



Scholar Perspective:
Impact of COVID-19 on
Student Learning and
Mental Health

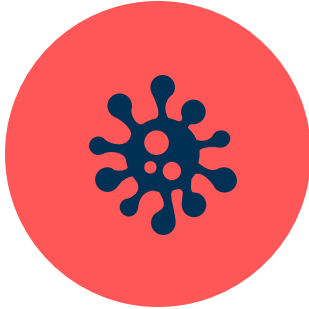


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Agenda



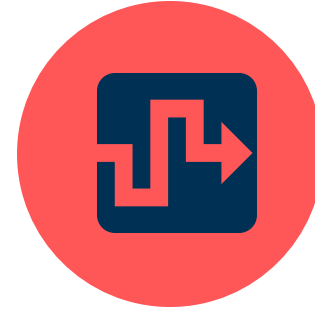
COVID-19 Context

Where have we
been?



Impact of COVID-19 on PK-12 Students

Where are we now?

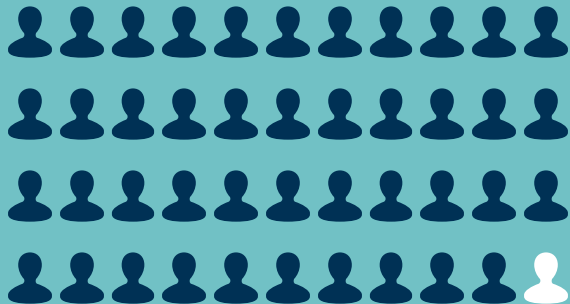


Pathways to Resilience

Where can we go?

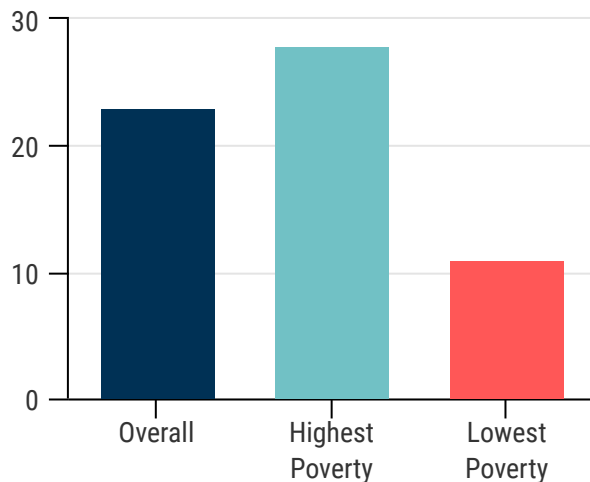
COVID-19
impacted PK-12
students' lives
inside and outside
of school

47 weeks of full
closures...48
weeks of partial
closures (UNESCO, 2021)



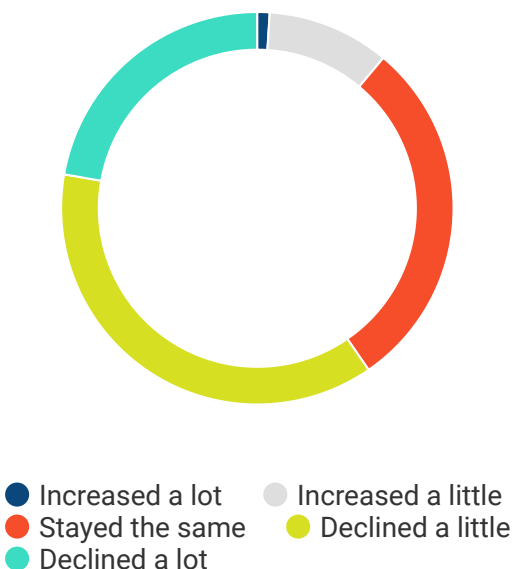
Starting March 27th, 97% of K-12
students had their school day
disrupted (Kennedy 2021)

Impacts of COVID-19 on Student Learning



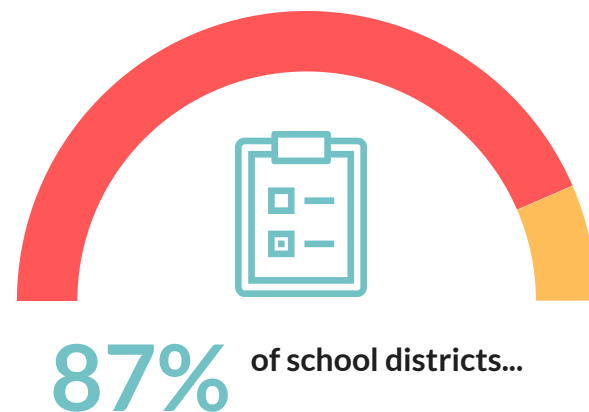
Percentage of students teachers reported were "essentially truant"

(EdWeek Research Center Survey, 2020)



"In the past two weeks, my students' engagement levels have..."

