

The Case for Primary Care Integration: MGH Substance Use Disorder Initiative

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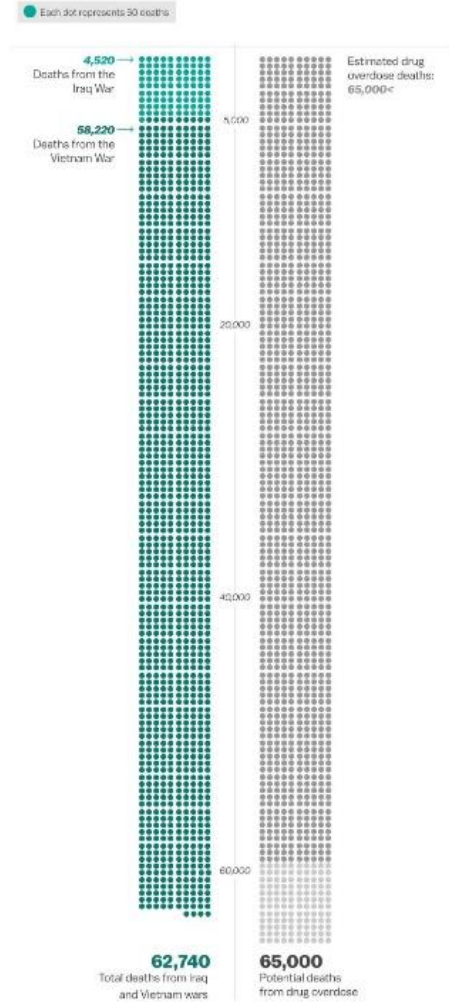
MASSACHUSETTS
GENERAL HOSPITAL



MASSACHUSETTS GENERAL
PHYSICIANS ORGANIZATION

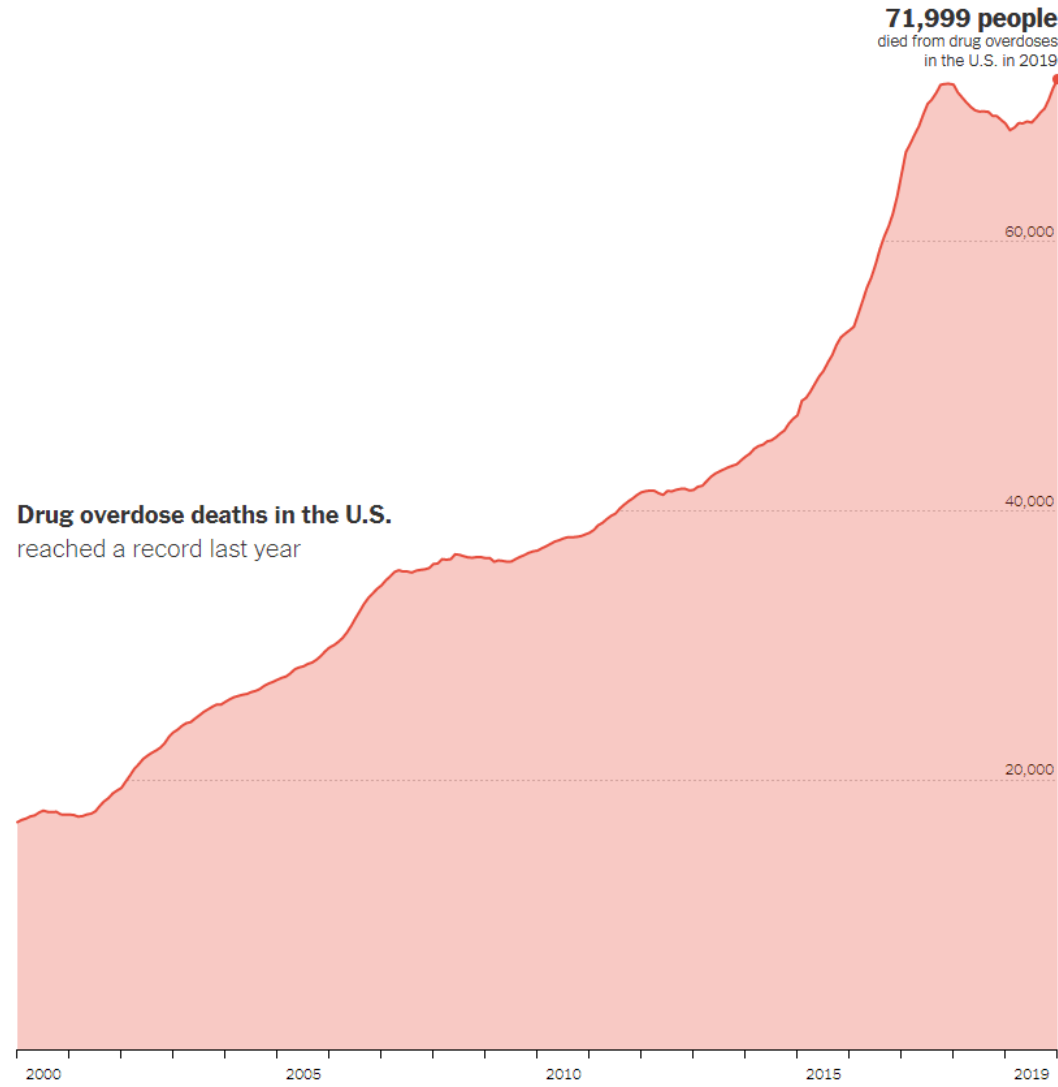
Last year's drug overdose deaths rival casualties from Iraq and Vietnam wars

