

*The National Academies of*  
SCIENCES • ENGINEERING • MEDICINE

Health and Medicine Division  
Board on Global Health  
Forum on Global Violence Prevention

MANAGING, REDUCING, AND PREVENTING FEAR OF  
VIOLENCE - A WORKSHOP



**July 21-23, 2020**

Virtual Platform

National Academies of Sciences, Engineering, and Medicine

## **Workshop Description**

The role of fear in violence globally is complex and important. As our understanding of global violence advances, so has awareness of the deleterious effects of exposure to fear on human development and on exacerbating collective violence. Fear can also motivate positive and individual and collective changes. Prevention efforts can benefit from better understanding the many ways fear can influence violence. On a biological level, the impacts of fear itself and fear of violence have unique consequences, such as epigenetic and endocrine alterations. On a sociological level, culture and the media influence perceptions (and misperceptions) around fear of violence, which influence how humans assess and define threats in their environment. Such assessments may lead to greater clarity around fear of violence to help individuals and communities develop resilience, while other assessments may lead to fears that are less founded and may increase violence and fear of the other. Now more than ever, as the world faces a COVID-19 pandemic crisis that is globally increasing fear of violence, we are called upon to develop a better understanding of how to manage, reduce, and prevent fear of violence. The Forum on Global Violence Prevention of the National Academies of Sciences, Engineering, and Medicine will convene a two day workshop focused on:

1. The biological impacts of fear and trauma on the body system
2. How perception/misperception, culture, and the media influence fear in relationship to violence
3. Prevalent forms of fear of violence at the individual/interpersonal level, which include:
  - Abuse of children (including corporeal punishment), and elders/disabled individuals
  - Racism and xenophobia (e.g., fear of police violence and fear of interpersonal conflict from bigotry).
  - Fear of intrusion (e.g. active shooters, break-ins) and the resulting consequences of increased firearms ownership
  - Sex-gender based violence, including intimate partner violence
4. Intervention strategies at the individual, interpersonal, and community levels that attenuate fear of violence, its resulting trauma, and/or directly address the violence that is stoking the fear.

The audience for this workshop includes researchers, behavioral and biological science practitioners, criminal justice professionals, social service providers, fire arm injury prevention specialists, public health interventionists, and policymakers who are looking to expand their understanding of the relationship between fear and violence and existing intervention strategies to manage, reduce, or prevent it. Participants in this workshop will advance their understanding of the complex role of fear in influencing violence and will learn state-of-the-art approaches to addressing fear in prevention approaches. This workshop is free and open to the public.

### **About the Global Violence Prevention Forum**

The Global Violence Prevention Forum aims to facilitate dialogue and exchange by bringing together experts from diverse areas of violence prevention, including: behavioral scientists, policy makers, criminal justice professionals, social service providers, economists, legal experts, journalists, philanthropists, faith-based organizations, and corporate social responsibility officers. In keeping with the overall goal of the Forum to reduce the burden of violence and promote the healthy development of individuals and communities, the Forum opens up potential for prevention in all parts of the world.

## Managing, Reducing, and Preventing Fear of Violence – A Workshop

### Forum on Global Violence Prevention

#### Virtual Workshop – Eastern Standard Time

July 21-23, 2020

#### Agenda

Registration link <https://www.nationalacademies.org/event/07-21-2020/managing-reducing-and-preventing-fear-of-violence-a-workshop>

### Day 1, Tuesday, July 21, 2020

<b>1:00 p.m.</b>	Workshop Planning Committee Co-chair Welcome and Introductions  <b>Emmy Betz</b> , Associate Professor, University of Colorado School of Medicine; Director, Firearm Injury Prevention Initiative; Research Physician, Eastern Colorado Geriatric Research, Education, and Clinical Center (GRECC) - Veterans Health  <b>Cori Peek-Asa</b> , Professor of Occupational and Environmental Health; Director of the University of Iowa Injury Prevention Research Center; and Director of the International Collaborative Trauma and Injury Training Program in Central Europe
<b>1:10 p.m.</b>	<b>Laura Rogers</b> , Acting Director of the Office on Violence Against Women, Department of Justice
<b>Session 1 - Research, Data, and Evidence: The Biological Effects of Fear and Fear of Violence</b>  This session will explore how fear in general and fear of violence, specifically, affects human biology.	
<b>1:25 p.m.</b>	<b>Rachael Yehuda</b> , Director, Traumatic Stress Studies Division, Mount Sinai School of Medicine
<b>1:40 p.m.</b>	<b>Joseph LeDoux</b> , University Professor and Henry and Lucy Moses Professor of Science at New York University, Director of the Emotional Brain Institute located at New York University and at the Nathan Kline Institute
<b>1:55 p.m.</b>	<b>Martin Teicher</b> , Director of the Developmental Biopsychiatry Research Program at McLean Hospital and Associate Professor of Psychiatry at Harvard Medical School
<b>2:10 p.m.</b>	<b>Facilitated Discussion and Question and Answer Session, Cori Peek-Asa</b>