(EdWeek Research Center Survey, 2020)



...showed a decrease in the percentage scoring proficient or higher on statewide assessments

(Ohio Department of Education, 2021)

Impacts of COVID-19 on Student Mental Health



Emergency
room visits

Hill et al., 2020; Leeb et al., 2020



Internalizing
symptoms

Breaux et al., 2021; Verlenden et al., 2021



Externalizing
symptoms

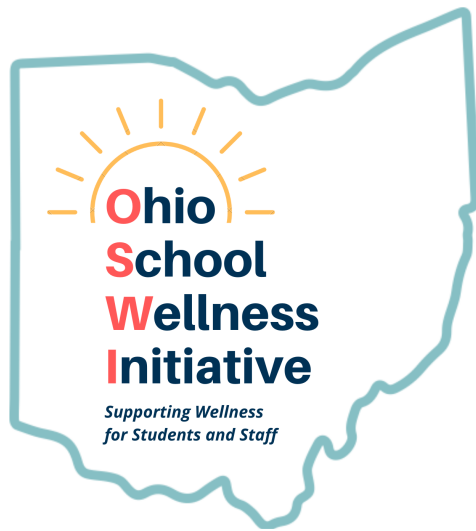
Breaux et al., 2021



Disparities

Increased symptoms
associated with virtual
instruction (Verlenden et al., 2021)

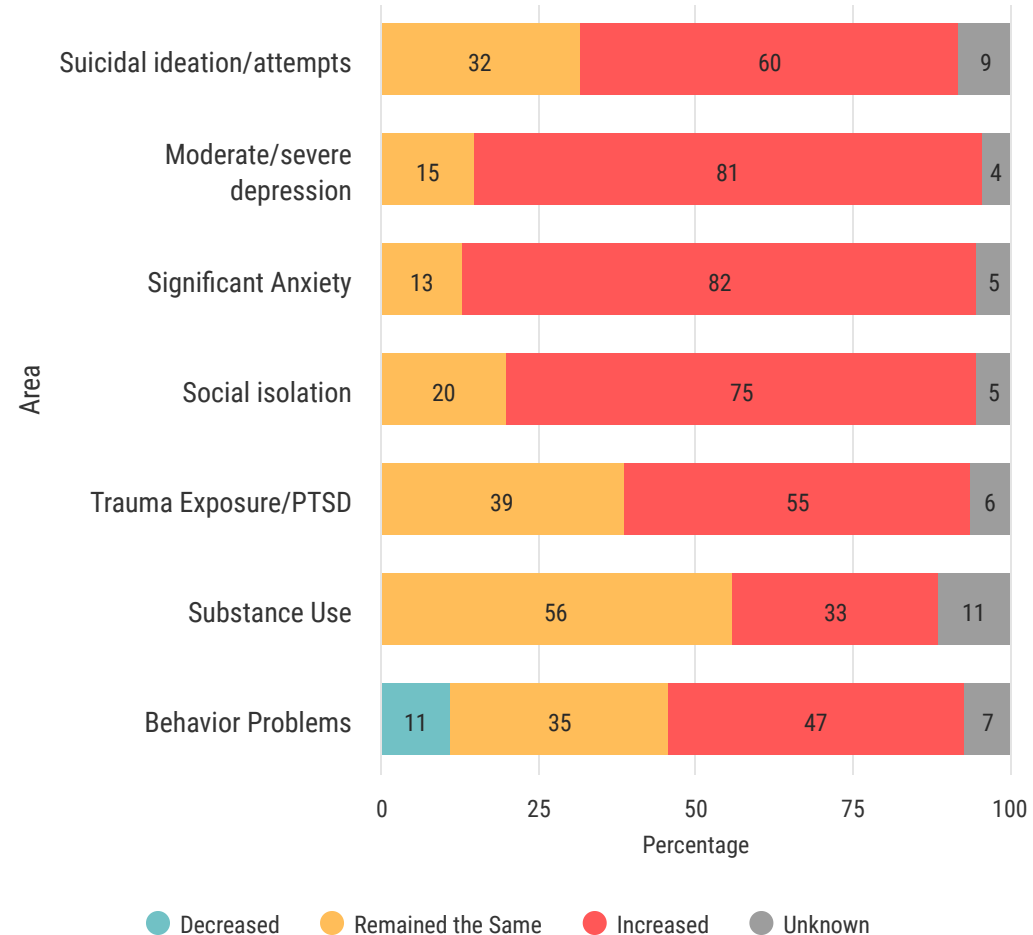
See Research Summary from National Association of School Psychologists



Statewide Needs Assessment

Data based on staff member report from 84 buildings

How have needs changed since COVID-19?



