

Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis Grant Program (Short Title: CHR-P)

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Substance Abuse and Mental Health Services Administration

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SAMHSA
Substance Abuse and Mental Health
Services Administration

Children's Mental Health Initiative Programs

- **Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbances (SED) Program (CMHI)** - Identify youth and young adults (<25 years old) at clinical high risk for psychosis and provide evidence-based interventions to (1) improve symptomatic and behavioral functioning; (2) enable youth and young adults to resume age-appropriate social, academic, and/or vocational activities; (3) delay or prevent the onset of psychosis; and (4) minimize the duration of untreated psychosis for those who develop psychotic symptoms.
- **Clinical High Risk for Psychosis (CHR-P)** - Improve the mental, emotional, and behavioral health outcomes for children, youth, and young adults with SED and their families by creating, expanding, and sustaining services and supports to improve the lives of young people and their families.

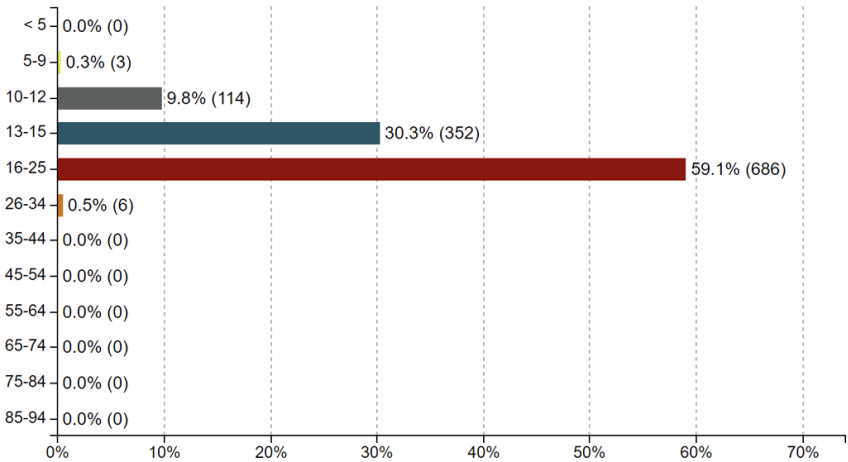
CHR-P: Purpose

- **Identify** youth and young adults (up to age 25) who are at clinical high risk for psychosis
- **Provide** evidence-based interventions to prevent the onset of psychosis.
- It is expected that this program will:
 - 1) **improve** symptomatic and behavioral **functioning**;
 - 2) **enable youth and young adults to resume** age-appropriate social, academic, and/or vocational activities;
 - 3) **delay or prevent** the onset of psychosis;
 - 4) **minimize the duration** of untreated psychosis (DUP) for those who develop psychotic symptoms.

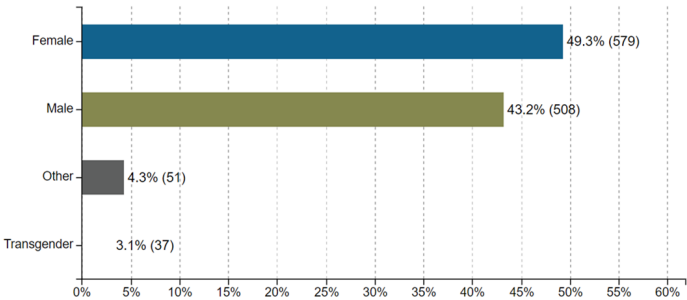
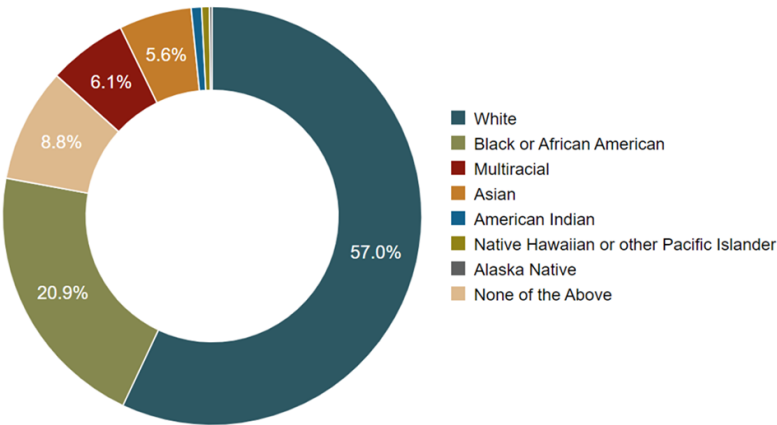
Demographics: FY19-21

