



**Suicide Prevention in Indigenous Communities:
A Virtual Workshop**

WEBINAR 3

FRIDAY, June 10, 2022

11:00 AM—4:00 PM ET

**NATIONAL
ACADEMIES** *Sciences
Engineering
Medicine*

Suicide Prevention in Indigenous Communities
A Virtual Workshop

Webinar 3:
June 10, 2022 | 11:00 AM—4:00 PM ET

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SUICIDE PREVENTION IN INDIGENOUS COMMUNITIES

A VIRTUAL WORKSHOP

Webinar 3

June 10, 2022

11:00 AM—4:00 PM ET

WEBINAR LOGISTICS

- Join the webcast via this link:
<https://www.nationalacademies.org/event/06-10-2022/suicide-prevention-in-indigenous-communities-a-virtual-workshop-webinar-3>
- An archive of the video webcast and presentation slides will be available at:
<https://www.nationalacademies.org/event/06-10-2022/suicide-prevention-in-indigenous-communities-a-virtual-workshop-webinar-3>
- Proceedings of the workshop will be published following National Academies procedures. Rapporteurs will compose the proceedings from the workshop transcript and external reviewers will examine the proceedings to make sure it accurately reflects workshop discussions and conforms to institutional policies.
- Interested in receiving updates from the Forum on Mental Health and Substance Use Disorders or the National Academies of Sciences, Engineering, and Medicine's Health and Medicine Division?

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SUICIDE PREVENTION IN INDIGENOUS COMMUNITIES A VIRTUAL WORKSHOP AGENDA

WEBINAR 3 JUNE 10, 2022 11:00AM—4:00PM ET	
WELCOME FROM THE FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS	
11:00 AM	William R. Beardslee, MD Director, Distinguished Gardner Monks Professor of Psychiatry Baer Prevention Initiatives, Boston Children's Hospital, Harvard Medical School <i>Planning Committee Co-Chair</i>
OPENING PRAYER	
11:05 AM	Sade Heart of the Hawk Ali, MA Tribal Lead Zero Suicide Institute <i>Planning committee member</i>
KEYNOTE SPEAKER	
11:10 AM	Lisa Wexler, PhD Professor of Social Work University of Michigan <i>Planning committee member</i>
SESSION 1: SUICIDE PREVENTION FOR INDIGENOUS CHILDREN AND YOUTH	
11:30 PM	Moderator: Justin Coffey, MD Professor and Chair, Department of Psychiatry and Behavioral Health Geisinger <i>Planning committee member</i> 11:30 AM Champions for Change Cheyenne Brady, MPH (30-minutes) Program Manager Champions for Change Center for Native American Youth Aspen institute 12:00 PM Two-Spirit

FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

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	Sade Heart of the Hawk Ali, MA (30-minutes) Tribal Lead Zero Suicide Initiative <i>Planning committee member</i>
	12:30 PM AUDIENCE Q&A (20-minutes)
12:50 PM	BREAK (30-minutes)
SESSION 2: GAPS AND OPPORTUNITIES: DATA SYSTEMS AND GOVERNANCE	
1:20 PM	Moderator: 1:20 PM Sade Heart of the Hawk Ali, MA Tribal Lead, Zero Suicide Institute <i>Planning committee member</i> 1:25 PM Governance, Data, and Community Wellness Stephanie Russo Carrol, DrPH, MPH (20-minutes) Associate Director, Native Nations Institute Assistant Professor, Mel and Enid Zuckerman College of Public Health University of Arizona 1:45 PM NIH Data Denise Dillard, PhD (20-minutes) Research Director Southcentral Foundation Jennifer Shaw, PhD Senior Researcher Southcentral Foundation 2:05 PM National Violent Death Reporting System Update Asha Ivey-Stephenson, PhD, MA (30-minutes) LCDR, US Public Health Service Tribal Support Section Lead Centers for Disease Control and Prevention 2:35 AUDIENCE Q&A (15-minutes)
SESSION 3: GAPS AND OPPORTUNITIES: POLICIES, PROGRAMS AND GRANTS	
2:50 PM	Moderator: 2:50 PM Victoria O'Keefe, PhD Mathuram Santosham Endowed Chair in Native American Health Assistant Professor Johns Hopkins Bloomberg School of Public Health <i>Planning committee member</i> 2:55 PM Native Behavioral Health Access Improvement Act

