



**Suicide Prevention in Indigenous Communities:
A Virtual Workshop**

WEBINAR 2
FRIDAY, MAY 13, 2022
11:00 AM—4:15 PM ET

**NATIONAL
ACADEMIES** *Sciences
Engineering
Medicine*

Suicide Prevention in Indigenous Communities
A Virtual Workshop

Webinar 2:
May 13, 2022 | 11:00 AM—4:15PM ET

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SUICIDE PREVENTION IN INDIGENOUS COMMUNITIES

A VIRTUAL WORKSHOP

Webinar 2

May 13, 2022

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WEBINAR LOGISTICS

- Join the webcast via this link:
<https://www.nationalacademies.org/event/05-13-2022/suicide-prevention-in-indigenous-communities-a-virtual-workshop-webinar-2>
- An archive of the video webcast and presentation slides will be available at:
<https://www.nationalacademies.org/event/05-13-2022/suicide-prevention-in-indigenous-communities-a-virtual-workshop-webinar-2>
- Proceedings of the workshop will be published following National Academies procedures. Rapporteurs will compose the proceedings from the workshop transcript and external reviewers will examine the proceedings to make sure it accurately reflects workshop discussions and conforms to institutional policies.
- Interested in receiving updates from the Forum on Mental Health and Substance Use Disorders or the National Academies of Sciences, Engineering, and Medicine's Health and Medicine Division?

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AGENDA

WEBINAR 2	
MAY 13, 2022 11:00AM—4:15PM ET	
WELCOME FROM THE FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS	
11:00 AM	William R. Beardslee, MD Director, Distinguished Gardner Monks Professor of Psychiatry Baer Prevention Initiatives, Boston Children's Hospital, Harvard Medical School <i>Planning Committee Co-Chair</i>
OPENING PRAYER	
11:10 AM	Sade Heart of the Hawk Ali, MA Tribal Lead, Zero Suicide Institute <i>Planning committee member</i>
KEYNOTE SPEAKER	
11:15 AM	Joseph Gone, PhD Professor, Anthropology and of Global Health, and Social Medicine Harvard University
SESSION 1: CURRENT SUICIDE INTERVENTIONS ACROSS INDIGENOUS COMMUNITIES	
11:35 AM (2 hours)	<i>Moderator:</i> James Allen, PhD Professor, Department of Family Medicine and BioBehavioral Health University of Minnesota <i>Planning committee member</i> <i>Speakers:</i> 11:40 AM Best and Promising Practices for the Implementation of Zero Suicide in Indian Country and Q&A Sade Heart of the Hawk Ali, MA Tribal Lead, Zero Suicide Institute <i>Planning committee member</i> 12:10 PM Celebrating Life Program (White Mountain Apache Community) and Q&A Novalene Goklish, MS

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	<p>Research Associate, Center for American Indian Health Johns Hopkins Bloomberg School of Public Health</p> <p>Francene Larzelere, MS Research Associate, Center for American Indian Health Johns Hopkins Bloomberg School of Public Health</p> <p>12:40 PM Upstream Prevention Efforts in Alaska Native Communities and Q&A Stacy Rasmus, PhD Research Associate Professor University of Alaska Fairbanks</p> <p>Billy Charles Center for Alaska Native Health Research Field Research Assistant University of Alaska Fairbanks</p> <p>1:10 PM Coordinated Care Model/medication management/ECHO Program and Q&A LCDR Teresa Grund, RPh, NCPS, BCPS, BCPP Lead Faculty Indian Country ECHO Indian Health Services</p>
1:40 PM	BREAK (35-minutes)
<p>SESSION 2: BARRIERS FOR INTERVENTION IMPLEMENTATION AND SUSTAINABILITY: A COLLECTIVE COMMUNITY PERSPECTIVE</p>	
2:15 PM	<p>2:15 PM Tribal Leader Jonathan Nez, MA Navajo Nation President</p> <p>2:25 PM Traditional Healer Lawrence Wetsit, MBA Cultural Research Advisor Johns Hopkins School of Nursing Fort Peck Reservation Research Team</p> <p>2:35 PM School Interventions Teresa D. LaFromboise, PhD Professor Stanford University</p> <p>AUDIENCE Q&A (15-minutes) Moderator: Victoria O'Keefe, PhD Mathuram Santosham Endowed Chair in Native American Health Assistant Professor Johns Hopkins Bloomberg School of Public Health <i>Planning committee member</i></p>

