

The National Academies of SCIENCES ENGINEERING MEDICINE

ROUNDTABLE ON QUALITY CARE FOR PEOPLE WITH SERIOUS ILLNESS

November 2, 2020

Dear Colleagues:

Welcome to the virtual workshop on Advance Care Planning: Challenges and Opportunities, hosted by the Roundtable on Quality Care for People with Serious Illness at the National Academies of Sciences, Engineering, and Medicine.

The workshop will explore the challenges and opportunities of advance care planning, acknowledge and highlight divergent viewpoints, and examine what is empirically known and not known about advance care planning and its outcomes. The workshop will identify areas where more data and research are needed to fill evidentiary gaps, as well as identify potential approaches to improve the practice of advance care planning.

Due to restrictions on travel and public gatherings as a result of the COVID-19 pandemic, the fullday workshop originally scheduled to be held in-person in Washington, DC, has been converted into two webinars to be held on October 26, 2020, and November 2, 2020.

The first webinar on October 26, 2020 featured two sessions: The Paradox of Advance Care Planning (ACP) and Interpreting the Evidence Base for ACP. The second webinar to be held on November 2, 2020 will feature sessions on Thinking Differently about ACP, and Practical Steps to More Effective ACP. The final session of the webinar will feature a panel of experts sharing their reactions and lessons learned from the presentations and discussions.

A summary of this workshop will be published by the National Academies Press. The webinar's meeting materials as well as a video archive of the webinar will be available at: <u>https://www.nationalacademies.org/event/11-02-2020/advance-care-planning-challenges-and-opportunities-second-webinar</u>

You can find the meeting materials and a video archive of the first webinar here: <u>https://www.nationalacademies.org/event/10-26-2020/advance-care-planning-challenges-and-opportunities-a-workshop</u>

We hope you will find the workshop presentations informative, thought-provoking, and inspiring, and that the suggestions made by the workshop participants will ultimately contribute to improved care and for people with serious illness.

Sincerely,

Robert M. Arnold, MD (Co-Chair) Distinguished Service Professor of Medicine Chief, Section of Palliative Care and Medical Ethics University of Pittsburgh Chief Medical Officer, Palliative and Supportive Care Institute of UPMC JoAnne Reifsnyder, PhD, RN, FAAN (Co-Chair) Executive Vice President, Clinical Operations and Chief Nursing Officer Genesis Healthcare Representing the Hospice and Palliative Nurses Association

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Advance Care Planning: Challenges and Opportunities A Workshop

Part 2 November 2, 2020 12:00-2:30 PM ET

WEBINAR NOTES

- Join the webcast via this link: <u>https://nasem.zoom.us/i/95808066221?pwd=aDB1dk5rTmVGNW80ZFU0c</u> <u>zlsdVY3dz09</u>
- An archive of the video webcast and presentation slides will be available at: <u>https://www.nationalacademies.org/event/11-02-2020/advance-care-planning-challenges-and-opportunities-second-webinar</u>
- Proceedings of the workshop will be published following National Academies procedures. Rapporteurs will compose the proceedings from the workshop transcript and external reviewers will examine the proceedings to make sure it accurately reflects workshop discussions and conforms to institutional policies.
- Interested in receiving updates from the Roundtable on Quality Care for People with Serious Illness or the National Academies of Sciences, Engineering, and Medicine's Health and Medicine Division?

Sign up for the **Roundtable** listserv at: <u>https://www.nationalacademies.org/hmd/Activities/HealthServices/</u> <u>QualityCareforSeriousIllnessRoundtable.aspx</u>

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Advance Care Planning: Challenges and Opportunities A Virtual Workshop

Part 2 AGENDA

WEBINAR 2: NOVEMBER 2, 2020 12:00 PM – 2:30 PM ET		
12:00 PM	Welcome from the Roundtable on Quality Care for People with Serious Illness	
	Peggy Maguire, JD Cambia Health Foundation	
	James Tulsky, MD Harvard Medical School, Brigham and Women's Hospital, and Dana-Farber Cancer Institute	
	Roundtable Co-Chairs	
12:05 PM	Overview of the Webinar Series	
	Robert Arnold, MD Distinguished Service Professor of Medicine, Chief, Section of Palliative Care and Medical Ethics, Director, Institute for Doctor-Patient Communication Medical Director, UPMC Palliative and Supportive Institute University of Pittsburgh Department of Medicine	
	JoAnne Reifsnyder, PhD, MBA, MSN, FAAN Executive Vice President, Clinical Operations Chief Nursing Officer, Genesis HealthCare Representing the Hospice and Palliative Nurses Association	
	Planning Committee Co-Chairs	

12:10	Brief Summary of the First Webinar
	Susan E. Hickman, PhD
	Director, IU Center for Aging Research, Regenstrief Institute
	Professor, Indiana University Schools of Nursing & Medicine Cornelius and Yvonne Pettinga Chair in Aging Research
	Co-Director, IUPUI RESPECT Signature Center
12:15 PM	Session Three: Thinking Differently about ACP
	Moderator:
	Kimberly Johnson, MD Associate Professor of Medicine, Duke University School of Medicine
	Speakers:
	Scott Halpern, MD, PhD John M. Eisenberg Professor of Medicine, Epidemiology, and Medical Ethics & Health Policy
	Director, Palliative and Advanced Illness Research (PAIR) Center University of Pennsylvania Perelman School of Medicine
	Rebecca Dresser, JD Daniel Noyes Kirby Professor and Professor of Ethics in Medicine
	Washington University Law School
	Anna Gosline, MPH
	Executive Director, Massachusetts Coalition for Serious Illness Care
12:50 PM	Audience Q&A
1:05 PM	Session Four: Practical Steps To More Effective ACP
	Moderator:
	Hillary Lum, MD
	Associate Professor, Medicine-Geriatrics
	University of Colorado School of Medicine
	Speakers:
	Rebecca Kirch, JD
	Executive Vice President of Health Care Quality and Value
	National Patient Advocate Foundation
	Julie Childers, MD
	Associate Professor of Medicine, Division of General Internal Medicine,
	University of Pittsburgh

