Challenges and Opportunities in the Use of Telehealth/Telemedicine and Other Virtual Strategies to Expand Access

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## Avera Health 🐰

Avera's roots stretch back to the frontier of medicine of the Benedictine and Presentation Sisters; who began providing health care in Dakota Territory in 1897. Avera is still sponsored by these same Sisters today, which helps lead to our mission:

"Avera is a health ministry rooted in the Gospel. Our mission is to make a positive impact in the lives and health of persons and communities by providing quality services guided by Christian Values."

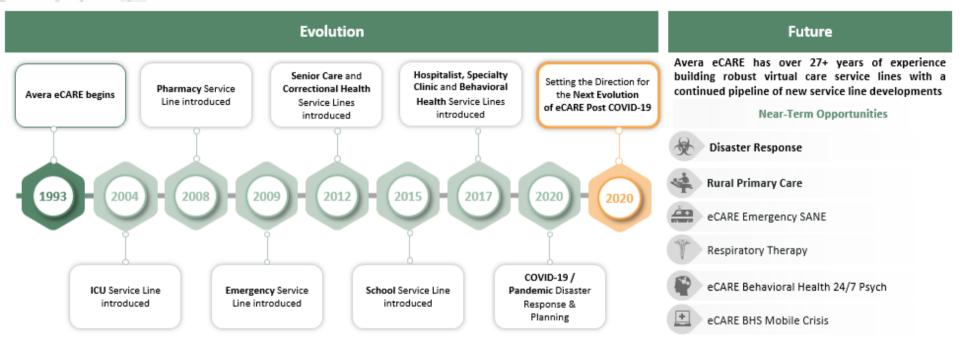
# Avera eCARE® 25+ years of Delivering Telehealth Services

# Over 500 sites in 32 states

Serves 15% of all Critical Access Hospitals in the nation

#### Discover Avera eCARE

## Third Decade as Virtual Care Leader





# What We Do

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## Consumers

#### Challenges

- Technology
- Connectivity
- Device difficulty
- Transportation needs
- Patients irritated by delay of care sets tone for patient-provider relationship

Avera *e*CARE<sup>®</sup>

## Opportunity

- Ease of Access
- Reduce unnecessary pathogen exposure
- Reduce no-show rates
- Reduce access/time to first visit with specialist
- Improved timeliness of care

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## Providers

#### Challenges

- Utilizing Technology (Device; connectivity)
- Documentation limitations
- Workflow back to Primary Provider & EMR
- Limited Resources

### Opportunity

- Better Access to Patients
- Ease of visits at home
- Discovered Efficiency and Effectiveness

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#### Challenges

- Reimbursement
- Disaster Declaration Waivers
- Removal of waiver reimbursement
- Lack of access to clinic care resulting in higher number of illness spirals

## **Quality & Cost Reduction**

### Opportunity

- Research impact of COVID on Telehealth Utilization
- Access means less cost due to fewer ED visits and escalation of visits
- Access means improved patient compliance

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## **COVID** Response

**Our COVID Response:** Wake up call to learn how quickly you can provide scope/scale of telehealth

- Converted Ask-A-Nurse hotline into COVID Call Center
- Created drive-through testing centers
- With clinics closed, trained hundreds of physicians and specialists in virtual care visits
- Virtual visits help conserve PPE and reduce exposure
- Deployed mobile equipment to enable virtual visits for sites
- Isolation wings created in long-term care facilities



## eCARE Expertise

Effective telehealth utilization requires educating staff:

- eCARE there for support site is still primary provider
- Get people comfortable interacting on camera
- Communicate and Connect
- Debrief calls lessons learned

We are dedicated to virtual care delivery, because we believe health care should be done locally by people who know the community best.





## eCARE Expertise

Supports keeping care local by:

- Filling coverage gaps
- Empowering your Providers
- Providing access to collaborate with specialists on-demand

COVID-19 proved value of telehealth with increase of in-home visits



## The Future is Wide Open

#### Use of Technology:

- Via Telephone
- Virtual visits over video
- Remote monitoring
- Triage of care to appropriate discipline
- Enable Applications to interact with Specialists i.e. Silver Cloud





## **Build on Experience**

#### **Build Relationship/Trust**





Keep vulnerable population safe with unlimited specialists





# **THANK YOU**

Discover the possibilities at AveraeCARE.org

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