<b>2:45 p.m.</b>	<b>Break</b>
<b>Session 2 - Research, Data, and Evidence: Perception, Culture, and Psychology in Relation to Fear of Violence</b>  <p>This session will explore perception (rational vs. irrational fears), accurate/inaccurate threat assessment, culture, and media framing in relation to fear of violence. It will address how fear of the unknown may raise the risk of violence. It may also explore how fear of violence can influence individuals toward positive behavior change—and may function to keep individuals safe from the threat of violence in the context of violence situations.</p>	
<b>3:00 p.m.</b>	<b>Park Dietz</b> , President, Park Dietz & Associates, Inc. Threat Assessment Group, Inc.
<b>3:13 p.m.</b>	<b>Polly Wiessner</b> , Distinguished Professor, Department of Anthropology, University of Utah
<b>3:26 p.m.</b>	<b>Jennifer Mascia</b> , Author, The TRACE
<b>3:40 p.m.</b>	<b>Helen A. Neville</b> , Professor of Educational Psychology and African American Studies, University of Illinois at Urbana-Champaign
<b>3:53 p.m.</b>	<b>Break</b>
<b>4:00 p.m.</b>	<b>Facilitated Panel Discussion and Question and Answer Session,</b> <b>Moderator Jacquelyn Campbell</b> , Professor and Anna D. Wolf Chair, Johns Hopkins University School of Nursing
<b>4:30 p.m.</b>	Conclusions and Summary of Day 1 Findings Planning Committee Co-chairs, <b>Emmy Betz</b> and <b>Cori Peek-Asa</b>
<b>4:40 p.m.</b>	Adjourn

## Day 2, Wednesday, July 22, 2020

<b>1:00 p.m.</b>	Workshop Planning Committee Co-chair Welcome and Introductions  <b>Emmy Betz</b> , Associate Professor, University of Colorado School of Medicine; Director, Firearm Injury Prevention Initiative; Research Physician, Eastern Colorado Geriatric Research, Education, and Clinical Center (GRECC) - Veterans Health  <b>Cori Peek-Asa</b> , Professor of Occupational and Environmental Health; Director of the University of Iowa Injury Prevention Research Center; and Director of the International Collaborative Trauma and Injury Training Program in Central Europe
<b>1:05 p.m.</b>	Keynote Speaker, <b>Christine Moutier</b> , Chief Medical Officer, American Foundation for Suicide Prevention
<b>Session 3 -Research, Data, and Evidence: Prevalent Causes of Fear of Violence</b>	
<p>This session will review data and evidence on prevalent causes of fear of violence at the interpersonal level, which include:</p> <ul style="list-style-type: none"><li>• Abuse of vulnerable populations: children (including corporeal punishment), elders, and disabled individuals.</li><li>• Racism/Xenophobia (fear of police violence, fear of interpersonal conflict from bigotry).</li><li>• Fear of intrusion (active shooters, break-ins. cyber).</li><li>• The impacts of sex-gender based discrimination including intimate partner violence.</li></ul>	

<b>1:20 p.m.</b>	<b>Shelly Greenberg</b> , Professor of Management in School of Education, Division of Public Safety Leadership, Johns Hopkins University
<b>1:33 p.m.</b>	<b>Jacquelyn Campbell</b> , Professor and Anna D. Wolf Chair, Johns Hopkins University School of Nursing
<b>1:53 p.m.</b>	<b>Facilitated Panel Discussion and Question and Answer Session, Moderator, Emmy Betz</b>
<b>2:13 p.m.</b>	<b>Break</b>
<b>2:18 p.m.</b>	<b>Desmond Runyan</b> , Jack and Vicki Thompson Professor of Pediatrics, University of Colorado
<b>2:31 p.m.</b>	<b>Jeff Allison</b> , Special Adviser, International Association of Campus Law Enforcement Administrators (IACLEA)
<b>2:44 p.m.</b>	<b>Mark Lachs</b> , Director of Geriatrics for the New York Presbyterian Health System and Co-Chief of the Division of Geriatric Medicine and Gerontology at The Weill Medical College of Cornell University
<b>2:57 p.m.</b>	<b>Facilitated Panel Discussion and Question and Answer Session, Moderator, James Mercy</b> , Director, Division of Violence Prevention, National Center for Injury Control and Prevention (NCIPC) at the Centers for Disease Control and Prevention
<b>3:25 p.m.</b>	<b>Break</b>
<b>Session 4 - Intervention Strategies: Individual/Interpersonal Interventions for Fear of Violence</b>	
This session will review successful individual/interpersonal therapeutic interventions to attenuate biological/psychological changes induced by fear of violence. It will, in part, focus on building resilience to mitigate the consequences of fear and prevent PTSD/trauma. It will also focus on social learning tactics and mental health.	
<b>3:30 p.m.</b>	<b>Sean Joe</b> , Benjamin E. Youngdahl Professor of Social Development, Brown School of Social Work at Washington University – St. Louis; Director of the Race and Opportunity Lab; and Principal Director of HomeGrown StL at Washington University – St. Louis (MBK-STL)
<b>3:43 p.m.</b>	<b>Gary Cordner</b> , Academic Director, Baltimore Police Department’s Police Academy/ Education and Training Section
<b>3:56 p.m.</b>	<b>Fabio Idrobo</b> , Research Associate in the Population Health Division of FSFB and Adjunct Assistant Professor at Boston University
<b>4:09 p.m.</b>	<b>Break</b>
<b>4:13 p.m.</b>	<b>Facilitated Panel Discussion and Question and Answer Session,</b>