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	<p>The Honorable Tina Smith (recording) United States Senator, Minnesota</p> <p>3:00 PM Honoring Native Life Teresa Gomez, MA (20-minutes) Honoring Native Life University of New Mexico</p> <p>3:20 PM Grants Richard McKeon, PhD, MPH (20-minutes) Chief, Suicide Prevention Branch Center for Mental Health Services Substance Abuse and Mental Health Services Administration</p> <p>3:40 PM AUDIENCE Q&A (15-minutes)</p>
CLOSING REMARKS	
3:55 PM	<p>Teresa Brockie, PhD, RN, FAAN Assistant Professor Johns Hopkins School of Nursing <i>Planning Committee Co-Chair</i></p>
4:00 PM	ADJOURN

Workshop Planning Committee | This workshop was organized by the following experts: William Beardslee, Harvard University (Co-chair); Teresa Brockie, Johns Hopkins University (Co-chair); James Allen, University of Minnesota; Justin Coffey, Geisinger Commonwealth School of Medicine; Sade Heart of the Hawk Ali, Department of Behavioral Health and Intellectual Disability Services, Philadelphia; Victoria O’Keefe, JHU Bloomberg School of Public Health; Kathy Pham, American College of Clinical Pharmacy; Lisa Wexler, University of Michigan

FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Updated 6/3/22

Suicide Prevention in Indigenous Communities: A Workshop

Speaker Roster

Webinar 3: June 10, 2022

Cheyenne Brady, MPH

Program Manager
Aspen Institute

Stephanie Carrol, DrPH, MPH

Associate Director, Native Nations Institute
Assistant Professor, Mel and Enid Zuckerman
College of Public Health University of
Arizona

Denise Dillard, PhD

Research Director
Southcentral Foundation

Teresa Gomez, MA

Honoring Native Life
University of New Mexico

Sadé Heart of the Hawk Ali, MA

Tribal Lead
Zero Suicide Institute

Asha Ivey-Stephenson, PhD, MA

Senior Behavioral Scientist / Epidemiologist
National Center for Injury Prevention and
Control Division of Injury Prevention Suicide
Prevention Team
Centers for Disease Control and Prevention

Richard McKeon PhD, MPH

Chief, Suicide Prevention Branch
Center for Mental Health Services
Substance Abuse and Mental Health Services
Administration

Jennifer Shaw, PhD

Senior Researcher
Southcentral Foundation

The Honorable Tina Smith

United States Senator, Minnesota

Lisa Wexler, PhD, MSW

Professor of School of Social Work
University of Michigan, Ann Arbor

Suicide Prevention in Indigenous Communities: A Workshop

Webinar 3: June 10, 2022

Speaker Bios

Cheyenne Brady, MPH, is a member of the Sac & Fox Nation and descends from the Cheyenne, Pawnee, Kiowa, Apache, Hidatsa, Arikara, Otoe and Tonkawa. Her Sac & Fox name is Sitoniquay (Light Rain). Her Cheyenne name is He'a'ma'mene'e (High Walking Woman). Cheyenne's educational background includes a Bachelor of Science in Psychology and a Master of Public Health, both from North Dakota State University. She is actively pursuing a Ph.D. in Indigenous Health at the University of North Dakota. Cheyenne currently works as a Program Manager for the Center for Native American Youth (CNAY) at the Aspen Institute. In this role, she manages a portfolio of grants and projects that aim to enhance the lives and life outcomes of Native youth across the nation. Prior to CNAY, Cheyenne worked for her home community leading drug and alcohol prevention efforts and developing youth programming. Cheyenne's passion is to empower and work to better the lives of the younger generations while encouraging healthy lifestyles.

