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Caring for People with Mental Health and Substance Use Disorders in Primary Care Settings

Webinar Series

June 3, July 29, and August 26, 2020

Forum on Mental Health and Substance Use Disorders



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FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

August 26, 2020

Dear Colleagues:

Welcome to the third webinar of *Caring for People with Mental Health and Substance Use Disorders in Primary Care Settings: A Virtual Workshop*, an activity hosted by the Forum on Mental Health and Substance Use Disorders at the National Academies of Sciences, Engineering, and Medicine.

The virtual workshop examines approaches to facilitate the delivery of essential components of care for people with mental health and substance use disorders in primary care settings using several illustrative conditions, such as depression, alcohol use disorders, and substance use disorders. The third webinar will explore improving the workforce to support the provision of the essential components of care and will also focus on addressing financing, payment, practice, and systems-level issues, policies, and incentives to support provision of essential components of care.

Due to restrictions on travel and public gatherings as a result of the COVID-19 pandemic, the workshop originally scheduled to be held in-person in Washington, DC, has been converted into a series of webinars to be held on June 3, 2020, July 29, 2020, and August 26, 2020.

A recording of the first webinar held on June 3, 2020 can be viewed here:

<https://www.nationalacademies.org/event/06-03-2020/care-models-and-payment-strategies-to-facilitate-the-delivery-of-essential-components-of-care-for-people-with-mental-health-and-substance-use-disorders-a-workshop>

A recording of the second webinar held on July 29, 2020 can be viewed here:

<https://www.nationalacademies.org/event/07-29-2020/caring-for-people-with-mental-health-and-substance-use-disorders-in-primary-care-settings-second-webinar>

A summary of this workshop will be published by the National Academies Press. The webinar's meeting materials as well as a video archive of the webinar will be available at:

<https://www.nationalacademies.org/event/08-26-2020/caring-for-people-with-mental-health-and-substance-use-disorders-in-primary-care-settings-third-webinar>

We hope you will find the workshop presentations informative, thought-provoking, and inspiring, and that the suggestions made by the workshop participants will contribute to improved care and informed policymaking regarding people living with mental health and substance use disorders.

Sincerely,

Deidra Roach, MD (Co-Chair)
Medical Project Officer
National Institute on Alcohol Abuse and
Alcoholism
Division of Treatment and Recovery Research

Ruth Shim, MD, MPH (Co-Chair)
Luke & Grace Kim Professor in Cultural
Psychiatry
Associate Professor, Department of
Psychiatry and Behavioral Sciences
University of California, Davis

FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

**Caring for People with Mental Health and Substance Use Disorders
in Primary Care Settings: A Virtual Workshop**

Part 3
August 26, 2020
12:00-3:30 PM ET

WEBINAR NOTES

- Join the webcast via this link:
<https://nasem.zoom.us/j/97202946936?pwd=Y1dVajVtc2Q2ZmlaL2tBVVFqci9TUT09>
- An archive of the video webcast and presentation slides will be available at:
<https://www.nationalacademies.org/event/08-26-2020/caring-for-people-with-mental-health-and-substance-use-disorders-in-primary-care-settings-third-webinar>
- Proceedings of the workshop will be published following National Academies procedures. Rapporteurs will compose the proceedings from the workshop transcript and external reviewers will examine the proceedings to make sure it accurately reflects workshop discussions and conforms to institutional policies.
- Interested in receiving updates from the Forum on Mental Health and Substance Use Disorders or the National Academies of Sciences, Engineering, and Medicine's Health and Medicine Division?

Sign up for the **Forum** listserv at:

<https://nationalacademies.us8.list-manage.com/subscribe?u=ab74d126b7d2db12591de5c2c&id=211686812e>

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FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

**Caring for People with Mental Health and Substance Use Disorders
in Primary Care Settings: A Webinar Series**

Part Three

AUGUST 26, 2020	
12:00 – 3:30 PM	
12:00 PM	<p>Welcome from the Forum on Mental Health and Substance Use Disorders</p> <p>Colleen L. Barry, PhD, MPP Fred and Julie Soper Professor and Chair, Department of Health Policy and Management, Johns Hopkins Bloomberg School of Public Health Co-Director, Johns Hopkins Center for Mental Health and Addiction Policy Research</p> <p>Howard Goldman, MD, PhD Professor of Psychiatry University of Maryland at Baltimore, School of Medicine</p> <p><i>Co-Chairs, Forum on Mental Health and Substance Use Disorders</i></p>
12:05 PM	<p>Welcome and Workshop Overview</p> <p>Deidra Roach, MD Medical Project Officer National Institute on Alcohol Abuse and Alcoholism Division of Treatment and Recovery Research</p> <p>Ruth Shim, MD, MPH Luke & Grace Kim Professor in Cultural Psychiatry Associate Professor, Department of Psychiatry and Behavioral Sciences University of California, Davis</p> <p><i>Co-Chairs, Workshop Planning Committee</i></p>
12:15 PM	<p>Improving the Workforce to Support Provision of Essential Components of Care</p> <p><i>Moderator:</i></p> <p>Alexander Ross, ScD Senior Behavioral Health Advisor Office of Planning, Evaluation, and Analysis, Health Resources and Services Administration, HHS</p>