There were an estimated 59,000 to 65,000 drug overdose deaths in 2016, according to preliminary data from coroners and other state estimates.



SOURCES: New York Times, Archives.gov, and Casualties.org
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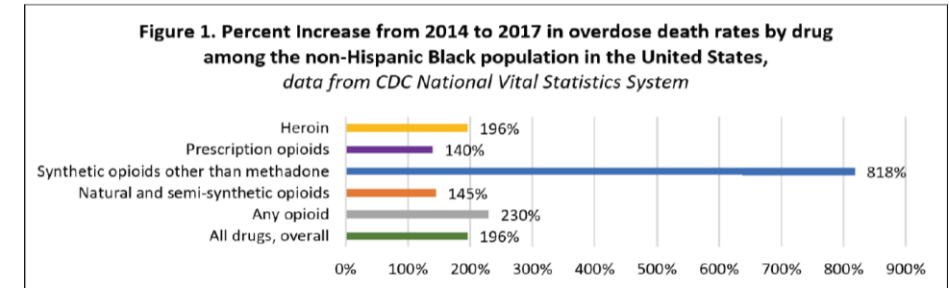
Drug overdose deaths in the U.S. reached a record last year

Source: Centers for Disease Control and Prevention

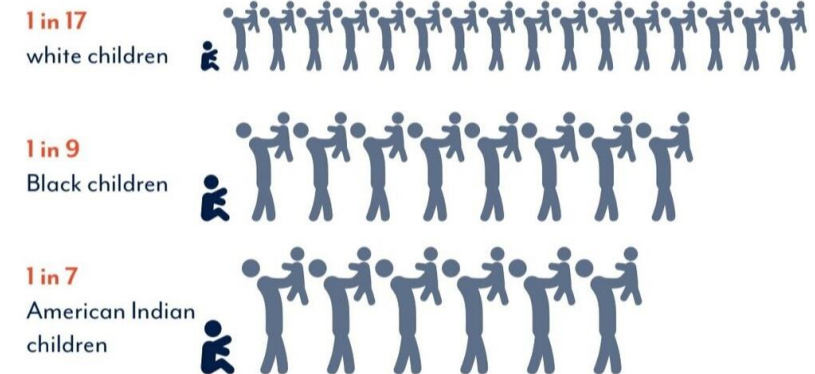
A devastating public health crisis

Racism and Drug Policy

- People of color experience discrimination at every stage of the criminal justice system
- More likely to be stopped, searched, arrested, convicted, & harshly sentenced for drug law violations
- Majority of people in federal and state prison for drug offenses are Black or Latinx
- Over 80% of foster system cases involve caretaker drug use allegations; similar to criminal legal system, almost all low income, and disproportionately Black, American Indian and Latinx