Stephanie Carroll, DrPH, MPH, is Dene/Ahtna, a citizen of the Native Village of Kluti-Kaah in Alaska, and of Sicilian-decent. Based at the University of Arizona, she is Assistant Professor of Public Health, Associate Director for the Native Nations Institute, and Acting Director and Assistant Research Professor at the Udall Center. Her interdisciplinary research group, the Collaboratory for Indigenous Data Governance develops research, policy, and practice innovations for Indigenous data sovereignty. Stephanie chairs the Global Indigenous Data Alliance (GIDA), the International Indigenous Data Sovereignty Interest Group at the Research Data Alliance, and the Indigenous Data Working Group for the IEEE P2890 Recommended Practice for Provenance of Indigenous Peoples' Data.

Denise Dillard, PhD, is Inupiaq Eskimo and was born in Fairbanks and raised in Anchorage. She has conducted post-doctoral quantitative and qualitative research since 1998 and is a licensed psychologist. She is currently the Director of Research for Southcentral Foundation (SCF), a tribal health organization in Anchorage, Alaska. She oversees the direction of a diverse portfolio of research studies addressing the wide-ranging needs of American Indian and Alaska Native community served by the organization. She works directly with tribal leadership at SCF as they consider approval of research proposals, abstracts, and manuscripts and is a member of the Alaska Area Institutional Review Board. At a national level, she serves as the Alaska Delegate of the National Institutes of Health Tribal Advisory Committee.

Teresa Gomez, MA, is an enrolled member of the Pueblo of Isleta and a life-long resident of New Mexico. Teresa has dedicated her career to serving Tribes and advocating for issues affecting American Indians. In 2006, Teresa served as the Deputy Cabinet Secretary for the New Mexico Indian Affairs Department. Teresa also served as the Deputy CEO for the NM Behavioral Health Purchasing Collaborative. Teresa has worked extensively with Tribal governments and various governmental agencies at the federal, state, and local levels. She has been instrumental in building and strengthening Tribal-State relations and collaboration. Teresa is a 2-time Ovarian Cancer survivor who has a special interest in policy efforts relating to the integration of physical and behavioral health, psychological trauma, and breaking down barriers between the mental and physical health disciplines for a more effective systems approach.

Sadé Heart of the Hawk Ali, MA is the retired Deputy Commissioner of Philadelphia's Department of Behavioral Health and Intellectual disability Services. She is now the President of First Nations, LLC, a behavioral health training and consulting organization in Delaware. For the past four years, she was a Senior Associate with Altarum in Washington, DC, providing training and technical assistance to Tribal Governments and other providers engaged in Substance Abuse and Mental Health Services Administration's Access to Recovery (ATR) initiative. Ms. Ali holds faculty positions at Brown University, Temple University's College of Health Professions and Drexel University's School of Public Health. Ms. Ali has traveled the US and Canada extensively providing culturally appropriate recovery management and resilience-promoting training in both the mental health and addictions fields. She has published her thesis, other scholarly articles, and a textbook on culturally appropriate recovery/resilience services, the ending of health disparities through enhanced access to care, and the impact of inter-generational trauma on the Indigenous peoples of North America. She is one of the co-authors of the Philadelphia Behavioral Health Transformation Practice Guidelines for Recovery and Resilience Oriented Treatment, a framework for the fields of mental health and addictions treatment services that is used worldwide. She recently published *Social Healing Words-Using Language to Promote Recovery and Resilience for Individuals, Families and Communities*. Ms. Ali has been in recovery and the field of behavioral health services for over 47 years. Ms. Ali holds a Bachelor of Arts in Counseling Psychology and a Master of Arts in Clinical Psychology. She is First Nations Mi'kmaq from the Sturgeon Clan, the Elder and Medicine Keeper of the East Coast Two Spirit Society and a lifetime member of SAIGE (Society of American Indian Government Employees).

Asha Ivey-Stephenson, PhD, MA, is a Senior Behavioral Scientist/Epidemiologist at the Centers for Disease Control and Prevention (CDC), in the National Center for Injury Prevention and Control, Division of Injury Prevention. She sits on the Suicide Prevention Team as a senior scientist and subject matter expert. She also currently serves as a Lieutenant Commander in the United States Public Health Service. While at CDC, she has worked as an Epidemic Intelligence Service (EIS) Officer in the Injury Center and as an Interdisciplinary Behavioral Scientist in the Office of Public Health Preparedness and Response, Division of State and Local Readiness. Prior to working at CDC she was an Assistant Professor in the Department of Psychology at Morehouse College in Atlanta, Georgia. Dr. Ivey-Stephenson completed her post-doctoral work at Emory University School of Medicine in the Department of Psychiatry and Behavioral Sciences; received her Ph.D. and Master's degrees in Clinical Psychology from the University of Michigan; and her Bachelor of Arts Degree in Psychology from Spelman College.

