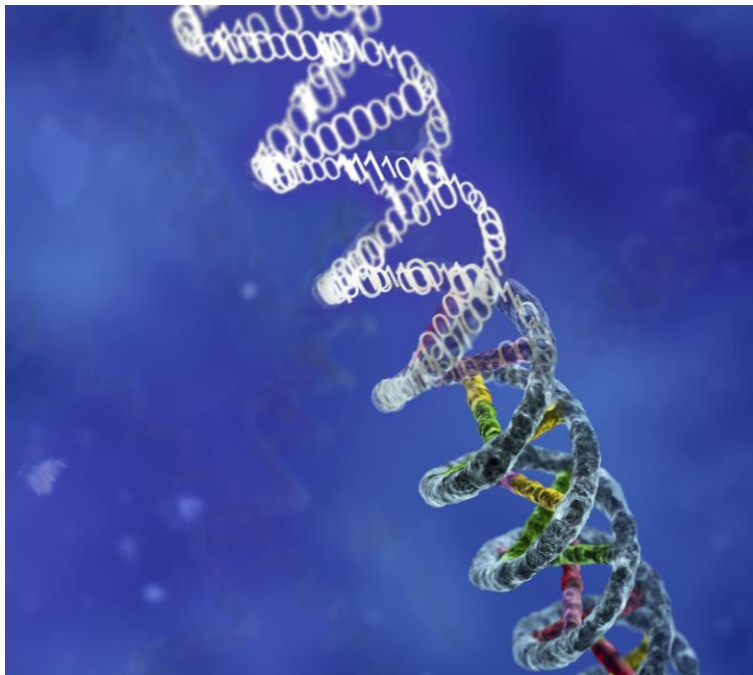




# Cell Free DNA Screening for Aneuploidy



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# Disclosures

- Principal Investigator of clinical trials of cfDNA screening supported by Ariosa Diagnostics and by Natera
- No personal financial involvement in any of the cfDNA companies

# Objectives

- Elucidate options for accelerating pace of implementation and evidence generation in genomic medicine
- Highlight strategies for reaching diverse populations
- Explore challenges, successes, and best practices to facilitate rapid and appropriate translation of genomic medicine into population health

# Objectives

- Elucidate options for accelerating pace of implementation and evidence generation in genomic medicine—*when we have good, unbiased effectiveness data*
- Highlight strategies for reaching diverse populations
- Explore challenges, successes, and best practices to facilitate rapid and *appropriate* translation of genomic medicine into population health

# Cell free DNA screening

- Clinical testing was developed over decade from 2000-2010
- Introduced as clinical test in October 2011
- High sensitivity, specificity, PPV, NPV in carefully pre-selected populations

