

## Workshop on Family-Focused Interventions to Prevent Substance Use Disorders in Adolescence

### SPEAKER BIOS

**Hoover Adger, Jr., MD, MPH, MBA** (*he/him*) is a professor of pediatrics at the Johns Hopkins University School of Medicine. He was the previous director of Adolescent Medicine in the Division of General Pediatrics and Adolescent Medicine, and now is a senior faculty member in the newly created Division of Adolescent & Young Adult Medicine. Adger is the director of the Substance Use Assessment/Intervention Team at The Johns Hopkins Hospital Adolescent Program. He is a past Deputy Director of the White House Office of National Drug Control Policy.

**Lauren Behsudi, MA** (*she/her*) is a senior advisor in the Immediate Office of the Assistant Secretary at the Administration for Children and Families (ACF), U.S. Department of Health and Human Services. In this role, Behsudi leads and engages in several crosscutting priorities focused on improving behavioral health outcomes for children, youth, and families. Prior to her role at ACF, Behsudi was director of public policy at Casey Family Programs, a national foundation focused on safely reducing the number of children in foster care. In roles with Casey Family Programs' Public Policy team, Behsudi led and supported efforts to inform and educate federal and state policymakers to improve outcomes from children, youth, and families. Behsudi earned a graduate degree in Public Management from the University of Maryland. Her undergraduate degree is in Diplomacy and Foreign Affairs from Miami University (Ohio).

**Jordan Braciszewski, PhD** (*he/him*) is a licensed clinical psychologist and associate research scientist in the Center for Health Policy and Health Services Research at Henry Ford Health (HFH). His research generally focuses on innovative means of improving access to mental health and substance use services, often using technology-driven approaches. He collaborates with partners in pediatrics, infectious disease, internal medicine, and psychiatry to implement digital health care into health care practice. As such, he is interested in integrated care and finding the best solutions for patients to access behavioral health services in the least stigmatizing settings. When integrated care is not possible, Braciszewski seeks means to increase patient motivation to seek mental health and substance use services. He is currently PI or Site PI for several NIH and other federally funded grants and has helped bring over \$10M in research funding to HFH. Braciszewski is also training director for the Center's T32 Post-Doctoral Training Program in Mental Health Services Research. Finally, he has been a member of the Motivational Interviewing Network of Trainers since 2009. Braciszewski received his PhD from Wayne State University.

**Kelsey Brykman, MS** (*she/her*) is a senior program officer for the Center for Health Care Strategies (CHCS). In this role, she supports Medicaid agencies in advance payment and care delivery models to enable higher quality and more equitable care. Brykman's work particularly focuses on leveraging value-based payment and other Medicaid managed care policy levers to support primary care. Her current projects include the *Advancing Primary Care Innovation in Medicaid Managed Care* and *Medicaid Innovation Collaborative* initiatives through which she provides technical assistance to support states in achieving primary care and behavioral health goals. Additionally, through the *Accelerating Child Health Transformation* project, she is exploring state policy levers for supporting more comprehensive and

patient-centered pediatric care. She also works on other projects related to the design and implementation of value-based payment models, including accountable care organizations, behavioral payment models, and payment models to support children's health. Brykman earned a master's of science degree in health policy and management from the Harvard T.H. Chan School of Public Health and a bachelor's degree in biology and society from Cornell University.

**Yannine Estrada, PhD, MEd** (*she/her*) is a research assistant professor in the School of Nursing and Health Studies at the University of Miami. Her overarching interests involve cultural variables and the prevention of health disparities among the Hispanic population. Specifically, her focus has been on the prevention of substance use and sexual risk behaviors among Hispanic adolescents through employment of family-based interventions. A related area of research involves the adaptation and creation of technology-based interventions for the prevention of adolescent health risk behaviors. Estrada led the development and testing of *eHealth Familias Unidas*, an internet-based family program for the prevention of drug use among Hispanic adolescents. Currently, she is developing an individual level mobile application for Hispanic youth to prevent drug use, sexual risk behaviors, and depression. As a researcher, her goal is to be involved in academic-community partnerships that help to develop, evaluated, and implement interventions for Hispanics in order to address the unmet complex needs among this population. Estrada received her PhD in counseling psychology from University of Wisconsin-Madison and her MEd from the University of Miami.