	<b>Moderator, Shelly Greenberg</b>
<b>4:45 p.m.</b>	Conclusions and Summary of Day 2 Findings Planning Committee Co-chairs, <b>Emmy Betz</b> and <b>Cori Peek-Asa</b>
<b>4:50 p.m.</b>	<b>Adjourn</b>

## Day 3, Thursday, July 23, 2020

### Session 5 - Intervention Strategies: Institutional and Policy-level Strategies to Reduce Fear of Violence at the Interpersonal Level

Taking into account the idea that fear of violence can catalyze positive changes in society this session will review successful institution, community, and policy level efforts to reduce the most prevalent forms of fear of violence at the interpersonal level. This session may also focus on resilience building.

<b>1:00 p.m.</b>	<p>Workshop Planning Committee Co-chair Welcome and Introductions</p> <p><b>Emmy Betz</b>, Associate Professor, University of Colorado School of Medicine; Director, Firearm Injury Prevention Initiative; Research Physician, Eastern Colorado Geriatric Research, Education, and Clinical Center (GRECC) - Veterans Health</p> <p><b>Cori Peek-Asa</b>, Professor of Occupational and Environmental Health; Director of the University of Iowa Injury Prevention Research Center; and Director of the International Collaborative Trauma and Injury Training Program in Central Europe</p>
<b>Part 1: Fear Across the Lifespan</b>	
<b>1:05 p.m.</b>	<b>XinQi Dong</b> , the Inaugural Henry Rutgers Distinguished Professor of Population Health Sciences at Rutgers University and Director of the Institute for Health, Health Care Policy and Aging Research
<b>1:18 p.m.</b>	<b>Kenya Fairley</b> , Supervisory Family Violence Prevention Program Specialist, U.S. Department of Health and Human Services (HHS)
<b>1:31 p.m.</b>	<b>Virginia Duplessis</b> , Program Director, Future without Violence
<b>1:44 p.m.</b>	<b>Nasir Young</b> , Captain, U.S. Army
<b>1:57 p.m.</b>	<b>Geri Donenberg</b> , Professor of Medicine, Psychology, and Epidemiology and Biostatistics, University of Illinois at Chicago

<b>2:10 p.m.</b>	<b>Facilitated Panel Discussion and Question and Answer Session,</b> <b>Moderator, Stephanie Alexander,</b> Health Science Administrator, Office on Women's Health U.S. Department of Health and Human Services
<b>2:35 p.m.</b>	<b>Break</b>
<b>Part 2: Larger Resilience Threat Management Frameworks/Trainings</b>	
<b>2:45 p.m.</b>	<b>Megan Ranney,</b> Warren Alpert Endowed Associate Professor of Emergency Medicine at Alpert Medical School of Brown University and Founding Director of the Brown-Lifespan Center for Digital Health
<b>2:58 p.m.</b>	<b>David Mitchell,</b> Lecturer, Director/Chief of University Police, University of Maryland
<b>3:11 p.m.</b>	<b>Jonathan Links,</b> Professor, Johns Hopkins Bloomberg School of Public Health
<b>3:24 p.m.</b>	<b>David Bixler,</b> Co-leader, The Boeing Company's Enterprise Threat Management Program
<b>3:37 p.m.</b>	<b>Break</b>
<b>3:42 p.m.</b>	<b>Facilitated Panel Discussion and Question and Answer Session,</b> <b>Moderator, Cori Peek-Asa</b>
<b>4:15 p.m.</b>	Conclusions and Summary of Day 3 Findings, Planning Committee Co-chairs, <b>Emmy Betz</b> and <b>Cori Peek-Asa</b>
<b>4:25 p.m.</b>	<b>Adjourn</b>

#### **WORKSHOP NOTES**

- This workshop is being recorded.
- Soon after the meeting, an archive of the virtual meeting and presentation slides will be available on our webpage.
- A proceedings of the workshop will be published by the National Academies Press.

#### **PLANNING COMMITTEE ROSTER**

##### **Co-chairs**

**Emmy Betz**  
University of Colorado

**Corinne Peek-Asa**  
University of Iowa



## **Members**

**Stephanie Alexander**

National Institutes of Health

**Sheldon Greenberg**

Johns Hopkins University

**Heidi Kar**

Education Development Center

**Elizabeth Petruy**

U.S. Department of Health Services

**Stephen Teret**

Johns Hopkins University

**Polly Wiessner**

University of Utah and Arizona State University

## **STAFF**

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**Julie Pavlin**, Board Director

**Liza Hamilton**, Director of the Forum on Global Violence Prevention

**Claire Moerder**, Research Assistant