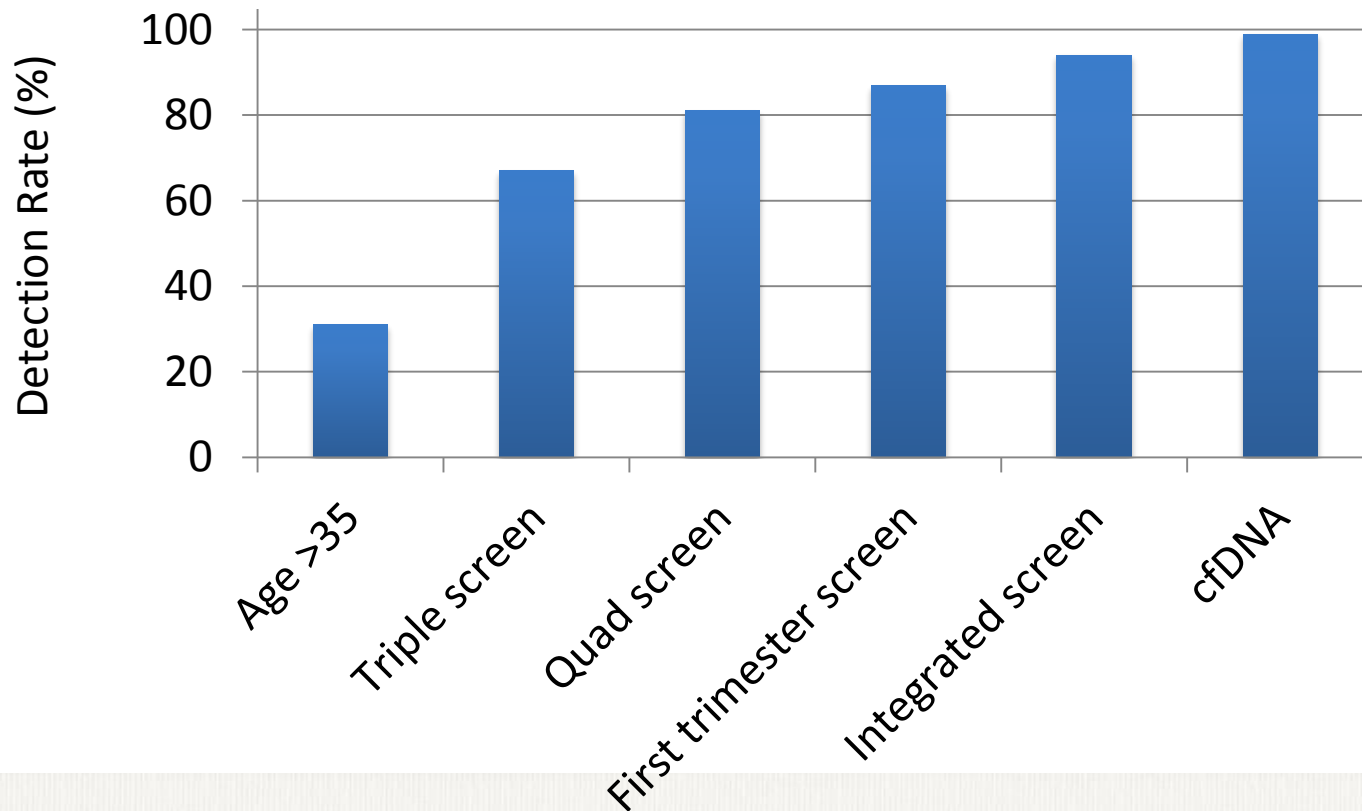
# Cell free DNA screening: *A Cautionary Tale*

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# Cell free DNA screening

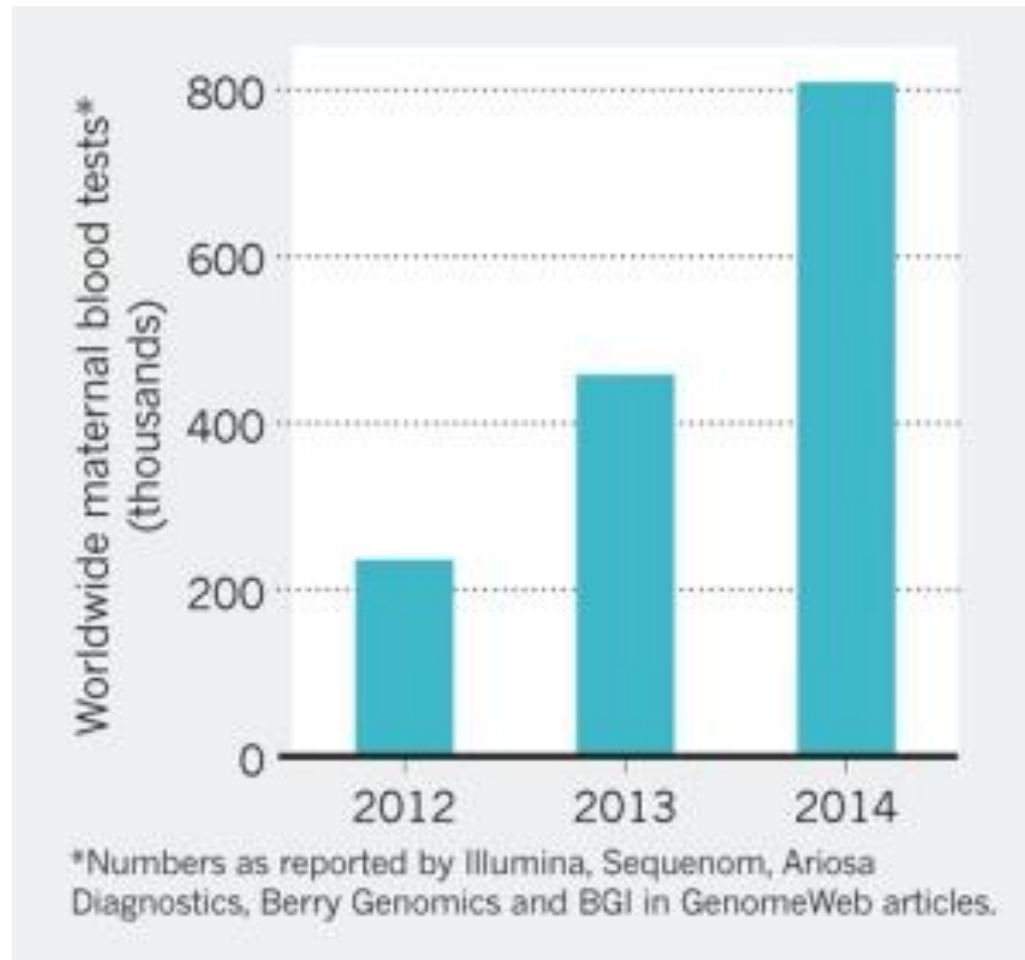
- Prior to cfDNA, screening through ultrasound and biomarkers
  - Broad, inexpensive screening for many conditions
- Diagnostic testing with chorionic villus sampling, amniocentesis
  - Low risk of complications,  $\sim 1/500-1000$

