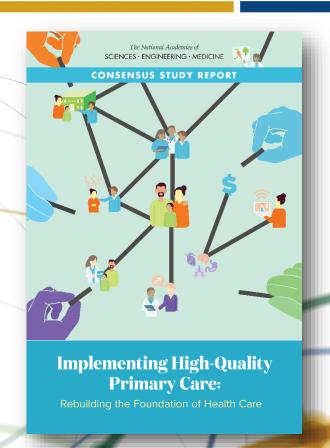
## The National Academies of SCIENCES • ENGINEERING • MEDICINE



# Implementing High-Quality Primary Care Webinar Series:

## Reforming Payment

Nationalacademies.org/primarycare primarycare@nas.edu

### **Committee Members**

- Linda McCauley, Emory University (Co-Chair)
- Asaf Bitton, Ariadne Labs
- Tumaini Coker, University of Washington School of Medicine and Seattle Children's
- Carrie Colla, Geisel School of Medicine at Dartmouth
- Molly Cooke, University of California, San Francisco
- Jennifer DeVoe, Oregon Health & Science University
- Rebecca Etz, Virginia Commonwealth University
- Susan Fisher-Owens, University of California, San Francisco School of Dentistry
- Jackson Griggs, Heart of Texas Community Health Center, Inc.

- Robert Phillips, Jr., American Board of Family Medicine (Co-Chair)
- Shawna Hudson, Rutgers University
- Shreya Kangovi, University of Pennsylvania
- Christopher Koller, Milbank Memorial Fund
- Alex Krist, Virginia Commonwealth University
- Luci Leykum, University of Texas at Austin
- Mary McClurg, Eshelman School of Pharmacy at University of North Carolina at Chapel Hill
- Benjamin Olmedo, Dignity Health
- Brenda Reiss-Brennan, Intermountain Healthcare
- Hector Rodriguez, University of California, Berkeley
- Robert Weyant, School of Dental Medicine at University of Pittsburgh

Staff: Marc Meisnere, Sharyl Nass, Tracy Lustig, Sarah Robinson, Samira Abbas NAM Fellows: Kameron Matthews, Lars Peterson, Dima Qato

### Statement of Task

NASEM committee will examine the current state of primary care in the United States and develop an implementation plan to build upon the recommendations from the 1996 IOM report, Primary Care: America's Health in a New Era, to strengthen primary care services in the United States, especially for underserved populations, and to inform primary care systems around the world.

## An Updated Definition of Primary Care

High-quality primary care is the provision of wholeperson, integrated, accessible, and equitable health care by interprofessional teams that are accountable for addressing the majority of an individual's health and wellness needs across settings and through sustained relationships with patients, families, and communities.

## Primary Care as a Common Good

 Primary care has high societal value among health care services yet is in a precarious status

Requires public policy for oversight and monitoring

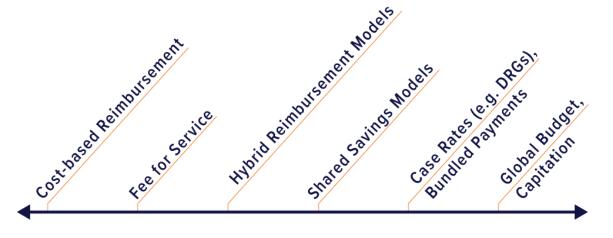
 Needs strong advocacy, organized leadership, and public awareness

## **5** Objectives for Achieving High-Quality Primary Care

- Pay for primary care teams to care for people, not doctors to deliver services.
- 2 ACCESS Ensure that high-quality primary care is available to every individual and family in every community.
- 3 workforce Train primary care teams where people live and work.
- 4 Design information technology that serves the patient, family, and interprofessional care team.
- **The Engine Property of the Engine Property o**

## Spectrum of Physician Payment Models

Activity-based vs fixed payment



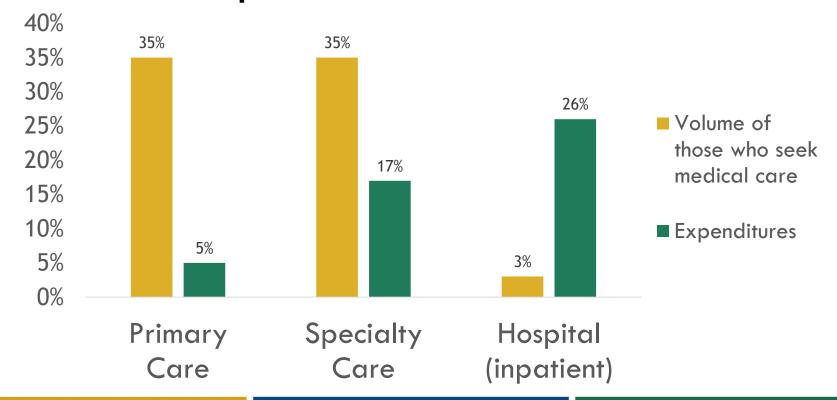
#### More activity-based

Incentive to do more
May lead to overtreatment

#### More fixed payments

Incentive to do less
May lead to undertreatment

## Visits vs Expenditures in Medical Care



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SOURCES: Johansen et al., 2016; Martin et al., 2020 All categories are not included in the figure and thus do not add up to 100 percent.

# Primary Care Payment Today

- Nearly 95% of physician office visits use FFS
- COVID-19 pandemic exacerbated financial pressures on practices
- Share of total health care spending on primary care is decreasing in a majority of states and overall in the U.S.
- OECD countries devote on average nearly 50% more to primary care than the U.S. of total health care spending



**PAYMENT** 

Pay for primary care teams to care for people, not doctors to deliver services. **Action 1.1:** Payers should evaluate and disseminate payment models based on their ability to promote the delivery of high-quality primary care, not short-term cost savings.

**Action 1.2:** Payers using fee-for-service models for primary care should shift toward hybrid reimbursement models, making them the default over time. For risk-bearing contracts, payers should ensure that sufficient resources and incentives flow to primary care.

**Action 1.3:** CMS should increase overall portion of health care spending for primary care by improving Medicare fee schedule and restoring the RUC to advisory nature.

**Action 1.4**: States should facilitate multi-payer collaboration and increase the portion of health care spending for primary care.

### Paying for Primary Care Teams to Care for People

#### Full Fee-for-service:

- Phase out
- Revalued E&M codes in PFS

# Risk Adjusted Capitation + FFS + patient assignment:

- Default payment for primary care
- Revalued E&M codes
- Resources for transformation

# Risk Bearing Contracts with Focus on Population Health:

 Sufficient, higher, prospective resources and incentives for primary care



# Download the report and view more resources at: Nationalacademies.org/primarycare

Questions? E-mail <u>primarycare@nas.edu</u>