

Size characteristics of particles generated by people

**World Health
Organization**

**Collaborating
Centre for
Air Pollution
and
Health**

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This presentation

1. The source: particle atomization in respiratory activities
2. Instrumentation and study designs
3. Particle size distribution and emission rates
4. Knowns and unknowns



The source: particle atomization in respiratory activities

Upper respiratory tract

Nasal cavity

Pharynx

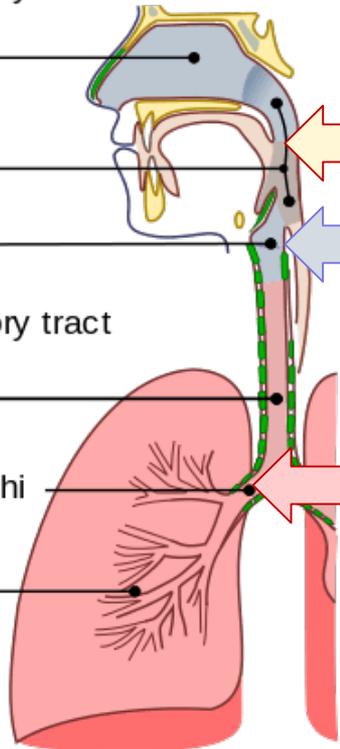
Larynx

Lower respiratory tract

Trachea

Primary bronchi

Lungs



Saliva in the mouth is aerosolised during interaction of the tongue, teeth palate and lips during speech articulation

Fluid bathing the larynx is aerosolised during voicing due to vocal fold vibrations

Fluid blockages form in respiratory bronchioles during exhalation

These burst during subsequent inhalation produce the aerosol

After formation, the droplets undergo process in the respiratory tract before they are respired

Deposition – changing initial size distribution

Surface deformation (Oratis et al. 2020 A new wrinkle on liquid sheets: Turning the mechanism of viscous bubble collapse upside down. *Science*, 369:6504, 2020)

Instrumentation for particle monitoring

Ranging in size over several orders of magnitude

Condensation Particle Counters

Scanning Mobility Particle Sizers

Aerodynamic Particle Counters

Optical Particle Counters/Spectrometers

Real time - in line analysis (air sampled into the instrument)

