# The National Cancer Institute's Portfolio of Research on Health Literacy and Communication in Oncology and Priorities for Future Research



April Oh, PhD, MPH
Health Communication and Informatics
Research Branch, National Cancer Institute
Rockville, MD, United States

NCI

**National Cancer Institute** 

**DCCPS** 

Division of Cancer Control and Population Sciences

**BRP** 

Behavioral Research Program

**HCIRB** 

Health Communication and Informatics Research Branch

#### **Mission**

The Health Communication and Informatics Research Branch (HCIRB) advances research on the processes and effects of communication and informatics across the cancer control continuum.



Health Literacy and Health Disparities



**Behavioral Informatics** 



**Media Effects** 



Social Media and Technology-Mediated Communication



Public Health
Communication
Environment

# Health Literacy at NCI

#### **Summary**

The branch supports research on health literacy, defined as "the degree to which individuals can obtain, process, and understand the basic health information and services they need to make appropriate health decisions" (Institute of Medicine, 2004). Limited health literacy is an important contributor to health disparities and frequently a barrier to medical screening, treatment, health-related quality of life, and cancer communication. HCIRB encourages innovative research that examines the role of health literacy in public health and clinical cancer care. Scientific priorities include testing the effect of tailored and targeted communication, understanding the digital divide and its impact on health disparities, developing strategies for communicating uncertain and complex cancer information to diverse and limited health literacy populations, and applying mixed methods approaches to investigate challenges related to limited health literacy.

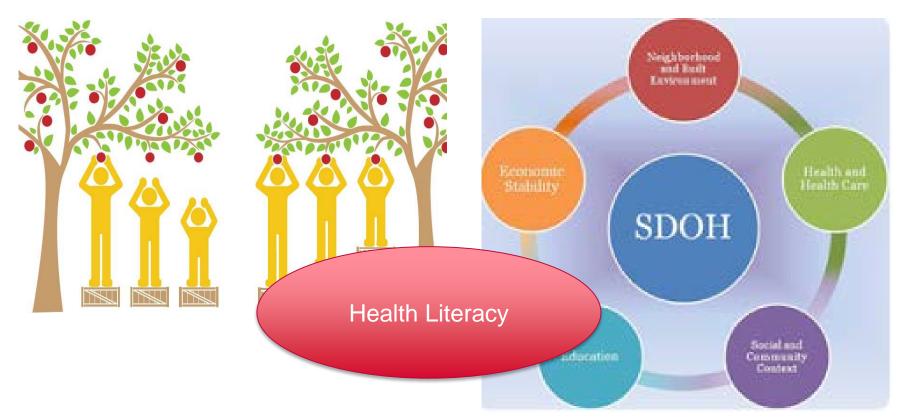
# Health Disparities

 A health disparity is "[a] particular type of health difference that is closely linked with social or economic disadvantage."

- Health disparities adversely affect groups of people who have systematically experienced greater social/economic obstacles to health
  - Racial or ethnic group;
  - religion;
  - socioeconomic status;
  - gender;
  - age;
  - mental health;

- cognitive, sensory, or physical disability;
- sexual orientation;
- geographic location;
- or other characteristics historically linked to discrimination or exclusion

# Advancing Health Equity and Examination of Social Determinants of Health



#### The Cancer Control Continuum

FOCUS						
Etiology	Prevention	Detection	Diagnosis	Treatment	Survivorship	
<ul> <li>Environmental factors</li> <li>Genetic factors</li> <li>Geneenvironment interactions</li> <li>Medication (or pharmaceutical) exposure</li> <li>Infectious agents</li> <li>Health behaviors</li> </ul>	<ul> <li>Tobacco control</li> <li>Diet</li> <li>Physical activity</li> <li>Sun protection</li> <li>HPV vaccine</li> <li>Limited alcohol use</li> <li>Chemoprevention</li> </ul>	<ul> <li>Pap/HPV testing</li> <li>Mammography</li> <li>Fecal occult blood test</li> <li>Colonoscopy</li> <li>Lung cancer screening</li> </ul>	Shared and informed decision-making	<ul> <li>Curative treatment</li> <li>Non-curative treatment</li> <li>Adherence</li> <li>Symptom management</li> </ul>	<ul> <li>Coping</li> <li>Health promotion for survivors</li> </ul>	
Cross-Cutting Communications   Surveillance   Health Disparities   Decision-making   Epidemiology Areas: Health Care Delivery   Dissemination of Evidence-based Interventions   Measurement						