# Detection rate of prenatal screening for Down syndrome has improved over time

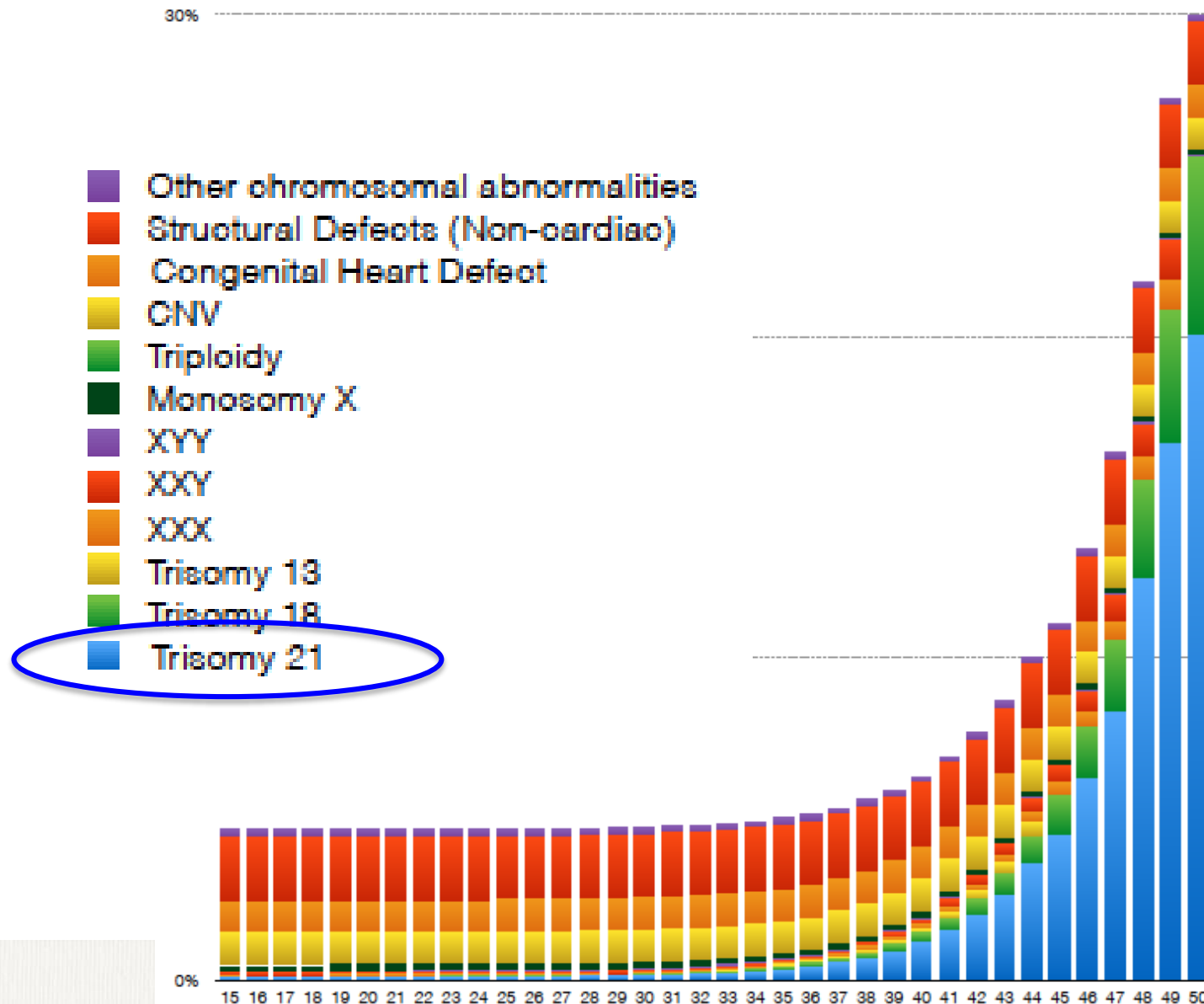