Richard McKeon PhD, MPH, received his Ph.D. in Clinical Psychology from the University of Arizona, and a Master of Public Health in Health Administration from Columbia University. He has spent most of his career working in community mental health, including 11 years as director of a psychiatric emergency service and 4 years as Associate Administrator/Clinical Director of a hospital based community mental health center in Newton, New Jersey. In 2001, he was awarded an American Psychological Association Congressional Fellowship and worked in the United States Senate for Sen. Paul Wellstone, covering health and mental health policy issues. He spent 5 years on the Board of the American Association of Suicidology as Clinical Division Director and has also served on the Board of the Division of Clinical Psychology of the American Psychological Association. He is currently Chief for the Suicide Prevention Branch in the Center for Mental Health Services, of the Substance Abuse and Mental Health Services Administration, where he oversees all branch suicide prevention activities, including the Garrett Lee Smith State/Tribal Youth Suicide Prevention, and Campus Suicide Prevention grant programs, the National Suicide Prevention Lifeline, the Suicide Prevention Resource Center, and the Native Connections program. In 2008, he was appointed by the Secretary of Veterans Affairs to the Secretary's Blue Ribbon Work Group on Suicide Prevention. In 2009, he was appointed by the Secretary of Defense to the Department of Defense Task Force on Suicide Prevention in the Military. He served on the National Action Alliance for Suicide Prevention Task Force that revised the National Strategy for Suicide Prevention and participated in the development of WHO's World Suicide Prevention Report. He is also the Co-Chair of the Federal Working Group on Suicide Prevention.

Jennifer L. Shaw, PhD, is a medical anthropologist and Senior Researcher at Southcentral Foundation, a large tribal health organization based in Anchorage, Alaska. She received her Ph.D. from Case Western Reserve University, M.A. from University of Kansas, and B.A. from Mount Holyoke College. Shaw conducts community-based participatory research on suicide prevention, substance and alcohol use, and advance care planning communication. Since 2010, she has completed seven NIH-funded studies on suicide prevention and intervention in the Alaska Native community, including qualitative research on lived experience, cultural adaptations of secondary and tertiary prevention interventions, and two recent studies on the validation and implementation of a predictive algorithm to identify “at-risk” patients using routinely-collected electronic health record data.

The Honorable Tina Smith serves as United States Senator for Minnesota. Since coming to the Senate since 2018, she has been a fierce advocate for the people and communities across the state. She has traveled the state, listened to Minnesotans and turned what she’s heard into laws to help the American people. With more than 50 bills and provisions signed into law in just over three years, her successful bipartisan record has benefited working families, farmers, veterans, businesses, and Tribal communities. Her work has helped make health care and mental health care more affordable and accessible, expanded much-needed broadband services across the state, and boosted the efforts of schools and teachers to prepare students for in-demand careers. Senator Smith serves on four Senate committees including the Indian Affairs Committee. She’s heard time and time again from leaders in Indian Country who are frustrated that policy decisions are often made without bringing tribes to the table. There are tremendous needs in Indian Country, and Sen. Smith understands that leaders in Indian Country often have answers for how the federal government can step up and fulfill its trust responsibility to tribal communities.

Sen. Smith wants to make sure programs in Indian Country, or programs that directly impact tribes, are adequately supported. Sen. Smith believes we also need to give tribes the tools to develop their workforce and attract business and investment, while investing in basic infrastructure like roads and broadband. Prior to coming to the Senate, she served as Minnesota’s Lieutenant Governor under Governor Mark Dayton, after previously serving as Dayton’s Chief of Staff. She also served as Chief of Staff to Minneapolis Mayor R.T. Rybak.