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SESSION 3: INNOVATIVE PRACTICES	
3:00 PM	<p>Moderator: Lisa Wexler, PhD Professor of Social Work University of Michigan <i>Planning committee member</i></p> <p>Speakers: 3:00 PM Teresa Brockie, PhD, RN, FAAN Assistant Professor Johns Hopkins School of Nursing <i>Planning Committee Co-Chair</i></p> <p>3:30 PM Promoting Community Conversations About Research to End Suicide (PC CARES) and Q&A</p> <p>Lauren White, MPH, MSW, LLMSW PhD Candidate, University of Michigan</p> <p>Tanya Kirk Native Connections Coordinator, Maniilaq Association</p> <p>Josie Garnie Village-Based Counselor Supervisor Behavioral Health Services Norton Sound Health Corporation</p>
CLOSING REMARKS	
4:00 PM	<p>Teresa Brockie, PhD, RN, FAAN Assistant Professor Johns Hopkins School of Nursing <i>Planning Committee Co-Chair</i></p>
4:15 PM	ADJOURN

Workshop Planning Committee | This workshop was organized by the following experts: William Beardslee, Harvard University (Co-chair); Teresa Brockie, Johns Hopkins School of Nursing (Co-chair); James Allen, University of Minnesota; Justin Coffey, Geisinger; Sade Heart of the Hawk Ali, Zero Suicide Institute; Victoria O’Keefe, Johns Hopkins University Bloomberg School of Public Health; Kathy Pham, American College of Clinical Pharmacy; Lisa Wexler, University of Michigan

Suicide Prevention in Indigenous Communities: A Workshop

Speaker Roster

Webinar 2: May 13, 2022

Billy Charles

Center for Alaska Native Health Research
Field Research Assistant
University of Alaska Fairbanks

Josie Garnie

Village-Based Counselor Supervisor
Behavioral Health Services
Norton Sound Health Corporation

Novalene Goklish, MS

Research Associate
Center for American Indian Health
Johns Hopkins Bloomberg School of Public Health

Joseph P. Gone, PhD

Professor
Anthropology, Global Health and Social Medicine
Harvard University

LCDR Teresa Grund, RPh, NCPS, BCPS, BCPP

Lead Faculty
Indian Country ECHO
Indian Health Services

Tanya Kirk

Native Connections Coordinator
Maniilaq Association

Teresa LaFromboise, PhD

Professor
Stanford University

Francene Larzelere, MS

Research Associate
Center for American Indian Health
Johns Hopkins Bloomberg School of Public Health

Jonathan Nez, MA

Navajo Nation President

Stacy M. Rasmus, PhD

Research Associate
Professor
University of Alaska Fairbanks

Lawrence Wetsit, MBA

Cultural Research Advisor
Johns Hopkins School of Nursing
Fort Peck Reservation Research Team

Lauren White, MPH, MSW, LLMSW

PhD Candidate
University of Michigan

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Speaker Bios

Billy Charles is a Community Co-Investigator in UAF's Center of Alaska Native Health Research (CANHR), residing all of his life in his Yup'ik home community of Emmonak, Alaska on the Bering Sea coast. Mr. Charles provides leadership, cultural direction and intervention implementation and fidelity management for CANHR's program of prevention science research focused on building strengths and protective factors in young Alaska Native people to reduce suicide risk and alcohol misuse. He is Co-Investigator on an IRNIAH R01 prevention trial study (AA023754) that seeks to test the efficacy of a Yup'ik Indigenously-developed and delivered upstream prevention model, the Qungasvik (tools for Life) intervention. He is also a Co-Investigator for the Alaska Native Collaborative Hub for Research on Resilience (ANCHRR, U19MH113138), a suicide prevention hub grant funded by the NIMH that seeks to change the narrative from suicide to Indigenous community and cultural strengths. A traditional Yup'ik song and dance leader and Elder, Mr. Charles grounds the long-term CBPR intervention efforts in a Yup'ik ancestral way of living and knowing and spiritually-centers the work with young people.