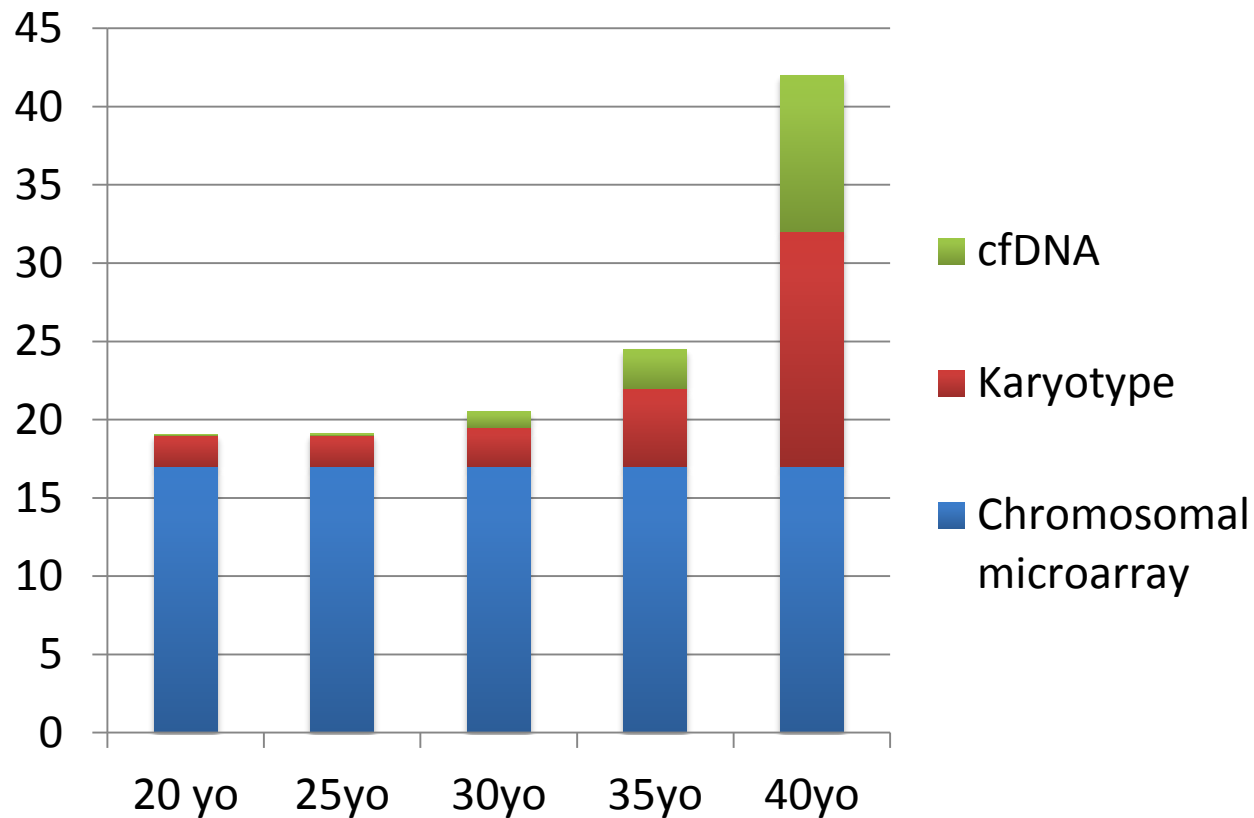
# Uptake of cfDNA screens (in thousands)



