Addressing the basic resource needs of Kaiser Permanente members



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Addressing Basic Resource Needs within Kaiser Permanente (KP)

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KP's commitment to addressing basic resource needs

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KP initiatives to identify and address basic resource needs



KP tools for planning social interventions, using data resources, & assessing outcomes

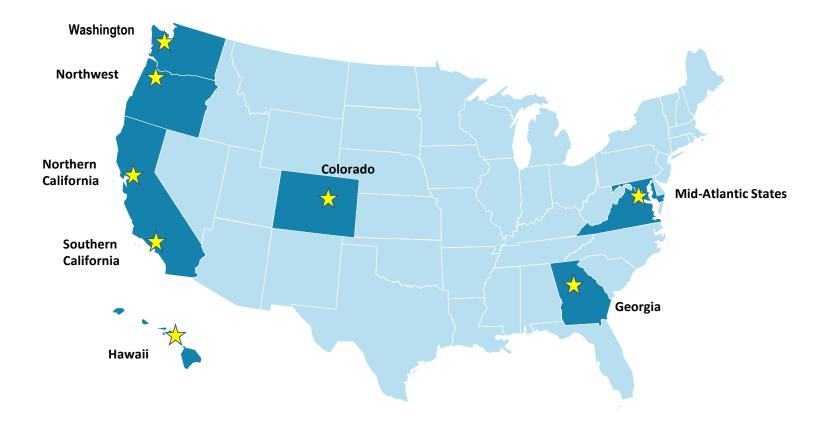
SDOH and cancer care in KP



Implications for research using "big data" to address SDOH and disparities



Kaiser Permanente regions





Kaiser Permanente (KP): an Overview

- I million members in state Medicaid and CHP programs
- Many low-income KP members are enrolled in our commercial health plans
- KP's mission emphasizes improving the health "of the communities we serve"
 - Active Community Health programs at Program Office and in all 8 regions

Common EHR

 Well-developed internal research and evaluation capacity, linked across regions by the KP Virtual Data Warehouse (VDW)



Social Determinants of Health (Healthy People 2020)

Economic stability

- Basic resource needs (poverty, employment, food insecurity, housing instability, lack of transportation...)
- Education
- Social and community context
- Health and health care
- Neighborhood and built environment



| | KPSC (27) | Multiple regions | KPCO (16) | KPNW (30) | KPCO (26) | KPNC |
|---|-------------------------------|--|-----------------------------|--|---|--------------------------------------|
| Case study * | 1 | 3 | 5 | х | х | х |
| Population(s) assessed | Care utilization in top 1% | Medicare members who may also be Medicaid-eligible | Members ≥ age 65 | Multiple † | Newly enrolled members | Predicted costs in upper 20% |
| Assessment approach | Case-finding | Case-finding | Screening | Case-finding | Screening | Case-finding |
| Assessment tool | Health Leads survey | Altegra survey | MTHA survey | YCLS survey | Onboarding survey | Local survey |
| N of members assessed | 2,999 | 22,576 | 50, 097 | 11,273 members with 18,284 referrals | 22,548 | 9,268 |
| Dates of survey | 2015-17 | 2013-17 | 2012-15 | 2016-18 | 2014 | 2013-14 |
| Food or nutrition needs | 29% | 38% | 6% | 8% | х | |
| Housing needs or concerns | 11% | 3% | х | 7% | х | 23% |
| Energy (utility) needs | 24% | 7% | х | х | х | |
| Transportation needs | 22% | 34% | х | 16% | х | |
| Financial assistance or medical cost needs | 37% | Income replacement (19%) Medical costs (6%) | x | 8% | х | 25% |
| Other needs assessed | Social isolation (24%) | Legal aid (10%) | Social isola- tion (15%) | Legal (1%), social support (3%), etc. | Difficulty paying for social needs (10%) | Unable to pay for social needs (18%) |

Table 2.3. Prevalence of social needs in five KP surveys

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KP Commitment to Addressing Basic Resource Needs, 2012 – 2017 (Local initiatives)

- 2012: Medicare Total Health Assessment survey began assessing food insecurity and social isolation in elderly (>100,000 completed)
- **2014-17:** groundswell of screening and intervention programs across KP
- 2015: internal questionnaire to assess difficulty paying for multiple basic needs (>40,000 completed across regions)
- **2015:** Kaiser Permanente Research Bank (biobank) begins
 - SDOH questions on enrollment survey
 - > Social support & isolation, perceived discrimination, neighborhood safety, financial strain
 - 118,000 members in general cohort and 7,200 members in cancer cohort completed surveys to date



KP Commitment to Addressing Basic Resource Needs, 2017 – 2019 (National initiatives)

- **2017:** Social Needs Network for Evaluation and Translation (SONNET)
- 2018: Thrive Local initiative
- **2018:** Homelessness/housing initiative
- **2019:** Food for Life initiative
 - Increasing SNAP enrollment in California
 - Funding and evaluating programs to provide medically tailored meals (Northern California, Northwest/Oregon, Colorado)
- 2019: National survey (8 regions) of basic resource needs among KP members under development
 - SONNET "proof-of-concept" pilot survey in 2018
- 2019: Epic Social Needs module





A learning network of researchers and evaluators who:

- Help design rigorous interventions to address the social needs of members
- Promote common frameworks for measurement, intervention design
- Develop KP's data resources to improve research and prediction
- Systematically share learnings to scale up what works... and stop doing what doesn't work
 - Scoping review of KP programs (2018)
- Publish research, including Permanente Journal supplement (fall 2018)
 - > 13 reports on aspects of this work



