

# Future of the Future of Food Systems



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# Overview

- Food system at critical juncture
- On innovation, *History of the Future of Food*
  - Food production, processing, packaging
  - Alternative forms of food production
  - Food distribution
  - Marketing and value chains
  - Data and analytics, addressing waste
  - Food access and affordability
- Systems approach to thinking about implications for health, environment, social & economic outcomes
- Task for audience



# U.S. Food System is Massive

- Resources
  - 52.5% U.S. land use
  - 80% consumptive water use
  - 16% energy use
- Economy
  - 17.5% private sector jobs, 21.6M workers
  - 12.9% household expenditures
  - Projected \$137B agricultural exports, \$129B agricultural imports



# We are at a Critical Juncture

- Environment
  - Food = key contributor of GHG
  - Global GHG must peak by 2020 to stay below 1.5C (IPCC)
    - Priority on short-lived climate pollutants, incl methane
  - Food production+distribution+nutritional value at risk
  - Biodiversity loss, water availability, other resources, pollinators, population growth, crop yields plateauing, etc.
  - Waste 30% global food supply / 40% U.S.
- Food insecurity
  - 821 million chronically hungry globally
  - 11.8% U.S. households food insecure

# We are at a Critical Juncture

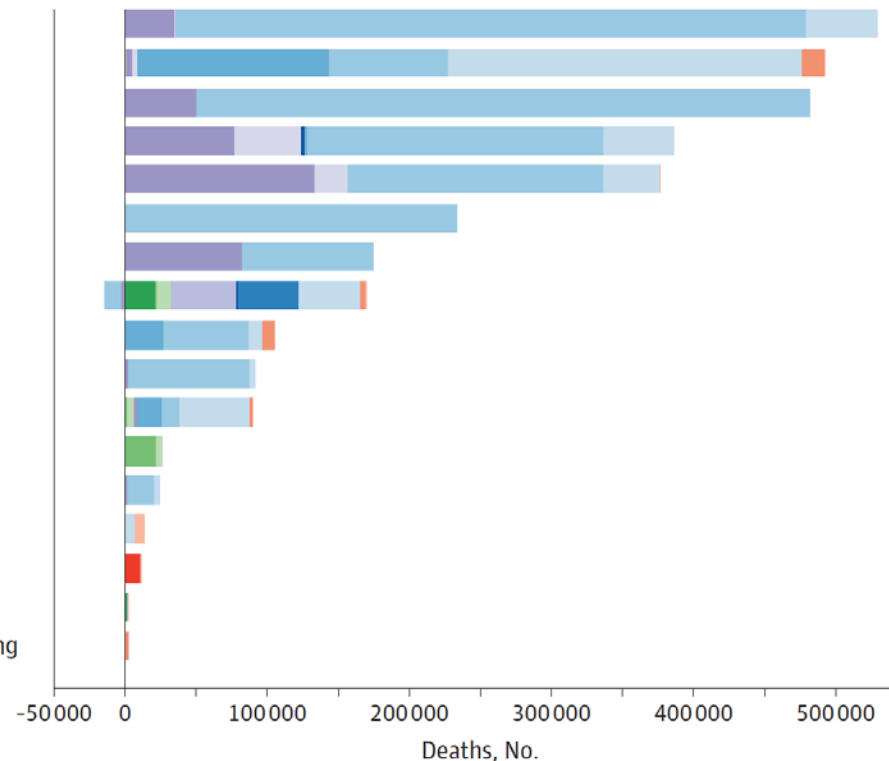
## • Health

Figure 2. Number of Deaths and Percentage of Disability-Adjusted Life-Years Related to the 17 Leading Risk Factors in the United States, 2016

A Risk factors and related deaths

### Dietary risks

Tobacco use  
High systolic blood pressure  
High body mass index  
High fasting plasma glucose  
High total cholesterol  
Impaired kidney function  
Alcohol and drug use  
Air pollution  
Low physical activity  
Occupational risks  
Low bone mineral density  
Residential radon and lead exposure  
Unsafe sex  
Child and maternal malnutrition  
Sexual abuse and violence  
Unsafe water, sanitation, and handwashing