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	<p><i>Speakers:</i></p> <p>Colleen T. LaBelle, MSN, RN-BC, CARN Boston University School of Medicine, Clinical Addiction Research & Education (CARE) Unit, Program Director, State Technical Assistance Treatment Expansion Office-Based Opioid Treatment with Buprenorphine</p> <p>Phyllis Foxworth Vice President of Advocacy Depression and Bipolar Support Alliance</p> <p>Carla Cobb, PharmD, BCPP Founder and Consultant Capita Consulting</p> <p>Steven J. Ondersma, PhD Professor, Division of Public Health Department of Obstetrics & Gynecology Michigan State University</p> <p>Parinda Khatri, PhD Chief Clinical Officer Cherokee Health Systems</p>
12:55 PM	Panel Discussion
1:25 PM	Audience Q&A
1:55 PM	<p>Addressing Financing, Payment, Practice, and Systems-level Issues, Policies, and Incentives to Support Provision of Essential Components of Care</p> <p><i>Moderator:</i></p> <p>Richard Frank, PhD Professor of Health Economics, Department of Health Care Policy Harvard Medical School</p> <p><i>Speakers:</i></p> <p>Robert L. Phillips Jr., MD, MSPH Vice President for Research and Policy American Board of Family Medicine</p>

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	<p>Sharon Reif, PhD Senior Scientist and Deputy Director, Institute for Behavioral Health Heller School for Social Policy and Management Brandeis University</p> <p>Kirsten Beronio, JD Director of Policy and Regulatory Affairs National Association for Behavioral Healthcare</p> <p>David Smith, MS CEO and Founder Third Horizon Strategies</p>
2:30 PM	Panel Discussion
3:00 PM	Audience Q&A
3:25 PM	Closing Remarks
3:30 PM	Adjourn

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in Primary Care Settings: A Virtual Workshop**

Part 3 Speakers and Panelists

Colleen L. Barry, PhD, MPP (*Forum Co-Chair*)

Fred and Julie Soper Professor and Chair
Department of Health Policy and
Management
Johns Hopkins Bloomberg School of Public
Health
Co-Director, Johns Hopkins Center for Mental
Health and
Addiction Policy Research

Kirsten Beronio, JD

Director of Policy and Regulatory Affairs
National Association for Behavioral
Healthcare

Carla Cobb, PharmD, BCPP

Founder and Consultant
Capita Consulting

Phyllis Foxworth

Advocacy Vice President
Depression and Bipolar Support Alliance

Richard Frank, PhD

Professor of Health Economics,
Department of Health Care Policy
Harvard Medical School

Howard Goldman, MD, PhD (*Forum Co-Chair*)

Professor of Psychiatry
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Parinda Khatri, PhD

Chief Clinical Officer
Cherokee Health Systems

Colleen T. LaBelle, MSN, RN-BC, CARN

Boston University School of Medicine, Clinical
Addiction Research & Education (CARE) Unit,
Program Director, State Technical Assistance
Treatment Expansion Office-Based Opioid
Treatment with Buprenorphine

Steven J. Ondersma, PhD

Professor, Division of Public Health
Department of Obstetrics & Gynecology
Michigan State University

Robert L. Phillips Jr., MD, MSPH

Vice President for Research and Policy
American Board of Family Medicine

Deidra Roach, MD (*Planning Committee Co-Chair*)

Medical Project Officer
National Institute on Alcohol Abuse and
Alcoholism
Division of Treatment and Recovery Research

Alexander Ross, ScD

Senior Behavioral Health Advisor
Office of Planning, Evaluation, and Analysis,
Health Resources and Services
Administration, HHS

Sharon Reif, PhD

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Ruth Shim, MD, MPH (*Planning Committee*

Co-Chair)

Luke & Grace Kim Professor in Cultural

Psychiatry

Professor, Department of Psychiatry and

Behavioral Sciences

University of California, Davis

David Smith, MS

CEO and Founder

Third Horizon Strategies

Caring for People with Mental Health and Substance Use Disorders in Primary Care Settings: A Virtual Workshop

PART 3 SPEAKERS AND PANELISTS



Colleen L. Barry PhD, MPP (*Forum Co-Chair*) is the Fred and Julie Soper Professor and Chair of the Department of Health Policy and Management at the Johns Hopkins Bloomberg School of Public Health. She has a joint appointment in the Department of Mental Health. Professor Barry's research focuses on how health and social policies can affect a range of outcomes for individuals with mental illness and substance use disorders, including access to medical care and social services, care quality, health care spending, financial protection and mortality. She is involved in numerous research studies examining the implications of health insurance expansions and health care delivery system reform efforts on the treatment of mental illness and substance use disorders. She also conducts empirical research to understand how communication strategies influence public attitudes about opioid addiction, mental illness, gun policy, and obesity and food policy. One focus of this work is to identify evidence-based approaches to reducing stigma. She has authored over 180 peer-reviewed articles on these topics. Dr. Barry is founding co-Director (with Elizabeth Stuart) of the Johns Hopkins Center for Mental Health and Addiction Policy Research and is a core faculty member in the Johns Hopkins Center for Gun Policy and Research. Professor Barry received her Ph.D. in health policy from Harvard University and her masters degree in public policy from the John F. Kennedy School of Government at Harvard.



