

Impact of Inflammation on the Brain: Significance for Chronic Illness

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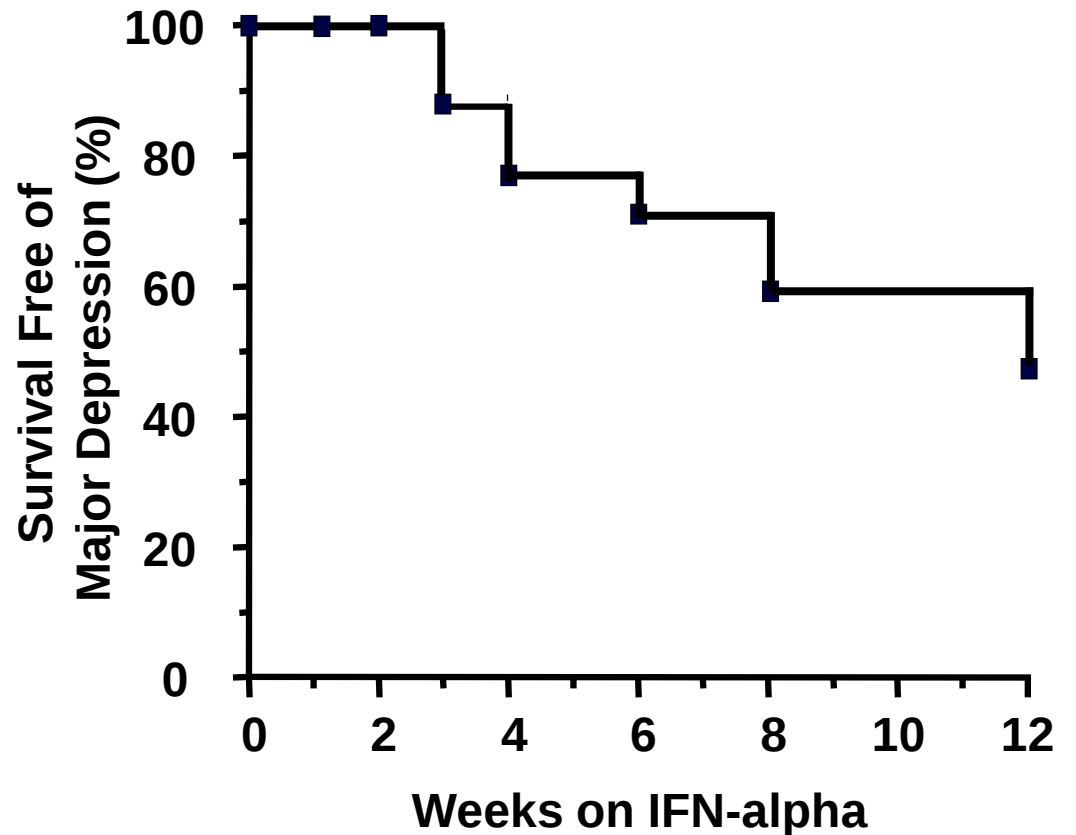
**Disclosures:
Paid Consultant:
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Cytokines Sing the Blues

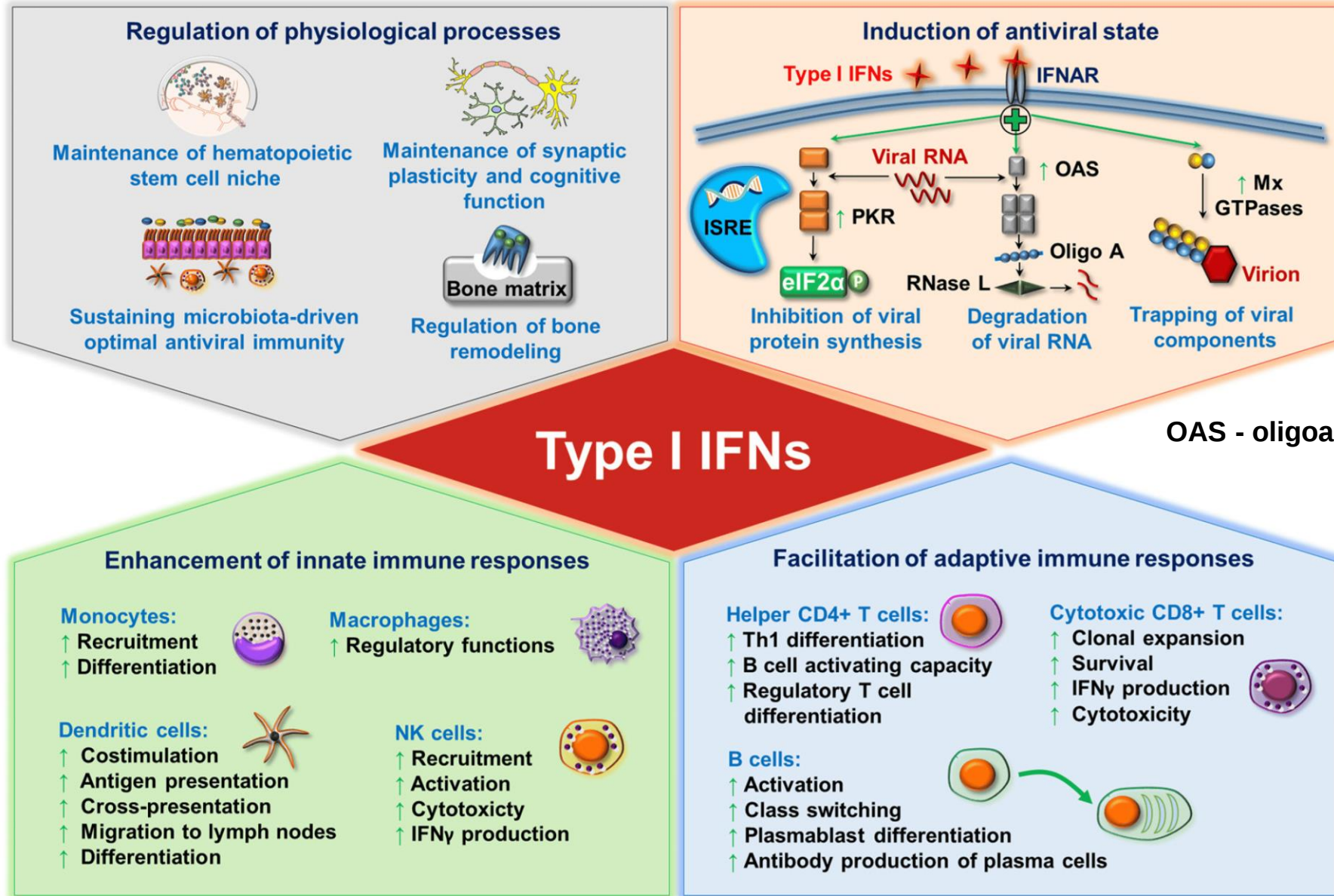
Behavioral Changes During the First 12 weeks of High Dose IFN-alpha for Malignant Melanoma

	Percent
<i>Depressive Symptoms</i>	
Depressed mood	60
Anhedonia	30
Suicidal Thoughts	10
Feelings of Guilt	5
<i>Anxious Symptoms</i>	
Tension/Irritability	50
Anxious Mood	45
Fear	15
<i>Cognitive Symptoms</i>	
Loss of Concentration	30
Memory Disturbances	15
Word-finding Problems	15
Episodes of Confusion	10
Indecisiveness	10
<i>Neurovegetative Symptoms</i>	
Fatigue/ Loss of Energy	80
Abnormal Sleep	45
Psychomotor Retardation	40
Abnormal Appetite	35
<i>Somatic Symptoms</i>	
Pain	55
Gastrointestinal Symptoms	50



Musselman et al., *NEJM*, 344:961-966, 2001.