NCI Portfolio in Health Literacy and Future Directions

### Background

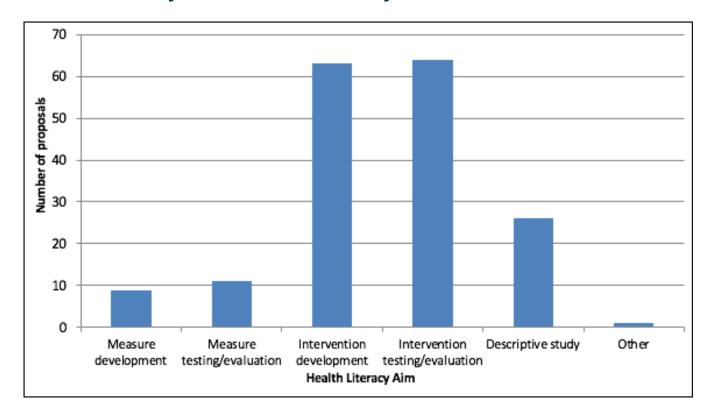
- Health literacy (HL): "The degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions" (HHS)
- NCI has partnered with 11 other ICs and offices at NIH to issue health literacy funding opportunity announcements (FOAs)
- "Understanding and Promoting Health Literacy" first issued in 2004; reissued in 2007, 2010, and 2013; expired in 2016
- Present focus is on priority cancer prevention and control outcomes and health literacy as a cross cutting health communication research agenda

### Portfolio Analysis

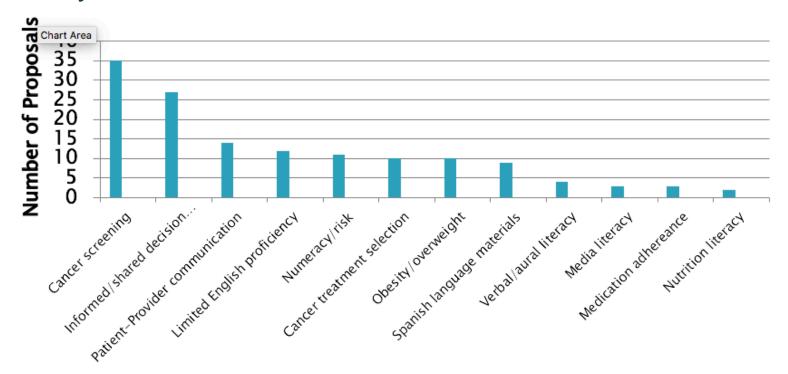
- Thematic analysis of project abstracts from 2010 and 2013
  - 96 proposed projects included in analysis
  - NCI indicated as the primary IC in 75% of project proposals (n=72)
  - Coded for primary aims, research domains, HL definition/conceptualization, populations, cancer focus, and technology



### Health Literacy as the Primary Aim



#### Primary Cancer Prevention and Control Outcomes



Future Opportunities: Precision Medicine, Genomics, Clinical Trials, Digital, Financial

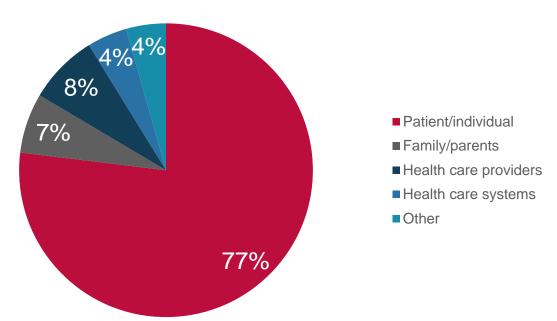
#### Health Literacy and Implementation and Dissemination Science





