

New York City Transit Workers: An Essential Workforce

Multilevel Interventions to Reduce Risk of Adverse Impacts of Covid-19 and other Bioevents

National Academies
Indoor Air Management of Airborne Pathogens:
Public Transportation
Virtual Forum

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NYC Transit

Facts

Metropolitan Transportation Authority (MTA) is the largest public transportation network in North America

- The largest transit workforce in the country -- 40K
 Employees.
- \$18.5 billion operating budget.
- In 2019, average weekday subway ridership was 7.7 million.
- 2.2 million people per day ride the buses.
- Nearly 6K buses and roughly 7K subway cars.

NYC Transit Workers & COVID-19

 In March 2020, NYC transit workers (MTA) were thrust into the role of frontline workers- they provided a "pandemic lifeline" to NYC

In the first wave (Mar 15 - June 30)

[From March 22 - June 13th NYC was in "pause".... lock-down]

- March 6, 2020 MTA memo forbidding facemasks
- In the first wave- the workforce—experienced high rates of infection (15%), quarantine or home isolation (>10k), high rates of hospitalizations, and a high number of fatalities (125), which was the most of any agency in NYC
- MTA workers also mourned the loss of family members, friends, and co-workers

The initial Response.....

- By March 20th, face masks were allowed
- Aerosol transmission was not initially recognized
 - CDC on May 7, 2021
 - WHO on Dec 23, 2021

NYC Transit: Early Interverntions

 April 17, 2020 mandatory face mask use required by workers and riders

Transit worker harassment, verbal abuse, and physical assault

 May, 2020 nighttime cleaning of subways and buses and use of UVC light for sterilization

TWU Local 100 Covid-19 Pilot Study:

NYU School of Global Public
Health partnered with leaders
from the Transport Workers
Union (TWU) Local 100 to
conduct a pilot study of TWU
members in August 2020. We
collected survey data from 645
members, which closely
matched the demographics of
TWU members.



Pilot Study Results (N=645) Aug, 2020

- 80% were male
- 70% were racial or ethnic minorities Mean age was 51 years old
- 45% were in public facing positions with 30% of these in the bus division
- By Aug, 2020, nearly 40% had been under quarantine
- 39% had at least one chronic condition



Key Findings: Covid-19 and Mental Health

- A large proportion of workers (24%) reported a history of Covid-19 infection.
- High levels of fear and concern were reported among TWU members:
 - 90% were afraid of getting infected at work
 - Lack of Any PPE was associated with increased fear
 - Nearly three-quarters (72%) were fearful of long-term health impacts of Covid-19
 - 71% were fearful for the personal safety (security) at work
 - 69% were concerned about being infected in the community
 - 91% knew someone infected,76% knew someone who had died of Covid-19. Yet.....Originally Only 30% intended to be vaccinated
- A large majority (over 80%) reported Mental Health problems (e.g., felt nervous, anxious or on edge, had trouble sleeping or eating problems) because of the pandemic
- The most serious source of MH problems reported; "fear for safety at work"

Early Interventions for Transit Workers

- Several workplace interventions were rolled out
 - MTA opened an on-site vaccination hub with the goal of vaccinating 1,000 workers per week
 - MTA also provided four hours in **bonus wages** for workers who get vaccinated (two hours for each dose they receive)
 - Worker's not vaccinated must be tested weekly- vaccine is not mandatory due to crew shortages
 - Symptom monitoring at work, including workers being sent home because they have symptoms or were possibly exposed at work
 - Increase in availability of personal protective equipment, Plexiglas shields in buses, safety supplies, and implementation of new sanitation protocols
- NYC launched community interventions massive testing, tracing and vaccination programs
- About 70-80% of MTA workers have been vaccinated thus far

Recognition of Loss and Bereavement TWU, Local 100 mourned the loss of family members, friends, and co-workers