Josie Garnie's traditional name is Poiyuna, after her great-grandma. She is Inupiaq, born and raised in Teller, the daughter of Joe Garnie and Helen Okbaok, and related to the Topkok, Kakaruk, and Okbaok families. She is also the mother to two daughters: Lauryn and Aubrina. Josie was hired as a Village Based Counselor in 1997 as part of a pilot project for Norton Sound Health Corporation. She still serves as the VBC for Teller and supervises half of the VBCs in the Norton Sound/Bering Strait region. She received her Rural Human Services Certificate and Associate of Applied Science in Human Services Degree from the University of Alaska Fairbanks. Josie is a certified as a Behavioral Health Aide Practitioner and has been an LSC member since 2018.

Novalene Goklish, MS is a member of the White Mountain Apache Tribe. She earned her Bachelor of Science degree from the University of Phoenix in Business Management. She also earned her Master of Science in Professional Counseling from Grand Canyon University. Mrs. Goklish is currently pursuing a Doctorate of Behavioral Health degree from Arizona State University. In addition, Mrs. Goklish is a Senior Research Associate at Johns Hopkins University Center for American Indian Health. She has worked as a behavioral interventionist for her Tribe for

over 25 years. She has worked on all behavioral intervention projects, including teaching parenting to young Apache women who are pregnant and coping skills for Apache youth who have made a recent suicide attempt. In addition, she oversees the day-to-day activities of the behavioral health programs and facilitates local community advisory board meetings and Elders Council activities. She has been certified as an ASIST trainer and conducts regular ASIST training in her community. Mrs. Goklish is also the Center's liaison to the Tribal Council and Tribal Health Board.

Joseph P. Gone, PhD, is Faculty Director of the Harvard University Native American Program, Professor of Anthropology in the Faculty of Arts and Sciences, and Professor of Global Health and Social Medicine in the Faculty of Medicine at Harvard University. A clinical-community psychologist by training, he has published 100 articles and chapters exploring the cultural psychology of self, identity, personhood, and social relations in Indigenous community settings with respect to the mental health professions. These publications have identified alternative Indigenous construals of the mental health enterprise, with an emphasis on historical trauma and traditional healing. A recipient of several fellowships, he completed a residency at the Center for Advanced Study in the Behavioral Sciences at Stanford University in 2011. In 2014, Gone was awarded a Guggenheim Fellowship. Most recently, he was the recipient of the 2021 APA Award for Distinguished Professional Contributions to Applied Research and was elected to the National Academy of Medicine.

LCDR Teresa Grund, RPh, NCPS, BCPS, BCPP is a behavioral health clinical pharmacist at the Red Lake IHS Hospital in Red Lake, MN. Lcdr Grund is fully credentialed and privileged pharmacist in primary care, palliative care, medication assisted treatment, and behavioral health. Prior to coming to Red Lake, Lcdr Grund was a community pharmacist and hospice consultant. Lcdr Grund's areas of recent focus include behavioral health medication management, suicide prevention, medication assisted treatment, and complex trauma care. She is a 2017 ASHP Advanced Pain and Palliative Care Trainee, certified in Aboriginal Focus-Oriented Therapy, Complex Trauma Care and a board certified psychiatric pharmacist.

Tanya Marie (Sheldon) Kirk, Inupiaq names Masraun and Qaggun, was raised by her loving grandparents, Fred and Alta Jack. Tanya is originally from Noorvik but has made Noatak home for the past 15 years with her husband and two children. Tanya's first job in Noatak was the Suicide Prevention Coordinator for the Native Village of Noatak in 2000. Between then and now, Tanya has worked with children and families with Northwest Arctic Borough School District and Maniilaq Association. Tanya is currently working for wellness in her community and region as

the SAMSHA-funded Native Connections Coordinator. During the pilot of PC CARES, she provided integral mentorship to facilitators, and continues to give support with Learning Circles and facilitator training.

