

Best Practices Panel:
Youth Thrive Alive!

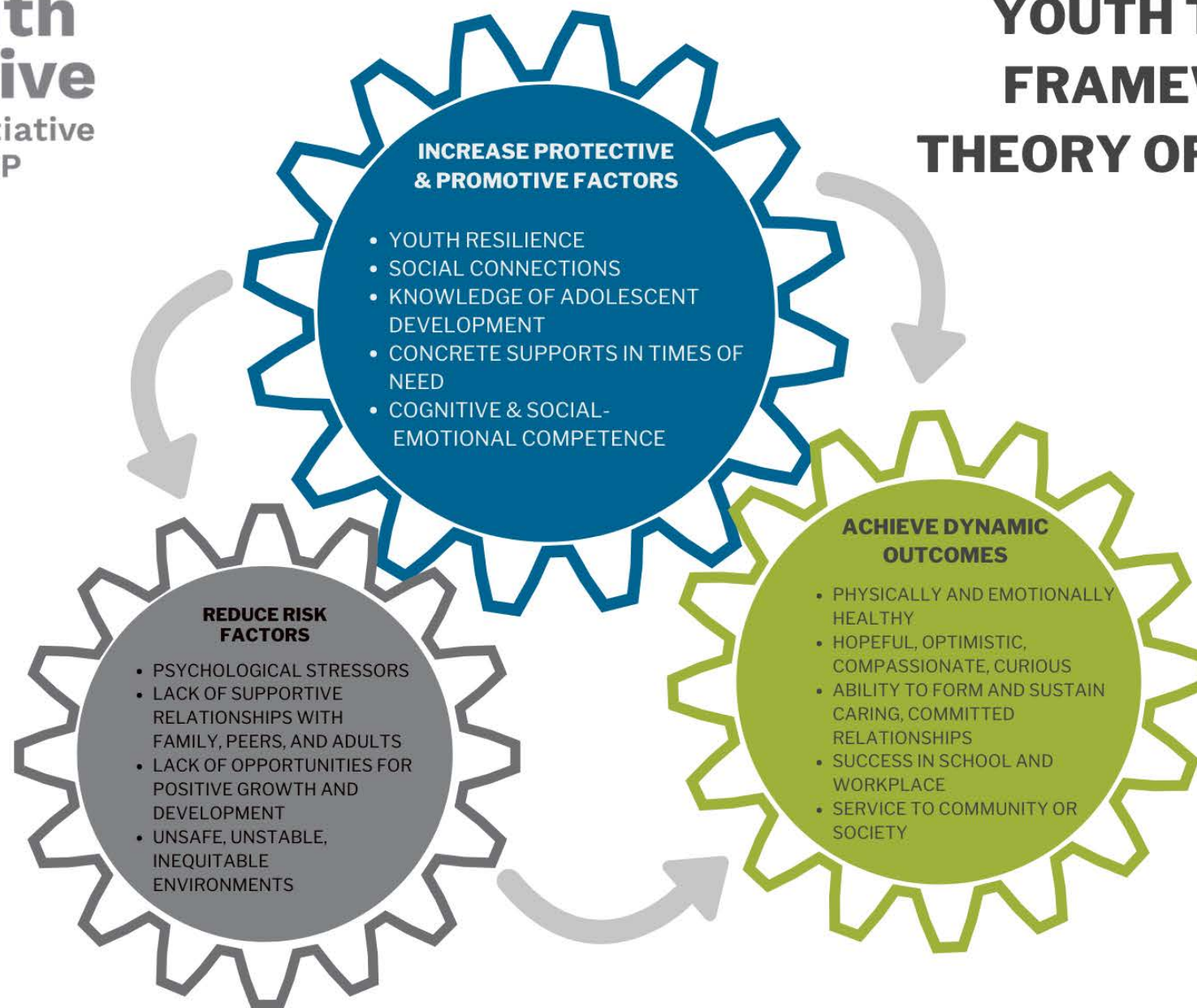


Youth Thrive
An initiative of CSSP

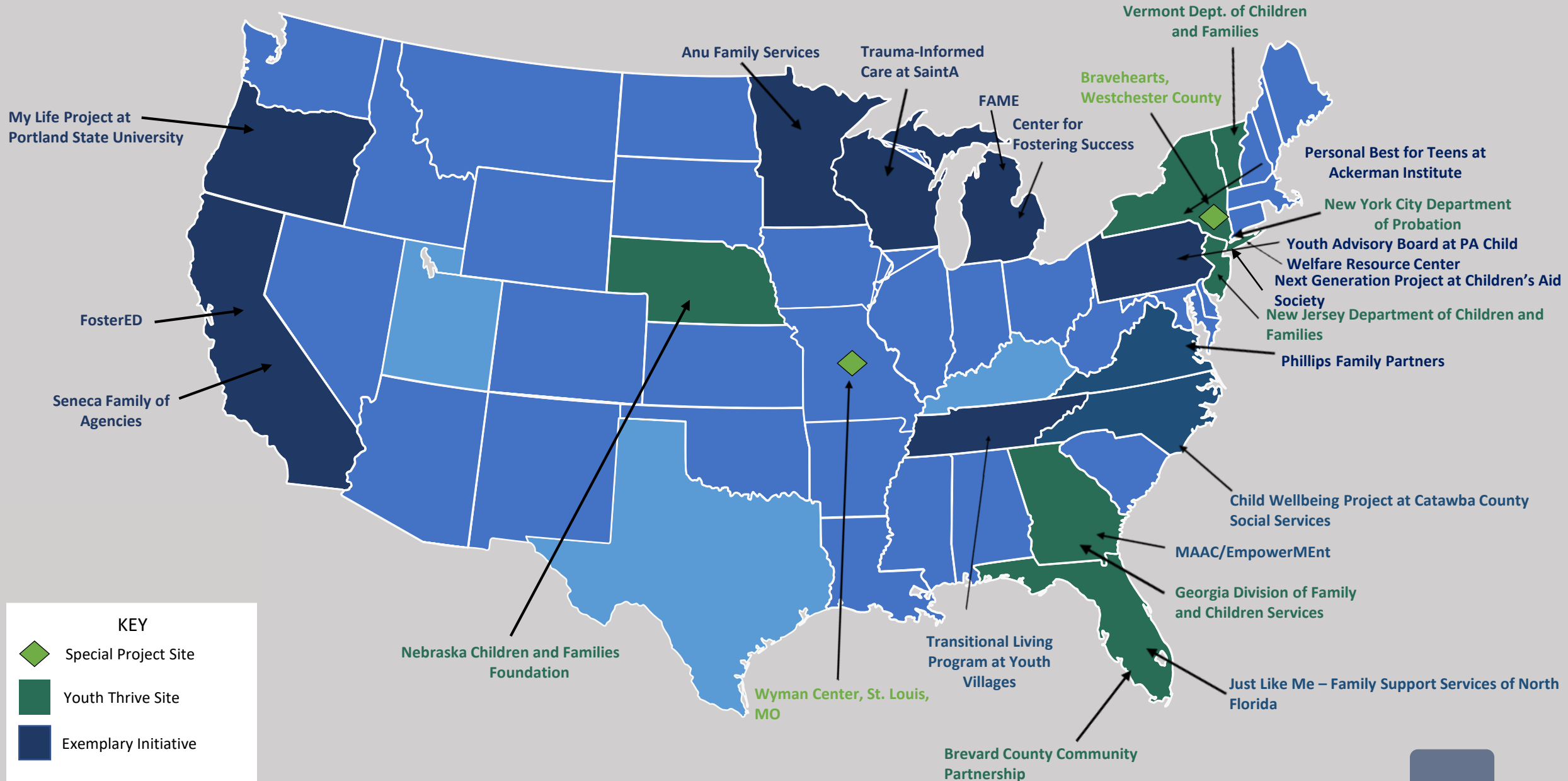


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YOUTH THRIVE FRAMEWORK THEORY OF CHANGE



Youth Thrive National Network



Note: not drawn to scale

Levers of Change to Implement Youth Thrive Framework

Leadership
and
Governance

Youth
Engagement &
Leadership

Contracting &
Licensing

Training &
Supervision

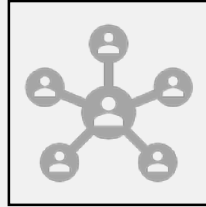
Policy

Practice

Culture
Change

Icebreaker Trainer
Expert
Hiring-Interviewer
Recorder
Facilitator
Reality-Checker
Fun-maker
Worker
Laughter
Peer-to-Peer-support
Performer
Writer
Meeting-organizer
Critique-er
Proposal-reader
Exerciser
Evaluator Advocate
Greeter
Listener
Supporter
Self-helper
Near-Pear
Site-Visitor
Decisionmaker
Reviewer Advisor
Mentor Presenter
Policymaker
Proposal-reviewer
Meeting-participant

Impact of Youth Voice -- Examples



Practice change: case plans developed **by** youth



Policy change: decision about youth stipends

TRAINING EXAMPLE

- Youth Professionals with lived experience as co-trainers of staff
- Developed own version of curriculum by & for young people
- Improves the experience and impact of content



**YOUTH
THRIVE 4
YOUTH**

Research Example: Youth Thrive Survey

- ✓ Valid and Reliable Youth Self-Assessment:
 - For youth ages 12 to 26 years
 - 66 items and 11 background questions
 - Web-based instrument

- ✓ Takes less than 15 minutes to complete
- ✓ Measures positive constructs

- ✓ Multiple Uses:
 - Assessment
 - Evaluation
 - Continuous Quality Improvement



Social Connections

Having healthy, sustained relationships with people, institutions, the community, and a force greater than oneself.

Response Options: Not at all like me, A little like me, Sort of like me, A lot like me or Very much like me

Item	Construct
My spiritual or religious beliefs give me hope when bad things happen.	Spiritual Connectedness
There is an adult family member who is always there for me when I need them (for example, my birth or adoptive parent, spouse, adult sibling, extended family member, legal guardian, non-biological chosen family).	Family social support; Healthy relationships with significant adults
I do things to make the world a better place like volunteering, recycling or community service.	Constructive engagement; Contribution to social good

Lessons Learned

- Make it worthwhile
 - \$\$, skills, contacts, opportunities
- Change your narrative
 - Presentations, slides, graphics, images
- Make it easy for youth
 - All the practical things: time, place, transportation, costs
- Do what you say
 - Follow through, take advice, make changes
- Get Started Now

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**Center for the
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