Kirsten Beronio, JD has over 20 years of experience in federal policy development focused on improving services and support for individuals with mental health and substance use disorders. Her experience includes leadership positions in the Senate, advocacy organizations, and the executive branch of the federal government. She is currently Director of Policy and Regulatory Affairs for the National Association for Behavioral Healthcare. She previously served as the Senior Policy Advisor for Behavioral Health for the CMS Center for Medicaid and Children's Health Insurance Program (CHIP) Services. Prior to that, Kirsten was the first director of a new division focused on behavioral health policy in the Office of the Assistant Secretary for Planning and Evaluation (ASPE) at the U.S. Department of Health and Human Services (HHS). In addition to leading this new division, Kirsten served as a behavioral health subject matter expert within ASPE where her work focused on federal parity legislation and regulations, implementation of key provisions of the Affordable Care Act, and various healthcare financing policies in Medicaid, Medicare, and CHIP. Before working for HHS, she was Vice President for Federal Policy Development and Advocacy at Mental Health America (MHA). Prior to joining MHA, Kirsten served

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as Medicaid and CHIP Counsel for the United States Senate Finance Committee. She holds a B.A. from Princeton University and a J.D. from Georgetown University.



Carla Cobb PharmD, BCPP is founder and consultant at Capita Consulting. She received her Doctor of Pharmacy degree and completed a residency in psychiatric pharmacy at the University of Texas Health Science Center in San Antonio. She is a board-certified psychiatric pharmacist. She is a founding member and past-president of the College of Psychiatric and Neurologic Pharmacists (CPNP), advocating for access to psychiatric pharmacy services as past-chair of the Government Affairs and Professional Affairs committees and on the Montana Pharmacy Association legislative committee. She recently left an 18-year clinical practice at RiverStone Health, a teaching community health center in Billings, Montana. In her current practice she coaches healthcare teams integrating clinical pharmacy and behavioral health services and trains primary care providers on psychiatric pharmacotherapy.



Phyllis Foxworth is the Advocacy Vice President at the Depression and Bipolar Support Alliance, the leading peer-directed organization for people living with mood disorders. After being diagnosed with a mental health condition in early adulthood, Ms. Foxworth continues to live in wellness and facilitates a weekly DBSA Family & Friends Support Group. Ms. Foxworth is a contributor to the first medical textbook on The Diagnosis and Management of Agitation providing a chapter titled: Patient Rights, Patient, and Family Perspectives on Agitation and is a co-principle investigator on two PCORI projects. Ms. Foxworth has served as a patient representative panelist at several FDA public meetings and directed DBSA in hosting the first externally led patient focused drug development meeting that has focused on mental health.



Richard G. Frank, PhD is the Margaret T. Morris Professor of Health Economics in the Department of Health Care Policy at Harvard Medical School. From 2009 to 2011, he served as the deputy assistant secretary for planning and evaluation at DHHS directing the office of Disability, Aging and Long-Term Care Policy. From 2013 to 2014, he served as a Special Advisor to the Office of the Secretary at the Department of Health and Human Services, and from 2014 to 2016 he served as Assistant Secretary for Planning and Evaluation in the Department of Health and Human Services. His research is focused on the economics of mental health and substance abuse care, long term care financing policy, health care competition, implementation of health reform and disability policy. Dr. Frank served as an editor for the Journal of Health Economics from 2005 to 2014. Dr. Frank was awarded the Georgescu-Roegen Prize from the Southern Economic Association, the Carl A. Taube Award from the American Public Health

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Association, and the Emily Mumford Medal from Columbia University's Department of Psychiatry. In 2011, he received the Distinguished Service Award from the Mental Health Association of Maryland. Dr. Frank also received the John Eisenberg Mentorship Award from the National Research Service Awards. He was elected to the Institute of Medicine (National Academy of Medicine) in 1997. He is co-author with Sherry Glied of the book *Better but Not Well* (Johns Hopkins Press).



Howard H. Goldman, MD, PhD, (*Forum Co-Chair*) is a professor of psychiatry at the University of Maryland School of Medicine. His expertise is in evaluating mental health services and financing programs and policies. Dr. Goldman's recent research has focused on evaluating employment demonstrations for people with severe mental disorders who are connected to the disability programs of the Social Security Administration (SSA). He has also been involved in various studies related to early intervention services for individuals experiencing a first episode of psychosis. In the past he served as principal investigator of the study team conducting the Evaluation of the Implementation and Impact of

Mental Health and Substance Abuse Parity in the Federal Employees Health Benefits program, sponsored by the government. Dr. Goldman served as the senior scientific editor of the Surgeon General's Report on Mental Health from 1997 to 1999, for which he was awarded the Surgeon General's Medallion. During 2002 and 2003, Dr. Goldman was a consultant to the President's New Freedom Commission on Mental Health. From 2004 to 2016 he served as editor of *Psychiatric Services*, a mental health services research and policy journal published monthly by the American Psychiatric Association. He has served on the editorial boards of several other journals, including *Health Affairs*, the *American Journal of Psychiatry* and the *Journal of Mental Health Policy and Economics*. He is a member of the National Academy of Social Insurance, having served on its disability policy panel. Dr Goldman is a member of the NAM, who currently chairs a Standing Committee providing advice to SSA on its disability programs. He has also served as a member or consultant on numerous NASEM consensus committees related to disability policy. Dr. Goldman received joint M.D.-M.P.H. degrees from Harvard University and a Ph.D. in social policy research from the Heller School at Brandeis University.