#### Multi-Level Health Communication

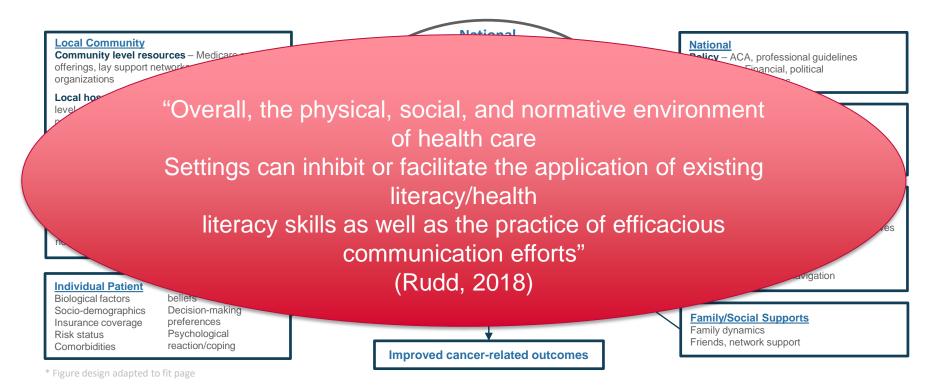
64/96 proposals (67%) contained the development and/or testing of an intervention



Most of the studies examined only one level,

if we want to address Health Communication Inequalities, including at least more than two levels of a multilevel framework are needed.

#### Need to understand mechanisms across levels and contexts



Taplin, Stephen H et al. "A multilevel research perspective on cancer care delivery: the example of follow-up to an abnormal mammogram." Cancer epidemiology, biomarkers & prevention: a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology vol. 21,10 (2012): 1709-15.



# Intersection between Technology and Health Literacy

- In 2010 majority of proposals (58%) included some type of technology, by 2013 it was 78%.
- 21 forms of technology
- Most common
  - Internet/website: 14%
  - Video: 10%
  - Social media: 5%
  - Text messaging: 4%
  - Computer: 4%
  - Dashboards: 4%
  - Electronic health records: 4%







# Intersection between Technology and Health Equity

Communication inequality refers to differences in the generation, manipulation, and distribution of Information among social groups, as well as differences in: (1) access to and use of information channels, (2) attention to media content, (3) recall, knowledge, and comprehension, and (4) capacity to act on relevant information among individuals (Viswanath 2006).



#### Future Directions to Reduce Communication Inequalities

- Reduce Communication Inequalities, including examination of the intersection between health literacy and digital health
- Multi-level and Multi-component interventions that include health literacy in at least one of two or more "levels" or components
- Inclusion of participatory methods in defining health literacy interventions and across patient, provider and organizational contexts
- Examination of health literacy in dissemination and implementation research and iterative approaches to understand behavior change
- In examination of settings and contexts where the research is occurring, making sure we are not reinforcing health inequalities and disparities

# Select Funding Opportunities

3					
Mechanism for Time-Sensitive Drug Abuse Research PAR-19-064 (R21 Clinical Trial Optional)	Contact: Kelly Blake kelly.blake@nih.gov	Expiration Date: Nov. 9, 2021			
End-of-Life and Palliative Care Health Literacy: Improving Outcomes in Serious, Advanced Illness PAR-18-498/PAR-18-499 (R01/R21 Clinical Trial Optional)	Contact: Wen-Ying Sylvia Chou wen-ying.chou@nih.gov	Expiration Date: May 8, 2021			
Innovative Approaches to Studying Cancer Communication in the New Media Environment PAR-18-638/PAR-18-639 (R01/R21 Clinical Trial Optional)	Contact: Kelly Blake kelly.blake@nih.gov	Expiration Date: June 14, 2019			
NIH-NSF joint funding opportunity: Smart and Connected Health	Contact: April Oh april.oh@nih.gov	Expiration Date: Dec. 11, annually			
Leveraging Health Information Technology (Health IT) to Address Minority Health and Health Disparities PAR-19-093 (R01 Clinical Trial Optional)	Contact: April Oh april.oh@nih.gov	Expiration Date: March 5, 2021			
Modular R01s in Cancer Control and Population Sciences PAR-18-869 (R01 Clinical Trial Optional)	Contact: Scott Rogers rogerssc@mail.nih.gov	Expiration Date: March 9, 2021			
A complete list of BRP funding opportunities can be found at cancercontrol.cancer.gov/brpfunding.  Meet HCIRB-funded grantees at cancercontrol.cancer.gov/brpgrantees.					





#### Thank you!

Acknowledgements:

Sylvia Chou, PhD, MPH Maureen Clark, MA Anna Gaysynsky, MPH

Questions:

April Oh, PhD, MPH April.oh@nih.gov

@aprilyoh

@NCIBehaviors





www.cancer.gov/espanol