Communicable, maternal, neonatal, and nutritional diseases

- HIV/AIDS and tuberculosis
- Diarrhea, lower respiratory tract, and other common infectious diseases
- Maternal disorders
- Neonatal disorders
- Nutritional deficiencies
- Other communicable maternal, neonatal, and nutritional diseases

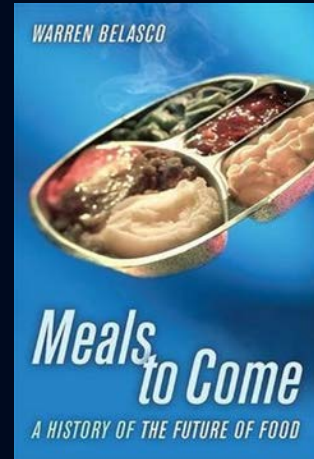
Noncommunicable diseases

- Neoplasms
- Cardiovascular diseases
- Chronic respiratory diseases
- Cirrhosis and other chronic liver diseases
- Digestive diseases
- Neurological disorders
- Mental and substance use disorders
- Diabetes, urogenital, blood, and endocrine diseases
- Musculoskeletal disorders



# History of the Future of Food

(Warren Belasco, 2006)



- Enduring interest in predicting future
  - Dire or gee whiz optimistic get published
  - Same metaphors recur
- Studying past predictions builds healthy skepticism
  - Wide variation in predictions, most wrong
  - Be wary of false choices between technology or failure
- Predictions say a lot about prevailing anxieties, hopes, assumptions
  - Reflect debate about meaning of progress

# 3 Approaches to Cornucopian Future

- Classical: Future evolves from past, ever bigger, better
  - Aesthetics, opulence, dominion over land/resources
- Modernist: Unprecedented needs, drives, breakthroughs.
  - Function, simplification, streamlining, technology.
- Recombinant: Splice classical and modern.
  - Choice and convenience, but in food system different (but not too different) from bucolic past (microwave stir fries)
- Framing matters

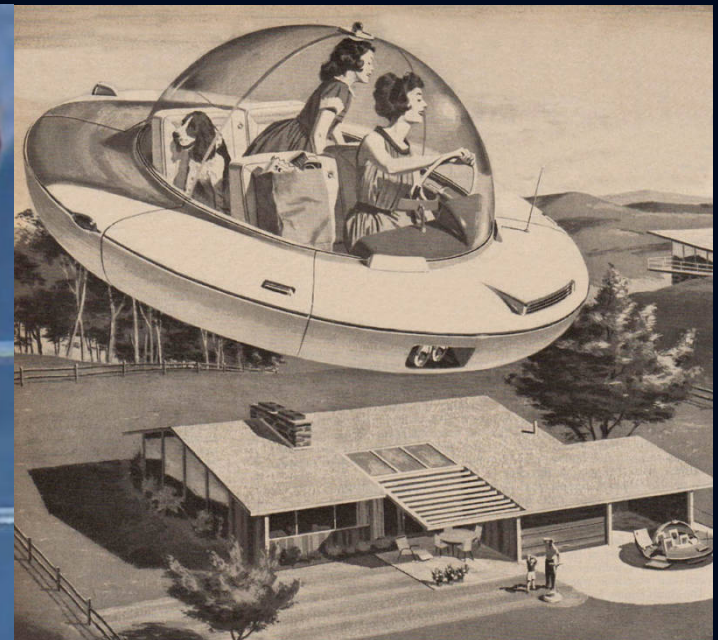


# Past Predictions

- 1919 American Geographer: “It is true that the farm tractor is on the way, but it has less prospect of displacing the work animal in food production than the automobile has of driving the work horse off the road.”
- 1930 Lord Birkenhead: the people of 2030 would so prefer tastier, more digestible synthetic foods ‘that agriculture will survive only in historical romances.’

# Later 20<sup>th</sup> Century

- “Future” food looks like astronaut food
- Convenience, efficiency
  - Food pill (could improve women’s status)





Robotic “chef”



Pears shaped like babies





Edible spray paint







3-d printing of food creates novel products



Torte with chocolate coating that plays sounds in  
a record player

# Innovation?



in·no·va·tion

/ˌɪnəˈvāSH(ə)n/

*noun*

the action or process of innovating.