Teresa LaFromboise, PhD is Counseling Psychologist and a Professor in the area of Developmental and Psychological Sciences in the Graduate School of Education at Stanford University. Her research focuses upon efforts of non-dominant racial/ethnic groups to thrive despite adversity including discrimination, acculturation demands and major life challenges. She has extensive experience developing and evaluating school and community-based psychological interventions with American Indian/Alaska Native (AI/AN) adolescents, as exemplified in the American Indian Life Skills Development Curriculum. In addition to serving as the Director of the Native American Studies Program within CCSRE at Stanford, she contributes to the Centers for American Indian and Alaska Native Health at the University of Colorado School of Public Health and the Child Health Research Institute at the Stanford School of Medicine. Within the American Psychological Association (APA), she is President of the Alaska Native/American Indian/Indigenous Women section of the Society for the Psychology of Women and a fellow of Divisions 17, 35, and 45. She has served as President of the Society for the Psychological Study of Culture, Ethnicity and Race (Division 45) and a member of the Committee on Rural Health within the APA. She is also a past-President of the Society of Indian Psychologists and a fellow of the Association for Psychological Science. LaFromboise is completing a Scholars-in-Service fellowship through Stanford Impact Labs and the Haas Center for Public Service working with the RMP Foundation (Tribal Tech, LLC) to better understand how mental health providers use cultural connectivity in interventions to prevent suicidal behavior. She is also conducting a community-initiated study of cultural revitalization, psychological well-being, and academic engagement for a tribal college in the Upper Midwest.

Francene Larzelere, MS is an enrolled member of the White Mountain Apache Tribe. She has worked for 1 year for Johns Hopkins University as the White Mountain Apache Tribe/Johns Hopkins Center for American Indian Health NARCH Director and a Senior Research Associate.

Jonathan Nez, MA is Navajo Nation President and was born in Tuba City, Arizona and raised in Shonto, Arizona on the Navajo Nation. He began his current term as President of the Navajo Nation on January 15, 2019 along with Vice President Myron Lizer. Since taking office, the Nez-Lizer Administration continues to advocate and support the priorities of the Navajo people, based on numerous meetings that took place in over 70 Navajo communities across the Navajo Nation. During the COVID-19 pandemic, President Nez and Vice President Lizer have

initiated aggressive measures to reduce the spread of the coronavirus among Navajo communities including weekend lockdowns, daily curfews, mask requirements, prohibiting mass gatherings, and much more. President Nez has been on the frontlines speaking with first responders and visiting the Navajo Nation's 110 chapters to gain a firsthand perspective and to assist and offer support for the Navajo people. President Nez has two children with his wife, Phefelia Nez. He is the son of John H. Nez and Mabel H. Nez. His grandfather, H.T. Donald, was the former Navajo Nation Council Delegate for Shonto Chapter, and his grandmother was Mae Donald from Shonto. President Nez is of the Áshííhí Clan (Salt People) and born for the Ta'neeszahnii Clan (Tangle clan). His maternal grandfather's clan is Tódich'ii'nii Clan (Bitter Water Clan) and his paternal grandfather's clan is the Táchii'nii Clan (Red-Running-Into-The-Water Clan). Before his presidency, he served as Vice President of the Navajo Nation from 2015 to January 2019. He has also served as the Shonto Chapter Vice President, as a member of the Navajo Nation Council representing the chapters of Shonto, Oljato, Tsah Bi Kin and Navajo Mountain, and as a member of the Navajo County Board of Supervisors for District 1 in Arizona. President Nez holds a Bachelor of Science degree in Political Science and a Masters of Public Administration, both from Northern Arizona University.