	Chief of Palliative Care, U Penn Medicine	
1:40 PM	Audience Q & A	
1:55 PM	"Reactor" Panel Discussion	
	Moderator:	
	Robert Arnold, MD University of Pittsburgh Department of Medicine	
	Panelists:	
	Diane Meier, MD, FACP Director, Center to Advance Palliative Care	
	Rev. Cynthia Carter Perrilliat, MPA Executive Director, Alameda County Care Alliance	
	Millie Solomon, PhD President, Hastings Center	
	Abraham A. Brody, PhD, RN, FAAN Associate Professor of Nursing and Medicine	
	Associate Director, Hartford Institute for Geriatric Nursing New York University Rory Meyers College of Nursing	
2:25 PM	Closing Remarks/Wrap-Up for the Webinar Series	
2:30 PM	Webinar Adjourns	

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SPEAKERS AND MODERATORS

Robert M. Arnold, MD

Distinguished Service Professor of Medicine Chief, Section of Palliative Care and Medical Ethics Director, Institute for Doctor-Patient Communication Director of Clinical Training, Center for Bioethics & Health Law University of Pittsburgh Chief Medical Officer, Palliative and Supportive Care Institute of UPMC

Abraham A. Brody, PhD, RN, FAAN

Associate Professor of Nursing and Medicine Associate Director, Hartford Institute for Geriatric Nursing New York University Rory Meyers College of Nursing

Julie Childers, MD

Associate Professor of Medicine, Division of General Internal Medicine, University of Pittsburgh

Rebecca Dresser, JD

Daniel Noyes Kirby Professor of Law Emerita Washington University in St Louis Washington University Law School

Anna Gosline, MPH

Senior Director of Strategic Initiatives Blue Cross Blue Shield of Massachusetts Executive Director Massachusetts Coalition for Serious Illness Care

Scott Halpern, MD, PhD

John M. Eisenberg Professor of Medicine, Epidemiology, and Medical Ethics & Health Policy Director, Palliative and Advanced Illness Research (PAIR) Center University of Pennsylvania Perelman School of Medicine

Susan E. Hickman, PhD

Director, IU Center for Aging Research, Regenstrief Institute Professor, Indiana University Schools of Nursing & Medicine Cornelius and Yvonne Pettinga Chair in Aging Research Co-Director, IUPUI RESPECT Signature Center

Kimberly Sherell Johnson, MD

Associate Professor of Medicine Senior Fellow in the Center for the Study of Aging and Human Development Duke University School of Medicine

Rebecca A. Kirch, JD

Executive Vice President of Healthcare Quality and Value National Patient Advocate Foundation

Hillary Lum, MD, PhD

Associate Professor of Medicine Division o Geriatric Medicine University of Colorado School of Medicine VA Eastern Colorado Geriatric Research Education and Clinical Center Veteran Community Partnership

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Diane E. Meier, M.D., FACP

Director, Center to Advance Palliative Care Gaisman Professor of Medical Ethics Vice Chair for Public Policy and Professor Department of Geriatrics and Palliative Medicine Department of Medicine Icahn School of Medicine at Mount Sinai

Nina O'Connor MD, FAAHPM

Chief, Palliative Care, University of Pennsylvania Chief Medical Officer, Penn Medicine at Home

Cynthia Carter Perrilliat, MPA

Executive Director Alameda County Care Alliance

JoAnne Reifsnyder, PhD, RN, FAAN

Executive Vice President, Clinical Operations and Chief Nursing Officer Genesis Healthcare Representing the Hospice and Palliative Nurses Association

Mildred Z. Solomon, EdD

President, The Hastings Center 21 Malcolm Gordon Rd.

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Part 2 November 2, 2020

SPEAKERS AND MODERATORS



Robert M. Arnold, MD, is a Professor in the Division of General Internal Medicine, Department of Medicine at the University of Pittsburgh and in the University of Pittsburgh Center for Bioethics and Health Law. He completed his medical school training at the University of Missouri-Kansas City and residency at Rhode Island Hospital. Subsequently he has been on the faculty at the University of Pittsburgh. In 2000, Dr. Arnold was named the first Leo H. Creip Chair of Patient Care. The chair emphasizes the importance of the doctor-patient relationship, particularly at the end of life. He is the Director of the Institute for Doctor-Patient Communication and the Medical Director of the UPMC Palliative and Supportive Institute. He is clinically active in palliative care. Dr. Arnold has published on end-

of-life care, hospice and palliative care, doctor-patient communication and ethics education. His current research interests are focused on educational interventions to improve communication in lifelimiting illnesses and better understanding how ethical precepts are operationalized in clinical practice. He also is working with the UPMC Health System to develop system-wide, integrative palliative services throughout the health system. He is the Past-President of the American Society of Bioethics and Humanities as well as the American Academy of Hospice and Palliative Medicine.



Abraham Brody, PhD, RN, FAAN is associate director of the Hartford Institute for Geriatric Nursing and associate professor of Nursing and Medicine at NYU Meyers College of Nursing. He is also the founder of Aliviado Health and the Pilot Core Lead of the NIA IMPACT Collaboratory. His work focuses on the intersection of geriatrics, palliative care, quality, and equity. The primary goal of his research, clinical, and policy pursuits is to improve the quality of care for older adults with serious illness wherever they reside. His primary mode for doing so is through the development, testing, and dissemination of realword, technology, and informatics supported quality improvement interventions. He is currently the principal investigator of two NIHfunded large-scale pragmatic clinical trials to improve the quality of

care and quality of life for persons living with dementia and their caregivers in the community and a co-investigator on several other pragmatic trials and health services research projects in geriatrics and palliative care. From a leadership perspective, Brody works across disciplines to help advance geriatrics and palliative care nationally. As pilot core lead of the \$53.4 million nationwide Collaboratory, he is responsible for heading the pilot program, which, in collaboration with the National Institute on Aging, reviews and awards funds to help investigators prepare for large-scale pragmatic clinical trials for persons living with dementia and their caregivers. He also serves on the Steering Committee of the NINR Funded Palliative Care Research Cooperative, the policy-setting body for the organization. In addition to his research and national leadership responsibilities, Brody

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is passionate about mentoring and developing a diverse nursing and scientific workforce. To this end, he developed and the Hospice and Palliative Nurses Association Leadership Development Program and is the technology core director of NYU Meyer's P20 Exploratory Center for Precision Health in Diverse Populations, and serves on the Executive Committee of the Training, Research, and Education Core of the NYU-HHC Clinical Translational Sciences Institute. He mentors faculty, postdoctoral scholars, and PhD students across multiple disciplines and institutions. Brody also maintains an active practice in the Geriatric and Palliative Consult Services at NYU Langone Health.