- a new method, idea, product, etc.

plural noun: innovations

Distinguished from invention

- Game-changer: a newly introduced element or factor that changes an existing situation or activity in a significant way (Merriam-Webster)
- Purposeful; “natural”

# Innovation isn't Everything

- Maintainers: “Maintenance, infrastructure, repair, and the myriad forms of labor and expertise that sustain our human-built world”
  - Often lower income, women
  - Tacit knowledge from doing job – what works, what doesn't, how to get it done and keep things moving, and what are important opportunities
  - Maintenance, repair, reuse – preventing waste
- “Americans have an impoverished and immature conception of technology, one that fetishizes innovation as a kind of art and demeans upkeep as mere drudgery.” –Russell & Vinsel 2017

# Technology isn't Everything

- People, human behavior represent key domains for future progress
- We are complex, diverse, unequal circumstances, irrational, mistrustful, trustful, variety of beliefs/ belief systems
- Need to tailor solutions, communication of solutions to bring about change



# Your Insights Wanted

- For each session, please suggest 3 *potential* implications for future food systems.
- Especially: Ideas about ways multiple innovations may interact
- Note: Speculative – can give ideas for modeling, research, practical efforts

ONLINE: <http://bit.ly/ffpoll19>

EMAIL: [clynx@nas.edu](mailto:clynx@nas.edu)

## Food Forum 8-2019

From Roni Neff

9 questions

Start survey

### Innovations in the Food System: Shaping the Future of Food Food Forum Workshop AUDIENCE INPUT FORM

This workshop presents perspectives on innovations that will shape the future of our food system. These innovations may result in dramatic changes in the ways we obtain and prepare food, which costs, livelihoods, resource use, geography, industry structure, political power, and more – and there, may affect social equity, healthfulness, environment, or other outcomes. Jointly, the impacts may be particularly unexpected. What forward-looking opportunities can we anticipate, to advance environment, health, equity or other domains? What potential negative consequences should we anticipate and plan for?

In keeping with the “innovation” theme, the workshop planning committee is interested in furthering our effort to understand how these innovations may shape our world by crowd-sourcing audience insights.

**DIRECTIONS:** For each session, please suggest about 3 potential implications for future food system. Ideas about ways multiple innovations will interact with one another are especially appreciated and will summarize the crowd-sourced data. You may email your responses to [clynx@nas.edu](mailto:clynx@nas.edu) or respond via: <http://bit.ly/ffpoll19>

#### DAY 1

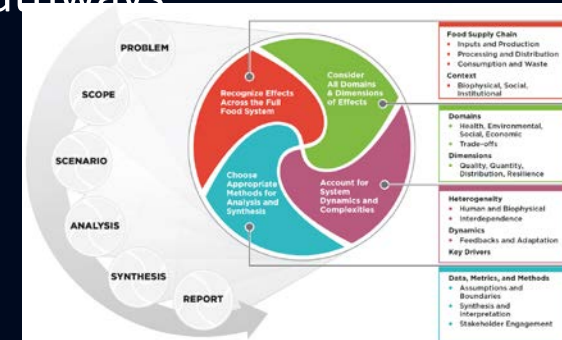
- Session 2: How might the described innovations in food production, processing, and packaging impact the food system?
- Session 3: How might the described innovations in alternative food production impact the food system?
- Session 4: How might the described innovations in food distribution impact the food system?
- Session 5: How might the described innovations in food marketing and food value impact the food system?
- How might the described innovations in cases of food system evolution impact the system?
- What was your biggest Day 1 “a-ha moment” and why?