# Rate of abnormalities by maternal age



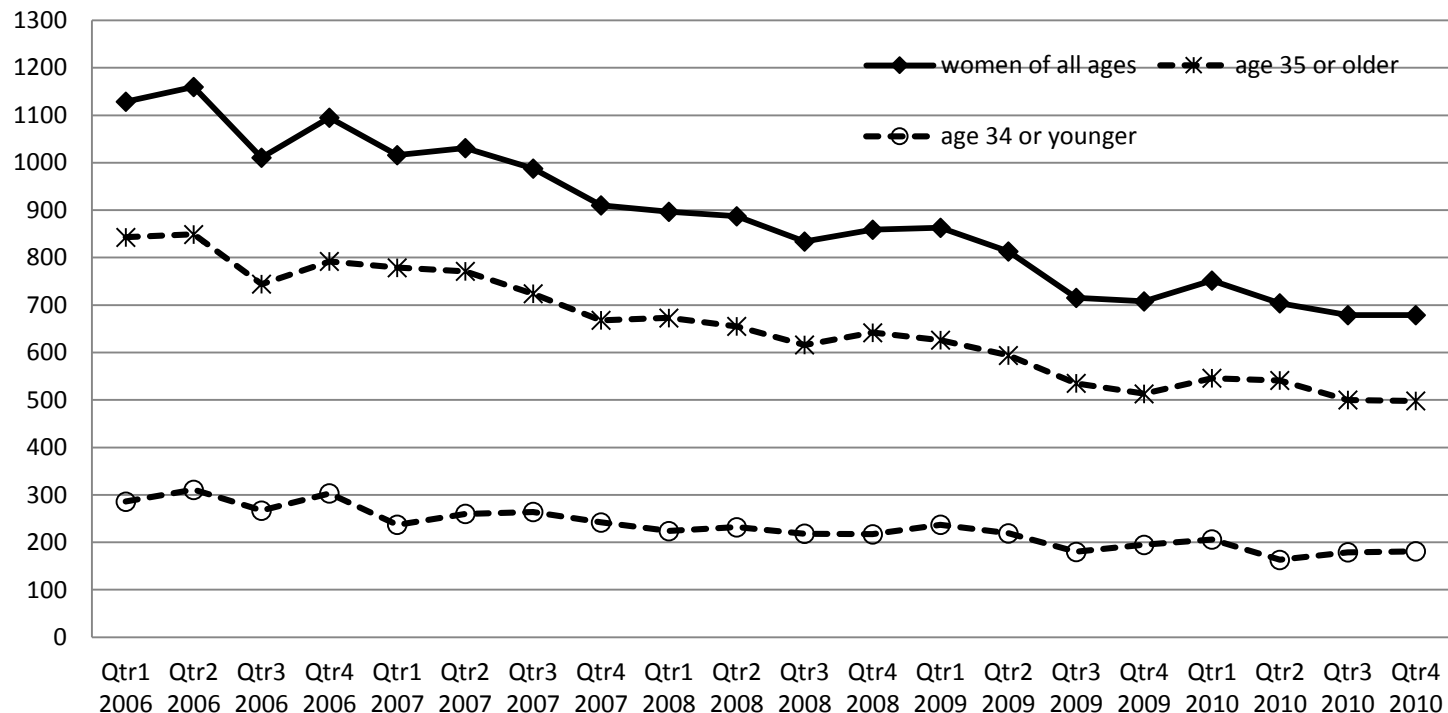
# Abnormalities detected per 1000 births



# Cell free DNA screening

- Prior to cfDNA, screening through ultrasound and biomarkers
  - Broad, inexpensive screening for many conditions
- Diagnostic testing with chorionic villus sampling, amniocentesis
  - Low risk of complications,  $\sim 1/500-1000$
- cfDNA screens for *fewer conditions at higher cost*

# Volume of Prenatal Diagnosis Procedures 2006-2010 at Kaiser Northern California



*Norton et al, 2012*



The American College of  
Obstetricians and Gynecologists  
WOMEN'S HEALTH CARE PHYSICIANS



Society for  
Maternal-Fetal  
Medicine

*(Published Electronically Ahead of Print on June 26, 2015)*

# COMMITTEE OPINION

Number 640 • September 2015

*(This Committee Opinion Replaces Committee Opinion Number 545)*

**Committee on Genetics**  
**Society for Maternal-Fetal Medicine**

*This document reflects emerging clinical and scientific advances as of the date issued and is subject to change. The information should not be construed as dictating an exclusive course of treatment or procedure to be followed.*