Laser diffractometers

Fast photography

Real time - detection based on light scattering in the emission plume

Multistage Impactors

Cyclones

Laboratory analysis of the composition

STUDY DESIGNS

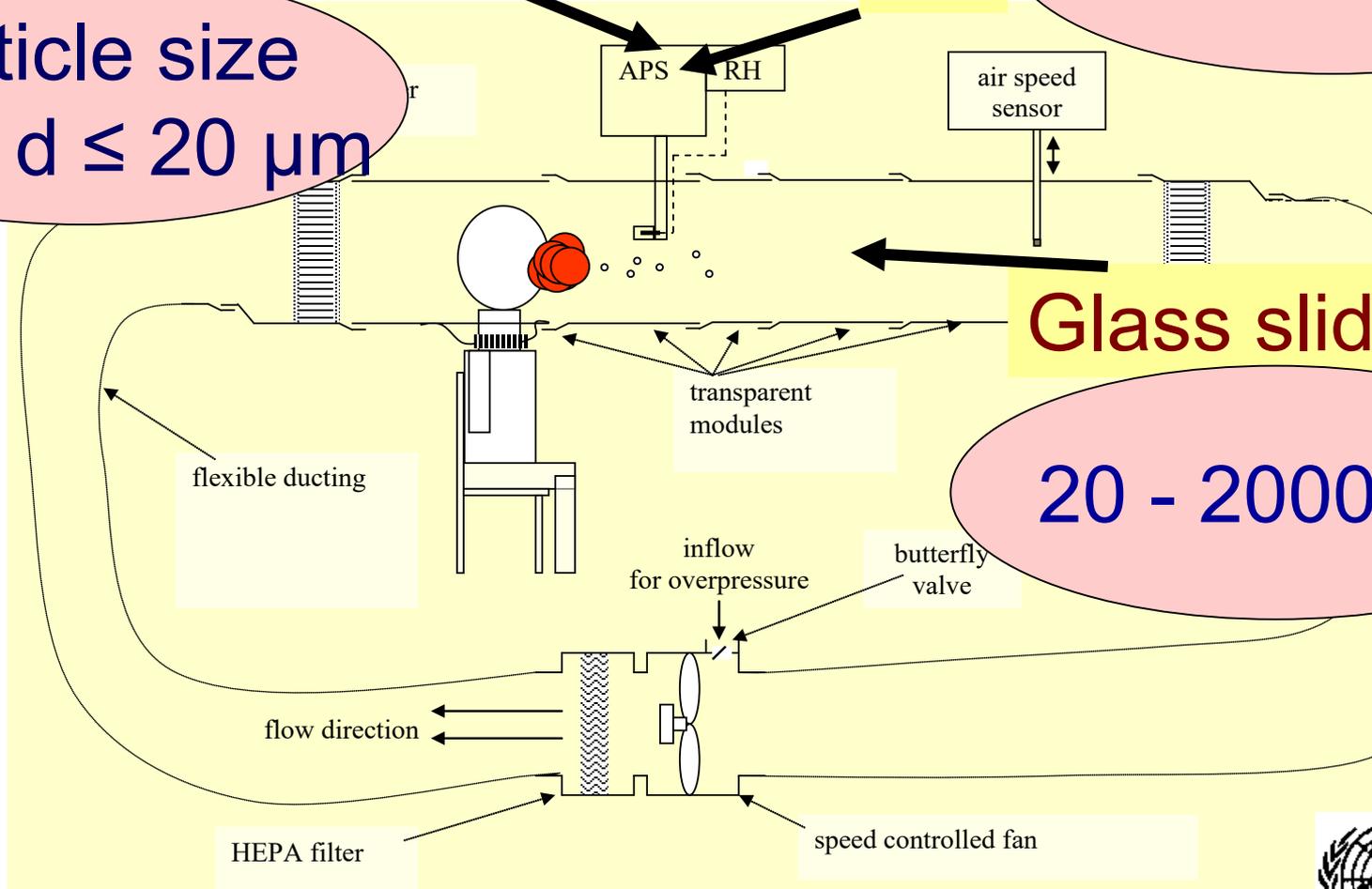
Study designs: 1

UV-APS

IMI

2 - 2000 μm

Particle size
 $0.5 \leq d \leq 20 \mu\text{m}$



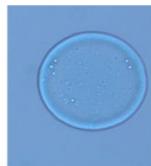
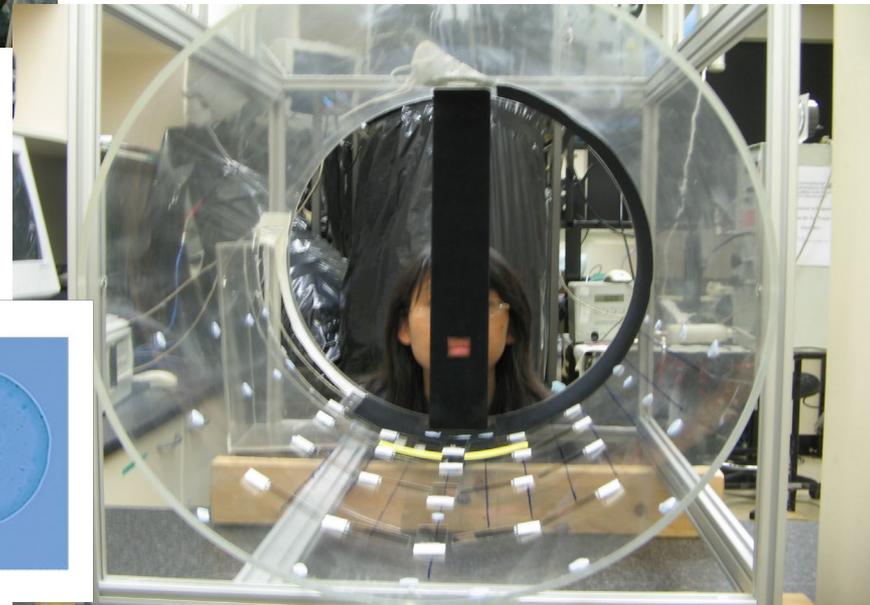
Glass slides