Julie W. Childers, MD, MS graduated from the University of Pittsburgh School of Medicine in 2005 and completed residency training in internal medicine at the University of Rochester in 2008. She completed fellowship training in palliative care in 2009 and obtained a master's degree in medical education from the Clinician Educator Training Program at the University of Pittsburgh in 2010. She practices primarily inpatient palliative care at an UPMC Presbyterian Hospital, the main academic quaternary care hospital of UPMC, and served as the medical director of the palliative care service there for seven years. She is currently the medical director of the ethics consultation service at UPMC Presbyterian and Shadyside hospitals. As a Senior Associate with VitalTalk nationally and the director

of the local Pittsburgh Academy of Communication Coaching, she regularly organizes both local and national communication courses and Train the Trainer sessions. She has written and taught nationally in the areas of goals of care discussions, motivational interviewing, and managing addiction in patients who are nearing the end of life.



Rebecca Dresser, JD has taught medical and law students about legal and ethical issues in end-of-life care, biomedical research, genetics, assisted reproduction, and related topics since 1983. She has been a member of the Washington University in St. Louis faculty since 1998. Before that she taught at Baylor College of Medicine and Case Western Reserve University. Dresser is a contributing editor and "At Law" columnist for the Hastings Center Report. Her 2017 book, Silent Partners: Human Subjects and Research Ethics, calls for including experienced study subjects in research ethics deliberations. Dresser is also the author of When Science Offers

Salvation: Patient Advocacy and Research Ethics (2001) and editor of Malignant: Medical Ethicists Confront Cancer (2012). From 2002-2009, she was a member of the President's Council on Bioethics and from 2011-2015, a member of the National Institutes of Health Recombinant DNA Advisory Committee.

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Anna Gosline, MPH is the Executive Director of the Massachusetts Coalition for Serious Illness Care and the Senior Director of Strategic Initiatives in the Executive Office of Blue Cross Blue Shield of Massachusetts, which is the administrative home and primary funder of the Coalition. In her work at Blue Cross, Anna manages a diverse portfolio of policy, community and communications projects that touch on topics ranging from payment reform and health care costs to the opioid epidemic. She also leads the development of corporate-wide initiatives focused

on serious illness and palliative care – from payment and benefits, to provider partnerships and measurement, to community and policy work. Previously, Anna was the Director of Policy and Research at the Blue Cross Blue Shield of Massachusetts Foundation where she oversaw the Foundation's \$1 million+ policy and research program. Before joining the Foundation, she managed a large-scale health system study for the state of Vermont. In a previous life, Anna was a health care journalist in the UK and Canada. Anna holds a master's degree in health policy and management from the Harvard School of Public Health, a graduate certificate in science writing from the University of California, Santa Cruz and a bachelor's degree from the University of Toronto.



Scott D. Halpern, M.D., Ph.D. is the John M. Eisenberg Professor of Medicine, Epidemiology, and Medical Ethics and Health Policy at the University of Pennsylvania, and a practicing intensive care doctor. He is the founding Director of the Palliative and Advanced Illness Research (PAIR) Center, which generates evidence to advance policies and practices that improve the lives of all people affected by serious illness. His awards include the American Federation for Medical Research's Outstanding Investigator Award for the best scientist in any field under the age of 45, the Association of Clinical and Translational Science's Distinguished Investigator Award, and the Arthur K. Asbury

Outstanding Faculty Mentor Award. He is an elected member of the American Society of Clinical Investigation and the Association of American Physicians, and serves on the Editorial Boards of the Annals of Internal Medicine and the American Journal of Bioethics.



Susan Hickman, PhD, is a geropsychologist, Professor in the Indiana University (IU) School of Nursing and IU School of Medicine, Cornelius and Yvonne Pettinga Chair in Aging Research, and Director of the IU Center for Aging Research at Regenstrief Institute, Inc.. She has been educating and conducting research on advance care planning and end-of-life decision making with a focus on the nursing facility since 1998. Dr. Hickman is currently funded by the National Institutes of Nursing Research to evaluate the quality of advance care planning decisions in the nursing facility setting by assessing concordance between current preferences and existing documentation (R01NR015255). Additionally, she is Co-Principal Investigator on a

National Institute on Aging (NIA) pragmatic randomized clinical trial to evaluate an advance care planning program for the caregivers of nursing home residents with Alzheimer's Disease and related

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dementias (R33AG057463) as well as a bioethics supplement to explore family experiences with these conversations (R33AG057463 -01S1). Dr. Hickman is also a co-investigator on two NIAfunded trials that include advance care planning interventions (R01AG056618; R01AG057733) and OPTIMISTIC, a \$30 million Centers for Medicare and Medicaid Services Innovation grant to reduce potentially avoidable hospitalizations through a multi-component intervention that includes advance care planning (https://www.optimistic-care.org/). Previous research funding includes grants from The Greenwall Foundation of New York, the Retirement Research Foundation, and the Walther Cancer Foundation. Dr. Hickman is a founding member of the National POLST Task Force and is currently Chair of the National POLST Research and Quality Assurance Committee. Additional activities include serving as the Associate Director of the Indiana Patient Preferences Coalition and as a member of the American Academy of Hospice and Palliative Medicine Research Committee.



Dr. Kimberly S. Johnson, MD, MHS is an Associate Professor with Tenure in the Department of Medicine, Division of Geriatrics, Center for Aging, and Center for Palliative Care at Duke University Medical Center in Durham, North Carolina. Her research focuses on understanding and eliminating racial disparities in palliative and end-of-life care. She has published widely and is nationally recognized for her work investigating how cultural beliefs and preferences and organizational practices and policies may influence the use of hospice care by older African Americans. Dr. Johnson is the Director of the Duke Center for Research to Advance Health Care Equity (REACH Equity). The Center focuses on

developing and testing interventions to reduce racial disparities by improving the quality of patientcentered care in the clinical encounter.



Rebecca Kirch, JD is EVP of Healthcare Quality and Value for the National Patient Advocate Foundation (NPAF), providing strategic focus and leadership in bringing patient and caregiver voices and values to the forefront of health reform efforts. As a leading health policy expert and advocate in her field, Rebecca is dedicated to advancing person-centered policies and practices that put people at the heart of healthcare. Prior to joining NPAF in 2016, she served for 15 years with the American

Cancer Society and its advocacy affiliate, the American Cancer Society Cancer Action Network, directing development and execution of coordinated quality of life and survivorship research, policy and advocacy activities. A frequently invited speaker on the patient and family experience and person-centered care priorities and practices, Rebecca has authored numerous articles and book chapters, including publications in the New England Journal of Medicine, Archives of Internal Medicine, JAMA Oncology, Health Affairs, Circulation and other professional journals. She is the recipient of numerous national awards, has been featured in multiple media outlets and also serves in leadership roles on several stakeholder advisory committees and advocacy coalitions. Rebecca is currently serving as a member of the National Academy of Science, Engineering and Medicine's Quality Care for People with Serious Illness Roundtable, as Quality of Life and Person-Centered Care task force co-chair for the American Congress of Rehabilitation Medicine, and a board member for children's oncology Care Camps.