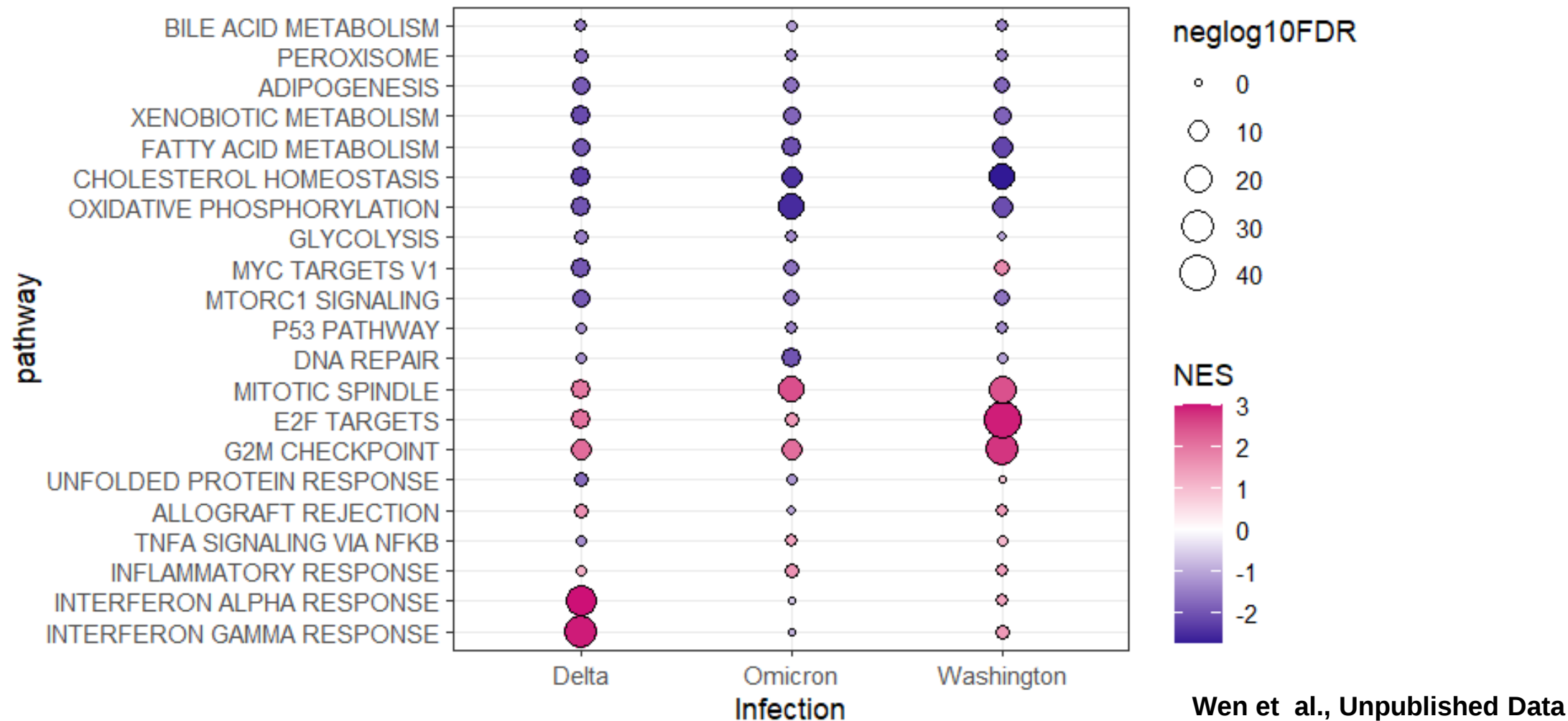
IFN- α and Infectious Disease



IFN-alpha in Chronic Infection-Associated Illnesses

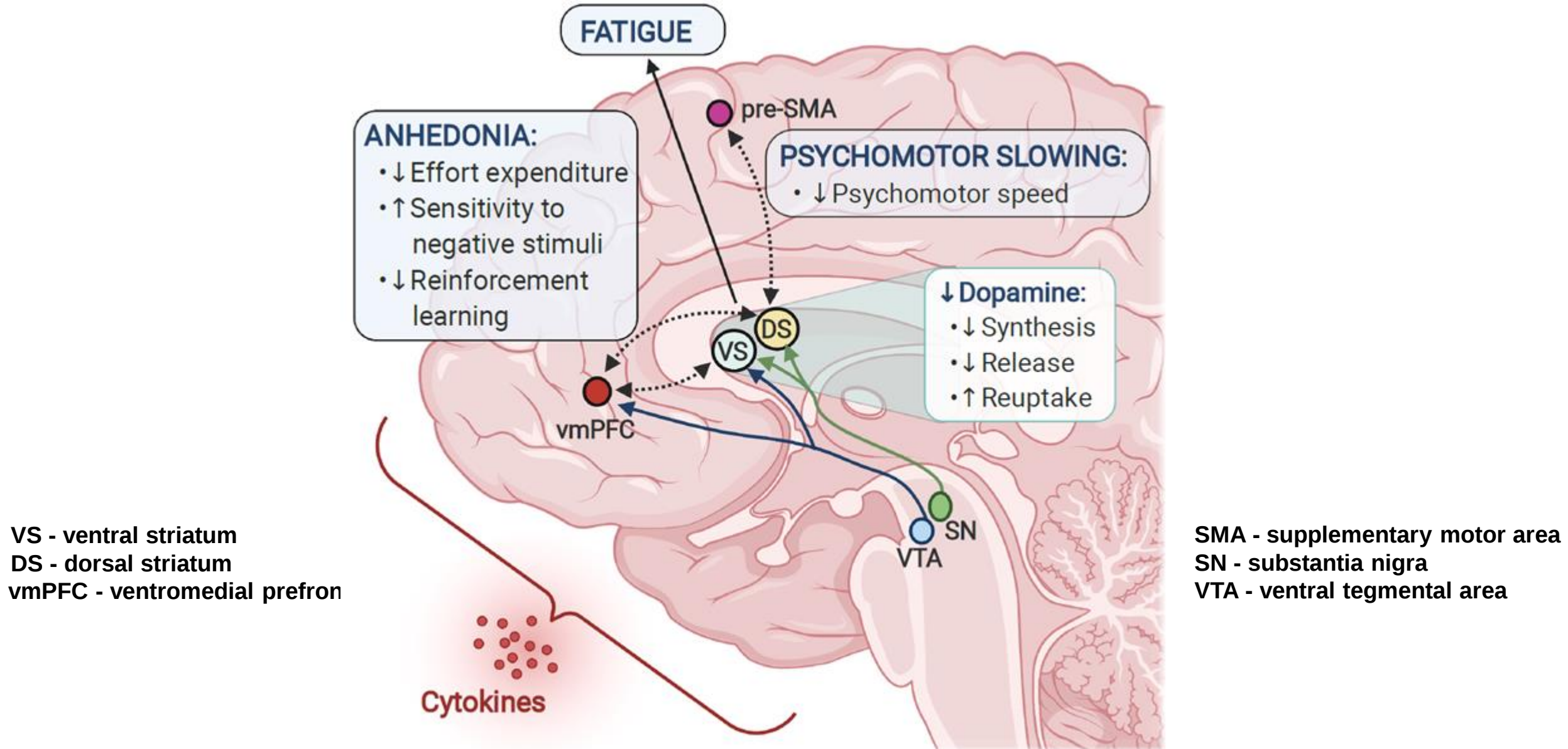
- 1. IFN-alpha has been associated with ME/CFS as reflected by increased RNase L and OAS2 (Meirleir et al. *Am J Med.*, 108:99, 2000; Vojdani et al., *J Clin Lab Immunol.*, 50:1, 1998).**
- 2. IFN-alpha is associated with behavioral changes in HIV infection including cognitive deficits (Anderson et al., *J Neurovirol.*, 23:106, 2017).**
- 3. Increased IFN-alpha activity has been associated with persistent symptoms of fatigue and cognitive deficits in Lyme's Disease (Jacek et al., *J. Neuroimmunol*, 255:85, 2013; Hernandez et al., *Emerg Infect Dis.*, 29:1091, 2023).**
- 4. IFN-alpha and IL-6 play interdependent roles in innate immune, neuroinflammatory and sickness behavior responses to virus-like stimuli in laboratory animals (Murray et al., *Brain Behav Immun.*, 48:274, 2015).**

