

Cross-Cutting Population-Based Strategies

Safe Routes to School

Complete Streets & NMT Plans Coordinated School Health

Sault Ste. Marie Tribe of Chippewa Indians



SUSTAINABILITY

7 new Complete Streets policies
6 Non-Motorized Transportation Plans adopted into Master Plans
5 schools implementing new Safe Routes to School + Walk & Bike to School promotion programs

Healthy Students



ealth



HSAT

Walk and Roll Work, School or Play Day

8510 - WELLNESS POLICY

As required by law, the Board of Education establishes the following wellness policy for the Munising Public School District.

The Board recognizes that good nutrition and regular physical activity affect the health and well being of the District's students. Furthermore, research suggests that there is a positive correlation between a student's health and well being and his/her ability to learn. Moreover, schools can play an important role in the developmental process by which students establish their health and nutrition habits by providing nutritious meals and snacks through the schools' meal programs, by supporting the development of good eating habits, and by promoting increased physical activity both in and out of school.



Community Coalition Action Theory

(Butterfoss & Kegler, 2008)



"Conducting our own health surveillance study will allow the Tribe to target efforts to improve the health of Tribal members to those areas which show the greatest need."

-Bonnie Culfa, Director Sault Tribe Health Services

Sault Tribe Adult Weight Status

🕆 Male 🔹 Female



Child (3-11 yrs) Weight Status





Leadership

- Connect the right people
- Use collaborative processes
- Engage all partners in assessment, prioritization, and action
- Focus on the data
- Inspire them to act







Health Equity: Having a Seat at the Table









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Non-Motorized Plan

Sault Tribe of Chippewa Indians

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Version I

OPUS



Communities working together for a healthier (Jpper Península

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