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Parinda Khatri, PhD is Chief Clinical Officer at Cherokee Health Systems (CHS), a comprehensive community health care organization in Tennessee that is a Federally Qualified Health Center and Community Mental Health Center. As Chief Clinical Officer at Cherokee Health Systems, she provides oversight and guidance on clinical quality, program development and management, workforce development, clinical research, and clinical operations for blended primary care and behavioral health services within the organization. She is also the principal investigator of several research programs at CHS, including the NIH Precision Medicine All of Us Research Program. Dr. Khatri is also involved in integrated healthcare policy and practice issues at the national level. She is past President and Board Member of the Collaborative Family Healthcare Association (CFHA), and on the advisory boards for the National Integration Academy for the Agency for Healthcare Research and Quality (AHRQ), National Center for Integrated Behavioral Health in Primary Care at the University of Pennsylvania, the Center for Integrated Primary Care at the University of Massachusetts, as well as Clinical Advisory Committees for Amerigroup and BlueCare of Tennessee. She is also appointed to the HRSA Advisory Committee on Interdisciplinary and Community-Based Linkages by the U.S. Secretary of Health and Human Services.



Colleen T. LaBelle, MSN, RN-BC, CARN is the Director of Office Based Addiction Treatment (OBAT) Training and Technical Assistance Program for the state of Massachusetts and is the founder and director of Boston Medical Center's (BMC) OBAT Clinic, the largest hospital based primary care practice serving over 800 patients at any given time. She also serves as the Program Director of numerous other grants and projects including two Opioid Addiction Treatment Extension for Community Healthcare Outcomes (ECHO) at BMC. She has led the replication of this model in clinics across Massachusetts through training and ongoing technical assistance to community-based health care providers. Dissemination of the Massachusetts Model is underway at the national level; informally and formally through a NIDA CTN grant into six health systems. Ms. LaBelle has been a key participant in promoting this effective treatment modality through publications, national conference and federal agencies presentations, development of best-practice protocols disseminated by the Substance Abuse and Mental Health Services Administration and NIDA. LaBelle has over 30 years of clinical experience treating HIV and addiction and over a decade of experience advising health care organizations on how to build addiction treatment into their programs. She is a member of the Massachusetts Board of Nursing, Governor Baker's Opioid Working Task Force and the Vice President of the Addictions Nursing Certification Board. In recognition of her work to improve and expand treatments for patients with addiction, Colleen received the 2018 Innovators in Health Award from the Network for Excellence in Health Innovation, the 2017 Betty Ford Award from the

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Association for Medical Education and Research in Substance Abuse (AMERSA), and the 2016 Lillian Carter Exemplary Acts in Nursing Award from Modern Healthcare in partnership with the Lillian Carter Center for Global Health & Social Responsibility at the Emory University School of Nursing, in addition to many other awards and recognitions. Ms. LaBelle is board certified in addiction nursing and pain management.



Steven Ondersma, PhD is a Professor in the Department of Obstetrics & Gynecology and the Division of Public Health at Michigan State University. His primary interest is in population-level interventions promoting maternal and child health in underserved communities, particularly via technology-based brief interventions for substance use in the perinatal period. He is a Fellow of the American Psychological Association (Division 37), former Editor of the journal *Child Maltreatment*, and a member of the Motivational Interviewing Network of Trainers. He currently co-chairs the Neonatal Opioid Withdrawal Syndrome subgroup of the NIH's Environmental Influences on Child Health Outcomes (ECHO) initiative. He has led multiple NIH and CDC studies focusing on the development, validation, and implementation of

novel screening techniques and electronic/mobile (mHealth) interventions in healthcare settings. He is also the developer of the Computerized Intervention Authoring System (CIAS 3.0), an NIH-funded, free research resource facilitating development of interactive and sophisticated digital interventions for any platform.



Robert Phillips Jr., MD, MSPH is a graduate of the Missouri University of Science and Technology and the University of Florida College of Medicine where he graduated with honors for special distinction. He completed training in family medicine at the University of Missouri in 1998, followed by a two-year fellowship in health services research and public health. After fellowship, Dr. Phillips became assistant director of the Robert Graham Center, Washington DC, and from 2004-2012, he served as its Director. In 2012, he moved to the American Board of Family Medicine (ABFM) as Vice President for Research and Policy where he led the launch of a national clinical registry. Dr. Phillips currently practices part-time in a community-based

residency program in Fairfax, VA, and is Professor of Family Medicine at Georgetown University and Virginia Commonwealth University. He served on the American Medical Association's Council on Medical Education and as president of the National Residency Matching Program. From 2006-10, he was vice chair of the US Council on Graduate Medical Education, and from 2015-2019 he served on the National Committee for Vital and Health Statistics as co-chair of Population Health. Dr. Phillips currently serves as co-chair of the National Academy of Science, Engineering, and Medicine consensus study on Implementing High-Quality Primary Care. He served as a Fulbright

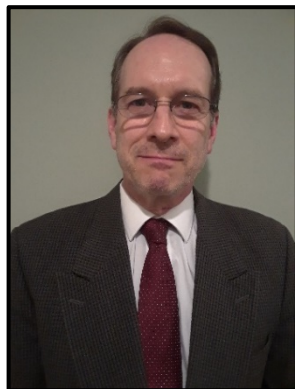
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Specialist to the Netherlands in 2012 and New Zealand in 2016. A nationally recognized leader on primary care policy and health care reform, Dr. Phillips was elected to the National Academy of Medicine in 2010. In 2018, Dr. Phillips was named the founding Executive Director of the Center for Professionalism and Value in Health Care.



