board. She earned her undergraduate degree at Seattle University, her medical degree at the University of Washington and completed her pediatric and chief residencies at Mount Zion Hospital and Medical Center, Stanford University and the University of California, San Francisco.