**Amy Goldstein, PhD** (*she/her*) is chief of the Prevention Research Branch in the Division of Epidemiology, Services and Prevention Research at the National Institute on Drug Abuse (NIDA). She came to NIDA from the MedStar Health Research Institute, where she was the scientific director for behavioral health research. Prior to MedStar, Goldstein spent a decade at the National Institute of Mental Health (NIMH) as the chief of the Preventive Intervention Research Program and the NIMH associate director for prevention. During her time at NIMH, Goldstein held leadership roles in several signature projects for the Institute, including the NIMH Recovery After an Initial Schizophrenia Episode (RAISE) Project. Goldstein also played key roles in national suicide prevention projects, including the Emergency Department Safety Assessment and Follow Up Evaluation Study (ED-SAFE) and the Emergency Department Screen for Teens At-Risk for Suicide Study (ED-STARS). Goldstein received her bachelor's degree in psychology from Washington University in St. Louis and her MA and PhD in clinical child psychology from Case Western Reserve University. She completed post-doctoral fellowships at the Children's Hospital of Philadelphia and the Johns Hopkins Bloomberg School of Public Health, and began her career as a senior instructor at Case Western Reserve University.

**Vincent Guilamo-Ramos, PhD, MPH, LCSW, RN** (*he/him*), planning committee member, is dean and Bessie Baker Professor of the Duke University School of Nursing and vice chancellor for nursing affairs at Duke University. He is also the founding director of the Center for Latino Adolescent and Family Health at Duke University. Guilamo-Ramos is a nurse practitioner licensed in primary care and psychiatric-mental health nursing, and he is credentialed as an HIV Specialist by the American Academy of HIV Medicine. Widely regarded as an expert, scholar, and leader in adolescent and young adult sexual and reproductive health promotion, Guilamo-Ramos' research has been funded for two decades by NIH, CDC, HRSA, and other federal agencies. His research focuses on the role of families in promoting adolescent and young adult health among Latinos and in other underserved communities. Guilamo-

Ramos holds a PhD from SUNY-Albany School of Social Welfare, a MSN from Duke University, and an MPH from New York University.

**Aaron Hogue, PhD** (*he/him*), planning committee member, is a clinical psychologist and vice president and director of Family and Adolescent Clinical Technology and Science at Partnership to End Addiction. His research interests include family involvement in youth substance use treatment and recovery services, adoption and sustainability of systemic family therapy and cognitive-behavioral therapy for youth substance use and co-occurring problems in routine care, fidelity and implementation research on evidence-based practice for youth behavioral health issues, family-based preventive interventions for youth at high risk for substance use and conduct problems, and family-centered decision-making about medication interventions for youth with substance use and mental health disorders. He received his doctorate in clinical psychology from Temple University.

**Vinu Ilakkuvan, DrPH** (*she/her*) is passionate about strengthening community-driven efforts to address the upstream, root drivers of health. She is founder and principal consultant of PoP Health, a public health consulting practice that partners with multi-sector collaboratives to transform health in their communities through policy and systems change. Ilakkuvan has extensive expertise in school mental health and adolescent misuse prevention. She is currently developing Medicaid policy recommendations to improve mental health supports and services in schools as principal investigator of a National Institute for Health Care Management funded study. Ilakkuvan is also engaging family and youth in improving mental health systems in Washington, DC (where she co-leads a multi-sector effort to strengthen the school behavioral health system) and Fairfax, VA (where she is collecting community input to inform the county's children's behavioral health blueprint). She co-authored *Addressing a Crisis: Cross-Sector Strategies to Prevent Adolescent Substance Use and Suicide* (a Trust for America's Health report) and *The Truth About Opioids* (a case study report describing Truth Initiative's youth opioid misuse prevention campaign). Ilakkuvan is currently a professorial lecturer at George Washington University's School of Public Health, where she received a DrPH in health behavior as a Milken Scholar. She also holds a master's degree in health communications from the Harvard School of Public Health and bachelor's degree in biomedical engineering and economics from the University of Virginia.