Deidra Roach, MD (*Planning Committee Co-Chair*) has more than 30 years of experience in the field of addiction treatment. She currently serves as a medical project officer for the National Institute on Alcohol Abuse and Alcoholism where, among other responsibilities, she manages research portfolios addressing the treatment of co-occurring mental health and alcohol use disorder and alcohol-related HIV/AIDS among women. She also serves on the Interagency Coordinating Committee on Fetal Alcohol Spectrum Disorders (ICCFASD), the NIH Coordinating Committee for Research on Women's Health, and the Extramural Advisory Work Group, Subcommittee on Inclusion Governance, a trans-NIH committee to advise the Office of the Director/NIH on matters related to ensuring diversity in research participation. Dr. Roach co-chairs the Interagency Work Group on Drinking and Drug Use in Women and Girls, a trans-DHHS committee which promotes collaborative research and other activities focused on the prevention and treatment of substance use and co-occurring mental health disorders among women and girls.



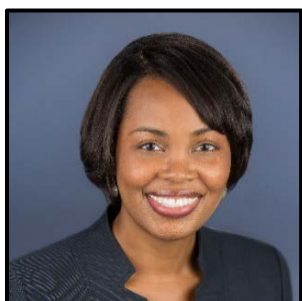
Alexander Ross, ScD is senior advisor on behavioral health in the Office of Planning, Analysis and Evaluation, at the Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Service. Alex supports HRSA Bureaus and Offices fostering the integration of behavioral health and primary care. Dr. Ross' work has included an emphasis on financing issues regarding behavioral health/primary care services and assuring that an appropriately trained health care workforce is available to meet the Nation's needs. In addition to his current work, Dr. Ross has held positions at HRSA in the Office of Planning and Evaluation, the Bureau of HIV/AIDS, and the Office of Public Health Practice. Alex has a Doctor of Science Degree in Health Policy from The Johns Hopkins University Bloomberg School of Hygiene and Public Health.

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Sharon Reif, Ph.D. is a Senior Scientist at the Heller School for Social Policy and Management, Brandeis University, and Deputy Director of its Institute for Behavioral Health. Dr. Reif has over 25 years of experience conducting health services research related to substance use treatment, focused on the treatment system and how it relates to access to and quality of care, as well as outcomes and recovery. Dr. Reif has been PI or co-investigator on numerous health services research studies, including medications for treating addiction; systems approaches to improve treatment for opioid use disorders and other substance use disorders; access to behavioral health services; the role of incentives in driving quality; the impact of health reform and parity on behavioral health service delivery; and the intersection of substance use disorders with other disabilities. Her research interests extend to wellness and to the intersection of chronic medical problems, including pain, with alcohol and drug use and misuse; stigma; and recovery from addiction. Dr. Reif is the Deputy Director of the Brandeis/Harvard NIDA Center to Improve System Performance of Substance Use Disorder Treatment. She teaches courses on research ethics for doctoral students and behavioral health for undergraduates and is Deputy Director of the National Institute on Alcohol Abuse and Alcoholism (NIAAA) doctoral training program at the Heller School.



Ruth Shim, MD, MPH (*Planning Committee Co-Chair*) is holder of the Luke & Grace Kim Professorship in Cultural Psychiatry in the Department of Psychiatry and Behavioral Sciences at the University of California, Davis School of Medicine. She is an Associate Professor of Clinical Psychiatry, Director of Cultural Psychiatry, and Chair of the Vice Chancellor's Advisory Committee on Faculty Excellence in Diversity at UC Davis Health. Dr. Shim received an MPH in health policy from Rollins School of Public Health at Emory University and an MD from Emory University School of Medicine. She is a member of the Board of Trustees of the Robert Wood Johnson Foundation and the American Association of Community Psychiatrists. She serves on the Editorial Boards of Psychiatric Services, Community Mental Health Journal, and American Psychiatric Publishing, and is co-editor of the book, *The Social Determinants of Mental Health*. She is also a 2018-2019 Fellow of the Executive Leadership in Academic Medicine (ELAM) Program. Dr. Shim's research focuses on mental health disparities and inequities, and she provides clinical psychiatric care in the UC Davis Early Diagnosis and Preventative Treatment (EDAPT) Clinic.

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David Smith, MS is the CEO and founder of Third Horizon Strategies (THS), an organization that provides the strategic planning, intelligence sharing, and collaborative problem-solving necessary to shape a future system that actualizes common access to health care, improved efficiency, and a sustainable culture of health. David is an expert in managed care, alternative payment models, and public health. He has established several coalitions focused on these efforts, most notably in the areas of Medicaid payment reform, opioid use disorder treatment, market stabilization, and health care and social disparities. He is the co-founder of the Health Care Council of Chicago (HC3), a group of Chicago-based health care businesses focused on economic development, system transformation, and social disparities. Prior to organizing THS, David was the chief client strategies officer and a partner with Leavitt Partners. David serves on the board of the Sinai Hospital System and HIMSS North America. He is also on the Founder's Council of United States of Care, a non-partisan initiative focused on expanding health care access, and the project executive for the Medicaid Transformation Project. David has a master's of statistics in econometrics from the University of Utah and a bachelor's degree in business management from Utah Valley University.