## Cell-free DNA Screening for Fetal Aneuploidy

# ACOG/SMFM September 2015

- Conventional screening is most appropriate first line screen for most patients
- Ethically, any patient may choose cfDNA screening, but should be counseled regarding limitations and benefits
- Diagnostic testing is required to confirm abnormal results before irreversible decisions
- Testing for microdeletions and in twins should not be performed

# Challenges of appropriate implementation

- Inadequate provider knowledge
- Lack of standardized patient education/information
- Misunderstanding of the test
  - “non-invasive amniocentesis”
- Misunderstanding of results (PPV)



## **Discordant noninvasive prenatal testing and cytogenetic results: a study of 109 consecutive cases**

Jia-Chi Wang, MD, PhD<sup>1</sup>, Trilochan Sahoo, MD<sup>1,2</sup>, Steven Schonberg, PhD<sup>3</sup>, Kimberly A. Kopita, MS<sup>1</sup>, Leslie Ross, MS<sup>1</sup>, Kyla Patek, MS<sup>3</sup> and Charles M. Strom, MD, PhD<sup>1</sup>

*Genet Med* 2015

## Wang et al, *Genetics in Medicine*, 2015

| Aneuploidy   | No. of positives | No (%) confirmed |
|--------------|------------------|------------------|
| T21          | 41               | 38/41 (93%)      |
| T18          | 25               | 16/25 (64%)      |
| T13          | 16               | 7/16 (44%)       |
| 45X          | 16               | 6/16 (38%)       |
| <b>Total</b> | <b>98</b>        | <b>67 (67%)</b>  |

LabCorp Genetic Testing

Questions  
(800) 848 - 4436

COLLECTION DATE:

01/01/2012

RECEIVED DATE:

01/02/2012

OTHER PROVIDER:

FAX #:

987-654-3210

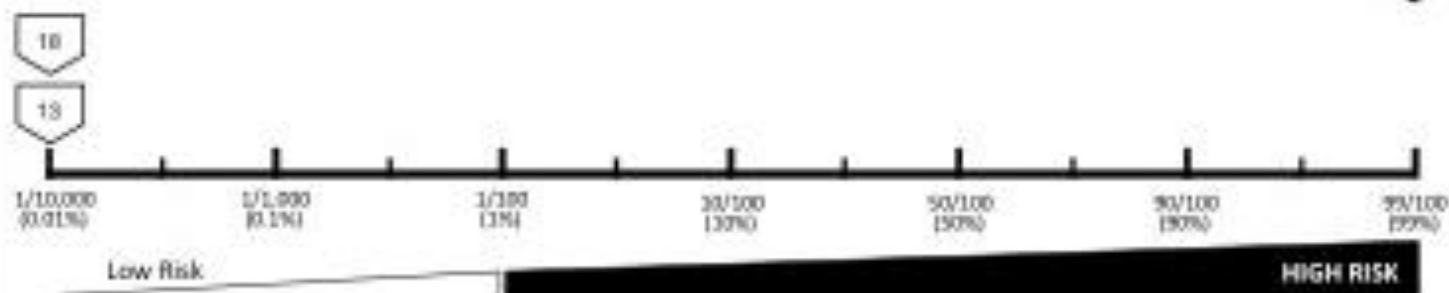
REPORT DATE:

01/12/2012

## Test Results

| CHROMOSOME       | RESULT    | RISK SCORE                 | RECOMMENDATION                            |
|------------------|-----------|----------------------------|---|
| Trisomy 21 (T21) | HIGH RISK | Greater than 99/100 (99%)  | Genetic counseling and additional testing |
| Trisomy 18 (T18) | Low Risk  | Less than 1/10,000 (0.01%) | Review results with patient               |
| Trisomy 13 (T13) | Low Risk  | Less than 1/10,000 (0.01%) | Review results with patient               |

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TEST DESCRIPTION

CLINICAL DATA

# The poorly understood PPV

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GLOBE NORTH

GLOBE SOUTH

GLOBE WEST

DATA DESK

## Oversold prenatal tests spur some to choose abortions



# “Disruptive technology”

- “A good disruptive technology can succeed in creating a market that didn’t exist before by meeting a need that people didn’t know they needed.”