Strain Specific Human Microglial (iPSCs) Responses to SARS-CoV-2 infection: Increased IFN-alpha with Delta Strain

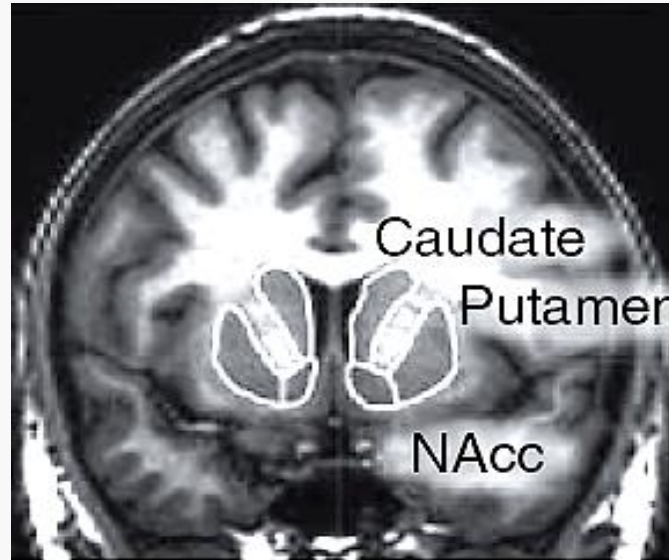


Antonelli et al. Risk of long COVID associated with delta versus omicron variants of SARS-CoV-2. *Lancet*, 399:2263, 2022.

Inflammation Effects on Neurotransmitters and Neurocircuits in the Brain Related to Behavior

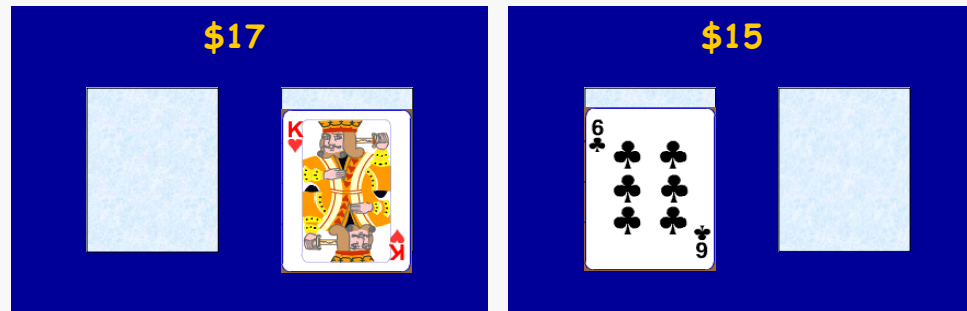


Impact of IFN-alpha on Ventral Striatal Activation during a Motivational Reward Task Using fMRI