Lisa Wexler, PhD conducts research that focuses on three overlapping and complimentary areas that address both scientific and community priorities: suicide prevention, wellness/resilience and learning. Her research engages participants in all levels of the process, responds to cultural and community priorities, and builds on and promotes personal and collective assets. Currently, she is working with

community partners and academics to pilot Promoting Community Conversations About Research to End Suicide (PC CARES) (NIMH R34096884), which uses critical pedagogy to mobilize community members for strategic and collaborative suicide prevention and wellness initiatives. Additionally, her present work utilizes Intergenerational Dialogue Exchange and Action (IDEA)—a participatory research method—to engage young people in efforts to find local strengths, skills and wisdom through cross-generational and community-based investigations that—through the effort--enhance youth possibilities for action and strengthen their social connections within and outside of their home communities.

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Suicide Prevention in Indigenous Communities: A Workshop Planning Committee

William R. Beardslee, MD (Co-Chair)

Director, Distinguished Gardner Monks Professor of Psychiatry
Baer Prevention Initiatives, Boston Children's Hospital
Harvard Medical School

Teresa Brockie, PhD, RN, FAAN (Co-Chair)

Assistant Professor
Johns Hopkins School of Nursing

James Allen, PhD

Professor
Department of Family Medicine and BioBehavioral Health
University of Minnesota

Justin Coffey, MD,

Professor and Chair
Department of Psychiatry & Behavioral Health
Geisinger

Sadé Heart of the Hawk Ali, MA

Tribal Lead
Zero Suicide Institute

Victoria M. O'Keefe, PhD

Mathuram Santosham Endowed Chair in Native American Health
Assistant Professor
Johns Hopkins University Bloomberg School of Public Health

Kathy Pham, Pharm.D., BCPPS

Director of Policy and Professional Affairs
American College of Clinical Pharmacy

Lisa Wexler, PhD, MSW

Professor of School of Social Work
University of Michigan, Ann Arbor

Suicide Prevention in Indigenous Communities: A Virtual Workshop

Planning Committee Member Biographies

William R. Beardslee, MD directs the Baer Prevention Initiatives at Boston Children's Hospital and is the Distinguished Garner Monks Professor of Child Psychiatry at Harvard Medical School. He has a long-standing interest in the development of children at risk because of severe parental mental illness or other adversities such as poverty and in developing interventions to address these risks. He has been especially interested in the protective effects of self-understanding in enabling youngsters and adults to cope with adversity and has studied self-understanding in civil rights workers, survivors of cancer, and children of parents with affective disorders. He directed the Preventive Intervention Project, a study funded by the National Institute of Mental Health (NIMH), to explore the effects of a clinician-facilitated, family-based preventive intervention designed to enhance resiliency and family understanding for children of parents with mood disorders. After a successful efficacy study, this work has been adapted for African-American families, Latino families, and used in Head Start. It has been part of countrywide programs in Finland, Holland, Norway, Sweden, Costa Rica, and Australia. He has also been involved in several long-term trials for the prevention of episodes of depression. He co-founded and served as co-chair of The National Academy of Medicine's Forum on Children's Wellness for six years and currently serves on the Forum. He has also served on a number of other committees at the National Academies. He has received numerous awards, including the Human Rights Award of the Department of Mental Health for the Commonwealth of Massachusetts, an honorary Doctorate of Science Degree from Emory University, and was last year's Distinguished Contribution to Child Advocacy Awardee of the American Psychological Association.

Teresa Brockie, PhD, RN, FAAN is an Assistant Professor at the Johns Hopkins School of Nursing with a Joint Appointment in the Johns Hopkins Bloomberg Center for American Indian Health. Prior to her current role, she served as Research Nurse Specialist at the National Institutes of Health Clinical Center in Nursing Research and Translational Science. Dr. Brockie is an Indigenous nurse scientist and educator whose research focuses on achieving health equity through community-based prevention and intervention of suicide, trauma, and adverse childhood experiences among vulnerable populations. She is currently a Principal Investigator or Co-Investigator on 11 projects, including two R01's and two randomized controlled trials. She is a Fellow in the American Academy of Nursing, where she currently serves as a member of the Diversity and Inclusivity Committee. In 2020, she received the Brilliant New Investigator Award from the Council for the Advancement of Nursing Science within the American Academy of Nursing, and in 2016 she

received the RADM Faye G. Abdellah Award for Nursing Research from the United States Public Health Service. A member of the White Clay (A'aninin) Nation from Fort Belknap, Montana, Dr. Brockie earned her Ph.D. at the Johns Hopkins School of Nursing in 2013 and then completed a post-doctoral fellowship at the National Institutes of Health Clinical Center.