Three Components of Thrive Local

Resource Directory

- Online platform allows users to search for community resources
- Resources updated regularly by contracted vendor (Unite Us)

Community Partner Networks

- Community organizations use vendor platform
- KP users send and track referrals

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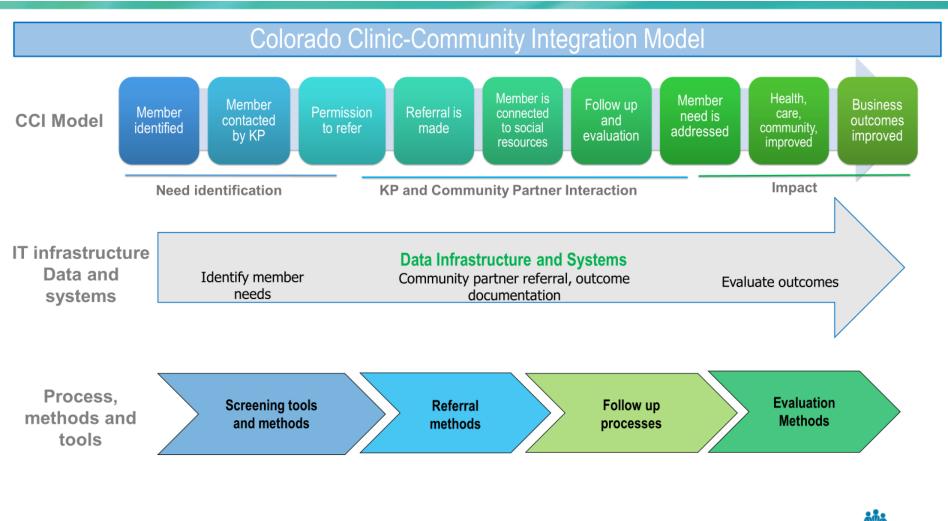
Technology Platform

- Closed loop referrals
- Bidirectional exchange of information between KP and Community organizations
- Integration of KP EHR and patient portal (kp.org)



These components integrate clinical and social care, supported by data integration and community partnerships

Social Interventions Require a Care Continuum



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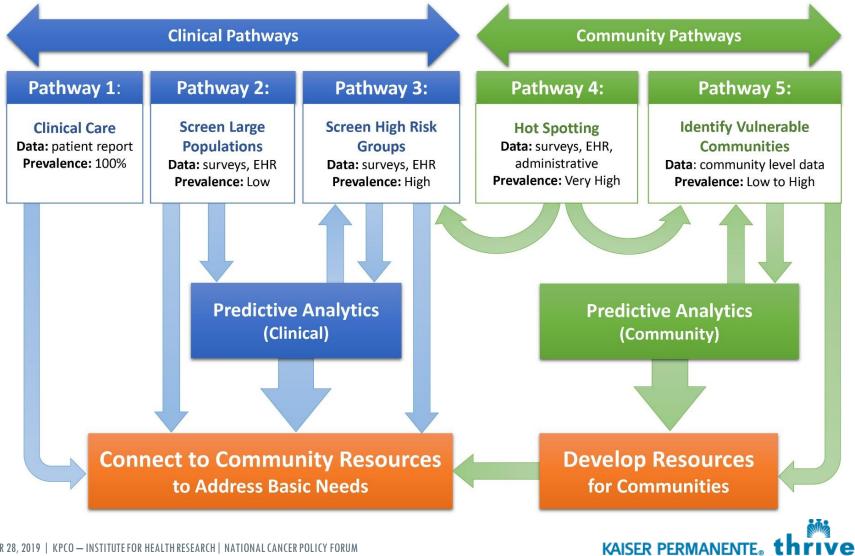
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Different Outcomes Matter to Different Stakeholders



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Social Needs Can Be Identified by Multiple Pathways, **Facilitated by Predictive Analytics**



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Social determinants of health in KP cancer care research

- Lung Population-based Research to Optimize the Screening Process (PROSPR) (NCI-funded 5UM1CA221939; Ritzwoller/Vachani)
 - PROSPR is using "big data" to assess factors associated with disparities in screening rates, time to follow-up, and outcomes
 - Measures and sources
 - Food security: Food Access Research Atlas
 - Air quality: EPA maps
 - Wealth & assets: open-source real-estate price data Zillow, Redfin, Realtor.com
 - Poverty: restricted microdata from the US Census Bureau
 - CDC's Social Vulnerability Index (SVI)
 - Data is mapped to census-based variables available in our electronic health records (EHR) (e.g. FIPS codes, zip codes)



Cancer Financial Experience (CAFÉ): Clinic-Based Intervention to Address Financial Hardship (NCI R01CA237322; Henrikson/Banegas)

Patient-reported outcomes:

- Financial Hardship (material, psychological, behavioral)
- Food Insecurity
- Transportation hardship
- Employment changes
- Difficulty paying for housing

Electronic Medical Record (EMR)-based outcomes:

- Medical Financial Assistance (application and enrollment)
- Delinquent account
- Account sent to collections

For participants referred to community resource navigators/specialists

Data on social/economic needs community agency referrals



Big Data, Social Determinants, and Health Disparities: the KP Perspective

What makes data "big"?

- Rows (number of cases)
- Columns (number of variables)

What makes "big data" useful in KP?

- Denominators users and non-users of care
- Completeness of ascertainment
- Richness range of variable types
 - > Clinical, behavioral, social, environmental, economic
- Continuity over time
- Trustworthy, high-quality data

What makes big data useful to address disparities?

- Representativeness (justice)

