Integrating Genomic Programs into the Health System at Kaiser Permanente NW

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Example Studies from Kaiser Permanente NW

| Study | Study Description |
|---------------------------------|---|
| NCI/Lynch Syndrome Screening | Implement universal tumor screening among CRC patients. Evaluate patient management. |
| NHGRI/ CSER NextGen | Exploratory research on expanded preconception carrier screening using genome sequencing. |
| NHGRI/ ClinGen | Actionability Work Group – evidence synthesis and assessment of clinical actionability in the clinical context of adults with secondary findings. |

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How does the research inform the program?



Lynch Syndrome Screening: Did the intervention result in a change in care management?

| Procedure | Eligible | Recom- mended | Observed N | Patient Adherence N (% of observed) | | | | Average Intervals | |
|----------------|----------|------------------|---------------|--|--------|---------|---------|----------------------|--|
| | N | Ν | | 0% | 1-49% | 50-99% | 100% | M ± SD | |
| Colonoscopy | 73 | 68 | 64 | 6 (9) | 1 (2) | 14 (22) | 43 (67) | 2.4 ± 2.0 | |
| Endoscopy | 73 | 48 | 28 | 5 (18) | 1 (4) | 6 (21) | 16 (57) | 1.7 ± 1.0 | |
| Genet. Couns. | 73 | 49 | 40 | 1 (5) | 9 (23) | 9 (23) | 21 (53) | 3.3 ± 3.2 | |
| Urinalysis | 73 | 45 | 45 | 7 (16) | 8 (18) | 17 (38) | 13 (29) | 3.5 ± 2.0 | |
| Ab. Ultrasound | 73 | 9 | 8 | 2 (25) | 1 (13) | 3 (38) | 2 (25) | 6.6 ± 3.8 | |
| TVUS | 27 | 10 | 10 | 6 (60) | 3 (30) | 1 (10) | 0 (0) | 5.4 ± 3.3 | |
| Endom. Biopsy | 25 | 9 | 8 | 1 (13) | 4 (50) | 3 (38) | 0 (0) | 6 ± 3.4 | |
| CA-125 | 27 | 10 | 10 | 1 (10) | 4 (40) | 4 (40) | 1 (10) | 5.1 ± 2.3 | |

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NextGen: Was there a misunderstanding of negative preconception carrier screening results?

Did women with negative carrier results <u>decline</u> recommended care during subsequent pregnancy?

| Procedure | GS arm (N=28) | UC arm (N=45) | P-value |
|-----------------------|------------------|------------------|---------|
| Ultrasound | 3.4 (1.5)* | 3.4 (2.7)* | 0.83 |
| Amniocentesis | 0% | 0% | NA |
| NIPT | 35.7% | 31.1% | 0.73 |
| Quad Screen | 39.3% | 44.4% | 0.86 |
| Refusals** | 14.3% | 6.7% | 0.39 |
| Other genetic testing | 7.1% | 11.1% | 0.70 |

GS=genome sequencing; UC=usual care

*number of ultrasounds (standard deviation)

**EMR documentation of refusing a pregnancy related service that was offered to them by their provider

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| Did women with negative carrier re | sults <u>use</u> |
|-------------------------------------|------------------|
| additional services following seque | encing?* |

| Procedure | GS arm (N=100) | UC arm (N=163) | P-value | |
|------------------------|-------------------|-------------------|---------|--|
| F2F Encounters | | | | |
| Total | 10.3 (9.3) | 10.6 (10.3) | 0.82 | |
| Primary Care | 5.9 (6.0) | 5.6 (5.8) | 0.75 | |
| Mental Health | 1.0 (2.9) | 1.2 (3.5) | 0.75 | |
| Telephone encounters | 6.6 (6.0) | 6.9 (7.7) | 0.72 | |
| Email encounters | 6.7 (7.7) | 7.5 (8.8) | 0.75 | |
| Mental Health Med. Use | 22% | 21% | 0.92 | |

GS=genome sequencing; UC=usual care

*Services are reported as the mean (standard deviation) number of

encounters. We also evaluated median number of encounters (not shown). © 2017. KAISER PERMANENTE CENTER FOR HEALTH RESEARCH





Time Costs to Disclose Genomic Information



We defined "unfamiliar" as a result that was not previously disclosed to another study participant, or not routinely encountered in clinical practice.

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Clinical Actionability



- Well-established, clinically prescribed interventions
- Specific to the genetic disorder under consideration
- Lead to disease prevention or delayed onset, lowered clinical burden, or improved clinical outcomes



Feasible for many genes

Scoring Domains of Clinical Actionability



Gene \rightarrow Disease \rightarrow Outcome \rightarrow Intervention

[Example: $BRCA1 \rightarrow HBOC \rightarrow Breast Cancer \rightarrow Mammography]$

| DOMAIN | | SCORING METRIC | DO | /AIN | SCORING METRIC |
|---------|-------------|---|---------|---------------------------|--|
| OUTCOME | SEVERITY | 3 = Sudden death 2 = Death or major morbidity 1 = Modest morbidity 0 = Minimal or no morbidity | VENTION | EFFECTIVENESS* | 3 = Highly effective 2 = Moderately effective 1 = Minimally effective 0 = Controversial/Unknown IN = Ineffective/No intervention |
| | LIKELIHOOD* | 3 = > 40% chance 2 = 5-39% chance 1 = 1-4% chance 0 = < 1% chance | INTER | NATURE OF INTERVENTION | 3 = Low risk and intensity, highly acceptable 2 = Moderate risk, intensity, acceptable 1 = Greater risk and intensity, less acceptable 0 = High risk and intensity, poorly acceptable |

*Assess Knowledge Base

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Question: What is the appropriate threshold?

Scored to date: 74 Topics (111 genes) 186 Outcome/Intervention pairs

Challenges

- *Manual processes* to determine testing status and test result
- Prospective studies have *limited follow-up time* to evaluate <u>health</u> <u>outcomes</u> so we must use surrogates
- Unclear what care can be *attributed* to the genetic test result
- Unclear reasons for why care is *refused*
- Lack of a shared understanding of what is actionable