But it's not just the students...



"...Burnout, stress, anxiety,
depression, weight gain,
mental foginess, mental
strain, exhaustion"

-Survey respondent

"Mental health concerns...have
emerged, as well as adjustment
concerns such as decrease in job
satisfaction, damage to working
relationships, lack of focus and
energy, general grumpiness."

-Survey respondent

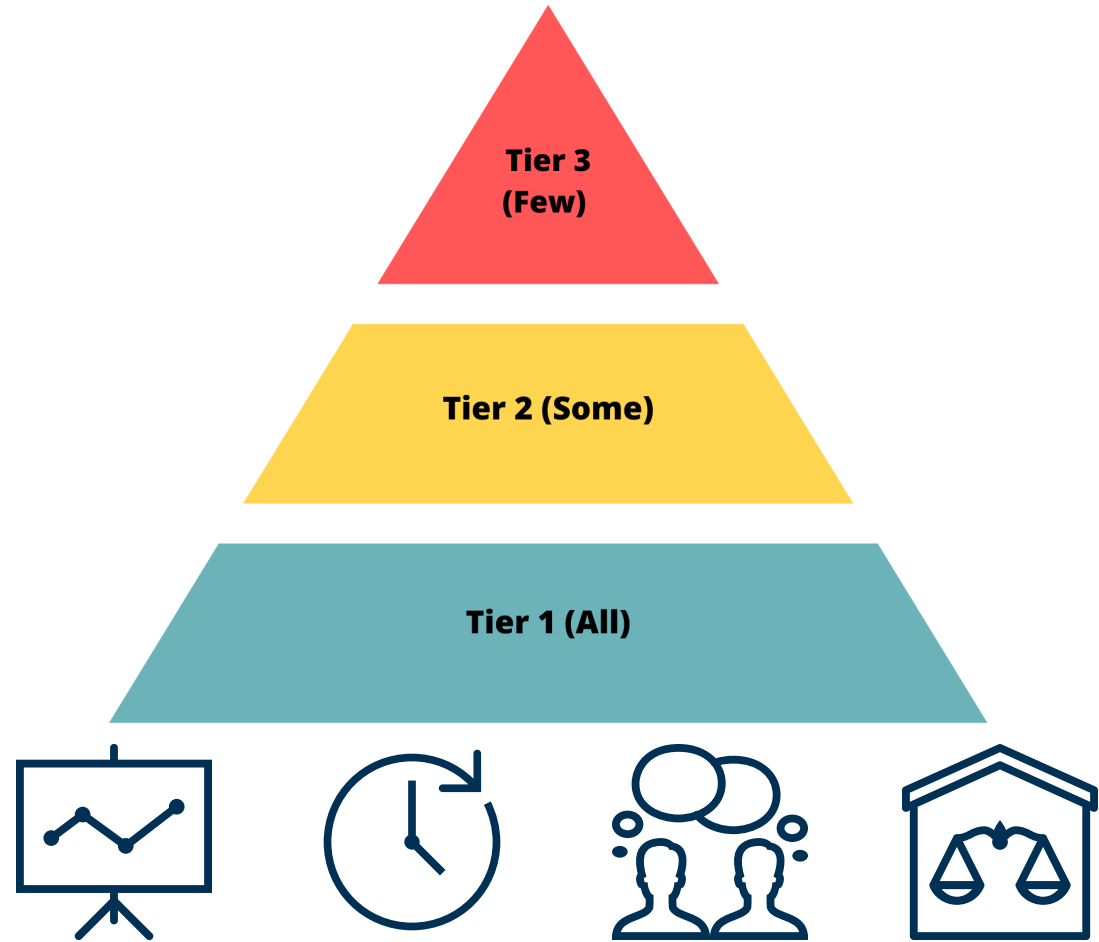
Pathways to Resilience

- The impact of COVID-19 depends on risk and protective factors
- Socio-ecological and equitable resilience framework



Essential Ingredients for Resilience Promotion

- Build relationships
- Encourage powerful identities
- Provide opportunities for power and control
- Promote social justice
- Improve access to basic material needs
- Develop a sense of belonging, responsibility for others, spirituality, and life purpose
- Encourage a sense of culture and historical roots



Questions or Comments?



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Additional Resources

- ① ED COVID-19 Handbook: Roadmap to Reopening Safely and Meeting All Students' Needs (US DOE, 2021)
- ② Child and Adolescent Mental Health During the COVID-19 Pandemic (NASP, 2021)
- ③ The Traumatic Impact of COVID-19 on Children and Families: Current Perspectives from the NCTSN (NCTSN, 2021)

References

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