

**Rush University Medical Center** 

### **Clinical Cancer Research During the COVID 19 Pandemic**

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## **RUSH**

### Disclosures

- Research funding: Pfizer, BMS, GenomOncology, Komen, NIH/NCI
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- Equity: GenomOncology, Personalis



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### **Cancer Cells Don't Shelter in Place**

Cancer care and clinical cancer research are essential life-saving services

# Phases of pandemic with respect to clinical research process change





#### **Shutdown and Shift: Clinical services**

- In-person clinical services shifted to virtual visits
- Diagnostic and procedural services prioritized emergency cases only (diagnostic imaging & cardiology, surgery)
- Lack of access to ancillary services created safety concerns for clinical trial patients on active treatment



### **Shutdown and Shift: Staffing**

Clinical and research staff reallocated to other roles





#### **Shutdown and Shift**

#### • Start-up activities:

- Many cancer clinical trial start-up activities were paused
- Focused shift to rapidly opening COVID-19 related studies

#### New accruals:

- Slowed but never stopped
- Prioritized therapeutic cancer accruals where trial was best treatment option for a patient who lacked remaining standard of care options



#### **Adaptation**

- Clinical trial related diagnostic procedures
  - Initial study deviations
  - Send patient to ED to get study scans for patient safety
  - Rapid COVID testing availability allowed some clinical trial screening and follow-up procedures to resume if pre-tested (imaging, cardiology)
  - Shift from central labs to local labs



#### Adaptation: In-person activities converted to virtual activities





#### Adaptation

- Clinical research assessments via virtual visits
  - Challenges with ever shifting technology requirements
  - Study coordinators did "drive-by" assessments of patients who didn't have access to technology (patients already on-study)
  - New accruals: technology access became part of screening for potential eligibility
  - Disparities in access to clinical trials when patients did not have access to a compatible devise



#### **Adaptation**

#### • IRB activities:

- Regulations state that any changes to study procedures require IRB amendment
- 100's of study amendments submitted by local investigators (and later by sponsors)
- 6-months after start of pandemic, FDA published policy not requiring IRB approval for COVID related study process changes



### Hardening: Ongoing work

#### **Virtual Study Audits**

- Require a lot of preparation
- Many different technology platforms were tried
- Challenge: need Business Associates Agreement (BAA) with each vendor to share HIPPA protected data
- Industry has not yet settled on best practices or optimal technology workflows

#### Technologies:

FedX shipping hard drive Secured email EPIC Carelink (2 year limit) RedCAP Dropbox Microsoft Teams VevvaSiteVault



#### **New Challenges**

## The Great Resignation of 2021

Clinical research staff are leaving medical centers at staggering rates

- Salary competition with industry
- Inability to rehire
- Mandatory vaccinations at medical centers



# Lesson learned from ultra rapid activation of COVID-19 therapeutic studies

- Full therapeutic interventional COVID studies activated in 7-10 days
- Near realtime IRB approval:
  - IRB meeting 2-3 times per week including weekends
  - Reviewers meeting 2-3 times per week including weekends
  - Sponsors were just as responsive

"If we are all collaborating and working in real time and don't stress over minor language details, we can get a lot of studies opened quickly. The goal was to get the study opened quickly to hopefully save lives and not everyone covering their butt."



#### Summary

- We can accomplish a great deal quickly when we all are rowing in the same direction
- Rapid change is possible in clinical research
  - Historically slow due to heavy regulation
- Study start-up sprints between local institution and sponsor are highly effective for rapid study activation
  - How can we replicate this process?
- Clinical research workforce challenges were difficult prepandemic and are in a crisis today



# Thank you.

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Excellence is just the beginning.