Stacy Rasmus, PhD, is a Research Associate Professor and Director of the Center for Alaska Native Health Research (CANHR) located within the Institute of Arctic Biology at the University of Alaska Fairbanks (UAF). Dr. Rasmus also serves as PI for a Native American Research Center for Health (NARCH, S06GM123552) at the Northwest Indian College in Washington state, engaging Coast Salish communities in research initiatives to address the opioid public health crisis. Dr. Rasmus' behavioral science background and clinical training guides a program of health disparities research that is dedicated to the pursuit of solutions to end suicide and other self-harmful behaviors, including high risk alcohol and substance misuse, in Alaska Native and American Indian (AN/AI) communities. Dr. Rasmus has engaged in long-term (20+ years) relational research partnerships in support and in leadership of Indigenous self-determined health disparities research to promote strengths-based and structural equity outcomes. Dr. Rasmus currently leads several large-scale research grants, including an Intervention Research to Improve Native American Health (IRINAH) R01 (AA023754; MPI Rasmus & Allen) that funds a prevention trial focused on testing the effectiveness of the Indigenously-developed and community delivered Qungasvik (Tools for Life) preventive intervention to reduce risk for suicide and alcohol misuse among Yup'ik young people living in rural Alaska. A recent PCORI award (SP-2020C3-20879, MPI D'Amico & Rasmus) will adapt the Qungasvik model in a delivery of brief interventions with high-risk Alaska Native young people coming into clinical care settings from rural Alaska Native communities.

Lawrence Wetsit, MBA is a former business leader, Fort Peck Community College Vice President, and the youngest Tribal Chairman elected to the Fort Peck Executive Board. He now is involved in research on connecting with culture and maintaining Tribal traditions, which Larry, an Assiniboine (Nakoda) Cultural Chief from Wolf Point, Montana, says has carried him through his life. Most recently, he has shared the traditions that have been passed down for thousands of years with some of the youngest residents of Fort Peck, Head Start children.

Lauren White, MPH, MSW, LLMSW, is a citizen of the Choctaw Nation of Oklahoma and a graduate student of Social Work and Psychology at the University of Michigan. Her research focus is community driven approaches to mental wellness for rural and indigenous peoples. She has been involved with the PC CARES project since 2018 and is interesting in identifying successful strategies to support facilitators and community members as they host learning circles and implement wellness practices in their communities.

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Suicide Prevention in Indigenous Communities: A Workshop Planning Committee

William R. Beardslee, MD (Co-Chair)

Director, Distinguished Gardner Monks Professor of Psychiatry
Baer Prevention Initiatives, Boston Children's Hospital, Harvard Medical School

Teresa Brockie, PhD, RN, FAAN (Co-Chair)

Assistant Professor
Johns Hopkins School of Nursing

James Allen, PhD

Professor, Department of Family Medicine and BioBehavioral Health
University of Minnesota

Justin Coffey, MD

Professor and Chair,
Department of Psychiatry & Behavioral Health,
Geisinger

Sadé Heart of the Hawk Ali, MA

Tribal Lead, Zero Suicide Institute

Victoria M. O'Keefe, PhD

Mathuram Santosham Endowed Chair in Native American Health
Assistant Professor
Johns Hopkins University Bloomberg School of Public Health

Kathy Pham, Pharm.D., BCPPS

Director of Policy and Professional Affairs
American College of Clinical Pharmacy