20 - 2000 μm

APS and IMI measurements



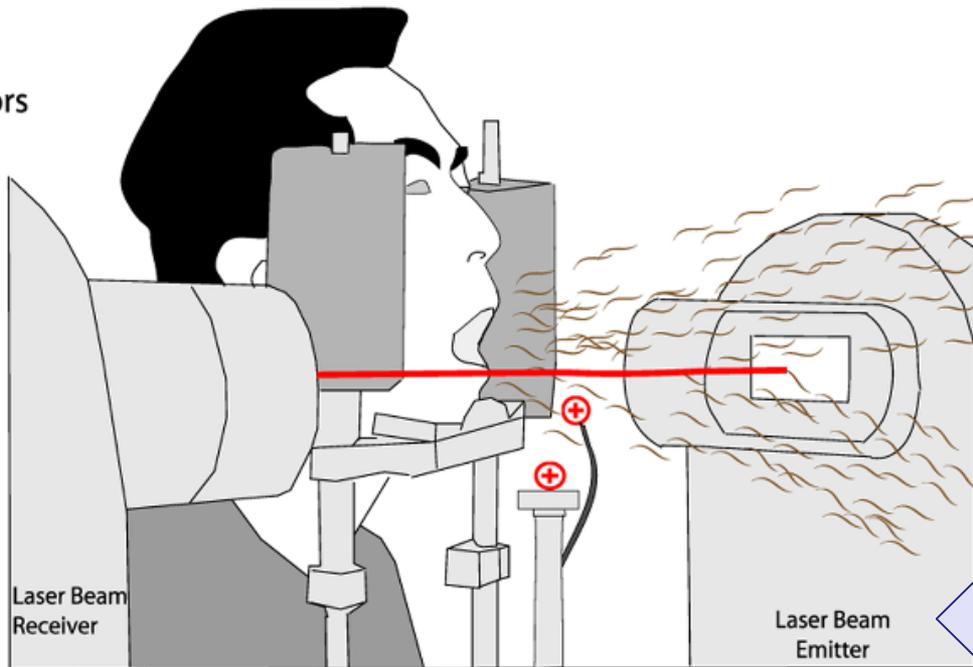
DDA measurements



Study designs: 2

Cough Aerosol Model

⊕ = Sensors

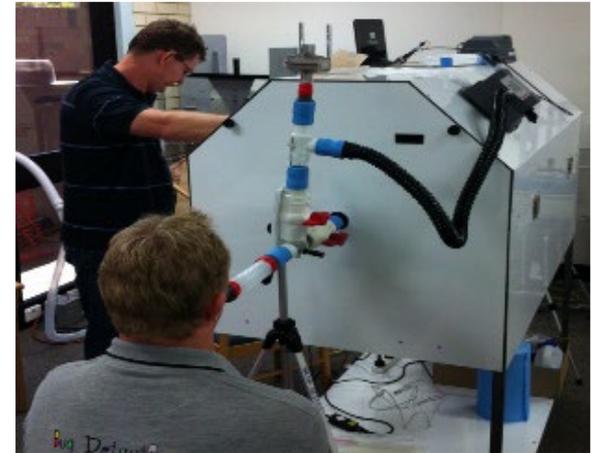
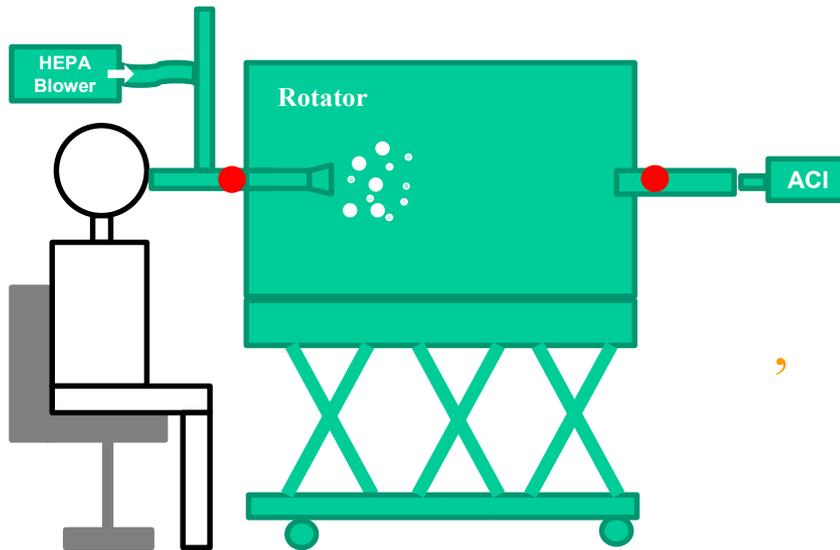