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Hillary Lum, MD, PhD, is Associate Professor of Medicine at the University of Colorado School of Medicine and VA Eastern Colorado Geriatric Research Education and Clinical Center. She is a primary care geriatrician, palliative medicine physician, and clinician investigator. Her work focuses on helping older adults with serious illness receive care that aligns with their preferences, especially vulnerable adults in rural areas or living with dementia. A major focus of her research is to design effective interventions and implementation strategies to improve future medical care planning and primary palliative care for older adults with serious illnesses and their family care partners through primary care-based interventions, telehealth, community partnerships, and population health-based approaches.



Diane E. Meier, M.D., FACP, is Director of the Center to Advance Palliative Care (CAPC), a national organization devoted to increasing the number and quality of palliative care programs in the United States. Under her leadership the number of palliative care programs in U.S. hospitals has more than tripled in the last 10 years. She is also Vice-Chair for Public Policy and Professor of Geriatrics and Palliative Medicine; Catherine Gaisman Professor of Medical Ethics; and was the founder and Director of the Hertzberg Palliative Care Institute from 1997-2011, all at the Icahn School of Medicine at Mount Sinai in New York City. Dr. Meier is the recipient of numerous awards, including the 2008 MacArthur Fellowship—a

\$500,000, no-strings-attached "genius award" for individuals who have shown exceptional creativity in their work and the promise to do more. She was named one of 20 People Who Make Healthcare Better in the U.S. by HealthLeaders Media 2010 and received an Honorary Doctorate of Science from Oberlin College in 2010. In 2012, she was awarded American Cancer Society's Medal of Honor for Cancer Control in recognition of her pioneering leadership of the effort to bring non-hospice palliative care into mainstream medicine and received the American Geriatrics Society Edward Henderson State-of-the-Art Lecture Award in 2013. Other honors include the Open Society Institute Faculty Scholar's Award of the Project on Death in America, the Founders Award of the National Hospice and Palliative Care Organization 2007, AARP's 50th Anniversary Social Impact Award 2008, Castle Connelly's Physician of the Year Award 2009 and the American Academy of Hospice and Palliative Medicine Lifetime Achievement Award 2009. She is currently Principal Investigator of an NCI-funded five-year multisite study on the outcomes of hospital palliative care services in cancer patients. Dr. Meier served as one of Columbia University's Health and Aging Policy Fellows in Washington DC during the 2009-2010 academic year, working both on the Senate's HELP Committee and the Department of Health and Human Services. Dr. Meier has published more than 200 original peer review papers, and several books. Her most recent book, Meeting the Needs of Older Adults with Serious Illness: Challenges and Opportunities in the Age of Health Care Reform, was published by Humana in 2014. She edited the first textbook on geriatric palliative care, as well as four editions of Geriatric Medicine. As one of the leading figures in the field of palliative medicine, Dr. Meier has appeared numerous times on television and in print, including ABC World News Tonight, Open Mind with Richard Hefner, the New York Times, the Los Angeles Times, USA Today, the New Yorker, AARP, and Newsweek. She figured prominently in the Bill Moyers series "On Our Own Terms", a four-part documentary aired on PBS. Diane E. Meier received her BA from Oberlin College and her MD from Northwestern University Medical School.

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She completed her residency and fellowship training at Oregon Health Sciences University in Portland. She has been on the faculty of the Department of Geriatrics and Palliative Medicine and Department of Medicine at Mount Sinai since 1983. She lives in New York City.



Nina O'Connor, MD, FAAHPM attended Yale University and completed medical school, residency, and a faculty development fellowship at the University of Virginia. She later completed a fellowship in Hospice and Palliative Medicine at the University of Pennsylvania. She joined the faculty at Penn in 2013 and quickly assumed leadership for the palliative care program at the Hospital of the University of Pennsylvania. She founded the palliative care program at Penn Presbyterian Medical Center and served as program director for the Hospice and Palliative Medicine Fellowship for several years. In spring 2016, Dr. O'Connor became Chief of Hospice and Palliative Care for the University of Pennsylvania Health System. As of February 2020, she is also the Chief Medical Officer for Penn Medicine at Home, a large regional

organization that provides home health, home infusion, hospice, and home palliative care services to more than 7000 patients per day. Dr. O'Connor's interests include the integration of palliative care into health systems, barriers to hospice, and serious illness communication training. She is currently partnering with Harvard's Ariadne Labs to implement the Serious Illness Care Program throughout Penn Medicine. Dr. O'Connor is a Fellow of the American Academy of Hospice and Palliative Medicine.



R Rev. Cynthia Carter Perrilliat, MPA, is Co-founder and Executive Director of the Alameda County Care Alliance Collaborative (ACCAC), a faith-based program in partnership with local clinical, academic, and community organizations. The ACCA Advanced Illness Care Program[™] helps persons needing advanced illness care and their caregivers address spiritual, advance care planning, health (physical and psychosocial), social and caregiving needs by empowering participants and linking them to trusted resources in the community. Since the ACCA began in 2013, the Advanced Illness Care Program[™] has expanded to over 24 African American churches in Alameda County and Contra Costa County. Rev. Perrilliat is responsible for

program development, implementation and training as well as strategic planning on program sustainability, replicability and scaling on a regional and national level. The goal of the ACCA-Advanced Illness Care Program is to share its innovative program across all communities that are interested in a true person-centered approach that embraces and honors cultural, spiritual and individual preferences in a holistic manner. Rev. Perrilliat has over 25 years of experience as a change agent in healthcare, marketing and communications, biotechnologies and community organizations. Over the last 14 years, Rev. Perrilliat has focused on end of life care program development and educational training in the African American community. As part of VITAS Healthcare, Rev. Perrilliat established a targeted compassionate care approach to communities of color, which was adopted and replicated across the 17-state footprint of VITAS. She also served as faculty member of the Duke University APPEAL program, a Palliative Care Educational Curriculum for African Americans at the end of life. Rev. Perrilliat holds a BA degree in Business Administration from the University of Toledo and an MPA degree from Cal State University of the East Bay with a

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focus in organizational change and healthcare. She serves as an ordained Minister of the gospel at the Allen Temple Baptist Church, Oakland, CA, under the leadership of Dr. Jacqueline Thompson, and is also a gospel recording artist under her Splendor Records label.