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PLANNING COMMITTEE ROSTER

Deidra Roach, MD (Co-Chair)

Medical Project Officer
National Institute on Alcohol Abuse and
Alcoholism
Division of Treatment and Recovery Research

Ruth Shim, MD, MPH (Co-Chair)

Luke & Grace Kim Professor in Cultural
Psychiatry
Professor, Department of Psychiatry and
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Richard Frank, PhD

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Matthew Tierney, MS, NP, FAAN

Associate Clinical Faculty,
UCSF School of Nursing
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Association*

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PLANNING COMMITTEE BIOGRAPHIES



Deidra Roach, MD (Co-Chair) has more than 30 years of experience in the field of addiction treatment. She currently serves as a medical project officer for the National Institute on Alcohol Abuse and Alcoholism where, among other responsibilities, she manages research portfolios addressing the treatment of co-occurring mental health and alcohol use disorder and alcohol-related HIV/AIDS among women. She also serves on the Interagency Coordinating Committee on Fetal Alcohol Spectrum Disorders (ICCFASD), the NIH Coordinating Committee for Research on Women's

Health, and the Extramural Advisory Work Group, Subcommittee on Inclusion Governance, a trans-NIH committee to advise the Office of the Director/NIH on matters related to ensuring diversity in research participation. Dr. Roach co-chairs the Interagency Work Group on Drinking and Drug Use in Women and Girls, a trans-DHHS committee which promotes collaborative research and other activities focused on the prevention and treatment of substance use and co-occurring mental health disorders among women and girls.



Ruth Shim, MD, MPH (Co-Chair) is holder of the Luke & Grace Kim Professorship in Cultural Psychiatry in the Department of Psychiatry and Behavioral Sciences at the University of California, Davis School of Medicine. She is an Associate Professor of Clinical Psychiatry, Director of Cultural Psychiatry, and Chair of the Vice Chancellor's Advisory Committee on Faculty Excellence in Diversity at UC Davis Health. Dr. Shim received an MPH in health policy from Rollins School of Public Health at Emory University and an MD from Emory University School of Medicine. She is a

member of the Board of Trustees of the Robert Wood Johnson Foundation and the American Association of Community Psychiatrists. She serves on the Editorial Boards of *Psychiatric Services*, *Community Mental Health Journal*, and *American Psychiatric Publishing*, and is co-editor of the book, *The Social Determinants of Mental Health*. She is a 2018-2019 Fellow of the Executive Leadership in Academic Medicine (ELAM) Program. Dr. Shim's research focuses on mental health disparities and inequities, and she provides clinical psychiatric care in the UC Davis Early Diagnosis and Preventative Treatment (EDAPT) Clinic.

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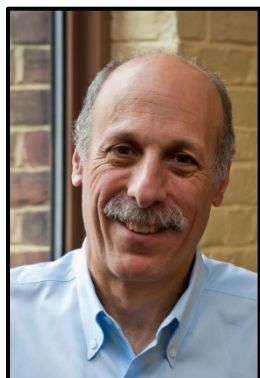


Jeffrey A. Buck, PhD is the Program Lead for the Inpatient Psychiatric Facility (IPF) Quality Reporting Program and the Senior Advisor for Behavioral Health in the Center for Clinical Standards and Quality (CCSQ) at the Centers for Medicare & Medicaid Services (CMS). He serves as the subject matter expert for the QIO Program's behavioral health work. Previously, he served as a senior advisor with the agency's Center for Strategic Planning. Before coming to CMS, Dr. Buck held senior positions in the Substance Abuse and Mental Health Services Administration (SAMHSA). There, he directed many of SAMHSA's analytic studies of behavioral health services and financing. Dr. Buck's publications have addressed behavioral health issues in the financing and utilization of services, insurance coverage and parity, Medicaid, health care reform and administrative data systems.



W. Perry Dickinson, MD is a Professor in the University of Colorado, Department of Family Medicine, and Director of the Practice Innovation Program at the University of Colorado. He is also the Director of the Colorado Health Extension System (CHES), a statewide cooperative of the major practice transformation organizations, state agencies, and other related groups involved in practice and health system transformation support and community health improvement. The Practice Innovation Program and CHES have provided practice transformation support to over 900 primary care and specialty practices over the past five years in large scale implementation and research projects that include the AHRQ-funded EvidenceNOW Southwest and the CMMI-funded Colorado State Innovation Model and Transforming Clinical Practice initiatives, all with Dr. Dickinson as the principal investigator or director of practice transformation. Dr. Dickinson has led multiple other studies investigating the process of practice transformation, particularly focusing on the implementation of advanced primary care models, self-management support, and integrated behavioral health services in primary care practices. His research expertise particularly lies in the area of health services research and implementation science, often blending traditional research, evaluation, and quality improvement methodologies in studying system and practice changes in response to large-scale transformation projects. Dr. Dickinson is Past President of the Society of Teachers of Family Medicine, the North American Primary Care Research Group, the Board of Directors of the Annals of Family Medicine, and the Council of Academic Family Medicine. He is the 2018 recipient of the Curtis Hames Award, an annual award from the Society of Teachers of Family Medicine and the Curtis Hames Foundation recognizing lifetime contributions to family medicine and primary care research.

