

SDMH Issues Touching Older Adults

Case Study of Celia

Leaders

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Breakout Group Agenda

9-9:10am - Opening & BRIEF introductions

9:10-9:30am - Discuss case study

9:30-9:50am - Small group activity

9:50-10:00am - Large group discussion

10:00-10:15am - Return to the main room

Social History – Rounding Update

Celia is a 78 year old woman who has worked her entire life. She recently stopped working due to a work-related injury. She lives alone.

- Celia has lived in Boston all her life
- She rents a 1-bedroom apartment in Boston
- Rent has gone up in her neighborhood

Medical History – Rounding Update

Celia is a 78 year old Boston woman who was admitted with an acute metatarsal fracture of her right foot after a computer was dropped on it. She also has arthritis that she mostly controls with nonsteroidal anti-inflammatory drugs, and mildly high blood pressure that she usually takes diuretics for.

- Celia's blood pressure and pain are now under control. She is medically stable and ready for discharge. The social worker will work with her on discharge planning, with instructions to get a walker and a follow-up appointment with orthopedics in [2] weeks

Now that she's medically stable, is there any reason not to discharge her?

Do you have any
questions for Celia before
you discharge her?

Social History – Rounding Update

- Relationships

- Celia's husband died 10 years ago
- She has no family support - her 2 siblings passed away; she has a niece that she is not in touch with; her only child died young of cancer
- She is not connected with any churches

- Living situation

- Rising rent in her neighborhood
- Recently evicted

Social History – Rounding Update

Meet Celia

<https://www.youtube.com/watch?v=qgstNo7QZDw>

What were the social determinants that affected Celia?

List the SD that affected Celia

1. _____

2. _____

3. _____

4. _____

Small Group Activity

- Form 3 teams by counting 1,2,3
 - Team 1 goes to the first easel
 - Team 2 goes to the second easel
 - Team 3 goes to the third easel
- Record your responses on the flip chart – add to the other groups' responses
- Each group gets [5min] to discuss the question and record their responses before moving to the next easel

Reconvene in Large Group

1. How might the social determinants have affected Celia's physical and mental health?
2. In what ways do the social determinants affect the elderly differently than at other points along the life course?
3. What activities can students do in and out of the classroom to learn about and to address the social determinants of mental health of elderly populations in the policy sphere?