Coronal View

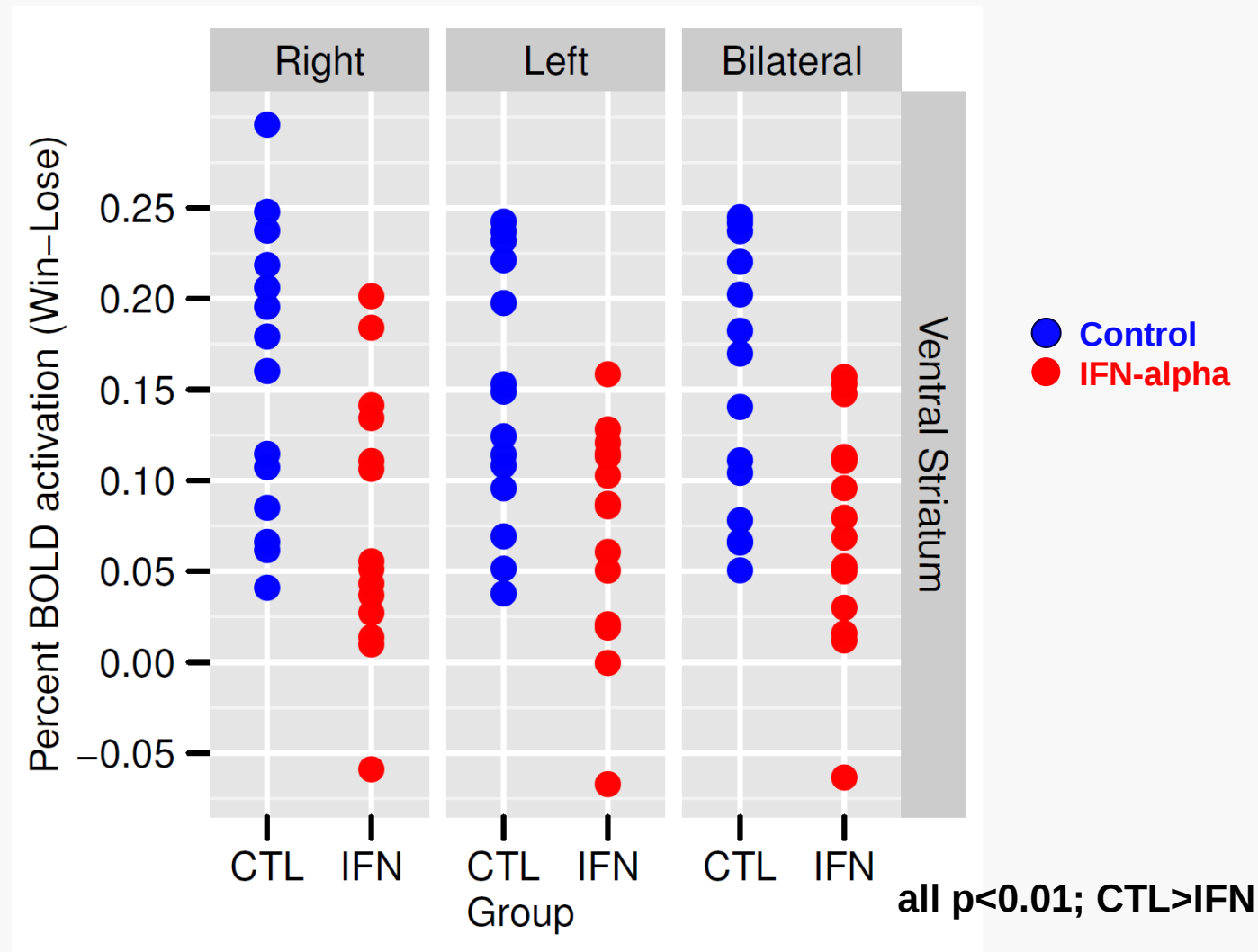
Gambling Task



Win

Lose

Impact of IFN-alpha on Ventral Striatal Activation during a Motivational Reward Task Using fMRI



IFN-alpha-Induced Decrease in Ventral Striatal Activation is Associated with Reduced Motivation