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Richard G. Frank, PhD is the Margaret T. Morris Professor of Health Economics in the Department of Health Care Policy at Harvard Medical School. From 2009 to 2011, he served as the deputy assistant secretary for planning and evaluation at DHHS directing the office of Disability, Aging and Long-Term Care Policy. From 2013 to 2014, he served as a Special Advisor to the Office of the Secretary at the Department of Health and Human Services, and from 2014 to 2016 he served as Assistant Secretary for Planning and Evaluation in the Department of Health and Human Services. His research is focused on the economics of mental health and substance abuse care, long term care financing policy, health care competition, implementation of health reform and disability policy. Dr. Frank served as an editor for the *Journal of Health Economics* from 2005 to 2014. Dr. Frank was awarded the Georgescu-Roegen Prize from the Southern Economic Association, the Carl A. Taube Award from the American Public Health Association, and the Emily Mumford Medal from Columbia University's Department of Psychiatry. In 2011, he received the Distinguished Service Award from the Mental Health Association of Maryland. Dr. Frank also received the John Eisenberg Mentorship Award from the National Research Service Awards. He was elected to the Institute of Medicine (National Academy of Medicine) in 1997. He is co-author with Sherry Glied of the book *Better but Not Well* (Johns Hopkins Press).



Howard H. Goldman, MD, PhD, is a professor of psychiatry at the University of Maryland School of Medicine. His expertise is in evaluating mental health services and financing programs and policies. Dr. Goldman's recent research has focused on evaluating employment demonstrations for people with severe mental disorders who are connected to the disability programs of the Social Security Administration (SSA). He has also been involved in various studies related to early intervention services for individuals experiencing a first episode of psychosis. In the past he served as principal investigator of the study team conducting the Evaluation of the Implementation and Impact of Mental Health and Substance Abuse Parity in the Federal Employees Health Benefits program, sponsored by the government. Dr. Goldman served as the senior scientific editor of the Surgeon General's Report on Mental Health from 1997 to 1999, for which he was awarded the Surgeon General's Medallion. During 2002 and 2003, Dr. Goldman was a consultant to the President's New Freedom Commission on Mental Health. From 2004 to 2016 he served as editor of *Psychiatric Services*, a mental health services research and policy journal published monthly by the American Psychiatric Association. He has served on the editorial boards of several other journals, including *Health Affairs*, the *American Journal of Psychiatry* and the *Journal of Mental Health Policy and Economics*. He is a member of the National Academy of Social Insurance, having served on its disability policy panel. Dr Goldman is a member of the NAM, who currently chairs a Standing Committee providing advice to SSA on its disability programs. He has also served as a member or consultant on numerous NASEM

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consensus committees related to disability policy. Dr. Goldman received joint M.D.-M.P.H. degrees from Harvard University and a Ph.D. in social policy research from the Heller School at Brandeis University.



Pamela Greenberg, MPP is the President and CEO of the Association for Behavioral Health and Wellness (ABHW); she joined the organization in 1998. ABHW is the leading association working to raise awareness, reduce stigma, and advance federal policy to improve mental health and addiction care. ABHW represents major national and regional health plans who care for more than 200 million people. Pamela serves on the Editorial Board of the Bloomberg BNA Health Insurance Report and is a liaison to the National Committee for Quality Assurance Standards Committee. In 2015, Ms. Greenberg joined the Advisory Board of Landmark Health, a company that provides home-based medical care to individuals with multiple chronic conditions, and in 2017 she joined InnovaTel Telepsychiatry's Strategic Advisory Board. She was the Chair of the Coalition for Fairness in Mental Illness Coverage, one of the leading Coalitions that helped develop, advocate for, and get the Wellstone-Domenici Mental Health Parity and Addiction Equity Act of 2008 signed in to law. Additionally, Pamela served as President of The College for Behavioral Health Leadership. Prior to joining ABHW Pamela was the Deputy Director of Federal Affairs for America's Health Insurance Plans (AHIP). Before joining AHIP Ms. Greenberg was a Legislative Assistant at Capitol Associates, a healthcare consulting firm in Washington, D.C. Pamela has a B.A. from Mount Holyoke College and a Masters in Public Policy from Georgetown University.



Caren Howard currently serves as Advocacy Manager for Mental Health America, and she has 12 years' experience in legislative, political campaign and advocacy work. As Advocacy Manager, Howard builds the MHA Regional Policy Council's four yearly conferences; advises strategy for influencing federal and state policymakers on a wide range of health and social issues including health care, education, and criminal justice; and facilitates relationship-building between

MHA affiliates and their state and local elected officials through MHA's Back Home Campaign and Hill Day programs. Howard joined MHA in January 2017 after working as a top fundraiser for several members of the House of Representatives. Prior to fundraising, Howard worked on Capitol Hill serving her hometown representative, Congressman John P. Sarbanes, and former Majority Leader Congressman Steny H. Hoyer. She worked with the successful coordinated campaign in New Mexico during the 2008 election cycle. Howard earned a B.A. in Political Science at Spelman College, the nation's top-ranked Historically Black College and University for ten years. She resides in Takoma Park, Maryland and continues involvement in her hometown school and community affairs in Columbia, Maryland.

