

# Addressing the Adverse Consequences of Cancer Treatment

**A WORKSHOP**

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**#NatlCancerForum**



NATIONAL  
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FORUM

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## CONCLUDING REMARKS

Cathy Bradley, University of Colorado Cancer Center

# LIVED EXPERIENCES WITH ADVERSE EFFECTS OF CANCER TREATMENT

- Dr. Wendy Harpham, Keynote Speaker
  - Addressing cancer saves lives; Addressing adverse equally important in saving lives
- Immediate, intermediate, and late effects
  - Health inequities persist: the burden of adverse consequences are not shared equally
    - Structural racism and health system factors contribute to unequal care and outcomes
  - Adverse consequences span physical, psychosocial, socioeconomic effects and can affect families and social support network, including those in the workforce
    - Mental health, sexuality, and financial implications are un- or under-addressed
    - Shame, stigma with cancer survivorship continue to be reported (Tyranny of a Positive Outlook)
  - Population-specific needs, varying by age

Emphasis on the entire person, not just their cancer

# ADDRESSING ADVERSE CONSEQUENCES

## PATIENTS AND PRACTICE LEVEL INTERVENTIONS

- Communication
  - Align care with their values, preferences, and needs using methods from decision sciences
  - Screening instruments to identify psychosocial symptoms; address with evidence-based guidelines and collaborative care models
  - Use geriatric assessments to tailor care to older adults
  - Talk about financial implications and adapt care plans as needed
- New models of care delivery and payment
  - Integration and training of primary care, cardiology, geriatrics, and palliative care earlier in the treatment course; Collaborative models
  - Integration and training of patient navigators, community health workers, and financial counselors in cancer care delivery
  - De-implementation/de-escalate to stop care with significant risks of adverse events
  - Telehealth and digital health strategies to assess and address adverse consequences
  - Incentivize/reward care that addresses the adverse consequences of cancer treatment; advances in payment models
  - Stratified risk models for care delivery
  - Patient-centered models (remote care & symptom monitoring)

# ADDRESSING ADVERSE CONSEQUENCES POLICY AND RESEARCH SOLUTIONS

- Policy
  - Health care coverage and preservation and expansion of provisions in the ACA
  - Paid sick leave
  - Embed equity within institutional culture, certification programs, and payment models
  - Greater investment in pipeline programs to diversify clinical and administrative staff
  - Health professional education and training competencies: equity, having difficult conversations, building trust, empathy, listening, team-based care (inter- and intra-professional collaboration)
  - Quality measurement: cancer survivorship and primary care
- Research: Strengthen the evidence base about the adverse consequences of cancer treatment
  - Expand data systems for surveillance
    - Larger population, cross insurance payers
    - Equity
    - New classes of long-term (perhaps lifelong) therapies (e.g., immunotherapy)
    - Comorbidities; second primaries
    - Patient reported outcomes
  - Modeling, machine learning, and culturally or identity-driven interventions

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# WORKSHOP PLANNING COMMITTEE

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**THANK YOU!**