Total Served: 1,213

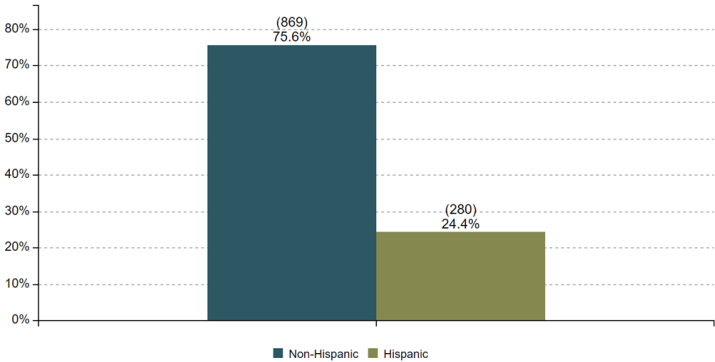
AGE



RACE



GENDER



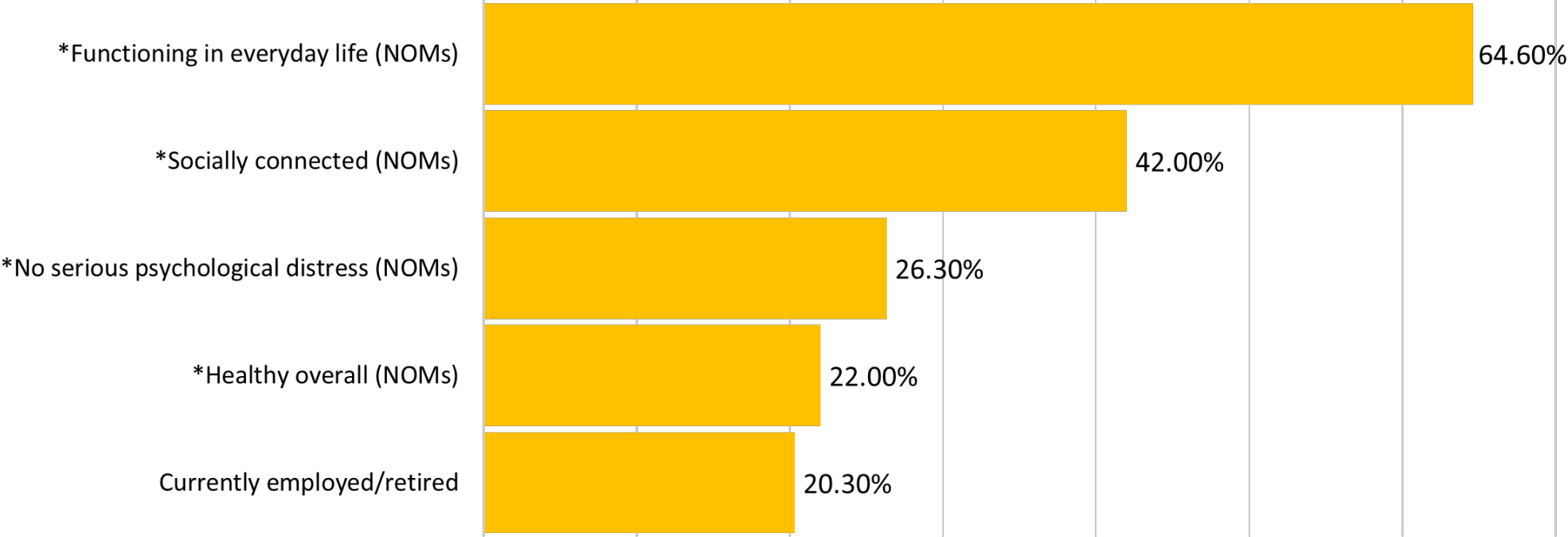
ETHNICITY

NOMs Outcomes – Baseline to 6-Month Interview

TOP 5 OUTCOMES IMPROVED

FY 2019-2021

(October 1, 2018-September 30, 2021)



Key

* Positive Items

Disclaimer: The data includes corresponding interview pairs from NOMs baseline to 6-month interview conducted within the interview window. The amount of responses changes per outcome measure depending on the number of individuals responding to the outcome. Responses include up to 281 matched responses for outcomes across 28 outcome measures in FY 2019-2021.

Challenges and Lessons Learned

- Outreach is critical to ensure adequate program enrollment
- The importance of screening and assessment
- Workforce challenges
- Coordination with FEP programs is essential

Thank You!

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

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