MFI—Multidimensional Fatigue Inventory

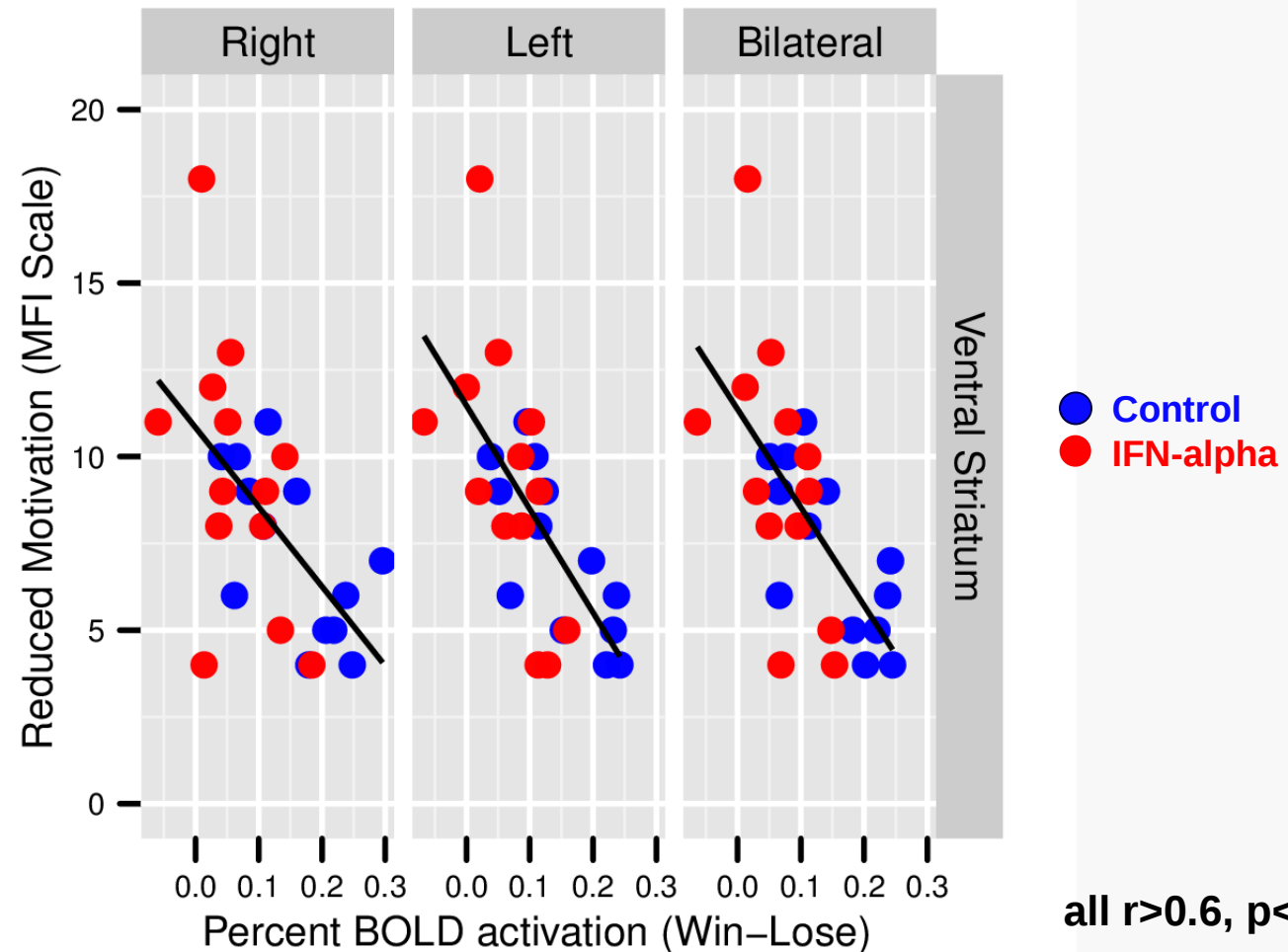
RM: Reduced Motivation

GF: General Fatigue

PF: Physical Fatigue

RA: Reduced Activity

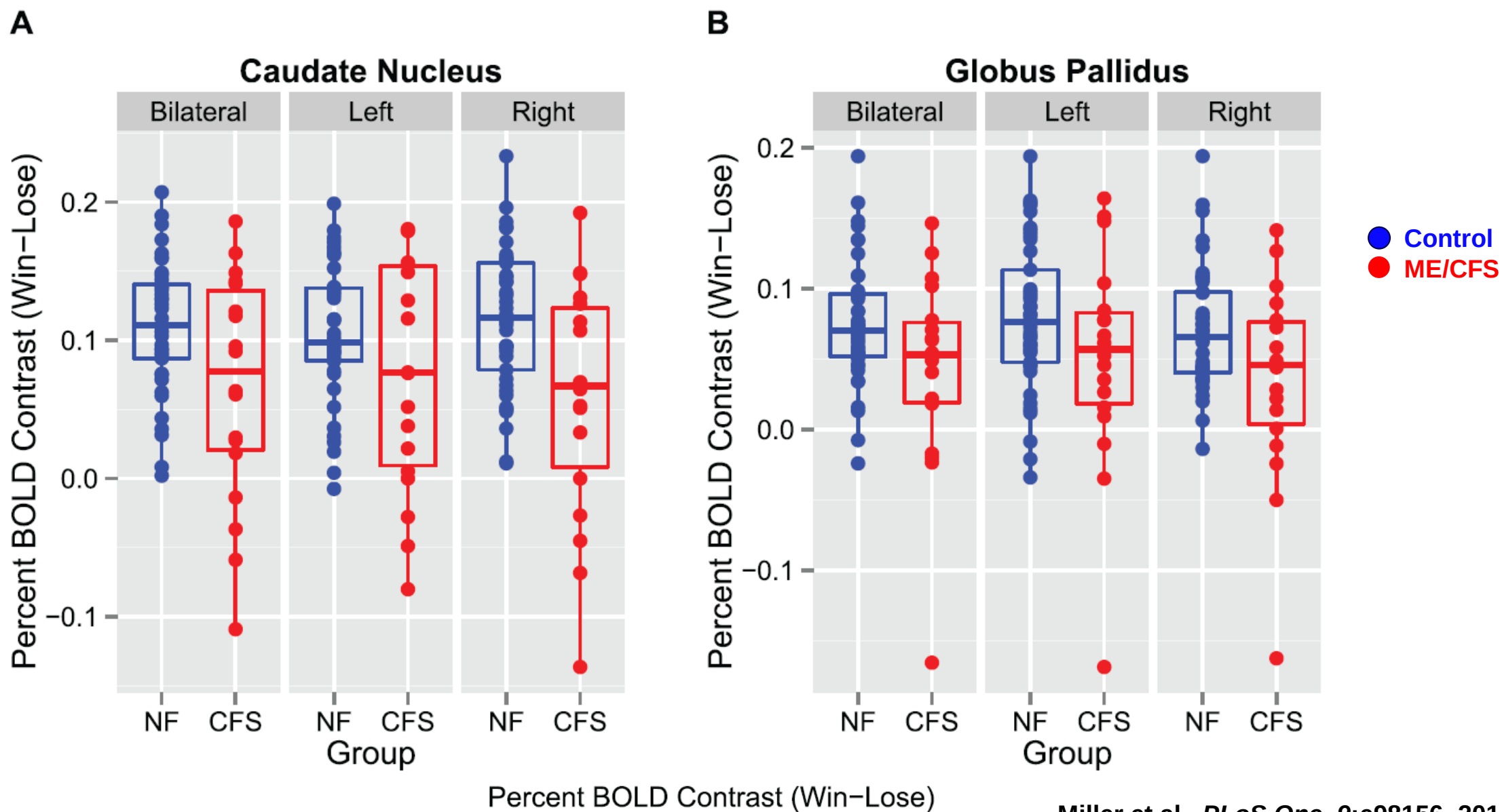
MF: Mental Fatigue



Capuron et al. , *Arch Gen Psychiatry*, 69:1044, 2012.

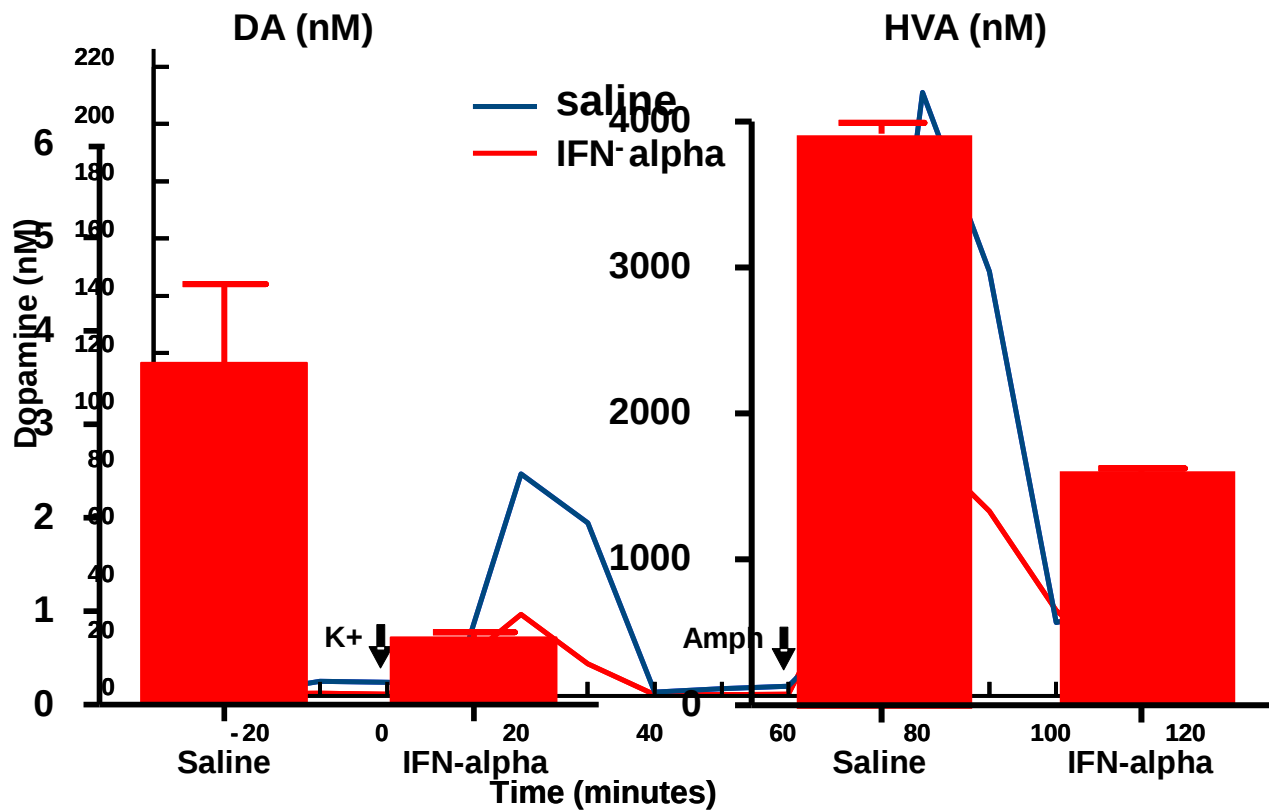
Similar Results with Endotoxin and Typhoid Vaccination
(Eisenberger et al. *Biol Psych*, 68:748, 2010, Harrison et al. *Biol Psych*, 80:73, 2016)

Neural Activation in the Basal Ganglia of Subjects with ME/CFS is Reduced and Correlates with Fatigue



