

Roundtable on Obesity Solutions

Going Beyond BMI: Communicating About Body Weight

A Second Workshop in the Series



MONDAY, JUNE 26, 2023

This workshop will address strategies for improving communication about body composition, BMI, adiposity, and health across diverse groups and sectors, including strategies for mitigating misinformation or disinformation practices that lead to weight-related bias and stigma. This will be the second workshop in a two-part series, [Exploring the Science on Measures of Body Composition, Body Fat Distribution, and Obesity](#).

10:00 AM

Welcome

Ihuoma Eneli, Nationwide Children's Hospital, Vice Chair of the Roundtable on Obesity Solutions

10:05 AM

Session 1 – Communicating How Obesity is Defined and Diagnosed

Moderator: **W. Scott Butsch**, Cleveland Clinic

Presenters

- **Francesco Rubino**, King's College London
- **W. Timothy Garvey**, University of Alabama at Birmingham
- **Geoff Ball**, University of Alberta

11:20 AM

Session 2 – Innovations in Communicating about Body Weight in the Clinic and Beyond

Moderator: **Craig M. Hales***, U.S. Food and Drug Administration

Presenters

- **Kofi Essel**, George Washington University School of Medicine
- **Robyn Pashby**, DC Health Psychology

12:05 PM

Lunch Break



12:35 PM **Session 3 – Ethics and Trust in Communicating about the Intersection of Body Weight and Health**

Moderator: S. Bryn Austin, Harvard T.H. Chan School of Public Health

Presenters

- **Tracy Richmond**, Boston Children's Hospital
- **Martin Wilkinson**, University of Auckland
- **Thomas Lee**, Press Ganey

1:45 PM **Session 4 – Strategies for Improving Communication about Body Weight**

Moderator: Ihuoma Eneli, Nationwide Children's Hospital, Vice Chair of the Roundtable on Obesity Solutions

Presenters

- **J. Nadine Gracia**, Trust for America's Health
- **Jennie Day-Burget**, Robert Wood Johnson Foundation

2:30 PM **Session 5 – Strategies for Promoting Change in Culture and Perception around Body Weight**

Moderator: Nicolaas P. Pronk, HealthPartners Institute, Chair of the Roundtable on Obesity Solutions

Presenters

- **Natalie Slopen**, Harvard T.H. Chan School of Public Health
- **Brian Castrucci**, de Beaumont Foundation

3:05 PM **Closing Remarks**

Nicolaas P. Pronk, HealthPartners Institute, Chair of the Roundtable on Obesity Solutions

3:15 PM **Adjourn**



WORKSHOP PLANNING COMMITTEE

Ihuoma Eneli, M.D., M.S., FAAP (Co-Chair)

Professor of Pediatrics
The Ohio State University
Director of the Center for Healthy Weight and
Nutrition
Division of Ambulatory Pediatrics
Nationwide Children's Hospital

Nicolaas P. Pronk, Ph.D., M.A., FACSM, FAWHP

(Co-Chair)
President
HealthPartners Institute
Chief Science Officer
HealthPartners

S. Bryn Austin, Sc.D.

Professor of Pediatrics
Harvard Medical School
Professor of Social and Behavioral Sciences
Harvard T.H. Chan School of Public Health

W. Scott Butsch, M.D., M.Sc., FTOS

Director of Obesity Medicine in the Bariatric and
Metabolic Institute
Cleveland Clinic

Craig M. Hales, M.D., M.P.H., M.S.*

Clinical Reviewer, Division of Diabetes, Lipid
Disorders, and Obesity
Captain, U.S. Public Health Service
Center for Drug Evaluation and Research
Office of New Drugs/Office of Cardiology,
Hematology, Endocrinology, and Nephrology
U.S. Food and Drug Administration

Nathaniel Kendall-Taylor, Ph.D.

Chief Executive Officer
FrameWorks Institute

Michael G. Knight, M.D., M.S.H.P., FACP, Dipl. ABOM

Assistant Professor of Medicine
Associate Chief Quality and Population Health
Officer
Patient Safety Officer
The George Washington University Medical Faculty
Associates

Established in 2014, the Roundtable on Obesity Solutions brings together diverse sectors and voices to solve the obesity crisis. Through meetings, public workshops, publications, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable explores the science, evidence, evaluation, and innovation efforts that advance progress in reducing the impact of obesity, as well as applies effective equity strategies to address obesity-related disparities. Utilizing a policy, systems, and environmental change lens, the Roundtable explores and advances effective solutions.

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*Dr. Hales is serving in a personal capacity.