#### DAY 2

- Session 6: How might the described innovations in food data and analytics impact the

# Principles for Assessing Food System Impacts

- Recognize effects across full food system
  - Full supply chain + economic, biophysical, social/political context
- Consider all domains and dimensions of effects: Health, environmental, social, economic
  - Tradeoffs within and across domains
  - Within each domain, 4 dimensions of effects: quantity, quality, distribution, resilience
- Account for system dynamics and complexities
  - Including effects across time, space, heterogeneous populations
  - Potential role of underlying drivers, interacting pathways
- (Choose appropriate methods)



ONLINE:  
<http://bit.ly/ffpoll19>

OR

The screenshot shows the website of The National Academies of Sciences, Engineering, and Medicine. The header includes the organization's name and the section 'HEALTH AND MEDICINE'. A navigation bar contains links for 'ABOUT US', 'PUBLICATIONS', 'ACTIVITIES', and 'MEETINGS'. A search bar is on the right. The main content area is titled 'Meeting' and features a workshop titled 'Innovations in the Food System: Shaping the Future of Food - A Workshop'. Details include the dates 'August 7, 2019 - August 8, 2019 (9:00 AM Eastern)', the location 'National Academy of Sciences Building (Lecture Room) • 2101 Constitution Avenue, NW, Washington, DC 20418', the topic 'Food and Nutrition', and the activity 'Food Forum'. On the right, there are buttons to 'Attend this Meeting' (with sub-options 'Register for this Meeting' and 'Add This Meeting to Your Calendar') and a section for 'Other Meeting Resources' with links to 'Agenda' and 'Attachments'. A blue arrow points from the 'Attend this Meeting' section to the 'Other Meeting Resources' section in the inset.

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Meeting

Innovations in the Food System: Shaping the Future of Food - A Workshop

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## Other Meeting Resources

- Agenda
- Attachments
- Audience Input Form
- Moderator and Speaker Biosketches

# Wasted Seafood



- Dietary guidelines: eat more seafood
- Often less energy, water, feed vs terrestrial food animals
- But where from?
  - Global fish harvests peaked 1996, declining by 1.2m/yr
  - Aquaculture ½ global seafood supply, but high resource use
- Our prior evidence synthesis: 41-47% US seafood supply wasted
- Largest portion @consumers
- Equivalent to 34% consumption gap
- Lost “nutrient-years”
  - 9.5 million men’s “protein-years”
  - 18.5 million adult “EPA+DHA years”



# Direct From Frozen Seafood

- Seafood often sold in defrosted state
- Pete Pearson WWF: Could we prevent waste by keeping it frozen?
- Drexel Food Lab direct from frozen recipes, consumer-tested
- Initial reaction “not at all willing” commonly changed if chef-tested; will it cost less?; knowledge that most fresh was frozen

## Roasted Tilapia with Creamy Tartar Sauce

Serves: 4

- 2 tablespoons olive oil
- 4 frozen tilapia fillets
- 1-pound red potatoes, halved
- 1 bunch asparagus, ends trimmed
- 1 lemon, juiced
- 2 teaspoons old bay seasoning
- 1 cup plain Greek yogurt
- ½ cup pickle relish
- Salt and pepper to taste

1. Preheat oven to 350 degrees.
2. On a baking sheet tray, drizzle olive oil. Place tilapia on one section of the tray, potatoes on another section and asparagus in remaining section. Season with lemon juice, old bay, salt and pepper.
3. Place sheet tray in oven and roast for about 30 minutes, or until fish is cooked through and potatoes are tender.
4. In a small bowl, mix together yogurt and pickle relish. Season with salt and pepper to taste
5. Serve tilapia, potatoes and asparagus with Greek yogurt tartar sauce.







# Example: Direct From Frozen

Effects on:

- Health
  - Environment
  - Society
  - Economy
- Tradeoffs within and across these domains
  - Within each: quantity, quality, distribution, resilience
  - Effects across time, space, heterogeneous populations
  - Potential role of underlying drivers, interacting pathways

# Conclusions:

## Future of the Future of Food

- Innovations will change our future food systems and social systems; vice versa
- Need to assess future innovations with broad food systems and systems lenses
  - Consideration of effects across multiple domains + dimensions of food system
  - Account for systems dynamics and complexities
  - Differential effects
- Hold onto healthy skepticism, sense of urgency, keep close eye on equity effects
- *Looking forward to your input!*

Thank you!

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Johns Hopkins Center for a Livable Future

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*Thanks to Emma Cogan for help with slides*