James Allen, PhD is professor in the Department of Family Medicine and Biobehavioral Health at the University of Minnesota Medical School, Duluth campus. He was previously Associate Director at the Center for Alaska Native Health Research and graduate faculty in the clinical-community psychology program with Indigenous and rural emphasis at the University of Alaska Fairbanks, Fulbright Scholar at University of Oslo Medical School, and graduate faculty in the clinical psychology program at the University of South Dakota. Research interests include prevention of American Indian and Alaska Native and youth suicide, community based participatory research, multi-level intervention, and research methods for small populations. He currently collaborates with Alaska Native communities developing an evidence base for the effectiveness of cultural strategies in promoting protective factors to prevent youth suicide and alcohol misuse risk, and documenting community-level resilience structures that promote youth well-being in protection from suicide. Dr. Allen's graduate training was in clinical psychology.

Justin Coffey, MD currently serves as Chair of the Department of Psychiatry and Behavioral Health at Geisinger, a large, integrated health system in Danville, PA. He leads the provision of all clinical and academic programs in psychiatry, psychology, and addiction medicine and serves on the leadership team of the Neuroscience Institute. He is board certified in psychiatry, behavioral neurology, and clinical informatics, is a Fellow of the American Psychiatric Association, a Fellow of the American Neuropsychiatric Association, and a member of the American College of Psychiatrists. He serves as President of the International Society for ECT and Neurostimulation, serves on the editorial board of multiple scientific journals, and has made important academic contributions to the fields of neuropsychiatry, brain stimulation, suicide, care redesign, and health technology.

Sadé Heart of the Hawk Ali, MA is the retired Deputy Commissioner of Philadelphia's Department of Behavioral Health and Intellectual disability Services. She is now the President of First Nations, LLC, a behavioral health training and consulting organization in Delaware. For the past four years, she was a Senior Associate with Altarum in Washington, DC, providing training and technical assistance to Tribal Governments and other providers engaged in Substance Abuse and Mental Health Services Administration's Access to Recovery (ATR) initiative. Ms. Ali holds faculty positions at Brown University, Temple University's College of Health Professions and Drexel University's School of Public Health. Ms. Ali has traveled the

US and Canada extensively providing culturally appropriate recovery management and resilience-promoting training in both the mental health and addictions fields. She has published her thesis, other scholarly articles, and a textbook on culturally appropriate recovery/resilience services, the ending of health disparities through enhanced access to care, and the impact of inter-generational trauma on the Indigenous peoples of North America. She is one of the co-authors of the Philadelphia Behavioral Health Transformation Practice Guidelines for Recovery and Resilience Oriented Treatment, a framework for the fields of mental health and addictions treatment services that is used worldwide. She recently published *Social Healing Words-Using Language to Promote Recovery and Resilience for Individuals, Families and Communities*. Ms. Ali has been in recovery and the field of behavioral health services for over 47 years.

Ms. Ali holds a Bachelor of Arts in Counseling Psychology and a Master of Arts in Clinical Psychology. She is First Nations Mi'kmaq from the Sturgeon Clan, the Elder and Medicine Keeper of the East Coast Two Spirit Society and a lifetime member of SAIGE (Society of American Indian Government Employees).