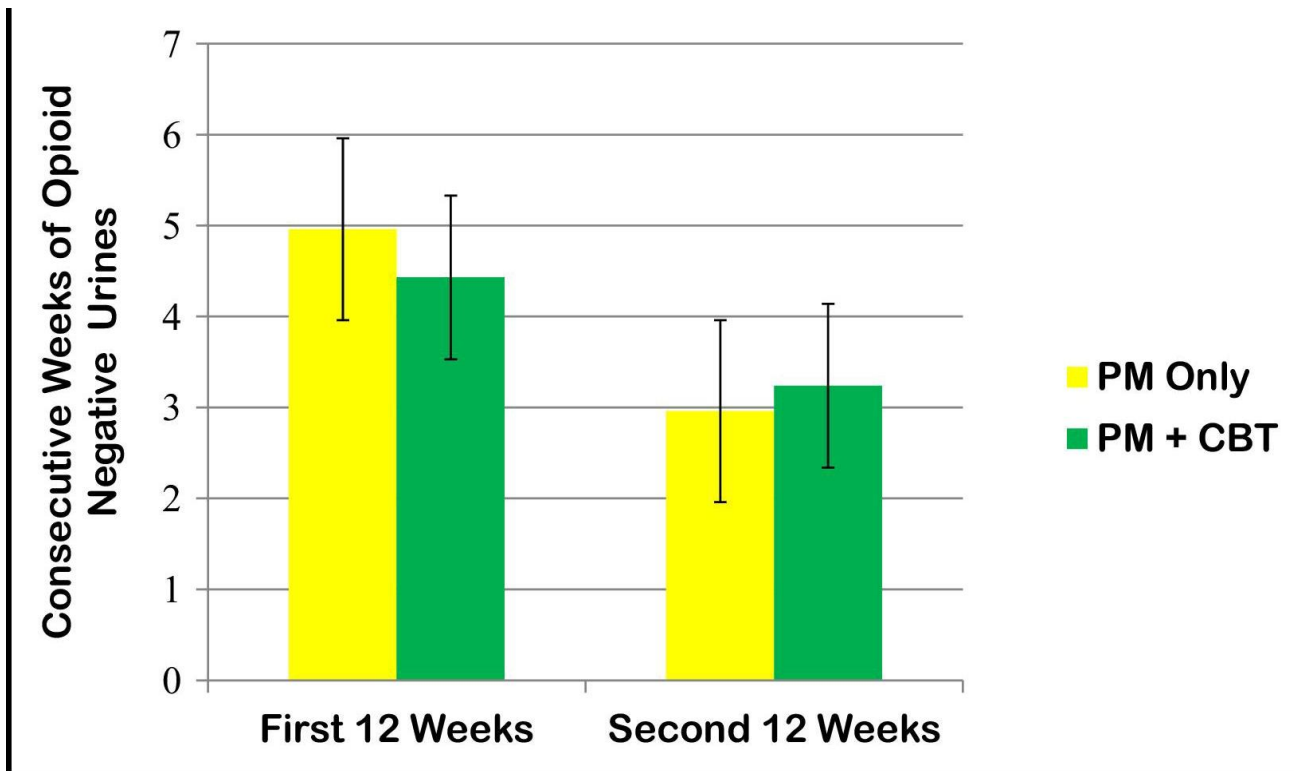


Between 2000 and 2011



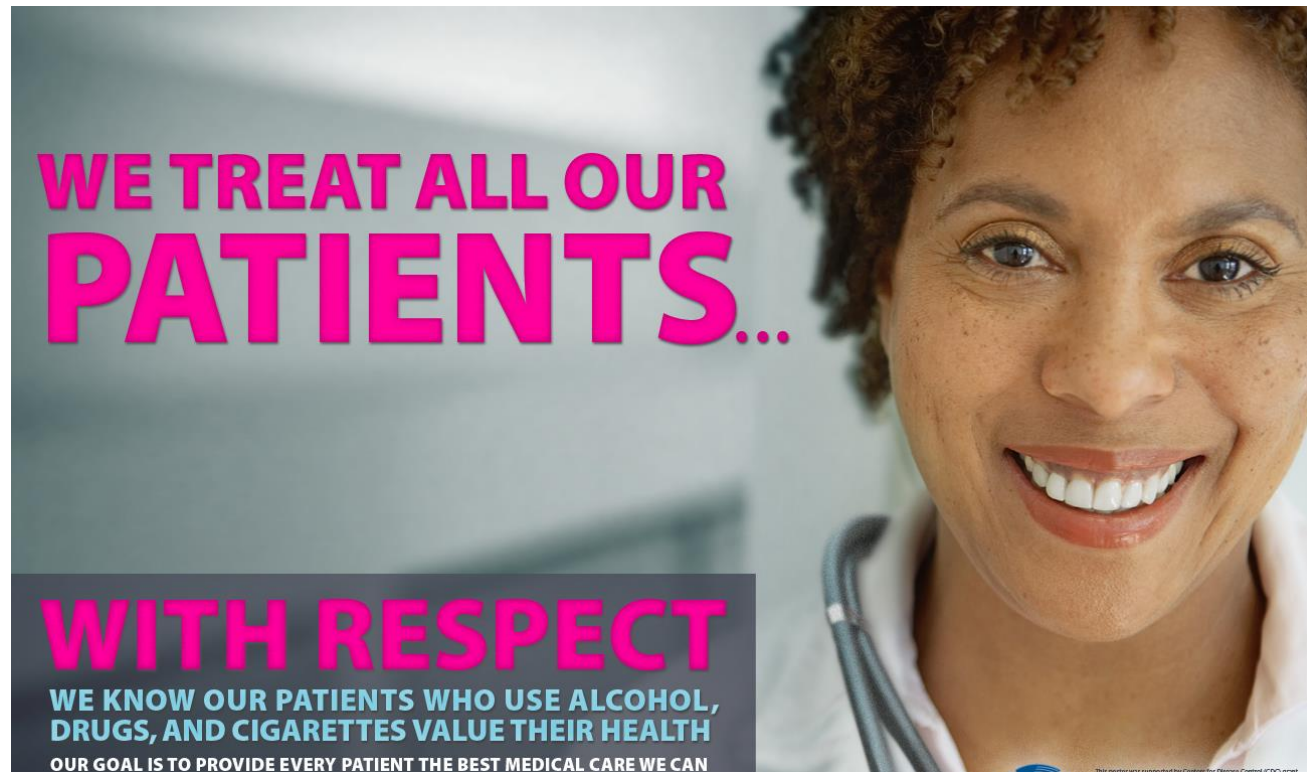
had been removed from their parents' care.

Treatment in primary care is feasible, effective, and rewarding



No difference in opioid use, study completion, or cocaine use between primary care medication management with or without adjunctive psychosocial intervention

Reframing care for patients who use substances



- Identify discrepancies in approach to substance use vs other health conditions
- Recognize how our approaches or policies cause harm
- Build a patient-centered & guided care framework: identify, acknowledge, support patient's most pressing needs