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R. Kathryn McHugh, PhD received her B.A. from Harvard College and her Ph.D. from Boston University. She is currently the Director of the Stress, Anxiety and Substance Use Laboratory at McLean Hospital and an Assistant Professor at Harvard Medical School. Dr. McHugh's research focuses on the nature and treatment of anxiety and substance use disorders. Her work is currently funded by grants from the National Institute on Drug Abuse, including a 5-year grant to develop and test a novel cognitive-behavioral therapy for co-occurring opioid use disorder and anxiety disorders. She has published more than 100 manuscripts and book chapters as well as an edited book published by Oxford University Press on the dissemination and implementation of treatment for psychological disorders. Dr. McHugh is a recipient of a number of awards, including the David Shakow Early Career Award for Distinguished Scientific Contribution to Clinical Psychology and the Theodore Blau Early Career Award for Outstanding Contribution to Professional Clinical Psychology. She is an Associate Editor of the journals *Behavior Therapy* and *Cognitive Therapy and Research* and recently was the Co-Chair of the American Psychological Association Taskforce on Clinical Responses to the Opioid Crisis. Dr. McHugh is also a practicing clinical psychologist, specializing in cognitive-behavioral therapy for the treatment of anxiety, depressive, and substance use disorders.



Kathy Pham, PharmD, BCPPS is the Director of Policy and Professional Affairs at the American College of Clinical Pharmacy (ACCP), a professional and scientific society that provides leadership, education, advocacy, and resources enabling clinical pharmacists to achieve excellence in practice, research, and education. Dr. Pham came to ACCP from the Pew Charitable Trusts, where she served as Senior Officer of the Drug Safety Project. Her previous clinical experience has been in pediatric pharmacy practice, with the majority of that time spent as the NICU clinical specialist and pharmacy residency director at Children's National Medical Center in Washington, D.C. She is also a board-certified pediatric pharmacotherapy specialist. Dr. Pham earned her Doctor of Pharmacy degree from Rutgers, the State University of New Jersey. After completing her pharmacy residency at the University of Illinois at Chicago, she practiced as a pediatric clinical pharmacist and held faculty appointments at various schools of pharmacy including Long Island University, Rutgers, Creighton University, University of Maryland, and Virginia Commonwealth University. Dr. Pham leads ACCP's engagement, collaboration, and communication with medical, pharmacy, other health professional societies, health quality organizations, and payers/purchasers to promote and help achieve medication optimization for individual patients and populations. She participates as the ACCP representative in working groups and task forces of health policy development and research enterprises at the national level that address issues of interprofessional practice, research, and education.

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Martin Rosenzweig, MD is the chief medical officer of Optum Behavioral Health and has been with the organization for almost 20 years. Dr. Rosenzweig is board-certified in psychiatry and a clinical associate in the Department of Psychiatry at the University of Pennsylvania. In addition to his work with Optum, he maintains a role in active clinical practice focused on the treatment of individuals with mood disorders and other psychiatric disorders. He is a Graduate of the University of the Witwatersrand Medical School in Johannesburg, South Africa and completed his residency and psychiatric residency at Pennsylvania hospital and his fellowship in psychopharmacology at the University of Pennsylvania.



Alexander Ross, ScD is senior advisor on behavioral health in the Office of Planning, Analysis and Evaluation, at the Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Service. Alex supports HRSA Bureaus and Offices fostering the integration of behavioral health and primary care. Dr. Ross' work has included an emphasis on financing issues regarding behavioral health/primary care services and assuring that an appropriately trained health care workforce is available to meet the Nation's needs. In addition to his current work, Dr. Ross has held positions at HRSA in the Office of Planning and Evaluation, the Bureau of HIV/AIDS, and the Office of Public Health Practice. Alex has a Doctor of Science Degree in Health Policy from The Johns Hopkins University Bloomberg School of Hygiene and Public Health.



Matthew Tierney, PhD is Associate Clinical Faculty at the UCSF School of Nursing, and is Clinical Director of Substance Use Treatment and Education for the Office of Population Health at UCSF Health. He represents the American Psychiatric Nurses Association (APNA) on this panel. An educator and active clinician for over 2 decades, his work has focused on increasing access to essential substance use and addictions treatment by developing and implementing innovative clinical treatment programs and by empowering the healthcare workforce through education. As a Nurse Practitioner certified in adult primary care and psychiatric-mental health care, his clinical work has focused on providing evidence-based care to vulnerable and highly-stigmatized populations. His work in clinical program development includes helping create and then direct the nation's first clinic focused exclusively on buprenorphine treatment initiation and stabilization. As an educator, he teaches addictions content at numerous health sciences programs at the University of California San Francisco, and he has helped to build the behavioral health workforce nationally and internationally through multiple venues including: the creation of behavioral health scope and standards of practice for nursing; since 2008, teaching the federally-mandated course content to receive the "DEA

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waiver” to prescribe buprenorphine; and through educational service at numerous organizations including IntNSA, AMERSA, ASAM, and APNA, where he was inaugural Chair of the Addictions Council and helped create an educational program that is available free-of-charge to all nurses nationwide, conceived in response to the White House ONDCP’s call to address the opioid overdose epidemic. His current research includes co-investigator status on two grants: one from SAMHSA to expand/enhance access to medication-assisted treatment (MAT) services for persons with opioid use disorder by ensuring the training of students in the medical, physician assistant and nurse practitioner fields; and a grant from the National Council of State Boards of Nursing (NCSBN) examining whether and how state NP scope of practice regulations impact the supply of NPs providing MAT for opioid use disorder. Matthew received a Master of Science Degree from UCSF in 2000.