IFN- α and Dopamine Release in Striatum as Measured by *In Vivo* Microdialysis in Rhesus Monkeys

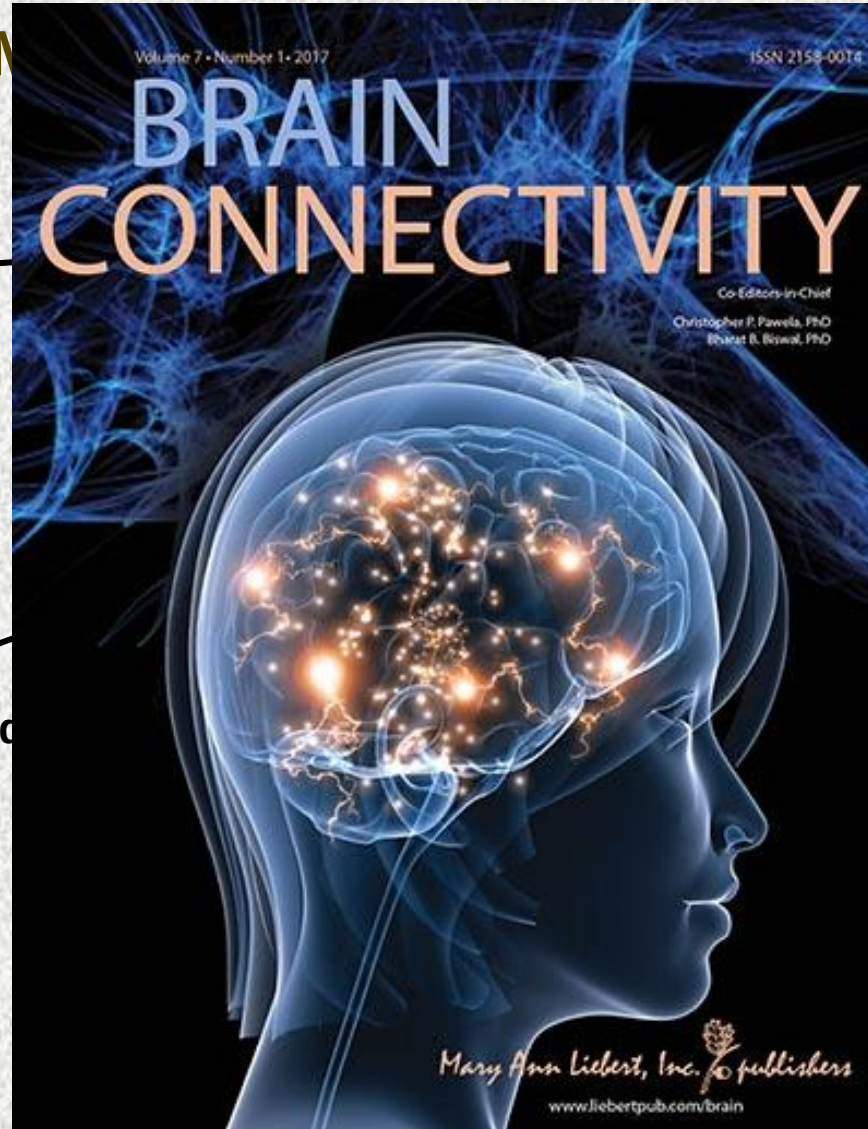
Stimulated via
Baseline
Reverse Microdialysis



Does Endogenous Inflammation Disrupt Connectivity In Motivational and Motor Circuits (in Depression)?

