

# Educating Health Professionals to Address the Social Determinants of Mental Health: A Workshop

## . . . of the Global Forum on Innovation in HPE

**November 14-15**

Keck Center of the National Academies, Room 100  
500 Fifth Street NW, Washington DC 20001

WORKSHOP OBJECTIVE: To understand the physical and mental health impacts of being exposed to the social determinants from a Macro and Mezzo level so the knowledge can be applied in a Micro level

**DAY 1: NOVEMBER 14**

**Opening by Forum Co-chair: Caswell Evans, University of Illinois, Chicago**

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| 9:00am                                                                                                                                                                                            | <b>Welcome by workshop co-chairs</b> <ul style="list-style-type: none"> <li>Kennita Carter, HRSA &amp; Carl Sheperis, Texas A&amp;M</li> </ul>                                                                                                                                                                                                                                                                                                                                                                              |
| <b>UNDERSTANDING THE SOCIAL DETERMINANTS - MACRO</b>                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Session Objective: To bring awareness to educators and practitioners that a person's mental and physical health are impacted by the social determinants and the two cannot be disentangled</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 9:15am                                                                                                                                                                                            | <b>Social determinants of mental health across the lifespan</b> <ul style="list-style-type: none"> <li>Ruth Shim, University of California, Davis</li> </ul> <b>Q&amp;A</b>                                                                                                                                                                                                                                                                                                                                                 |
| 10:00am                                                                                                                                                                                           | <b>A framework for educating health professionals to address the SDH</b> <ul style="list-style-type: none"> <li>Julian Fisher*, Hannover Medical School, Germany</li> </ul> <b>Table exercise</b> <ul style="list-style-type: none"> <li>Reflecting on living histories in terms of SDH</li> <li>Developing your own LLL commitment to educating others about the SDMH</li> </ul>                                                                                                                                           |
| 10:10am                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 10:40am                                                                                                                                                                                           | <b>Break</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>UNDERSTANDING THE SDMH – MEZZO</b>                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Session Objective: To provide background and context for exploring the development of an educational module addressing the social determinants of mental health across the life course</b>     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 11:00am                                                                                                                                                                                           | <p style="text-align: center;"><b>Building a health workforce to address SDMH</b></p> <b>Opening:</b> Wendi Schweiger, National Board for Certified Counselors<br><b>Moderator:</b> Andrew Dailey, APA Minority Fellowship Program <ul style="list-style-type: none"> <li><b>Panelist 1</b> – Robert Horne, NBCC Minority Fellow</li> <li><b>Panelist 2</b> – Duy Nguyen, CSWE Minority Fellowship Program</li> <li><b>Panelist 3</b> – Dolores Subia BigFoot, APA Minority Fellow</li> </ul> <b>Facilitated discussion</b> |

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| 12:30pm                                                                              | <b>LUNCH</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 1:30pm                                                                               | <p><b>Educating the Educator on an interprofessional approach to addressing the SDMH through education and action</b></p> <p><b>Facilitators:</b> Sandra Crewe, Howard University School of Social Work, &amp; Kathleen Klink, Office of Academic Affairs at the Veterans Health Administration</p> <ul style="list-style-type: none"> <li>• Learning from the workshop participants</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 2:30pm                                                                               | <b>BREAK</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <p><b>APPLYING MACRO &amp; MEZZO UNDERSTANDING OF SDH/MH TO MICRO APPROACHES</b></p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 3:00pm                                                                               | <p><b>Bringing education to life in and out of the classroom</b></p> <p>Facilitator: Zohray Talib, California University of Science and Medicine</p> <p><b>Hearing from the community</b><br/> Leader: Sandra Lane*, Syracuse University<br/> Community members:<br/> <ul style="list-style-type: none"> <li>- Love Mouity, Catholic Charities</li> <li>- Timothy "Noble" Jennings-Bey, CEO of the Street Addictions Institute Inc.</li> </ul> <ul style="list-style-type: none"> <li>o What suggestions do you have for health professional educators who want to take their students out of the classroom to meet members of the community?</li> </ul> </p> <p><b>Hearing from HPE students</b><br/> Leader: Matthew Shank, President Emeritus, Marymount University<br/> Students:<br/> <ul style="list-style-type: none"> <li>- Meghan Hamlin, School of Health Professions, Marymount University</li> <li>- Molly Vencel, School of Nursing and Health Studies, Georgetown University</li> <li>- Nigel Walker, Health Systems Management, George Mason University</li> </ul> <ul style="list-style-type: none"> <li>o What class had the greatest impact on you and why? And how might service-learning be made more effective from your perspective?</li> </ul> </p> <p><b>Hearing from HP faculty providers</b><br/> Leader: Warren Newton, ABFM<br/> Faculty providers: Terri Lipman, University of Pennsylvania, School of Nursing<br/> <ul style="list-style-type: none"> <li>o How might you apply the points raised by students and community members to create transformative learning opportunities?</li> </ul> </p> <p><b>Panel discussion with the leaders</b><br/> <b>Moderator: Zohray Talib</b></p> <ul style="list-style-type: none"> <li>• Community members leader: Sandra Lane</li> <li>• HPE students leader: Matthew Shank</li> <li>• Faculty providers: Warren Newton &amp; Terri Lipman</li> </ul> |
| 4:30/5pm                                                                             | Adjourn                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