Laser and sensor arrangements for Cough Aerosol direction using a laser diffraction system (Spraytec, Malvern, UK)

Open Bench Cough



Study designs: 3



Johnson et al. 2016. A novel method and its application to measuring pathogen decay in bioaerosols from patients with respiratory disease; *PloS One*

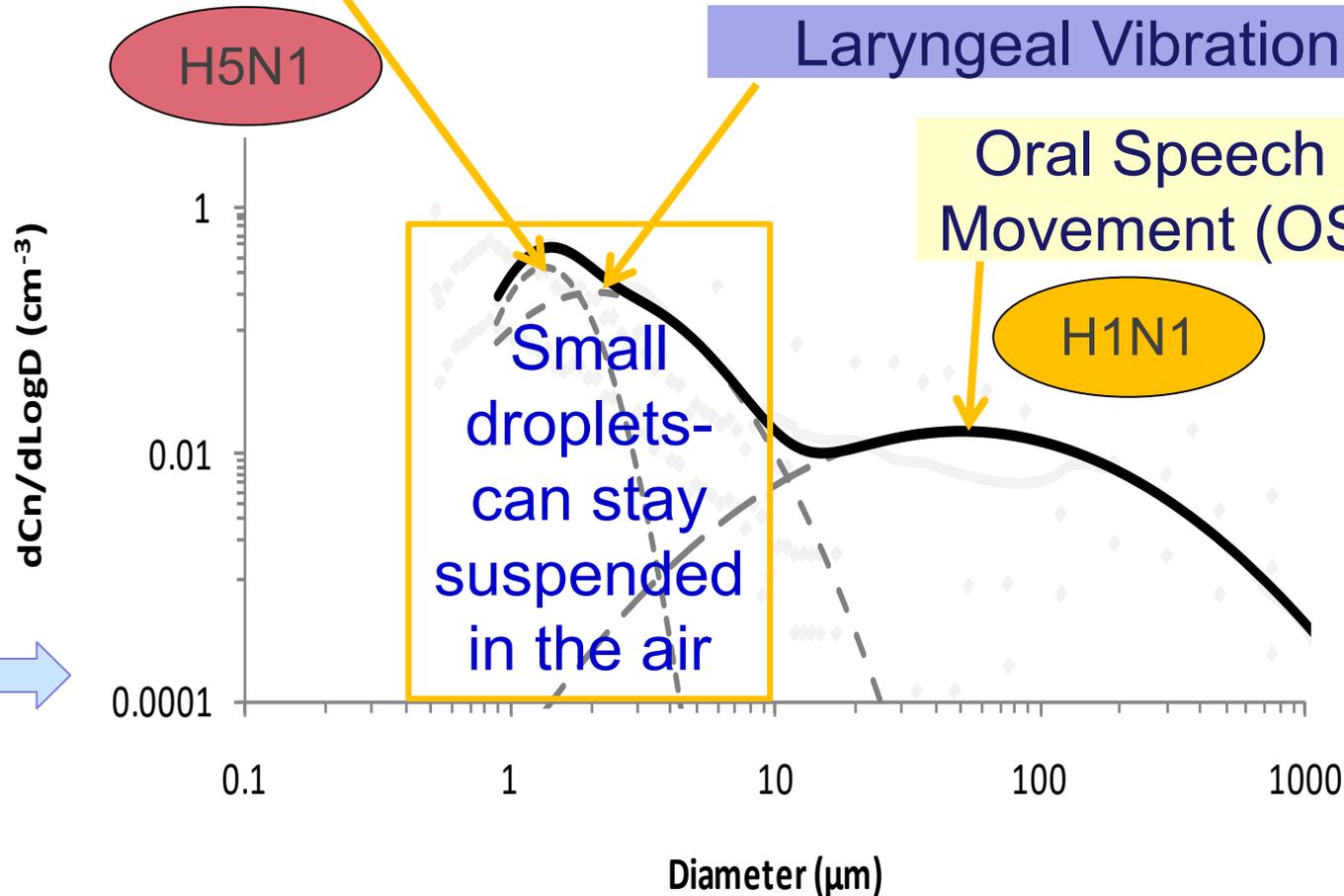
SIZE DISTRIBUTIONS

Number size distribution: speech

Bronchial Fluid Film Burst Mode (BFFB)