Lisa Wexler, PhD, MSW

Professor of School of Social Work
University of Michigan, Ann Arbor

Suicide Prevention in Indigenous Communities: A Virtual Workshop

Planning Committee Member Biographies

William R. Beardslee, MD directs the Baer Prevention Initiatives at Boston Children's Hospital and is the Distinguished Garner Monks Professor of Child Psychiatry at Harvard Medical School. He has a long-standing interest in the development of children at risk because of severe parental mental illness or other adversities such as poverty and in developing interventions to address these risks. He has been especially interested in the protective effects of self-understanding in enabling youngsters and adults to cope with adversity and has studied self-understanding in civil rights workers, survivors of cancer, and children of parents with affective disorders. He directed the Preventive Intervention Project, a study funded by the National Institute of Mental Health (NIMH), to explore the effects of a clinician-facilitated, family-based preventive intervention designed to enhance resiliency and family understanding for children of parents with mood disorders. After a successful efficacy study, this work has been adapted for African-American families, Latino families, and used in Head Start. It has been part of countrywide programs in Finland, Holland, Norway, Sweden, Costa Rica, and Australia. He has also been involved in several long-term trials for the prevention of episodes of depression. He co-founded and served as co-chair of The National Academy of Medicine's Forum on Children's Wellness for six years and currently serves on the Forum. He has also served on a number of other committees at the National Academies. He has received numerous awards, including the Human Rights Award of the Department of Mental Health for the Commonwealth of Massachusetts, an honorary Doctorate of Science Degree from Emory University, and was last year's Distinguished Contribution to Child Advocacy Awardee of the American Psychological Association.

Teresa Brockie, PhD, RN, FAAN is an Assistant Professor at the Johns Hopkins School of Nursing with a Joint Appointment in the Johns Hopkins Bloomberg Center for American Indian Health. Prior to her current role, she served as Research Nurse Specialist at the National Institutes of Health Clinical Center in Nursing Research and Translational Science. Dr. Brockie is an Indigenous nurse scientist and educator whose research focuses on achieving health equity through community-based prevention and intervention of suicide, trauma, and adverse childhood experiences among vulnerable populations. She is currently a Principal Investigator or Co-Investigator on 11 projects, including two R01's and two randomized controlled trials. She is a Fellow in the American Academy of Nursing, where she currently serves as a member of the Diversity and Inclusivity Committee. In 2020, she received the Brilliant New Investigator Award from the Council for the Advancement of Nursing Science within the American Academy of Nursing, and in 2016 she

received the RADM Faye G. Abdellah Award for Nursing Research from the United States Public Health Service. A member of the White Clay (A'aninin) Nation from Fort Belknap, Montana, Dr. Brockie earned her PhD at the Johns Hopkins School of Nursing in 2013 and then completed a post-doctoral fellowship at the National Institutes of Health Clinical Center.

James Allen, PhD is professor in the Department of Family Medicine and Biobehavioral Health at the University of Minnesota Medical School, Duluth campus. He was previously Associate Director at the Center for Alaska Native Health Research and graduate faculty in the clinical-community psychology program with Indigenous and rural emphasis at the University of Alaska Fairbanks, Fulbright Scholar at University of Oslo Medical School, and graduate faculty in the clinical psychology program at the University of South Dakota. Research interests include prevention of American Indian and Alaska Native and youth suicide, community based participatory research, multi-level intervention, and research methods for small populations. He currently collaborates with Alaska Native communities developing an evidence base for the effectiveness of cultural strategies in promoting protective factors to prevent youth suicide and alcohol misuse risk, and documenting community-level resilience structures that promote youth well-being in protection from suicide. Dr. Allen's graduate training was in clinical psychology.

Justin Coffey, MD currently serves as Chair of the Department of Psychiatry and Behavioral Health at Geisinger, a large, integrated health system in Danville, PA. He leads the provision of all clinical and academic programs in psychiatry, psychology, and addiction medicine and serves on the leadership team of the Neuroscience Institute. He is board certified in psychiatry, behavioral neurology, and clinical informatics, is a Fellow of the American Psychiatric Association, a Fellow of the American Neuropsychiatric Association, and a member of the American College of Psychiatrists. He serves as President of the International Society for ECT and Neurostimulation, serves on the editorial board of multiple scientific journals, and has made important academic contributions to the fields of neuropsychiatry, brain stimulation, suicide, care redesign, and health technology.

Sadé Heart of the Hawk Ali, MA is the retired Deputy Commissioner of Philadelphia's Department of Behavioral Health and Intellectual disability Services.

