



The Jed Foundation

Protecting Emotional Health.
Preventing Suicide.



jedfoundation.org

We believe in a comprehensive, public health approach:



Develop independent living skills, social and emotional skills, and resilience

Identify and limit access to dangerous means

Ensure the right policies and protocols are in place to handle crises



Foster connectedness and belonging

Create opportunities and systems to notice someone in distress

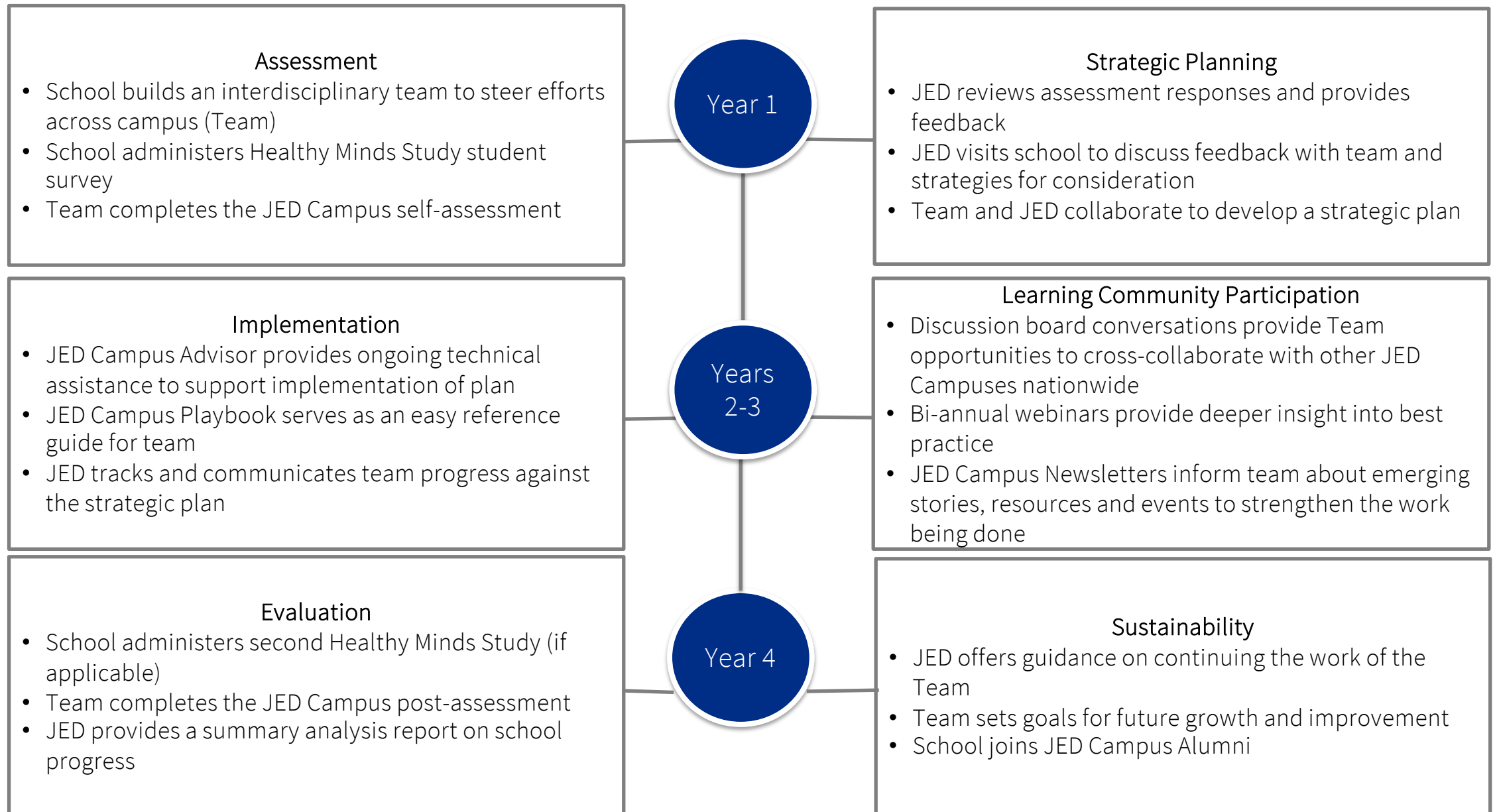
Reduce shame, secrecy, stigma so people will reach out for help

Ensure high quality services

- A **4-year collaboration** between JED & a college to assess and strengthen mental health, substance abuse and suicide prevention systems
- JED provides a **framework, assessments, expert guidance & technical assistance** to develop a strategic plan and implement recommended practices
- 289 colleges (& counting) with almost **3,100,000 students** are members*



CAMPUS



Equity in Mental Health Framework (with the Steve Fund and College Mental Health Program at McLean Hospital)

(10 recommendations and implementation strategies to help colleges support the mental health of students of color)

1. Identify and promote the mental health and well-being of students of color as a campus-wide priority
2. Engage students to provide guidance and feedback on matters of student mental health and emotional well-being
3. Actively recruit, train and retain a diverse and culturally competent faculty and professional staff
4. Create opportunities to engage around national and international issues/events
5. Create dedicated roles to support well-being and success of students of color
6. Support and promote accessible, safe communication with campus administration and an effective response system
7. Offer a range of supportive programs and services in varied formats
8. Help students learn about programs and services by advertising and promoting through multiple channels
9. Identify and utilize culturally relevant and promising programs and practices, and collect data on effectiveness
10. Participate in resource and information sharing (within and between schools)

jedfoundation.org/help



jedfoundation.org