Equipping Mid-Career Clinicians with Core Skills for Serious Illness Care

Brynn Bowman, MPA Vice President of Education, Center to Advance Palliative Care

> Center to Advance Palliative Care^{**}

This is Everybody's Job

Most of the health care workforce cares for patients with serious illness.

We have an opportunity to relieve suffering – and improve value – in every clinical interaction.



The Need is Clear



of crisis ED visits and hospitalizations (excluding those for pneumonia) are due to exacerbations of preexisting and chronic symptoms—such as shortness of breath in COPD, or chronic pain in cancer.

Weiss AJ, Wier LM, Stocks C, Blanchard J. Overview of emergency department visits in the United States, 2011: Statistical Brief #174. Healthcare Utilization and Cost Project (HCUP) Statistical Briefs. Rockville, MD: Agency for Healthcare Research and Quality; 2006 Feb–2014 Jun.

Senot C, Chandrasekaran A. What has the biggest impact on hospital readmission rates. Harvard Business Review. 2015 Sep 23. Retrieved from <u>https://hbr.</u>org/2015/09/what-has-the-biggestimpact- on-hospital-readmission-rates.



Anchor solutions to patient need

Unmet patient need is welldocumented, SO...

Equip all clinicians with the skills needed to improve quality of life for patients with serious illness

Evidence base for palliative care is clear, so...

Ensure access to specialty palliative care for patients with most complex needs



CAPC Online Curriculum: Scalable Mid-Career Education

- → Who: Clinicians from all specialties, disciplines, and care settings
- → What: Training in pain and symptom management, communication, caregiver support, and disease-specific strategies
- → How: Online, self-study continuing education platform



Strategies for Scale

Motivation

Interprofessional Practice

> Accessibility and Easeof-Use

Adult Learning Best Practices



Training Highlights

- →47,000 individual health care professionals trained
- →355,000 courses completed
- →14,400 users with CAPC Designation (completion of full training unit, e.g. Communication Skills)
- →90% of users report likelihood to change practice







Removing Barriers to Achieve Standardization



Problem: Effective training has been contingent on palliative care leadership...and palliative care leaders don't have dedicated time.

→ Solution:

- Position palliative care leaders as strategic partners in population management for seriously ill patients – and allocate time for education
- Recruit champions from among clinical/organization leaders



Palliative Care Skills?

Or Good Health Care?



The Case

for Improving Communication and Symptom Management Skills



In the Care of Patients with Serious Illness

→ **Problem:** Physician engagement

→ Solution:

- Specialty professional associations
- Motivation: MOC, training convenience
- State requirements
- Undergraduate/graduate-level training reqs



- → Problem: "This isn't my job don't we have a palliative care team?"
- →Solution: Language matters. These aren't palliative care skills – they are good health care for people with serious illness, as reflected in quality measures.



Creating Culture Change



Centola D, Becker J, Brackbill D, Baronchelli A. Experimental evidence for tipping points in social convention. *Science*. 2018 Jun;360(6393):1116-1119. DOI: 10.1126/science.aas8827.

- → Problem: Training alone is insufficient to create practice change.
- Solution: Leaders of provider organizations prioritize culture change around serious illness care
 - American Hospital Association
 - Community-based care providers



Training the Workforce We Have

Practicing US Clinicians:

- 1,005,295 physicians
- 141,150 physician assistants
- 165,480 nurse practitioners
- 2,951,960 registered nurses
- 380,659 social workers

>4.6 MM practicing clinicians

Kaiser Family Foundation. State Health Facts – Providers and Service Use. Retrieved October 20, 2019, from https://www.kff.org/state-category/providers-service-use.

U.S. Department of Labor, Bureau of Labor Statistics. (2018). Occupational Employment and Wages, May 2018. Retrieved October 20, 2019, from https://www.bls.gov/oes/current/oes291141.htm.

Fulmer T, Koren MJ, Hernández S, Hult A. Physicians' views on advance care planning and end-of-life care conversations. *J Am Geriatr Soc.* 2018 Jul;66(6):1201–5. doi: 10.1111/jgs.15374. Epub 2018 May 23.

National Commission of Certification of Physician Assistants. (2018). 2018 Statistical Profile of Certified Physician Assistants by Specialty: Annual Report. Retrieved from https://www.nccpa.net/research.

The George Washington University Health Workforce Institute and School of Nursing. (2017). *Profile of the Social Work Workforce*. Retrieved https://www.cswe.org/Centers-Initiatives/Initiatives/National-Workforce-Initiative/SW-Workforce-Book-FINAL-11-08-2017.aspx.

ved from C Center to Advance Palliative Car

Training the Workforce We Have





The Bottom Line

We know what the needs are.

We know how to deliver training.

It's time to execute.