She is now the President of First Nations, LLC, a behavioral health training and consulting organization in Delaware. For the past four years, she was a Senior Associate with Altarum in Washington, DC, providing training and technical assistance to Tribal Governments and other providers engaged in SAMHSA's Access to Recovery (ATR) initiative. Ms. Ali holds faculty positions at Brown University, Temple University's College of Health Professions and Drexel University's School of Public Health. Ms. Ali has traveled the US and Canada extensively providing

culturally appropriate recovery management and resilience-promoting training in both the mental health and addictions fields. She has published her thesis, other scholarly articles, and a textbook on culturally appropriate recovery/resilience services, the ending of health disparities through enhanced access to care, and the impact of inter-generational trauma on the Indigenous peoples of North America. She is one of the co-authors of the Philadelphia Behavioral Health Transformation Practice Guidelines for Recovery and Resilience Oriented Treatment, a framework for the fields of mental health and addictions treatment services that is used worldwide. She recently published *Social Healing Words-Using Language to Promote Recovery and Resilience for Individuals, Families and Communities*. Ms. Ali has been in recovery and the field of behavioral health services for over 47 years. Ms. Ali holds a Bachelor of Arts in Counseling Psychology and a Master of Arts in Clinical Psychology. She is First Nations Mi'kmaq from the Sturgeon Clan, the Elder and Medicine Keeper of the East Coast Two Spirit Society and a lifetime member of SAIGE (Society of American Indian Government Employees).

Victoria M. O'Keefe, PhD (Cherokee Nation/Seminole Nation) is the Mathuram Santosham Endowed Chair in Native American Health at Johns Hopkins University. Dr. O'Keefe is an Assistant Professor at the Johns Hopkins Bloomberg School of Public Health's Department of International Health (Social and Behavioral Interventions Program), an Associate Director at the Johns Hopkins Center for American Indian Health, and a Licensed Psychologist. Her community-based participatory research (CBPR) with Native communities focuses on strengths-based and culturally-informed suicide prevention, mental health promotion, and wellness. Dr. O'Keefe has received numerous fellowships and awards including a Ford Foundation Predoctoral Fellowship, the American Psychological Association/American Psychological Association of Graduate Students Award for Distinguished Graduate Student in Professional Psychology, and most recently she was honored with a Cherokee Nation Community Leadership Individual Award. In 2020-2021, she served as an expert panel member on "Promoting Emotional Well-Being and Resilience" for the National Academies of Sciences, Engineering, and Medicine in collaboration with the Centers for Disease Control and Prevention. Dr. O'Keefe received her PhD in clinical psychology from Oklahoma State University and completed her clinical internship at the Puget Sound VA Health Care System – Seattle Division, both in 2016.

Kathy Pham, Pharm.D., BCPPS is the Director of Policy and Professional Affairs at the American College of Clinical Pharmacy (ACCP), a professional and scientific society that provides leadership, education, advocacy, and resources enabling clinical pharmacists to achieve excellence in practice, research, and education. Dr. Pham came to ACCP from the Pew Charitable Trusts, where she served as Senior Officer of the Drug Safety Project. Her previous clinical experience has been in

pediatric pharmacy practice, with the majority of that time spent as the NICU clinical specialist and pharmacy residency director at Children's National Medical Center in Washington, D.C. She is also a board-certified pediatric pharmacotherapy specialist. Dr. Pham earned her Doctor of Pharmacy degree from Rutgers, the State University of New Jersey. After completing her pharmacy residency at the University of Illinois at Chicago, she practiced as a pediatric clinical pharmacist and held faculty appointments at various schools of pharmacy including Long Island University, Rutgers, Creighton University, University of Maryland, and Virginia Commonwealth University. Dr. Pham leads ACCP's engagement, collaboration, and communication with medical, pharmacy, other health professional societies, health quality organizations, and payers/purchasers to promote and help achieve medication optimization for individual patients and populations. She participates as the ACCP representative in working groups and task forces of health policy development and research enterprises at the national level that address issues of interprofessional practice, research, and education.