**Margaret Kuklinski, PhD** (*she/her*), planning committee member, is associate professor and director of the Social Development Research Group (SDRG) at the University of Washington School of Social Work. As SDRG director, she oversees multidisciplinary staff engaged in promoting healthy development and preventing problem behaviors in young people through rigorous prevention science and intervention. Her work aims to promote positive developmental outcomes by demonstrating the long-term impact of effective family-focused and community-based preventive interventions; partnering with communities, agencies, and services systems to implement and scale them; and building policy support for preventive interventions by demonstrating their benefits and costs. Kuklinski is an elected board members of the Society for Prevention Research and is a member of the National Academy of Science's Forum for Children's Well-Being Healthy Parenting in Primary Care Collaborative. Kuklinski received a PhD in psychology from the University of California, Berkeley.

**John Lowe, RN, PhD** (*he/him*) is the Joseph Blades Centennial Memorial Professor at the University of Texas at Austin School of Nursing. He is a Cherokee Native American tribal member, and has Creek and Lenape Native American tribal heritage. Lowe developed the first Indigenous Nursing Research Center.

He currently serves as a member of the Advisory Council to the National Institutes of Nursing Research. With Dr. Roxanne Struthers (Ojibwe), he co-authored the Conceptual Framework for Nursing in Native American Culture. He was the first Native American man to earn a PhD in Nursing and to be inducted as a fellow in the American Academy of Nursing. He is an alumnus of the Minority Fellowship Program (MFP) at the American Nurses Association, and has served as the chair of the National Advisory Council to the MFP. Lowe developed the first manualized Talking Circle intervention to reduce substance use and other risk behaviors among Native American and Indigenous youth globally. These studies and other health programs are guided by the Native American and Indigenous youth globally. These studies and other health programs are guided by the Native Reliance theoretical framework and model developed by Lowe. The Talking Circle intervention has been recognized by the U.S. Department of Justice's Office of Justice Programs as a "Promising Evidence-Based Program" for the well-being of youth recognized as the first manualized Talking Circle intervention, featured as one of the American Academy of Nursing's "Edge Runners," and most recently featured in the National Academy of Medicine report *The Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity*.

**Pamela A. Matson, PhD, MPH** (*she/her*) is an assistant professor of pediatrics in the Division of Adolescent and Young Adult Medicine at the Johns Hopkins University School of Medicine with an appointment in the Department of Population, Family, and Reproductive Health at the Johns Hopkins Bloomberg School of Public Health. She currently serves as the director of research for the Division of Adolescent and Young Adult Medicine. Matson studies the mechanisms by which social determinants produce health disparities in adolescent substance use, teen dating violence, and sexually transmitted infections. As an epidemiologist, she has led several federally funded cohort studies that have collected intensive longitudinal data from youth. She has published widely on the intersection of social and community contexts on adverse outcomes for youth. Her current work focuses on research and addiction medicine training to incorporate a family systems approach to improve prevention and early intervention on adolescent substance use in primary care settings. She has provided expert consultation on recommended actions for medical providers in medical practice for prevention of and early intervention of adolescent substance use in primary care settings. She has provided expert consultation on recommended actions for medical providers and in medical practice for prevention of and early identification for substance use among adolescents and young adults. She has conducted impactful research, and written and presented extensively on universal screening for family substance use in pediatrics primary care settings. She completed her MPH in Epidemiology of Microbial Diseases from Yale University School of Public Health and her doctoral training in Infectious Disease Epidemiology from Johns Hopkins Bloomberg School of Public Health.

**Erin McKnight, MD, MPH** (*she/her*), planning committee member, is a member of the Division of Adolescent Medicine at Nationwide Children's Hospital (NCH) and an assistant professor of clinical pediatrics at The Ohio State University College of Medicine. She is currently the medical director of the Medication Assisted Treatment for Addiction Program at NCH, providing care for youth with substance use disorders. She is co-chair of the Opioid Safety Task Force at NCH, utilizing quality improvement methods to decrease opioid prescribing and improve opioid safety; creating a multitude of educational tools for providers, patients, families, and the community. In addition to quality improvement efforts, her research interests include the epidemiological investigation of opioid misuse, developing models to

better predict opioid misuse at the local level for improved allocation of funds. She received her MD from Northeastern Ohio Universities College of Medicine and her MPH from The Ohio State University.