Victoria M. O'Keefe, PhD (Cherokee Nation/Seminole Nation) is the Mathuram Santosham Endowed Chair in Native American Health at Johns Hopkins University. Dr. O'Keefe is an Assistant Professor at the Johns Hopkins Bloomberg School of Public Health's Department of International Health (Social and Behavioral Interventions Program), an Associate Director at the Johns Hopkins Center for American Indian Health, and a Licensed Psychologist. Her community-based participatory research (CBPR) with Native communities focuses on strengths-based and culturally-informed suicide prevention, mental health promotion, and wellness. Dr. O'Keefe has received numerous fellowships and awards including a Ford Foundation Predoctoral Fellowship, the American Psychological Association/American Psychological Association of Graduate Students Award for Distinguished Graduate Student in Professional Psychology, and most recently she was honored with a Cherokee Nation Community Leadership Individual Award. In 2020-2021, she served as an expert panel member on "Promoting Emotional Well-Being and Resilience" for the National Academies of Sciences, Engineering, and Medicine in collaboration with the Centers for Disease Control and Prevention. Dr. O'Keefe received her Ph.D. in clinical psychology from Oklahoma State University and completed her clinical internship at the Puget Sound VA Health Care System – Seattle Division, both in 2016.

Kathy Pham, Pharm.D., BCPPS is the Director of Policy and Professional Affairs at the American College of Clinical Pharmacy (ACCP), a professional and scientific society that provides leadership, education, advocacy, and resources enabling clinical pharmacists to achieve excellence in practice, research, and education. Dr. Pham came to ACCP from the Pew Charitable Trusts, where she served as Senior

Officer of the Drug Safety Project. Her previous clinical experience has been in pediatric pharmacy practice, with the majority of that time spent as the NICU clinical specialist and pharmacy residency director at Children's National Medical Center in Washington, D.C. She is also a board-certified pediatric pharmacotherapy specialist. Dr. Pham earned her Doctor of Pharmacy degree from Rutgers, the State University of New Jersey. After completing her pharmacy residency at the University of Illinois at Chicago, she practiced as a pediatric clinical pharmacist and held faculty appointments at various schools of pharmacy including Long Island University, Rutgers, Creighton University, University of Maryland, and Virginia Commonwealth University. Dr. Pham leads ACCP's engagement, collaboration, and communication with medical, pharmacy, other health professional societies, health quality organizations, and payers/purchasers to promote and help achieve medication optimization for individual patients and populations. She participates as the ACCP representative in working groups and task forces of health policy development and research enterprises at the national level that address issues of interprofessional practice, research, and education.

Lisa Wexler, PhD conducts research that focuses on three overlapping and complimentary areas that address both scientific and community priorities: suicide prevention, wellness/resilience and learning. Her research engages participants in all levels of the process, responds to cultural and community priorities, and builds on and promotes personal and collective assets. Currently, she is working with community partners and academics to pilot Promoting Community Conversations About Research to End Suicide (PC CARES) (NIMH R34096884), which uses critical pedagogy to mobilize community members for strategic and collaborative suicide prevention and wellness initiatives. Additionally, her present work utilizes Intergenerational Dialogue Exchange and Action (IDEA)—a participatory research method—to engage young people in efforts to find local strengths, skills and wisdom through cross-generational and community-based investigations that—through the effort—enhance youth possibilities for action and strengthen their social connections within and outside of their home communities.

FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Workshop on Suicide Prevention in Indigenous Communities
Webinar 3: June 10, 2022
Readings and Resources

