Forum for Children's Well-Being A School Nurse Perspective

Dr. Kate King DNP, MS, RN, LSN President-elect, NASN



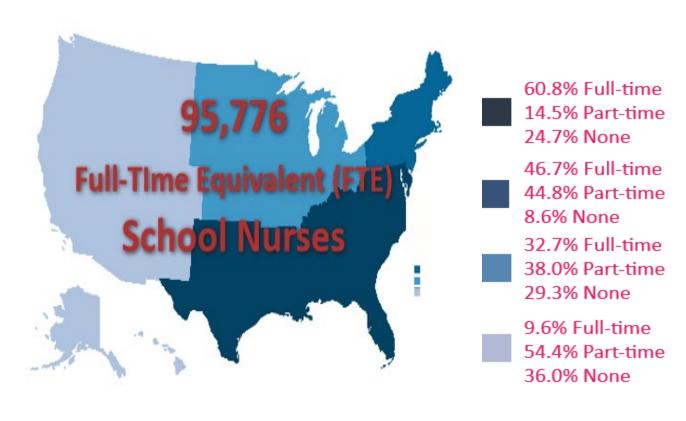
School Nurse Workforce



 35.3% of schools employ part-time school nurses (< 35 hours)

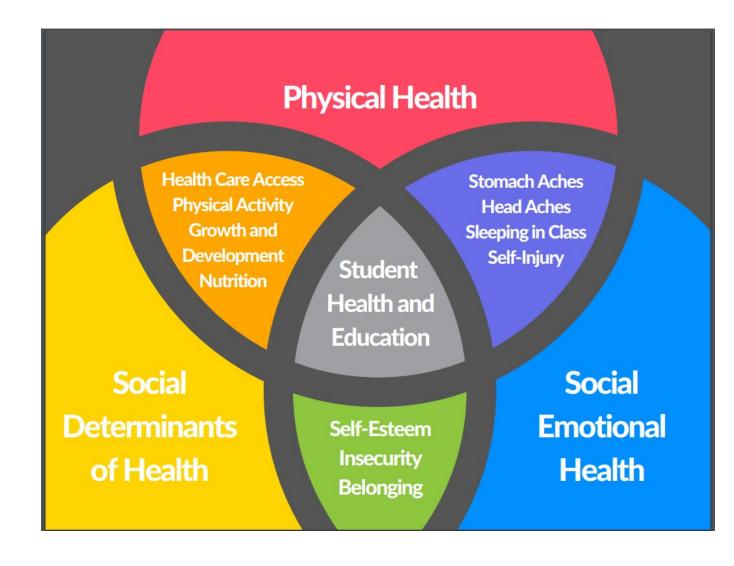
• 39.3% of schools employ full-time school nurses (> 35 hours)

 Across the country 25.2% of schools did not employ a school nurse





School Nurses: Frontline Workers in Times of COVID and Beyond





























https://schoolnursenet.nasn.org/covid19ref/home



School Nurses are often the first contact for students at risk

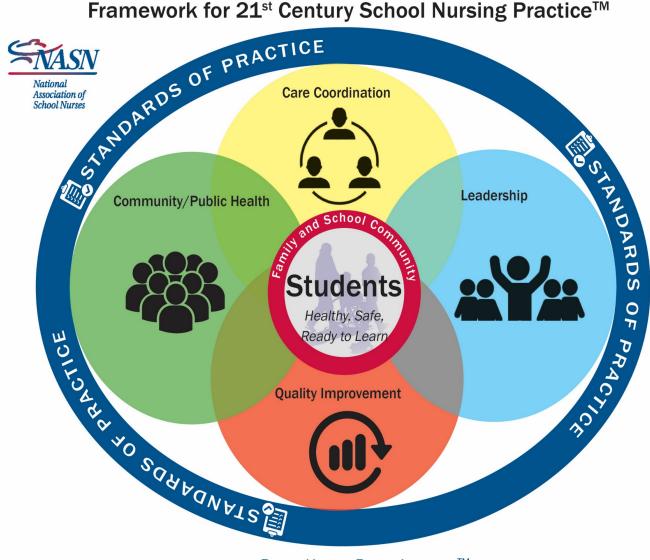
- Physical manifestations of Social/Emotional distress
 - Head aches
 - Stomach aches
 - Frequent office visits
 - Symptoms of depression:
 - Sleep
 - Acting out
- Chronic Absenteeism



School Nurses: Sentinels of School Health

- **Care Coordination**
 - Direct Care
 - Referrals
 - Team Collaboration
- Public/Community Health
 - **Contact Tracing**
 - Mitigation
 - Education
- **Quality Improvement-Data** Collection
- Leadership
 - **Education of staff**
 - Partnerships

Framework for 21st Century School Nursing Practice™



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BETTER HEALTH. BETTER LEARNING.TM





School Nurse Role in SEL needs

- Physical Activity Promotion
- Good nutrition
- Daily Touch Base
- Listening
- Referrals
- Team work
- Education



Internal Partners- School Support Staff



No More Silos

- School
 - Nurses
 - Psychologists
 - Counselors
 - Social Workers
 - Transition Coordinators
 - PBIS Coordinators



External Partners



https://www.flickr.com/photos/23715 955@N05/8727240790/in/photostrea m





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Staff Health

Before COVID-19- Minimal Role

- Limited to
 - Programs- Biggest Loser
 - Education- Personal Cases
 - Assessment- Blood Pressure checks
 - Emergencies

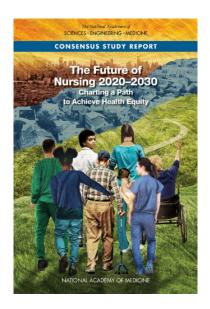
After COVID-19-Increased Engagement

- Mitigation Strategies
- Contact Tracing and Investigation
- Mental Health Promotion
 - Anxiety
 - Education
 - Referral



The Future of Nursing 2020-2030

- School and public health nurses play a vital role in advancing health equity.
 Adequate funding for these nurses is essential if they are to take on that role.
- School nurses are front-line health care providers, serving as a bridge between the health care and education systems and other sectors.
- School nurses focus on the physical and mental health of students in the context
 of educational environments. They serve as both essential care providers for
 individuals and links to broader community health issues through the student
 populations they serve.
- School and public health nurses play a vital role in advancing health equity.
 Adequate funding for these nurses is essential if they are to take on that role.



National Academies of Sciences, Engineering, and Medicine 2021. The Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity. Washington, DC: The National Academies Press. https://doi.org/10.17226/25982.