SMA - supplementary motor area

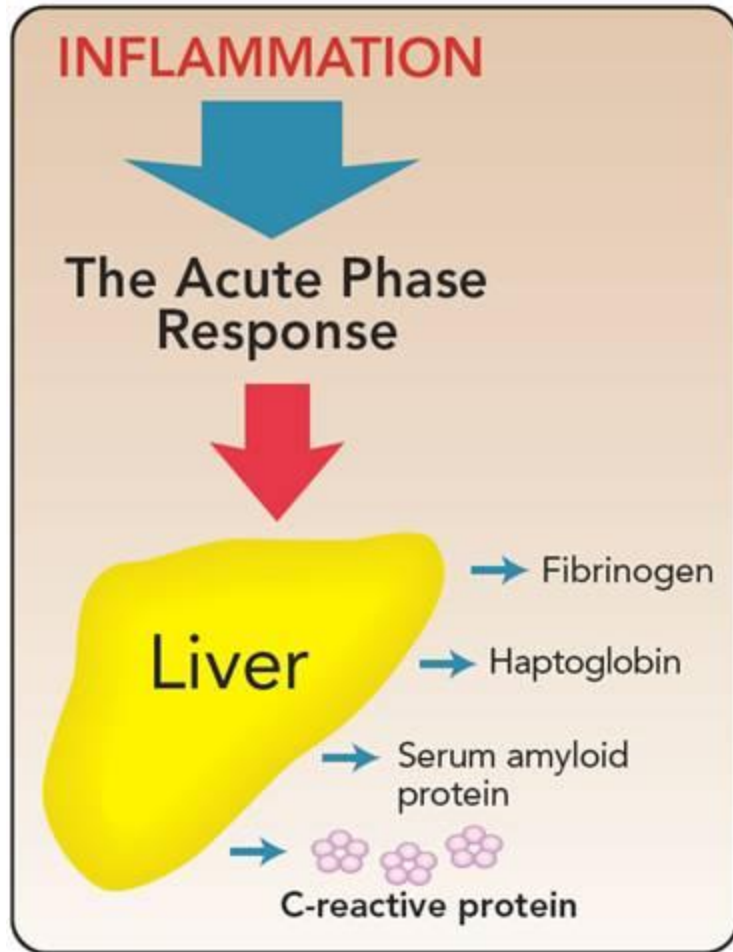
vmPFC - ventromedial prefrontal cortex



DS – dorsal striatum

VS – ventral striatum

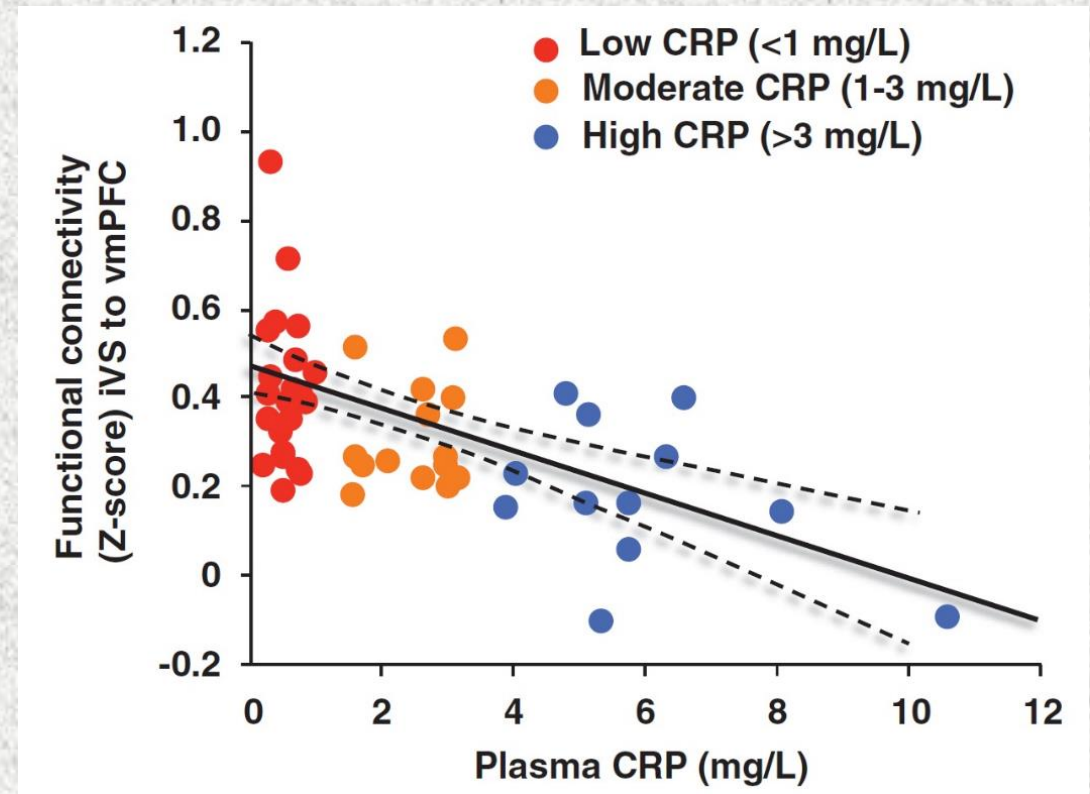
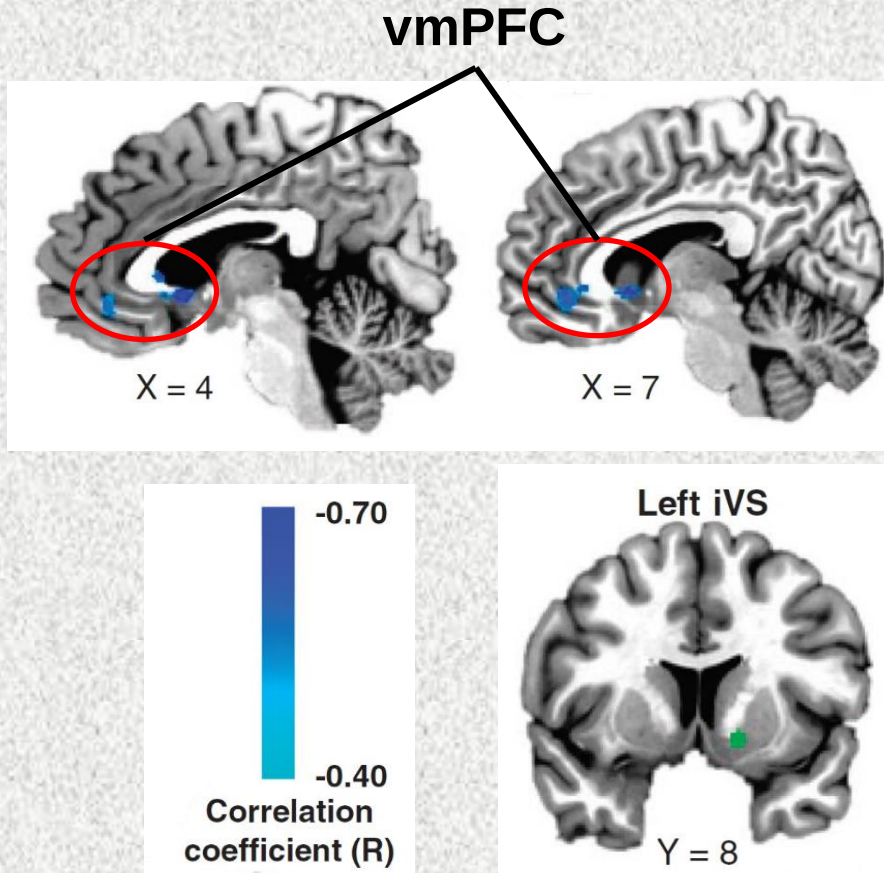
C-reactive protein (CRP) is a Marker of Endogenous Systemic Inflammation



hs-CRP Value	Inflammation*
< 1 mg/L	low
1-3 mg/L	average
> 3 mg/L	high

***American Heart Association/
Centers for Disease Prevention
and Control (2003)**

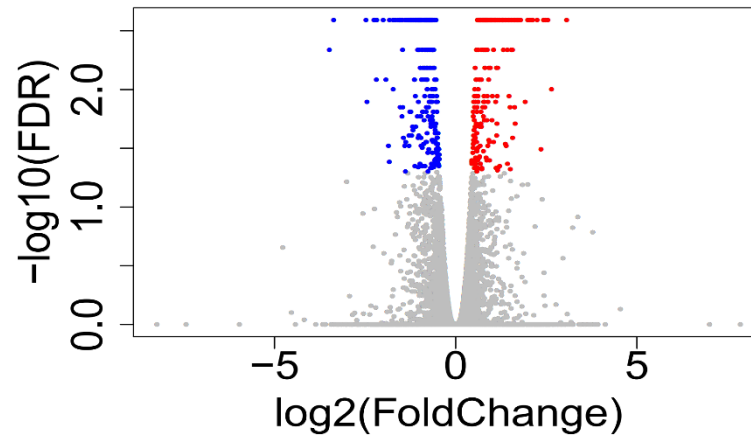
Inflammation Decreases Functional Connectivity in Motivational Circuits during Resting State fMRI