Lisa Wexler, PhD conducts research that focuses on three overlapping and complimentary areas that address both scientific and community priorities: suicide prevention, wellness/resilience and learning. Her research engages participants in all levels of the process, responds to cultural and community priorities, and builds on and promotes personal and collective assets. Currently, she is working with community partners and academics to pilot Promoting Community Conversations About Research to End Suicide (PC CARES) (NIMH R34096884), which uses critical pedagogy to mobilize community members for strategic and collaborative suicide prevention and wellness initiatives. Additionally, her present work utilizes Intergenerational Dialogue Exchange and Action (IDEA)—a participatory research method—to engage young people in efforts to find local strengths, skills and wisdom through cross-generational and community-based investigations that—through the effort—enhance youth possibilities for action and strengthen their social connections within and outside of their home communities.

Suicide Prevention in Indigenous Communities

Webinar 2: May 13, 2022

Readings and Resources

Anderson, J. and D. Sridar. 2022. Adapting a Zero Suicide Approach to Native Communities.

WebMD Health News, May 2. <https://www.webmd.com/mental-health/news/20220502/adapting-zero-suicide-approach-to-native-communities>

(Accessed on May 3, 2022)

Cwik, M. F., L. Tingey, A. Maschino, N. Goklish, F. Larzelere-Hinton, J. Walkup, and A. Barlow.

2016. Decreases in suicide deaths and attempts linked to the White Mountain apache suicide surveillance and prevention system, 2001-2012. American Journal of Public Health 106(12):2183-2189.

Zero Suicide Institute. Toolkit: Lead, Indian Country. <https://zerosuicide.edc.org/toolkit/toolkit-adaptations/indian-country>. (Accessed April 20, 2022).

PREVENTING DISCRIMINATION, HARASSMENT, AND BULLYING EXPECTATIONS FOR PARTICIPANTS IN NASEM ACTIVITIES

The National Academies of Sciences, Engineering, and Medicine (NASEM) are committed to the principles of diversity, integrity, civility, and respect in all of our activities. We look to you to be a partner in this commitment by helping us to maintain a professional and cordial environment. All forms of discrimination, harassment, and bullying are prohibited in any NASEM activity. This commitment applies to all participants in all settings and locations in which NASEM work and activities are conducted, including committee meetings, workshops, conferences, and other work and social functions where employees, volunteers, sponsors, vendors, or guests are present.

Discrimination is prejudicial treatment of individuals or groups of people based on their race, ethnicity, color, national origin, sex, sexual orientation, gender identity, age, religion, disability, veteran status, or any other characteristic protected by applicable laws.

Sexual harassment is unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature that creates an intimidating, hostile, or offensive environment.

Other types of harassment include any verbal or physical conduct directed at individuals or groups of people because of their race, ethnicity, color, national origin, sex, sexual orientation, gender identity, age, religion, disability, veteran status, or any other characteristic protected by applicable laws, that creates an intimidating, hostile, or offensive environment.

Bullying is unwelcome, aggressive behavior involving the use of influence, threat, intimidation, or coercion to dominate others in the professional environment.

REPORTING AND RESOLUTION

Any violation of this policy should be reported. If you experience or witness discrimination, harassment, or bullying, you are encouraged to make your unease or disapproval known to the individual, if you are comfortable doing so. You are also urged to report any incident by:

- Filing a complaint with the Office of Human Resources at 202-334-3400, or
- Reporting the incident to an employee involved in the activity in which the member or volunteer is participating, who will then file a complaint with the Office of Human Resources.

Complaints should be filed as soon as possible after an incident. To ensure the prompt and thorough investigation of the complaint, the complainant should provide as much information as is possible, such as names, dates, locations, and steps taken. The Office of Human Resources will investigate the alleged violation in consultation with the Office of the General Counsel.

If an investigation results in a finding that an individual has committed a violation, NASEM will take the actions necessary to protect those involved in its activities from any future discrimination, harassment, or bullying, including in appropriate circumstances the removal of an individual from current NASEM activities and a ban on participation in future activities.

CONFIDENTIALITY

Information contained in a complaint is kept confidential, and information is revealed only on a need-to-know basis. NASEM will not retaliate or tolerate retaliation against anyone who makes a good faith report of discrimination, harassment, or bullying.

Updated June 7, 2018