- Allen, J., L. Wexler, and S. Rasmus. 2021. [Protective factors as a unifying framework for strength-based intervention and culturally responsive American Indian and Alaska native suicide prevention. *Prevention Science*, 1-14.](#)
- Anderson, J. and D. Sridar. 2022. Adapting a Zero Suicide Approach to Native Communities. WebMD Health News, May 2. <https://www.webmd.com/mental-health/news/20220502/adapting-zero-suicide-approach-to-native-communities> (Accessed on May 3, 2022)
- Biglan, A., M. Johansson, M. Van Ryzin, and D. Embry. 2020. [Scaling up and scaling out: Consilience and the evolution of more nurturing societies. *Clinical Psychology Review* 81:101893.](#)
- Center for American Indian Health. 2021. Culture Forward: A Strengths and Culture Based Tool to Protect our Native Youth from Suicide. Johns Hopkins Bloomberg School of Public Health. https://caih.jhu.edu/assets/documents/CULTURE_FORWARD_FULL_GUIDE_Web.pdf
- Indian Health Services. n.d. Two Spirit. <https://www.ihs.gov/lgbt/health/twospirit/> (Accessed May 9, 2022).
- Trout, L., and L. Wexler. 2020. [Arctic suicide, social medicine, and the purview of care in global mental health. *Journal of Health and Human Rights* 22\(1\):77-89.](#)
- U.S. Department of Health and Human Services. 2020. [To Live To See the Great Day That Dawns: Preventing Suicide by American Indian and Alaska Native Youth and Young Adults. DHHS Publication SMA \(10\)-4480, CMHS-NSPL-0196. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration. \(Accessed on Feb 9, 2022\)](#)
- Wexler, L., M. Chandler, J. P. Gone, M. Cwik, L. J. Kirmayer, T. LaFromboise, T. Brockie, V. O'Keefe, J. Walkup, and J. Allen. 2015. [Advancing suicide prevention research with rural American Indian and Alaska native populations. *American Journal of Public Health* 105\(5\):891-899.](#)
- Wexler, L., S. Rataj, J. Ivanich, J. Plavin, A. Mullany, R. Moto, T. Kirk, E. Goldwater, R. Johnson, and K. Dombrowski. 2019. [Community mobilization for rural suicide prevention: Process, learning and behavioral outcomes from promoting community conversations about research to end suicide \(pc cares\) in northwest Alaska. *Social Science and Medicine*. 232:398-407.](#)
- Zero Suicide Institute. Toolkit: Lead, Indian Country. <https://zerosuicide.edc.org/toolkit/toolkit-adaptations/indian-country> (Accessed April 20, 2022).

Links to webinars 1 and 2

Webinar 1: Access the recording and information on Webinar 1 on April 22, 2022 [here](#).

Webinar 2: Access the recording and information on Webinar 2 on May 13 2022 [here](#).

PREVENTING DISCRIMINATION, HARASSMENT, AND BULLYING EXPECTATIONS FOR PARTICIPANTS IN NASEM ACTIVITIES

The National Academies of Sciences, Engineering, and Medicine (NASEM) are committed to the principles of diversity, integrity, civility, and respect in all of our activities. We look to you to be a partner in this commitment by helping us to maintain a professional and cordial environment. All forms of discrimination, harassment, and bullying are prohibited in any NASEM activity. This commitment applies to all participants in all settings and locations in which NASEM work and activities are conducted, including committee meetings, workshops, conferences, and other work and social functions where employees, volunteers, sponsors, vendors, or guests are present.

Discrimination is prejudicial treatment of individuals or groups of people based on their race, ethnicity, color, national origin, sex, sexual orientation, gender identity, age, religion, disability, veteran status, or any other characteristic protected by applicable laws.

Sexual harassment is unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature that creates an intimidating, hostile, or offensive environment.

Other types of harassment include any verbal or physical conduct directed at individuals or groups of people because of their race, ethnicity, color, national origin, sex, sexual orientation, gender identity, age, religion, disability, veteran status, or any other characteristic protected by applicable laws, that creates an intimidating, hostile, or offensive environment.

Bullying is unwelcome, aggressive behavior involving the use of influence, threat, intimidation, or coercion to dominate others in the professional environment.

REPORTING AND RESOLUTION

Any violation of this policy should be reported. If you experience or witness discrimination, harassment, or bullying, you are encouraged to make your unease or disapproval known to the individual, if you are comfortable doing so. You are also urged to report any incident by:

- Filing a complaint with the Office of Human Resources at 202-334-3400, or
- Reporting the incident to an employee involved in the activity in which the member or volunteer is participating, who will then file a complaint with the Office of Human Resources.

Complaints should be filed as soon as possible after an incident. To ensure the prompt and thorough investigation of the complaint, the complainant should provide as much information as is possible, such as names, dates, locations, and steps taken. The Office of Human Resources will investigate the alleged violation in consultation with the Office of the General Counsel.

If an investigation results in a finding that an individual has committed a violation, NASEM will take the actions necessary to protect those involved in its activities from any future discrimination, harassment, or bullying, including in appropriate circumstances the removal of an individual from current NASEM activities and a ban on participation in future activities.

CONFIDENTIALITY

Information contained in a complaint is kept confidential, and information is revealed only on a need-to-know basis. NASEM will not retaliate or tolerate retaliation against anyone who makes a good faith report of discrimination, harassment, or bullying.

Updated June 7, 2018