Joanne Reifsnyder, PhD, RN, FAAN, has held executive and leadership roles in both for profit and not for profit health care settings. Her career clinical expertise is palliative and end of life care for older adults. She is currently the Chief Nursing Officer for Genesis HealthCare headquartered in Kennett Square, PA where she has positioned improving palliative and end of life care as a strategic priority for the company. Reifsnyder was co-founder and partner in Ethos Consulting Group, LLC, a company focused on program development, education/training and research/evaluation to advance end of life care. She completed a postdoctoral fellowship in psychosocial oncology at the University of Pennsylvania School of Nursing, and holds a PhD in nursing from the University of Maryland, a Master's Degree in Nursing from Thomas Jefferson University, and a Master's Degree in Business

Administration from George Washington University. She is Past President of the Board of Directors for the Hospice and Palliative Nurses Association, and currently serves on the Board of the Hospice Foundation of America. She is a member of American Nurses Association, the American Organization of Nurse Executives (AONE), HPNA and Sigma Theta Tau International, the Honor Society of Nursing. She is a fellow of the American Academy of Nursing. Dr. Reifsnyder has authored numerous abstracts, papers, and book chapters and was an editor of a 2011 multi-authored text, Population Health and co-author of Nurse's Law published in 2014.



Mildred Z. Solomon, EdD is the President of The Hastings Center, the nation's founding bioethics research institute, focused on examining the social and ethical implications of health and health care, science, and emerging biomedical technologies. She is also Professor (part-time) of Global Health and Social Medicine at Harvard Medical School, where she runs a Fellowship in Bioethics and has trained over 200 scientists, physicians and other kinds of professionals from across the United States and around the world. Dr. Solomon's own research covers a broad spectrum of topics --including, for example, the ethics of end-of-life care, organ transplantation, medical professionalism, and responsible conduct of

research. She recently completed a two-year term on the World Economic Forum's Global Futures Council on Technology, Values and Policy. She has served on committees of the National Academies of Sciences, Engineering and Medicine, on the US Secretary of Health and Human Services' Advisory Committee on Organ Transplantation, and is currently a member of the Global Health Advisory Committee of the Open Society Foundations' Public Health and Human Rights Programs. Dr. Solomon has over 70 academic publications in peer-reviewed journals and is also frequently cited in the mainstream media, including the Wall Street Journal, National Public Radio, New York Review of Books, The Daily Beast, Forbes, Science News, The Scientist and other outlets. A frequent public speaker, she has presented at Aspen Health, the New York Academy of Sciences, academic medical centers, and numerous public venues. Before leading The Hastings Center, she was Senior Director for Implementation Science at the Association of American Medical Colleges and before that, Vice

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President of Education Development Center, an independent research institute in Boston, MA. Dr. Solomon holds a B.A from Smith College and a doctorate in educational research methods from Harvard University.

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Advance Care Planning: Challenges and Opportunities A Workshop

PLANNING COMMITTEE MEMBERS

Robert M. Arnold, MD (Co-Chair)

Distinguished Service Professor of Medicine Chief, Section of Palliative Care and Medical Ethics Director, Institute for Doctor-Patient Communication Director of Clinical Training, Center for Bioethics & Health Law, University of Pittsburgh Chief Medical Officer, Palliative and Supportive Care Institute of UPMC

JoAnne Reifsnyder, PhD, RN, FAAN (Co-Chair)

Executive Vice President, Clinical Operations and Chief Nursing Officer Genesis Healthcare Representing the Hospice and Palliative Nurses Association

Patricia A. Bomba, MD, MACP, FRCP

Vice President & Medical Director, Geriatrics Excellus BlueCross BlueShield Chair, MOLST Statewide Implementation Team & eMOLST Program Director Chair, National Healthcare Decisions Day NYS Coalition

Jane Carmody, DNP, MBA, RN

Program Officer John A. Hartford Foundation

Anna Gosline, MPH

Senior Director of Strategic Initiatives Blue Cross Blue Shield of Massachusetts Executive Director Massachusetts Coalition for Serious Illness Care

Denise Hess, MDiv, BCC-HPCC, LMFT

Executive Director Supportive Care Coalition Representing Association of Professional Chaplains

Haiden Huskamp, PhD

30th Anniversary Professor of Health Care Policy, Department of Health Care Policy Harvard Medical School

Kimberly Sherell Johnson, MD

Associate Professor of Medicine Senior Fellow in the Center for the Study of Aging and Human Development Duke University School of Medicine

Rebecca A. Kirch, JD

Executive Vice President of Healthcare Quality and Value National Patient Advocate Foundation

Bernard Lo, MD

President Emeritus The Greenwall Foundation

R. Sean Morrison, MD

Ellen and Howard C. Katz Professor and Chair, Brookdale Department of Geriatrics and Palliative Medicine Co-Director, Patty and Jay Baker National Palliative Care Center Director, National Palliative Care Research Center Director, Hertzberg Palliative Care Institute Hermann Merkin Professor of Palliative Medicine Icahn School of Medicine at Mount Sinai

Judith R. Peres, LCSW-C

Long Term and Palliative Care Consultant Clinical Social Worker Board Member, Social Work Hospice and Palliative Care Network

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Leonard D. Schaeffer

Judge Robert Maclay Widney Chair and Professor, University of Southern California

Rebecca Sudore, MD

Professor of Medicine University of California, San Francisco

James A. Tulsky, MD

Chair, Department of Psychosocial Oncology and Palliative Care, Dana-Farber Cancer Institute Chief, Division of Palliative Medicine, Department of Medicine, Brigham and Women's Hospital Co-Director, Harvard Medical School Center for Palliative Care Professor of Medicine, Harvard Medical School

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Advance Care Planning: Challenges and Opportunities A Workshop

PLANNING COMMITTEE BIOGRAPHIES



Robert M. Arnold, MD (Co-Chair), is a Professor in the Division of General Internal Medicine, Department of Medicine at the University of Pittsburgh and in the University of Pittsburgh Center for Bioethics and Health Law. He completed his medical school training at the University of Missouri-Kansas City and residency at Rhode Island Hospital. Subsequently he has been on the faculty at the University of Pittsburgh. In 2000, Dr. Arnold was named the first Leo H. Creip Chair of Patient Care. The chair emphasizes the importance of the doctor-patient relationship, particularly at the end of life. He is the Director of the Institute for Doctor-Patient Communication and the Medical Director of the UPMC Palliative and Supportive Institute. He is clinically active in palliative care. Dr. Arnold

has published on end-of-life care, hospice and palliative care, doctor-patient communication and ethics education. His current research interests are focused on educational interventions to improve communication in life-limiting illnesses and better understanding how ethical precepts are operationalized in clinical practice. He also is working with the UPMC Health System to develop system-wide, integrative palliative services throughout the health system. He is the Past-President of the American Society of Bioethics and Humanities as well as the American Academy of Hospice and Palliative Medicine.



