



Comprehensive Suicide Intervention for LGBTQ Youth at The Trevor Project

Myeshia N Price, PhD (she/they)

Senior Research Scientist

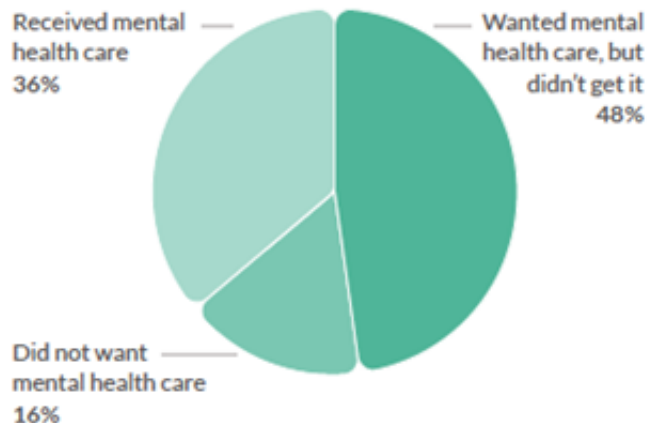
The Trevor Project

Comprehensive Approach



Access to Mental Health Care

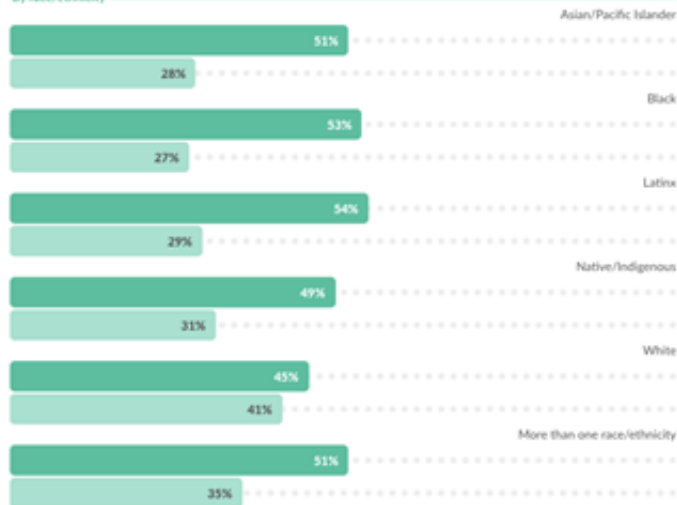
In the past year, nearly half of LGBTQ youth have wanted counseling from a mental health professional, but did not receive it.



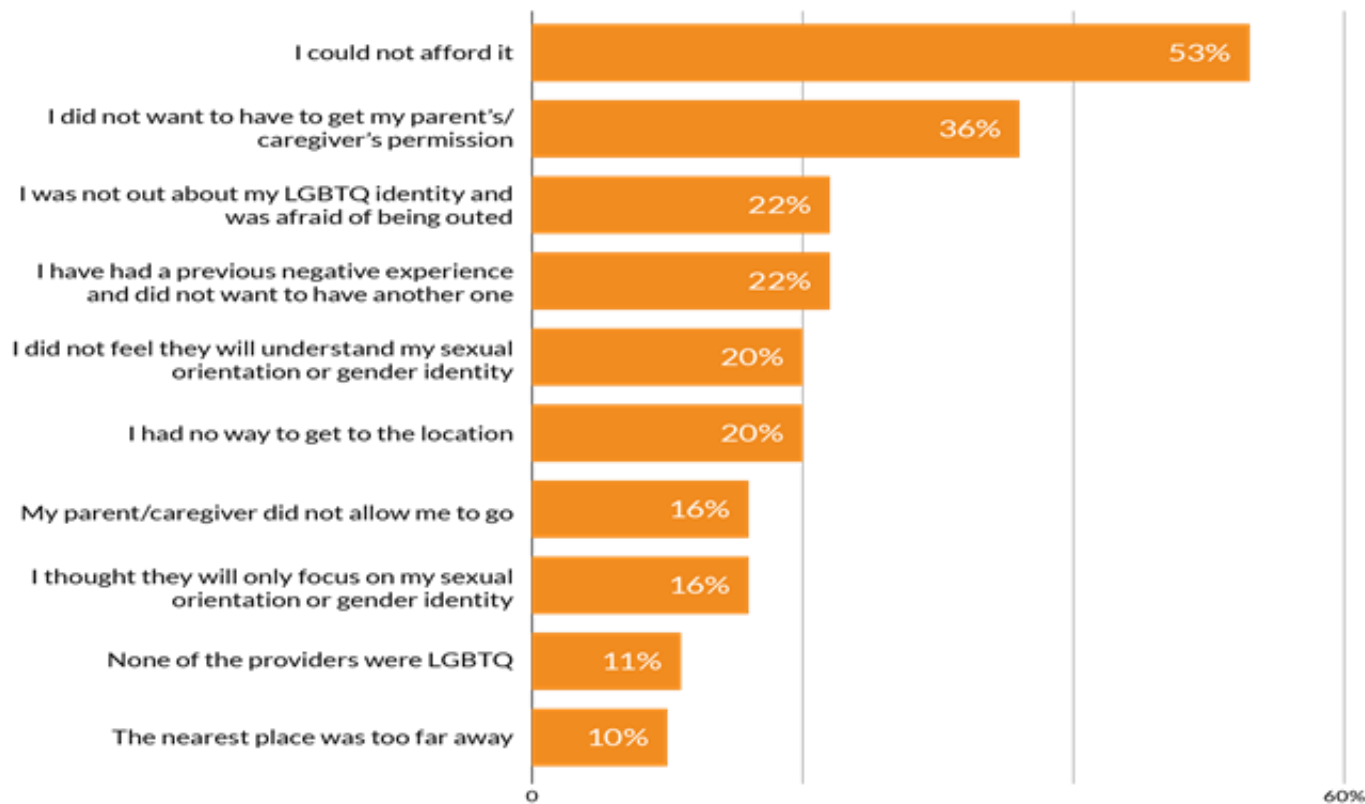
LGBTQ youth who wanted counseling from a mental health professional in the past year:

