

Mass Media Campaigns for Tobacco Control: History and Effectiveness

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Mass Media Campaigns are One Element of a Successful Strategy



Source: CDC: Best Practices for Comprehensive Tobacco Control Programs, 2007



A Model for Behavior Change





A David and Goliath Challenge

Tobacco industry spending on advertising and promotions (2008):

\$10 billion

Total state tobacco control expenditures (2008): \$706.59 million

> State tobacco control spending on health communication interventions (2008):

> > \$153.63 million



Tobacco Advertising is Everywhere





Brand Placement in the Media







Major Smoking Prevention Campaigns





State-based programs, including

- * Minnesota Heart Health Program(1983-1989)
- * California Program (1990-present)
- * Massachusetts Campaign (1993-2001)
- *Florida Truth Campaign (1998-)

Legacy's truth Campaign (2000-present)



truth's "Body Bags"









Prevention & Cessation Campaigns Work



Perry et al., 1992; Chen et al., 2003; Allen et al., 2009; Siegel et al., 2000; Sly et al., 2001; Sly et al., 2002; Zucker et al., 2000; Holtgrave et al., 2009; Farrelly et al., 2002; Farrelly et al., 2005;; Farrelly et al., 2009; Emery et al., 2012, Hamilton, 1972; AJPH, 1995(1); AJPH, 1995(2); Biener et al., 2000; Miller et al., 2003; Wakefield et al, 2003; Chapman, 1999; CDC, 2007; Vallone et al., 2011; Messer et al. 2007, Warner, 1977.



Major Smoking Cessation Campaigns









TIPS Campaign 2012







Source: CDC & North American Quitline Consortium

Photos from: http://www.cdc.gov/tobacco/campaign/tips/



EX Pilot Campaign Increased Calls to the Quitline





The Industry Uses Media to Influence Policy





Key Policies Influencing Tobacco Use





LEGACY. The Changing Landscape of Tobacco Control









Adapting Campaigns for the Future: The Direction of truth







- Mass media campaigns can be used to prevent tobacco use, encourage cessation, and change public opinion on policy
- But we are up against an industry with tremendous resources and a powerful lobby
- There is a need for greater funding for effective national mass media campaigns and these should be consumerdriven in design
- What worked in the past won't necessarily work in the future due to emerging products, the regulation environment, and tobacco industry marketing prowess







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