Laryngeal Vibration (LV) Mode

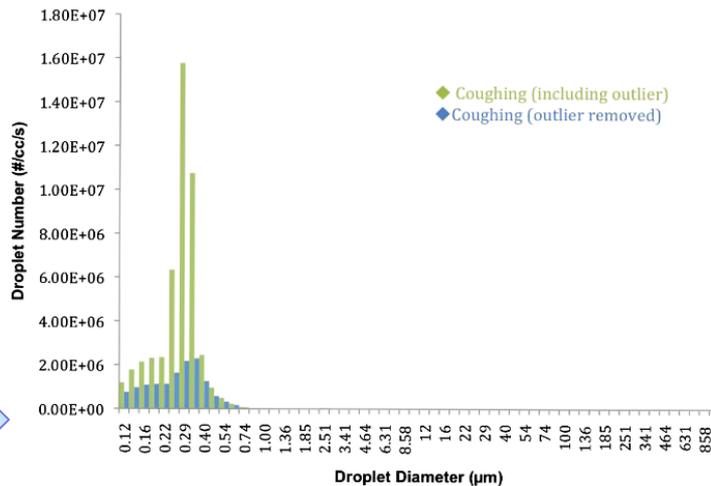
Oral Speech Articulation Movement (OSAM) Mode



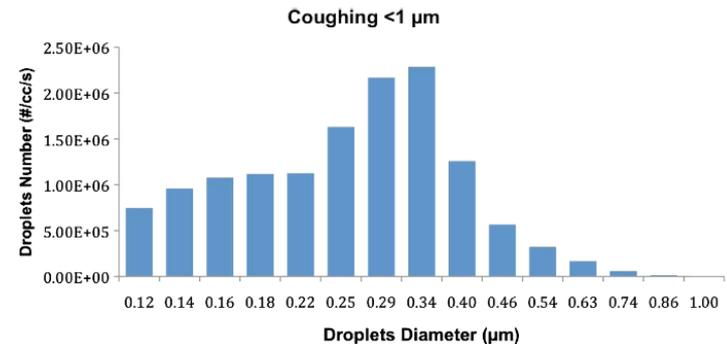
Number size distribution: cough

Full spectrum characterization of cough aerosol number versus droplets diameter per second