● Wanted mental health care, but didn't get it ● Received mental health care

By race/ethnicity



Barriers to Mental Health



Green, A.E., Price-Feeney, M. & Dorison, S. (2020). Breaking Barriers to Quality Mental Health Care for LGBTQ Youth. New York, New York: The Trevor Project.

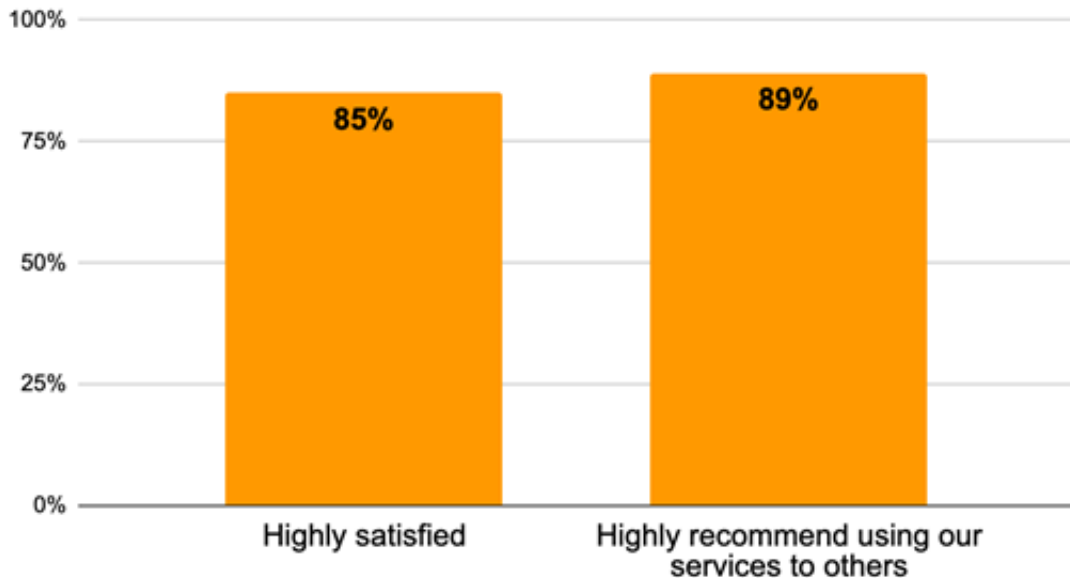
LGBTQ-Specific Crisis Services

- **More than 80%** of LGBTQ youth of all races/ethnicities said it was important that a crisis line include a focus on LGBTQ youth
- Top reason youth reported contacting The Trevor Project was because it is **LGBTQ-affirming**.
- **74% of youth** would not or were unsure if they would have contacted another service



LGBTQ-Specific Crisis Services

LGBTQ Youth Using Our Voice and Chat



Over 90% of youth with suicide risk during their interaction with Trevor were successfully de-escalated and sustained at the one-month follow-up contact

Integrate Technology to Improve Access

Mental health care **should be adapted** to meet the needs of LGBTQ youth

- Expansions in tele-mental health
- Cross-state licensure for mental health professionals
- Synchronous and asynchronous interactions with providers
- Intersectional approaches





Comprehensive Suicide Intervention for LGBTQ Youth at The Trevor Project

Myeshia N Price, PhD (she/they)

myeshia.price@thetrevorproject.org