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Feb 22, 2022, NY Times





23 People injured April 15,2022 Subway Shooting

Retirements, transfer to other NYC agencies, exit from workforce

Current Challenges

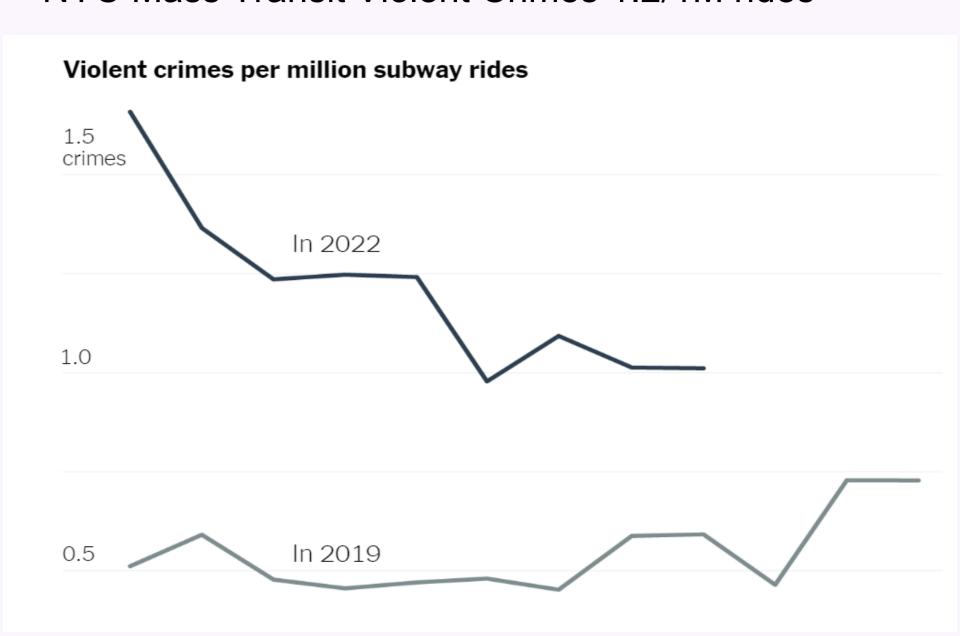
Rider Safety

Jan 15, 2022 Woman Dies After Being Pushed Onto Subway Tracks in Times Square

The police said Michelle Go, 40, of Manhattan, was shoved in front of an R train as it approached a 42nd Street platform in Manhattan on Saturday morning. NY Times



NYC Mass Transit Violent Crimes 1.2/1M rides



Study Overview

- NIH recently funded our 5-year, 5-phase study, in partnership with the
 Transport Workers Union (TWU), Local 100. This study is designed to:
 - (1) Evaluate **multi-level interventions** (to-date) on worker health and well being (Implementation of the Pandemic Plan of 2012).
 - (2) Develop and implement interventions to **reduce risk and enhance worker resilience** using participatory action research and community-engaged framework.
 - (3) Disseminate findings to provide input into **policy** changes and inform operations to **protect** these and **other non-healthcare essential workers** during other pandemic events.

Potential Strategies for Improvement

- Improved coordination and support with federal, state, and city health authorities
- Create a joint labor and management Emergency Management Committee
- Implementation of Hierarchy of Controls in the Workplace
- Improvement of pandemic preparedness plans
- Policies that ensure rapid scale-up necessary testing, contact tracing, vaccination of workers
- Establish policies and programs that support the mental health and wellbeing of transit workers during and in the aftermath of disasters
- Improve communication and training to heighten worker awareness of how to protect themselves during infectious disease outbreaks
- Provide reasonable job accommodations for those workers who are increased risk for infection
- Implement safeguards to address increased violence towards transit workers
- Standard cleaning and sanitation protocols for both normal operations and during bioevents

Opportunities for Future Action

Providing Equal Protection for non-traditional frontline workers

- Many of these workers are employed in public facing jobs (transit, food chain, retail pharmacy, etc.)
- Many are members of racial/ethnic minority groups
- Despite serving indispensable role during the pandemic, many continue to earn low wages and receive limited benefits and substandard access to care
- Stark example of occupational health disparities because they did not have the same level of preparedness and worksite controls provided to other frontline workers

Thank you



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"NYC Transit Workers and COVID-19: Impact of Multilevel Interventions"