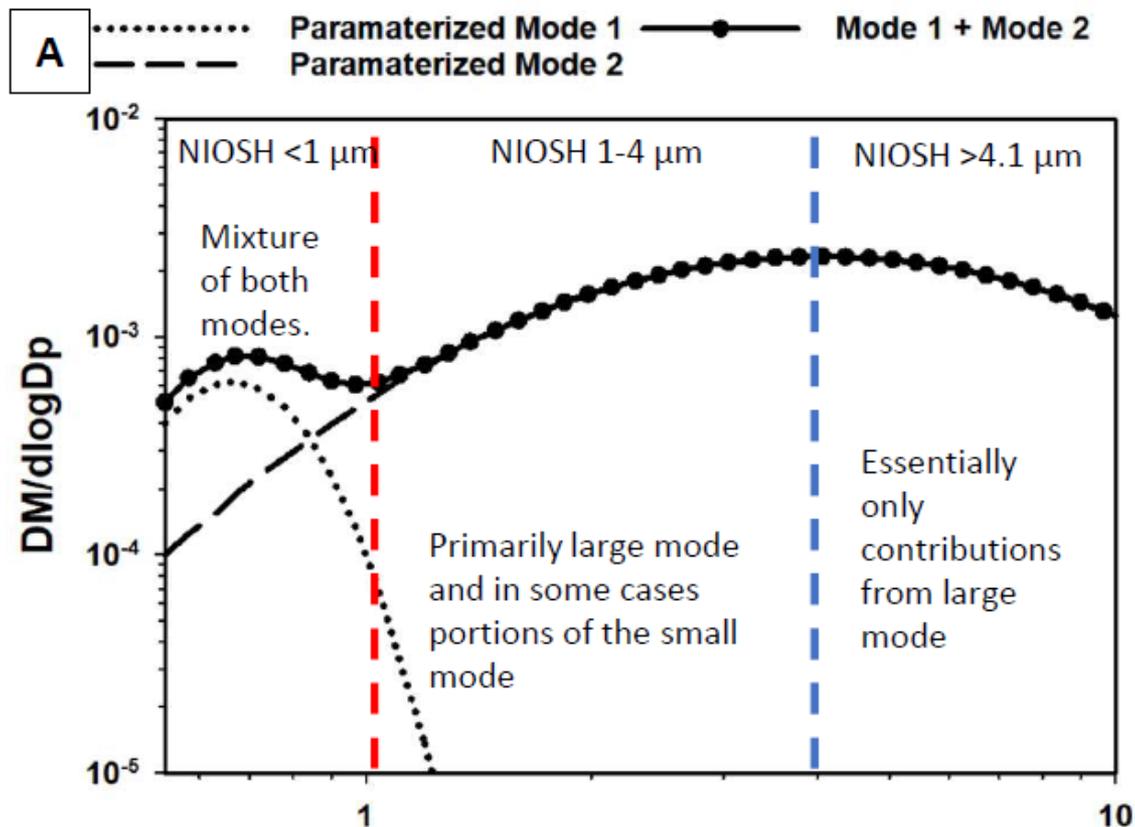
Quantities of measured droplets in size category $< 1 \mu\text{m}$ per second



Note:
the
scale



Mass size distributions - mixed acuity COVID-19 rooms

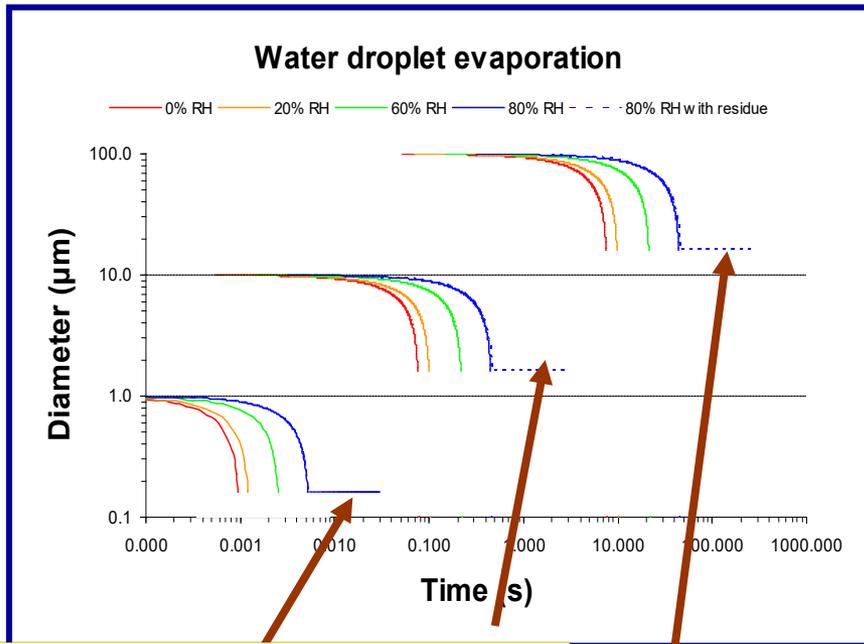


Aerosol size distribution:
Aerodynamic Particle Sizer
(TSI APS 3321)
0.542- 20 μm , 52 size bins

Sample collection for
virology testing:
NIOSH BC251 sampler
3 stages, cut-off sizes - the
red and blue lines

Droplets versus droplet nuclei

Respiratory liquids are water based



Evaporate very fast!

Composition of respiratory droplets:

- Water
- Salts
- Mucus
- Pathogens

Evaporate very fast!

