Presentation To The Committee Of The National Academies Of Sciences, Engineering, And Medicine

Clinical Utility Of Treating Patients With Compounded "Bioidentical Hormone Replacement Therapy"

> Gina Besteman, R.Ph. Director of Compounding and Dispensing Women's International Pharmacy November 12, 2019

Over the course of its existence, Women's International Pharmacy has compounded over <u>149,000</u> unique hormone formulations using less than 10 hormones in individualized strengths and dosage forms.

This number grows every day.



## Why would 149,000 plus different combinations of bioidentical hormones and dosage forms be needed?



- Hypothyroidism
- Inflammatory Gut and Digestive Diseases/Syndromes
- Inability to Swallow
- Allergies or Sensitivities
- Inability to Convert Hormones within the Body
- Transitioning Transgender Patients



## **Thank You**

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