Joanne Reifsnyder, PHd, RN, FAAN (Co-Chair), has held executive and leadership roles in both for profit and not for profit health care settings. Her career clinical expertise is palliative and end of life care for older adults. She is currently the Chief Nursing Officer for Genesis HealthCare headquartered in Kennett Square, PA where she has positioned improving palliative and end of life care as a strategic priority for the company. Reifsnyder was co-founder and partner in Ethos Consulting Group, LLC, a company focused on program development, education/training and research/evaluation to advance end of life care. She completed a postdoctoral fellowship in psychosocial oncology at the University of Pennsylvania School of Nursing, and holds a PhD in nursing from the University of Maryland, a Master's Degree in Nursing from Thomas Jefferson University, and a Master's Degree in Business

Administration from George Washington University. She is Past President of the Board of Directors for the Hospice and Palliative Nurses Association, and currently serves on the Board of the Hospice Foundation of America. She is a member of American Nurses Association, the American Organization of Nurse Executives (AONE), HPNA and Sigma Theta Tau International, the Honor Society of Nursing. She is a fellow of the American Academy of Nursing. Dr. Reifsnyder has authored numerous abstracts, papers, and book chapters and was an editor of a 2011 multi-authored text, Population Health and co-author of Nurse's Law published in 2014.

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Patricia Bomba, MD, MACP, FRCP, a nationally & internationally recognized palliative care/end-of-life expert, currently serves as Senior Medical Director, Geriatrics and Palliative Care for Excellus BlueCross BlueShield (BCBS). In her role, Dr. Bomba serves as Program Director for New York's Medical Orders for Life-Sustaining Treatment (MOLST) & eMOLST & chairs the MOLST Statewide Implementation Team. She is a founding member of National POLST, a member of the Executive Committee of the National POLST Plenary Assembly and chairs the Federal Public Policy Committee. She is a member of NCQA's Geriatric Measurement Advisory Panel (GMAP). She served on the Institute of Medicine's Committee that produced Dying in America: Improving Quality and Honoring Individual

Preferences Near the End of Life. She is a member of the NASEM Roundtable on Quality Care for People with Serious Illness. Prior to working at Excellus BCBS, Dr. Bomba spent four years in academic medicine and nearly two decades in private practice focused on the care of frail older adults and patients with multiple co-morbidities. During the first decade, she served as a medical director and the primary physician for residents in a 160-bed long term care facility where she developed the first physician-nurse practitioner team model in Rochester in 1983. Dr. Bomba is author of several articles on issues related to advance care planning, palliative care, elder abuse and end-of-life concerns. She has spoken extensively regionally, statewide, nationally and internationally to professionals, community groups and professional organizations on issues related to advance care planning, MOLST, palliative care, pain management, elder abuse and other geriatric topics. Dr. Bomba earned a bachelor's degree from Immaculata College and graduated from the University of Virginia School of Medicine. She completed her residency in Internal Medicine at the University of Rochester. Dr. Bomba is board certified in Internal Medicine, with Added Qualifications in Geriatric Medicine. She attended the Executive Development Program at the Wharton Business School.



Jane Carmody DNP, RN has joined The John A. Hartford Foundation as a new Program Officer. Prior to joining the Foundation, Dr. Carmody held significant leadership positions with health care systems to include executive director of a large regional home health care and hospice organization for a newly formed health system, hospital chief nursing officer (CNO), health care system CNO and most recently a chief clinical leader for a large national home health care and hospice company. Dr. Carmody is a member of the ANA, AONE, NGNA, AGS, STTI and HFMA. She is certified as a nurse executive in practice (CENP) by the AONE, and as a nurse executive advanced (NEA-BC) by the ANCC. Dr. Carmody graduated from Mercy College in Des Moines with a diploma in nursing, from the University

of Nebraska at Omaha with a social work degree. She also holds an MBA from Creighton University and a DNP from Rush University.

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Anna Gosline, MPH, is the Executive Director of the Massachusetts Coalition for Serious Illness Care and the Senior Director of Strategic Initiatives in the Executive Office of Blue Cross Blue Shield of Massachusetts, which is the administrative home and primary funder of the Coalition. In her work at Blue Cross, Anna manages a diverse portfolio of policy, community and communications projects that touch on topics ranging from payment reform and health care costs to the opioid epidemic. She also leads the development of corporate-wide initiatives focused on serious illness and palliative care – from payment and

benefits, to provider partnerships and measurement, to community and policy work. Previously, Anna was the Director of Policy and Research at the Blue Cross Blue Shield of Massachusetts Foundation where she oversaw the Foundation's \$1 million+ policy and research program. Before joining the Foundation, she managed a large-scale health system study for the state of Vermont. In a previous life, Anna was a health care journalist in the UK and Canada. Anna holds a master's degree in health policy and management from the Harvard School of Public Health, a graduate certificate in science writing from the University of California, Santa Cruz and a bachelor's degree from the University of Toronto.



Denise Hess, MDiv, BCC-HPCC, LMFT comes to palliative care through over a decade of work as a palliative care chaplain with Providence St. Joseph Health in Torrance, California. Denise has a master's degree and license in marriage and family therapy, a master's degree in divinity, and is an ordained minister with the Presbyterian Church (USA). She was board certified with the Association of Professional Chaplains in 2011 and received palliative care and hospice advanced certification in 2014. She is currently the Executive Director for the Supportive Care Coalition, a

national partnership of Catholic health ministries committed to advancing excellence in palliative care.