The process more complex than for salt solution

Evaporation to ~ 30 to 50% of the initial size (Nicas et al., 2005)

Droplet nuclei (of 0.86% NaCl solutions)

Morawska, L. 2006. Droplet Fate in Indoor Environments. *Journal of Aerosol Medicine and the Respiratory Pathogens*. pp.143-150

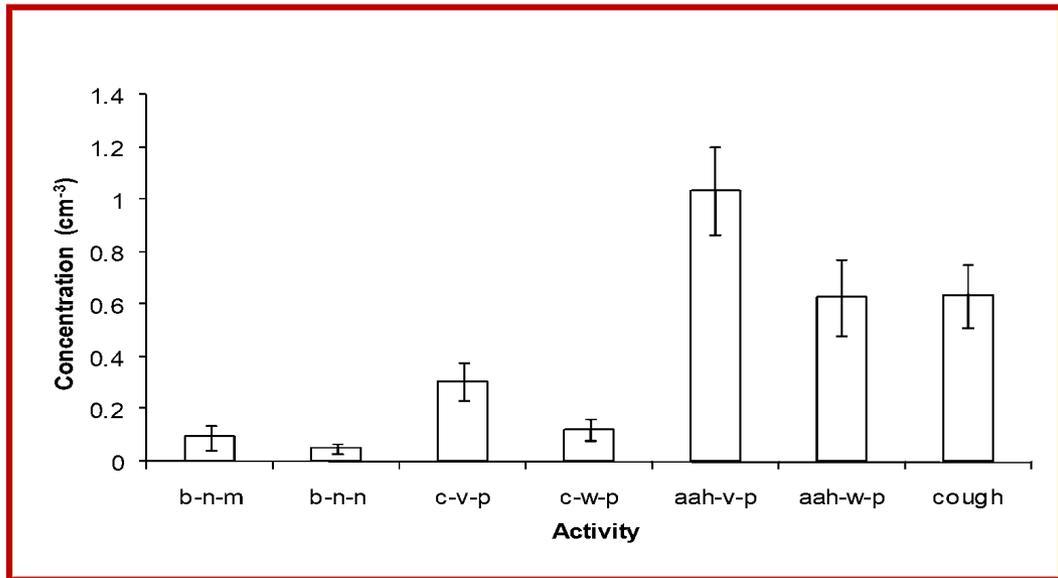
Nicas et al., 2005. Toward understanding the risk of secondary