**Brenda Miller, PhD** (*she/her*) and her colleagues' research focuses on evidence-based interventions (EBIs) to address adolescent alcohol and other drug use (AOD) and risky sexual behaviors by engaging both the parent and adolescent in the interventions. Randomized controlled trials funded by National Institutes of Health were conducted to examine how best to engage parents and teens and to reduce risky outcomes for youth. Most recently, this research involved the delivery of an online, interactive intervention to parents and older teens (16-17 years of age) on parent-teen communications, strategies, and skills for reducing the risks associated with teen AOD use and romantic relationships. This intervention significantly reduced risks and the team is planning research to study the implementation strategies for community settings. Previously, Miller and colleagues implemented an EBI for families in Thailand and made successful adaptations for this cultural context. Research on family-based interventions to address adolescent AOD use was conducted also in a sample drawn from a medical setting. Earlier in her career, Miller focused on issues of child abuse, childhood sexual abuse, and intimate partner violence and the relationship of these experiences to women's AOD use. In addition to her focus on family-based interventions for adolescents, Miller and her colleagues have an extensive portfolio of research on young adult AOD use in nightclubs, including the development of a group-based intervention to reduce risks related to AOD use, physical, and sexual aggression for young adults in these settings.

**Christopher O'Connell, MBA** (*he/him*) is a passionate supporter of community-driven substance misuse prevention public health services. He joined the Substance Abuse and Mental Health Services Administration (SAMHSA) in 2018, and currently serves as the Deputy Director in the Center for Substance Abuse Prevention, where he supports the 100-person team overseeing prevention grants, technical assistance, public engagement campaigns, and the Federal Drug-Free Workplace program. Prior to joining SAMHSA, O'Connell spent 13 years supporting the United State Government's international HIV/AIDS program, PEPFAR, including two tours in Africa, and 7 years supporting programs in Latin America, Eastern Europe and Southeast Asia at the Office of the Global AIDS Coordinator. Outside of work, O'Connell volunteers time to support public health efforts in his own community, including recently serving on the Alexandria Commission on HIV/AIDS. He holds an MBA in Healthcare Management.

**Terrinieka Powell, PhD, MA** (*she/her*), planning committee member, is vice chair of inclusion, diversity, anti-racism, and equity and associate professor at Johns Hopkins Bloomberg School of Public Health. She is also director of The B Lab, which is focused on the supporting the needs of Black adolescents and young adults 10-24 years old living in urban communities across the U.S. Dr. Powell is a trained community psychologist with expertise in adolescent health, community-engaged research, qualitative methodologies, and implementation science. Partnerships with churches, schools, libraries, families, and community-based organizations are a cornerstone of her research. Dr. Powell has collaborated with institutions across several states to promote adolescent well-being as well as to prevent teen pregnancy, HIV, and substance use among adolescents of color. She received her PhD from DePaul University.

**Linda Richter, PhD** (*she/her*) is the vice president of prevention research and analysis at Partnership to End Addiction, where she has worked for over 20 years conducting research on the nature, scope,

predictors, and consequences of all forms of substance use and addiction, especially among young people. She leverages this research to help raise awareness among parents, educators, health professionals, and policymakers about best practices in substance use prevention and addiction care. Richter has more than 50 peer-reviewed journal publications and book chapters. She serves on substance use advisory panels and regularly presents at local and national professional conferences as well as to schools and communities about youth substance use. Richter received her doctorate psychology from the University of Maryland.

**Daniel S. Shaw, PhD** (*he/him*) is the director of the Center for Parents and Children and the Pitt Parents and Children Laboratory. He also serves as Distinguished Professor in the Department of Psychology at the University of Pittsburgh, with joint appointments in the Schools of Medicine and Education, the Clinical and Translational Science Institute, and Center for Social and Urban Research. His primary interest is studying the development and prevention of early problem behavior among at-risk children. He currently leads or co-directs four NIH-funded, longitudinal studies investigating the early antecedents and prevention of childhood conduct problems and substance use, and directs a large-scale implementation study employing a tiered intervention model involving 8,000 infants, toddlers, and preschoolers entitled The Pittsburgh Study. Additionally, Shaw directs multiple implementation projects in various community agencies serving low-income families (e.g., pediatrics, Early Head Start, Family Centers, Early Intervention, WIC). In addition to receiving continuous support from NIH since 1991, he received three 5-year consecutive Research Scientist Awards from the NIMH and NIDA, is Associate Editor of the journal, *Development and Psychopathology*, has served on several editorial boards of journals (e.g., *Child Development*, *Developmental Psychology*), and has been a member or chair of several expert panels convened by NIH, including recently serving as Chair of NIH's Psychosocial Development, Risk and Prevention Study Section. Shaw has amassed more than 400 publications on risk factors associated with the development and prevention of conduct problems from early childhood through adolescence. He received his PhD in child clinical and developmental psychology from the University of Virginia.