Haiden Huskamp, PhD, is a health economist and professor of health care policy. Dr. Huskamp has three primary areas of research: 1) mental health and substance use disorder policy; 2) prescription drug policy; and 3) the financing and utilization of end-of-life care services. She also serves as co-director of Harvard Medical School's course on social and population sciences required of all first-year medical and dental students. Dr. Huskamp recently served as principal investigator for an RO1 funded by the National Institute of Mental Health (NIMH) focused on factors that influence physician adoption and use of antipsychotic

medications, and currently serves as principal investigator for an R01 funded by the National Institute on Drug Abuse (NIDA) assessing the effects of new payment and delivery models on substance use disorder treatment. She recently served as principal investigator for an NIMH grant on the effect of mental health parity on individuals with severe mental illnesses and high mental health service costs. Dr. Huskamp has published numerous papers on the impact of

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managed care for mental health services on utilization patterns, costs, and quality of care. She recently served as a member of the Institute of Medicine Committee on Developing Evidence-Based Standards for Psychosocial Interventions for Mental Disorders. Dr. Huskamp is an expert on the impact of pharmacy management tools used to control prescription drug costs on drug utilization, cost, and quality of care. She has written numerous papers on the Medicare Part D drug benefit and its implications for vulnerable populations, including individuals with a mental illness and nursing home residents. Through a Robert Wood Johnson Foundation Investigator Award in Health Policy Research, Dr. Huskamp examined the social costs and benefits of newer psychotropic drugs to assess their social value and identify ways that the value of psychotropic drug spending can be increased. She serves as principal investigator on an NIH-funded U01 grant examining characteristics of provider organizations that influence the diffusion of new technologies, including prescription drugs. She also served as a member of the Institute of Medicine Committee on Accelerating Rare Diseases Research and Orphan Products Development. Dr. Huskamp's research on end-of-life care includes a study of the changing characteristics of the hospice industry and the effects of industry changes on the provision of end-of-life care, a study of the timing of discussions about hospice care that occur between physicians and patients with metastatic lung cancer, and a study of patient-level variation in hospice costs. She served as a member of the Institute of Medicine Committee on Care for Children Who Die and Their Families, and she recently authored a paper on the financing of end-of-life care services published in the Institute of Medicine report "Dying in America."



Kimberly S. Johnson, MD, MHS is an Associate Professor with Tenure in the Department of Medicine, Division of Geriatrics, Center for Aging, and Center for Palliative Care at Duke University Medical Center in Durham, North Carolina. Her research focuses on understanding and eliminating racial disparities in palliative and end-of-life care. She has published widely and is nationally recognized for her work investigating how cultural beliefs and preferences and organizational practices and policies may influence the use of hospice care by older African Americans. Dr. Johnson is the Director of the Duke Center for Research to Advance Health Care Equity (REACH Equity). The Center focuses on developing and testing interventions to reduce racial disparities by

improving the quality of patient-centered care in the clinical encounter.



Rebecca Kirch, JD is EVP of Healthcare Quality and Value for the National Patient Advocate Foundation (NPAF), providing strategic focus and leadership in bringing patient and caregiver voices and values to the forefront of health reform efforts. As a leading health policy expert and advocate in her field, Rebecca is dedicated to advancing person-centered policies and practices that put people at the heart of healthcare. Prior to joining NPAF in 2016, she served for 15 years with the American Cancer Society and its advocacy affiliate, the American Cancer Society

Cancer Action Network, directing development and execution of coordinated quality of life and survivorship research, policy and advocacy activities. A frequently invited speaker on the patient and family experience and person-centered care priorities and practices, Rebecca has authored numerous articles and book chapters, including publications in the New England Journal of Medicine, Archives of Internal Medicine, JAMA Oncology, Health Affairs, Circulation and other professional

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journals. She is the recipient of numerous national awards, has been featured in multiple media outlets and also serves in leadership roles on several stakeholder advisory committees and advocacy coalitions. Rebecca is currently serving as a member of the National Academy of Science, Engineering and Medicine's Quality Care for People with Serious Illness Roundtable, as Quality of Life and Person-Centered Care task force co-chair for the American Congress of Rehabilitation Medicine, and a board member for children's oncology Care Camps.



Bernard Lo, MD is President Emeritus of the Greenwall Foundation and Professor Emeritus of Medicine and Director Emeritusof the Program in Medical Ethics at the University of California San Francisco (UCSF). A member of the National Academy of Medicine (NAM) Dr. Lo has chaired NAM committees on Sharing Clinical Trial Data (2015), Conflicts of Interest in Medical Research, Education, and Practice (2009), and Evidence-based Clinical Practice Guidelines for Prescribing Opioids for Acute Pain (2019). He is currently co-chairing a NAM committee on Ethical, Legal, and Regulatory Issues Associated with Neural Chimeras and

Organoids. Dr. Lo chairs the external advisory board of the Multiregional Clinical Trials Network and co-chaired the Standards Working Group of the California Institute for Regenerative Medicine, which recommended regulations for publicly funded stem cell research in California. Dr. Lo serves on the Board of Directors of Association for the Accreditation of Human Research Protection Programs (AAHRPP) and on the Medical Advisory Panel of Blue Cross/Blue Shield. Dr. Lo and his colleagues have published over 200 peer-reviewed articles on ethical issues concerning responsible oversight of research, decision-making near the end-of-life, the doctor-patient relationship, and conflicts of interest. During the COVID-19 he and his colleagues have written articles on allocation of ventilators, allocation of inpatient medications, and cardiopulmonary resuscitation. He is the author of Resolving Ethical Dilemmas: A Guide for Clinicians (6th ed., 2019). He continues to care for a panel of primary care internal medicine patients at UCSF.



R. Sean Morrison, M.D. is the Ellen and Howard C. Katz Professor and Chair of the Brookdale Department of Geriatrics and Palliative Medicine. He is also Co-Director of the Patty and Jay Baker National Palliative Care Center and Director of the National Palliative Care Research Center, national organizations devoted to increasing the evidence base of palliative care in the United States. Nationally, he has served as President and Secretary of the American Academy of Hospice and Palliative Medicine. Dr. Morrison is the recipient of numerous awards, including the American Academy of Hospice and Palliative Medicine's PDIA National Leadership, Excellence in Research, and Visionary Awards; the American Cancer Society's Distinguished

Achievement in Cancer and Clinical Research Professor Awards; the American Geriatrics Society's Outstanding Achievement for Clinical Investigation Award; and the Jacobi Medallion (Mount Sinai's highest recognition). Dr. Morrison has received over \$65 million dollars in research funding and published over 200 research articles focused on improving care for seriously ill older adults and their families. His work has appeared in all major peer-reviewed medical journals, including the New England Journal of Medicine, Annals of Internal Medicine, and the Journal of the American Medical Association. He edited the first textbook on geriatric palliative care and has contributed

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to more than 15 books on the subject of geriatrics and palliative care. As one of the leading figures in the field of palliative medicine, Dr. Morrison has appeared numerous times on television and in print to discuss his own research and to comment on matters related to older adults and those with serious illness. R. Sean Morrison received his ScB from Brown University and his MD from the University of Chicago Pritzker School Of Medicine. He completed his residency training at the New York Hospital-Cornell Medical Center followed by post-graduate fellowship training at the Mount Sinai School of Medicine in New York City. He has been on Mount Sinai's faculty since 1995.



