THANK YOU

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Summary

TAKE-HOME POINTS

- Time of life when establishing food preferences that affect health across the lifecourse
- Proxy/multiple informants contribute to measurement error and missing data
- Every bite counts and evolving market for foods and beverages necessitates flexibility in enhancing food database
- No ideal tool choice depends on effort and resources, consider merging tools, emerging tools, and tele-nutrition
- To understand nutrient status, combine dietary assessment with measures of metabolic status