What we measure is usually already droplet nuclei

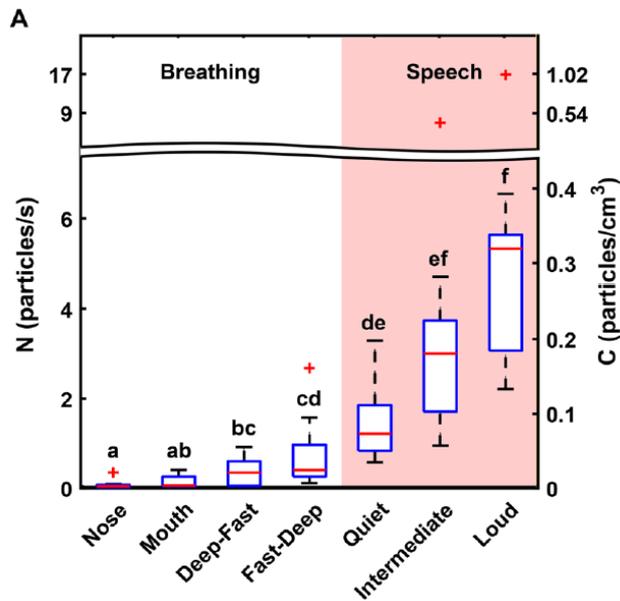
EMISION RATES

Concentration of particles - respiratory activities

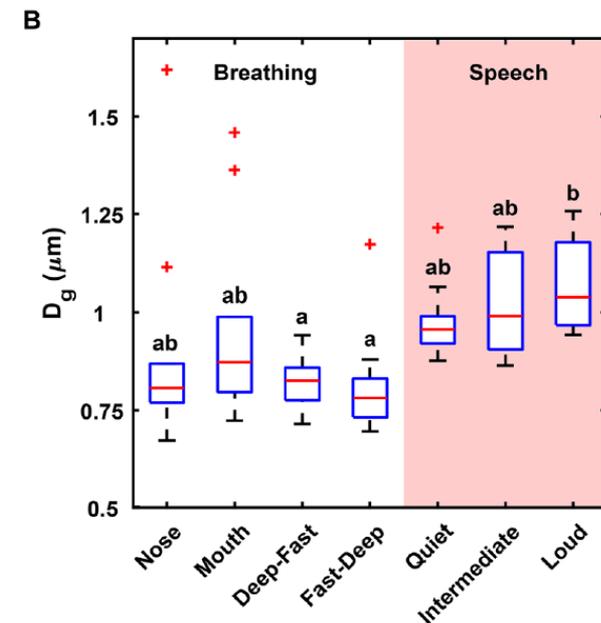
b – breathing
n- nose
m – mouth
c- counting
v- voice
w- whisper



Concentrations/emission rates: breathing and speech



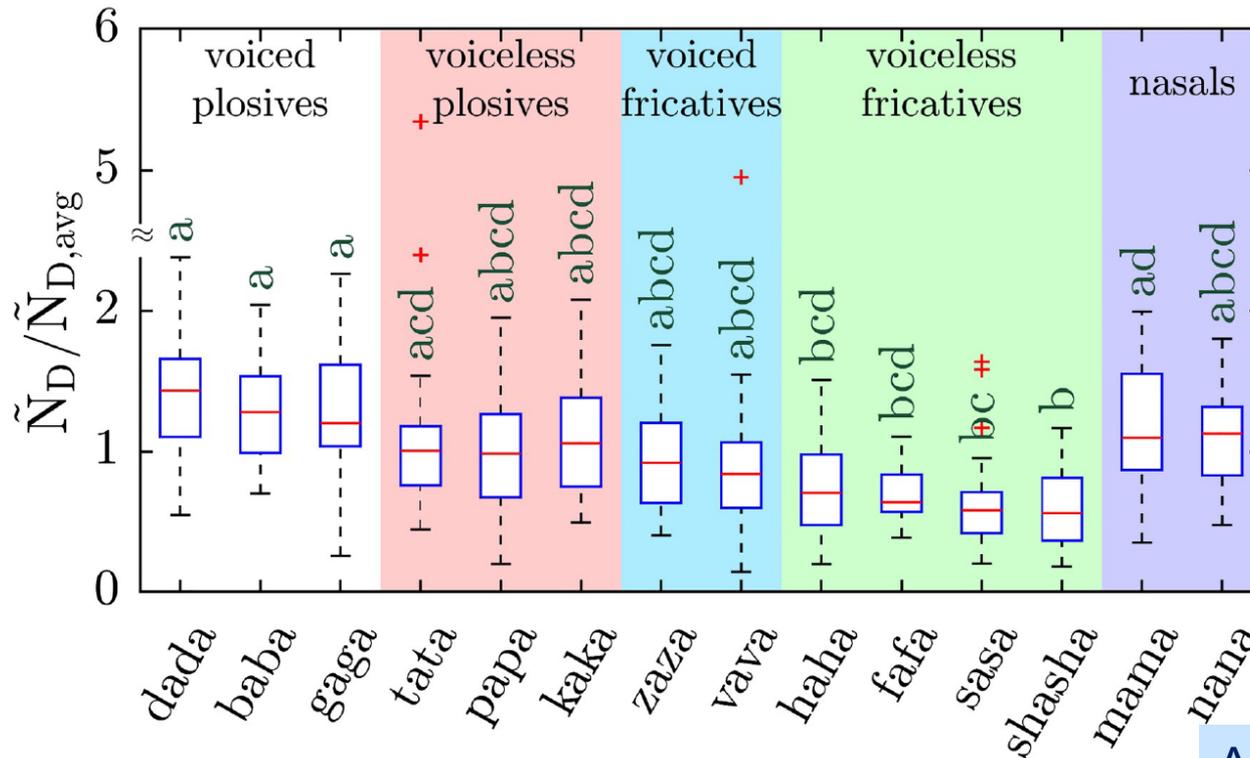
Emission rate/concentration



Geometric mean diameters

Particle size distribution: TSI APS 3321
0.542- 20 µm, 52 size bins

Emission rate of disyllabic words



Aerosol size distribution:
(TSI APS 3321)
0.542- 20 μm , 52 size bins

Summary: knowns and unknowns

Thank you!