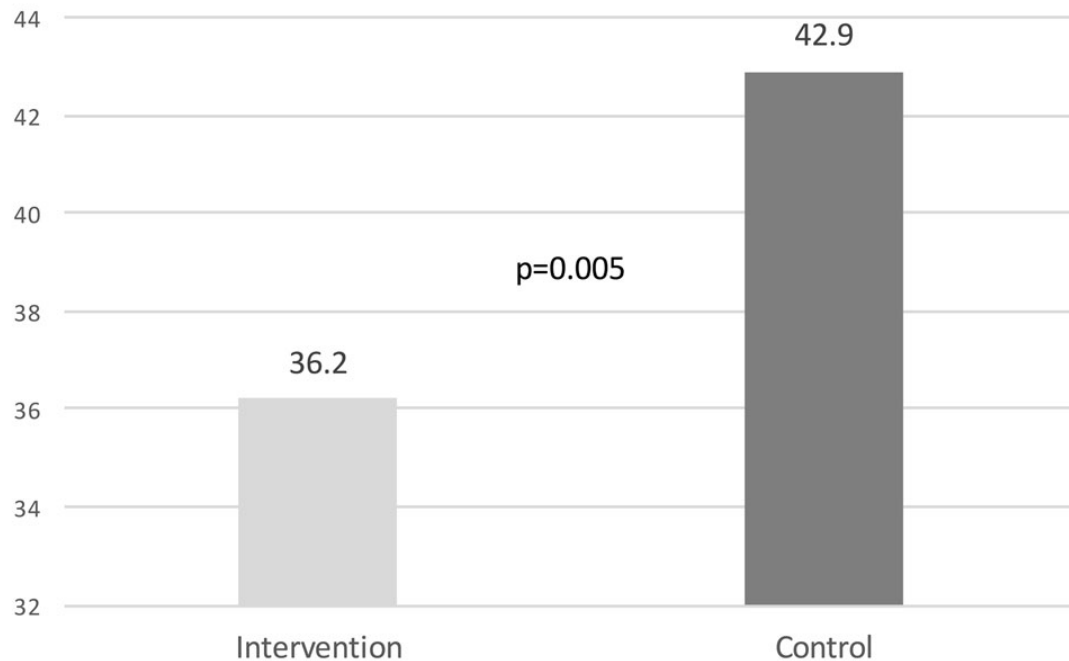


The MGH Substance Use Disorder Initiative

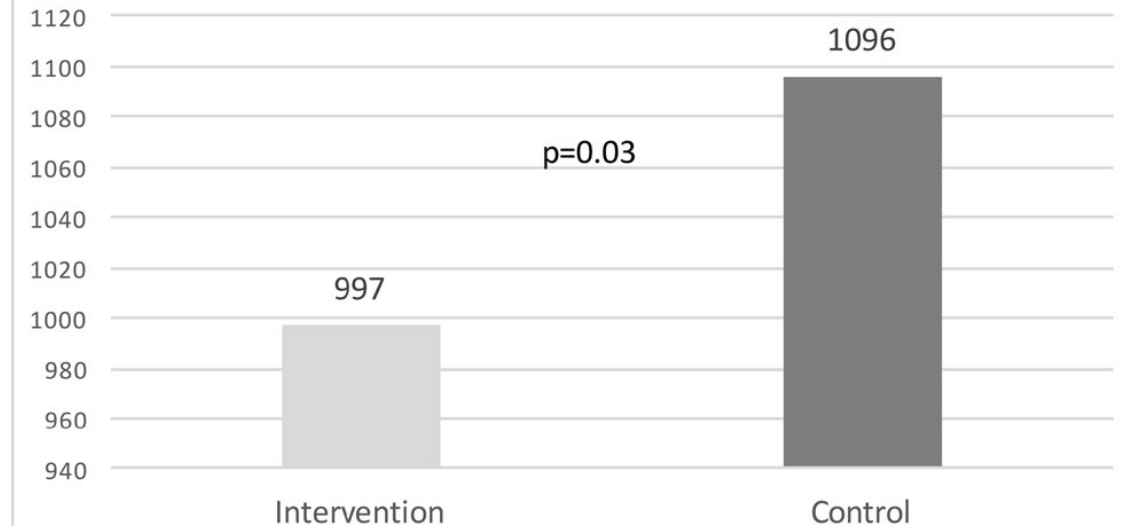


Integrated SUD & primary care reduces acute care utilization

Mean Number of ED Visits per 100 Patients During
Nine-Month Follow-up Period



Total Number of Inpatient Bed Days
During Nine-Month Follow-up Period





Spreading Hope

"I am a woman in long term recovery from opioid use disorder. Facing early trauma and adversity at a young age, I struggled with a severe opioid use disorder for 17 years and had almost given up hope. I began to have multiple critical infections as a result of my use, and luckily was finally introduced to a medication to treat my opioid use disorder. Without the treatment of buprenorphine, I would never have been able to build the foundation of my recovery supports which I now stand on 6 plus years later. I am incredibly proud to say I have a leadership role at a major medical center working to help patients such as myself with substance use disorder. I am also a mom to the most amazing little boy, a wife to an amazing husband and a homeowner. Without that initial treatment of buprenorphine, I know none of these things would have been possible."