

Jenna White

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A Trauma Informed Parenting Journey



Interventions:

Speech Therapy
Play Therapy
Counseling
Equine Therapy
Occupational Therapy
Special Educational Services
Social Skills Group Therapy

Professionals:

Developmental Pediatrician
Psychologist (multiple)
Psychiatrist (multiple)
Social Workers (multiple)
Speech Therapist (multiple)
IEP Team

Diagnosis:

Speech Delay
Developmental Delay
Sleep Disorder
Conduct Behavior Disorder
Mood Disorder
ADHD
Auditory Processing Disorder
Dyslexia
IEP for Emotional Disability
IEP for Learning Disability

Online learning during COVID- Resiliency



- ✓ Felt safety
- ✓ Connection with teachers
- ✓ Kindness
- ✓ Flexibility

Return to School and Beyond

New conversations:

Who is seen?

Who is heard?

Who gets to feel safe?

Focus on:

- ✓ Reframing mental health and resiliency
- ✓ Educator secondary trauma and resiliency
- ✓ Trauma informed schools
- ✓ Family engagement

Stay Connected



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