## DAY 2: NOVEMBER 15

### Opening by Forum Co-chair: Debra Powell, University of Minnesota

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| 8:00am                                                                                                                                                                                              | <p><b>Welcome by workshop co-chairs</b></p> <ul style="list-style-type: none"> <li>• Kennita Carter, HRSA &amp; Carl Sheperis, Texas A&amp;M</li> </ul> <p><b>Policy leaders driving mental health legislature &amp; its impact on HPE</b></p> <ul style="list-style-type: none"> <li>• Moderator: David Benedek, Center for the Study of Traumatic Stress, Uniformed Services University</li> <li>• Seth Moulton, U.S. House of Representatives, &amp; fmr marine officer</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>MICRO APPROACHES TO EDUCATING HEALTH PROFESSIONALS ON THE SOCIAL DETERMINANTS OF MENTAL HEALTH</b>                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <p><b>Session Objective: Apply previous workshop discussions to exploring health professional education on the social determinants of mental health at three moments across the life course</b></p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 8:30/8:45am                                                                                                                                                                                         | <p><b>Breakout Group Instructions – go to breakout room</b></p> <p>Discuss the SDH education framework as it relates to mental health challenges described through living histories</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 8:45/9:15am                                                                                                                                                                                         | <p><b>SDMH Affecting Perinatal Mood Disorders: Triggers of Anxiety</b></p> <p>Gloria is a 27 y/o multipara female who presents to Rochester Regional Health in active labor with preterm premature rupture of membranes</p> <ul style="list-style-type: none"> <li>- Leaders: Robert Keefe, University at Buffalo &amp; Emily Miller, Northwestern University</li> </ul> <p><b>SDMH Challenges in Young Adulthood</b></p> <p>Person X is between the ages of 18-21 years, in good physical health, presenting with suicidal ideations</p> <ul style="list-style-type: none"> <li>- Leaders: Stephanie Townsell, American Osteopathic Association &amp; Mildred “Mit” Joyner, President Elect, National Association of Social Workers</li> </ul> <p><b>SDMH issues touching older adults</b></p> <p>Celia is a 78 year old Boston woman who was admitted to the ER unable to walk after experiencing a work-related injury. She is otherwise in generally good health.</p> <ul style="list-style-type: none"> <li>- Leaders: Jorge Delva*, Boston University, &amp; Melissa Batchelor-Murphy, Center for Aging, Health and Humanities, GWU</li> </ul> |
| 10/10:10am                                                                                                                                                                                          | <p><b>Return to main room</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 10:15/30am                                                                                                                                                                                          | <p><b>Sparkling Thoughts and Ideas</b></p> <ul style="list-style-type: none"> <li>• What activities can learners participate in, both in and out of the classroom, to learn about and affect the social determinants of mental health in the policy sphere?</li> <li>• Revisiting your LLL commitment to educating others about the SDMH</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 11:00am                                                                                                                                                                                             | <p><b>Adjourn</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

\*served on the NASEM committee that developed the framework for educating health professionals on the SDH