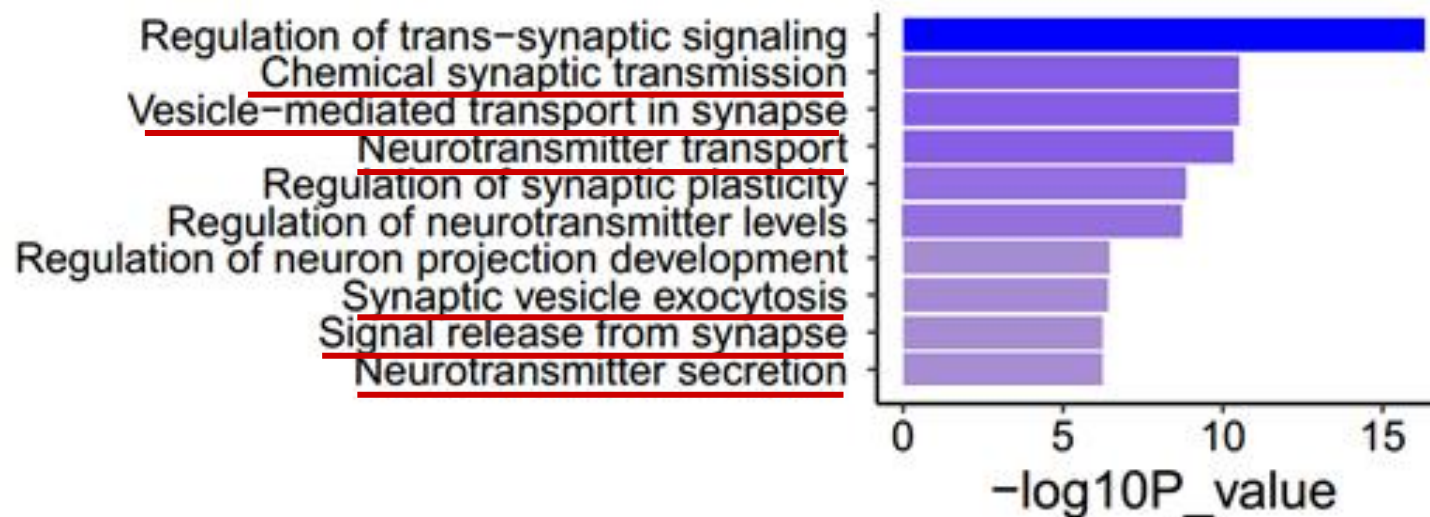
iVS – inferior ventral striatum
vmPFC - ventromedial prefrontal cortex

IL-6 decreases gene expression pathways associated with dopamine packaging and release

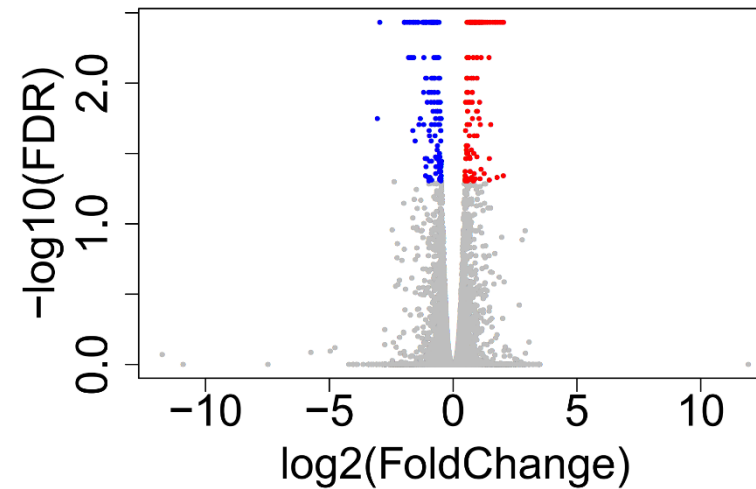
Gene Expression Pathways Downregulated in DA Neurons (iPSCs): IL-6 (100pg/ml/24h) vs Vehicle



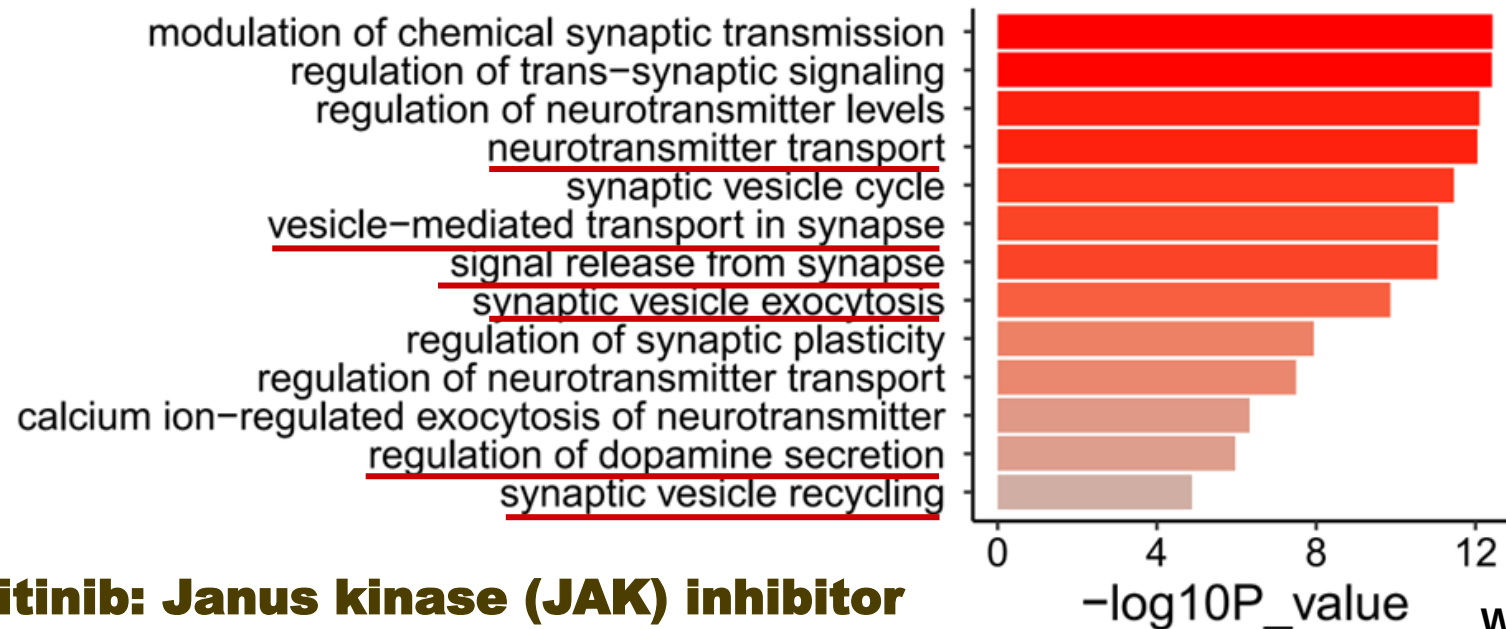
Upregulated: 247
Downregulated: 307



Gene Expression Pathways Upregulated in DA Neurons (iPSCs): IL-6 (100pg/ml/24h)+baricitinib (200nM) vs IL-6



Upregulated: 173
Downregulated: 199



baricitinib: Janus kinase (JAK) inhibitor

Wen et al., Unpublished Data

Highlights and Research Priorities

- 1. Antiviral and inflammatory cytokines lead to chronic changes in neurocircuits and neurotransmitter systems that contribute to neurovegetative symptoms including anhedonia, fatigue, and cognitive dysfunction.**
- 2. Research priorities include:**
 - a) Determination of common behaviors affected in infection-associated chronic illnesses.**
 - b) Determination of common CNS circuits affected in infection-associated chronic illnesses.**
 - c) Determination of effects of infection and infection-related immune changes on neuronal and microglial function with a focus on neurotransmitter metabolism.**
 - d) Test pharmacologic agents targeting antiviral and inflammatory cytokines and their signaling pathways as treatments for infection-associated chronic illnesses.**