Judith Peres, LCSW-C, is a clinical social worker with postgraduate training in cognitive/behavioral therapy and mind/body health. She has extensive experience in stress management, grief work, aging and palliative care. Her career spans over four decades in both Medicare and Medicaid health policy and direct clinical work. Her clinical practice includes Employee Assistance Program work for the Sheppard Pratt Institute in Baltimore, Maryland and work as both a psychotherapist and mind/body specialist for Kaiser Permanente. She draws on her experience in both psychotherapy and policy for her practice. Her practice focuses on assisting people with successful life transitions. Transitions represent the inner

reorientation and redirection we all experience when faced with major life changes. Changes, even desired ones, can create stress, anxiety and depression. She uses her cognitive/behavioral experience as a therapist, plus her clinical training in stress management and mind/body health, to support persons undergoing change, to transform a perspective of limitation to one of possibility. Research has shown that these skills and approaches are especially beneficial in restoring emotional well-being during times of change in our careers, family life, relationships, health, grief and aging. In addition, she is a Medicare provider and helps elders and their families navigate the uncharted waters towards successful aging with dignity and independence.



Leonard D. Schaeffer is the founding Chairman & CEO of WellPoint (now Anthem) which serves nearly 40 million medical members and has annualized revenues of \$92 billion. He is currently the Judge Robert Maclay Widney Chair and Professor at the University of Southern California and is a Senior Advisor to Starr Investment Holdings. Schaeffer was Chairman & CEO of WellPoint from 1992 through 2004 and continued to serve as Chairman through 2005. Under his leadership, WellPoint was selected by FORTUNE magazine as America's "Most Admired Health Care Company" for six consecutive years; named by BusinessWeek as one of the 50 best performing public companies for three consecutive years; and identified by Forbes magazine as America's best large health insurance company. Schaeffer was selected by BusinessWeek magazine as one of the "Top 25 Managers of the Year" and by Worth

magazine as one of the "50 Best CEOs in America." In 1986, Schaeffer was recruited as CEO to WellPoint's predecessor company, Blue Cross of California, when it was near bankruptcy. He managed the turnaround of Blue Cross of California and the IPO creating WellPoint in 1993. During his tenure, WellPoint made 17 acquisitions and endowed four charitable foundations with assets of over \$6 billion. Under Schaeffer's leadership, WellPoint's value grew from \$11 million to over \$49 billion. In 2009, Schaeffer established a new research center at USC. The Schaeffer Center for

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Health Policy and Economics emphasizes an interdisciplinary approach to research and analysis to promote value in health care and to support evidence-based health policy. In 2014, he established the Schaeffer Fellows in Government Service program which supports 50 undergraduates in highlevel, summer government internships. He has endowed chairs in health care financing and policy at the Brookings Institution, Harvard Medical School, the National Academy of Medicine (NAM), U.C. Berkeley and USC. Previously, Schaeffer was President and CEO of Group Health, Inc. of Minnesota, a staff model HMO. Schaeffer was also EVP and COO of the Student Loan Marketing Association, the national secondary market for student loans and earlier was a Vice President of Citibank and a consultant specializing in design and installation of large scale financial and management information systems. In the federal government, he served as Administrator of the Health Care Financing Administration (now CMS) and was responsible for Medicare and Medicaid. He was also the Assistant Secretary for Management and Budget of the federal Department of Health and Human Services. Previously, Schaeffer was Director of the Bureau of the Budget for the State of Illinois and also served as Chairman of the Illinois Capital Development Board and as Deputy Director for Management, Illinois Department of Mental Health and Developmental Disabilities. Schaeffer is active on the boards of numerous businesses, philanthropic and professional organizations. He was awarded a Doctor of Humane Letters (Hon) from USC and received the inaugural USC Sol Price Award for his lifetime achievements as a business leader, policy expert and philanthropist. He was the Regent's Lecturer at the University of California at Berkeley, a Gilbert Fellow at Princeton, and a Williams Fellow at RAND. He is a member of NAM and is the Chair of the Roundtable on Quality Care for People with Serious Illness. He is the Vice Chair of the Board of Trustees at the Brookings Institution. A native of Evanston, Illinois, he is a graduate of Princeton University.



Rebecca Sudore, MD, is a geriatrician, palliative medicine physician, and clinician investigator. She also directs the Innovation and Implementation Center in Aging & Palliative Care (I-CAP) and the Vulnerable Populations for Aging Research Core of the NIA-funded Pepper Center.

Dr. Sudore conducts research to improve advance care planning and medical decision making for diverse, vulnerable older adults. To this end, she has designed, tested and disseminated innovative, patient centered tools including an easy-to-read advance directive in over 10 languages (http://www.iha4health.org/our-services/advance-directive/) and an interactive, advance care planning website called PREPARE (www.prepareforyourcare.org).



James Tulsky, M.D. is Chair of the Department of Psychosocial Oncology and Palliative Care at Dana-Farber Cancer Institute, Chief of the Division of Palliative Medicine at Brigham and Women's Hospital, and Professor of Medicine and Co-Director of the Center for Palliative Care at Harvard Medical School. He is a Founding Director of VitalTalk (www.vitaltalk.org), a non-profit devoted to nurturing healthier connections between clinicians and patients through communication skills teaching. Dr. Tulsky received his A.B. from Cornell University, his M.D. from the University of Illinois College of Medicine at Chicago, and completed internal medicine training at the University of California, San Francisco (UCSF). He continued at UCSF as chief medical resident and subsequently as a Robert Wood Johnson Clinical

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Scholar. He was on the faculty of Duke University, last as Chief of Duke Palliative Care, from 1993 until 2015, when he joined Dana-Farber Cancer Institute. Dr. Tulsky has a longstanding research interest in clinician-patient communication and quality of life in serious illness and has published widely in these areas.