**Justin D. Smith, PhD** (*he/him*) is associate professor in the Department of Population Health Sciences in the Spencer Fox Eccles School of Medicine at the University of Utah. He directs the Dissemination and Implementation Science Core of the Utah Clinical and Translational Sciences Institute (CTSI) and co-directs the Health Behavior Intervention, Implementation, and Translation Core of the University of Utah Diabetes and Metabolism Research Center. He is also co-director of the NHLBI-funded CIRCL-Chicago Implementation Research Center, which aims to eliminate health disparities in hypertension for African Americans on Chicago's South Side. As an implementation scientists and clinical psychologist, Smith leads the implementation science activities of projects focused on interventions for obesity, hypertension, mental health, HIV prevention and treatment, cancer prevention and survivorship, and other conditions. He is on the training faculty of multiple NIH-funded implementation science programs for cancer, HIV, mental health, and substance use. His research has been supported by the NIH, CDC, AHRQ, HRSA, USDA, and foundations. He serves on a number of national committees and advisory panels on implementation science, and is currently the associate editor of the journals *Prevention Science* and *Families, Systems, and Health*. He completed his PhD in clinical psychology at the University of Tennessee Knoxville, and postdoctoral training at the University of Oregon and Arizona State University.

**Kimá Joy Taylor, MD, MPH** (*she/her*) is the founder of Anka Consulting LLC, a health care consulting company, and is an Urban Institute non-resident fellow. Her areas of expertise include identifying policy, programming, and financing levels to improve health and racial equity, integrate behavioral health, primary care, and social services, and support the system change necessary to embrace cost-effective holistic health care solutions. Taylor collaborates with Urban Institute researchers on a number of topics, including analyses of racial disparities in screening and treatment practices for parents with substance use disorder, management of neonatal abstinence syndrome, and behavioral health concerns among adolescents and young adults. Prior to Anka, she served as the National Drug Addiction Treatment and Harm Reduction Program Director at the Open Society Foundations (OSF), overseeing grant making to redefine and expand access to a full continuum of community, not justice-based, culturally effective substance use services for all and to replace current discriminatory justice system responses to substance use. Prior to OSF, Taylor served as the Deputy Commissioner for the Baltimore City Health Department, as the health and social policy legislative assistant for Senator Sarbanes, and as a practicing pediatrician in a DC federally qualified health center. A board-certified pediatrician, Taylor is a graduate of Brown University, Brown University School of Medicine, and the Georgetown University residency program in pediatrics. In 2002, Taylor was awarded a Commonwealth Foundation fellowship in minority health policy at Harvard University.

**Breda Velasquez, MD** (*she/her*) is a psychiatrist who works with children and adolescents at Kaiser Permanente San Diego, where she is assistant chief of psychiatry. Velasquez is also a faculty member of the Kaiser San Diego family medicine residency program and is chair of the Physician Well Being Committee. Previously, she worked as the clinical lead for the Care Management Institute, developing assessment and treatment guidelines for ADHD and Autism Spectrum Disorder. She has more than 30 years of experience, and completed her adult psychiatry residency at UCLA/San Fernando Valley and her child and adolescent psychiatry fellowship at Cedars-Sinai Medical Center in Los Angeles. She received her medical degree from University of Belgrade Faculty of Medicine.

**Leslie Walker-Harding, MD** (*she/her*), planning committee chair, is the Ford/Morgan Endowed Professor and chair of the Department of Pediatrics as well as associate dean for the University of Washington. She is also the chief academic officer and senior vice president for Seattle Children's Hospital. She has been dedicated to the health and well-being of children and adolescents for more than 25 years, particularly in the area of prevention of adolescent substance use and promotion of healthy adolescent development. Her current focus is to raise awareness of and bring to national scale evidence-based interventions to prevent substance use and mental health conditions in children and adolescents. She is appointed to the American Academy of Pediatrics National Committee on Substance Use and Prevention and was elected to the American Pediatric Society Council where she is chair of the Committee on Diversity and Inclusion. She is also a member of the National Academy of Sciences' Forum for Children's Well-Being, and currently chairs the Forum's Healthy Parenting in Primary Care Collaborative. She received her MD from the University of Illinois School of Medicine.