

Supporting Children with Disabilities: Lessons from the Pandemic

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What is Self-Determination?

Self-determination is acting or causing things to happen in your life as you set and work toward goals.

- ✓ Choice making
- ✓ Decision making
- ✓ Problem solving
- ✓ Goal setting
- ✓ Planning
- ✓ Goal attainment
- ✓ Self-management
- ✓ Self-advocacy
- ✓ Self-awareness
- ✓ Self-knowledge



(Shogren et al., 2015)

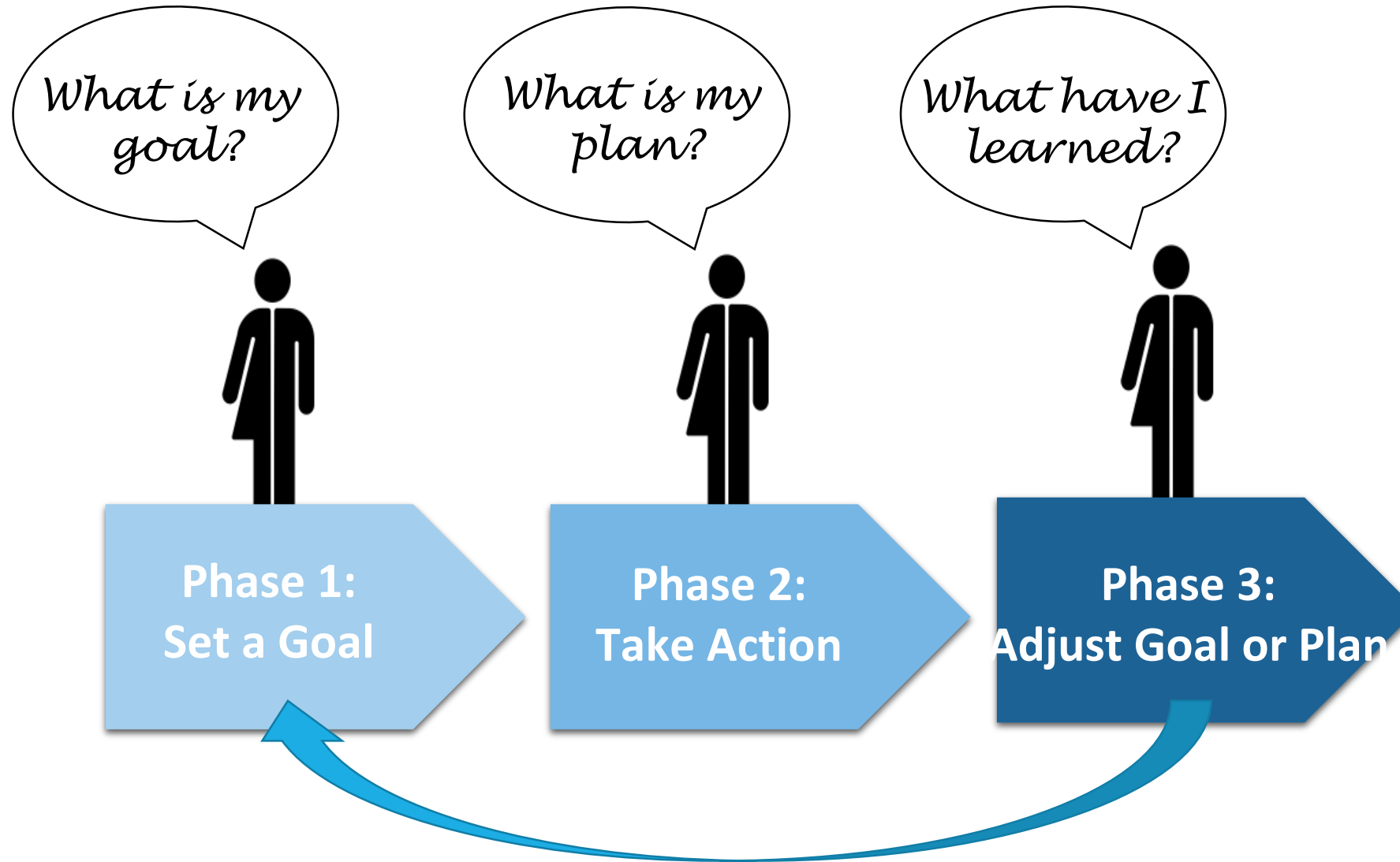


Self-Determined Learning Model of Instruction

Evidence-based teaching model that **enables trained teachers to teach students to:**

- Make **choices** and **decisions** about setting a goal
- Develop action **plans** for academic and transition-related goals
- **Self-monitor** and **self-evaluate** progress goals
- **Adjust** the goal or plan

Can be overlaid on any existing curriculum or instruction to engage students in setting goals for learning while also building self-determination



SELF-DETERMINATION.ORG

Continuing to Advance Efforts to Promote Self-Determination

- Building buy-in – finding champions and integrating priorities (academic, transition, self-determination)
- Engaging stakeholders – students, families, the disability community, school supports, and community supports
- Implementation supports and scaling up - blended and hybrid supports for students and teachers
- Promoting equity in access and outcomes – culturally responsive teaching and supports

Working on self-determination has opened my eyes that I could do it, but I think I've opened a lot of eyes too...

LOOKING TOWARD
THE FUTURE





Questions?

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