# What has contributed to very rapid uptake?

- Valid, legitimate evidence?
  - All industry sponsored, not true cohorts
  - As presented, evidence is compelling\*\*
- Clinician/staff knowledge/skill
  - History of Down syndrome screening\*\*
  - Deceptively simple\*\*
- Supportive professional norms
  - Long history of DS screening\*\*
  - Traditional screening continues to be recommended
- External expectations
  - Competitive industry, attractive \$6b market\*\*

# What has contributed to very rapid uptake?

- Patient acceptance
  - History of DS screening, simple blood draw\*\*
  - “Noninvasive Prenatal Testing”
- Evidence of quality gaps
  - Test was not developed to fill a gap
- Feasible methods, systems
  - Simple test to administer\*\*

# How will outcomes be assessed?

- Analytic, clinical validity largely in industry sponsored trials
- Clinical utility varies by author/investigator
  - Industry sponsored cost-effectiveness vs academic
  - Outcomes assessed
- Incidental/unexpected findings



Preliminary Communication

# Noninvasive Prenatal Testing and Incidental Detection of Occult Maternal Malignancies

Diana W. Bianchi, MD; Darya Chudova, PhD; Amy J. Sehnert, MD; Sucheta Bhatt, MD; Kathryn Murray, MS; Tracy L. Prosen, MD; Judy E. Garber, MD; Louise Wilkins-Haug, MD, PhD; Neeta L. Vora, MD; Stephen Warsof, MD; James Goldberg, MD; Tina Ziainia, MD; Meredith Halks-Miller, MD

*JAMA*. 2015;314(2):162-169. doi:[10.1001/jama.2015.7120](https://doi.org/10.1001/jama.2015.7120)

Published online July 13, 2015.

# Pregnancy: Prepare for unexpected prenatal test results

**Diana W. Bianchi**

**Women are learning about their own health problems through fetal screening. Revise consent forms and raise awareness, urges Diana W. Bianchi.**



# Models to collect high quality evidence:

- Large integrated health systems
  - Kaiser Permanente
- Integrated programs
  - California Prenatal Screening Program
- Patient/provider registries
  - Perinatal Quality Foundation

# Current Status of Testing for Microdeletion Syndromes and Rare Autosomal Trisomies Using Cell-Free DNA Technology

*Yuval Yaron, MD, Jacques Jani, MD, Maximilian Schmid, MD, and Dick Oepkes, MD*

- “cell-free DNA testing for microdeletion syndromes and rare autosomal trisomies is currently unsupported by sufficient clinical evidence.”
- “...health policy needs to be primarily based on good evidence, but also involves much broader political as well as socioeconomic consideration. The conversation on which conditions deserve prenatal screening and what standards to accept in doing so cannot be left to commercial companies alone.”

# **The Public Health Evidence for FDA Oversight of Laboratory Developed Tests: 20 Case Studies**

**Office of Public Health Strategy and Analysis  
Office of the Commissioner  
Food and Drug Administration**

**November 16, 2015**

# **The Public Health Evidence for FDA Oversight of Laboratory Developed Tests: 20 Case Studies**

**“...these products may have caused or have caused  
actual harm to patients.”**

**Office of Public Health Strategy and Analysis  
Office of the Commissioner  
Food and Drug Administration**

**November 16, 2015**

## C. Tests with the Potential to Yield both Many False-Positive and False-Negative Results

### i. Noninvasive Prenatal Testing (A.K.A. cell-free DNA testing)

| Category                          | LDT Characteristics  |
|-----------------------------------|--|
| LDT Name                          | Noninvasive prenatal cell-free DNA testing (NIPT, or cfDNA)  |
| Description                       | Blood test to identify traces of fetal chromosomes in maternal blood   |
| Purpose                           | To detect a range of fetal chromosomal abnormalities   |
| Target Population                 | Pregnant women concerned about a fetal chromosomal abnormality   |
| Alternatives                      | Invasive testing, including amniocentesis and chorionic villi sampling; “quad testing” of multiple substances combined with ultrasound imaging               |
| LDT Problem 1                     | Lack of clinical validation that tests detect and predict fetal abnormalities at an appropriate rate   |
| LDT Problem 2                     | Many false-positive results when used in the general population  |
| Clinical Consequence              | Women with false-positive results may abort a normal pregnancy; women with false-negative results may deliver a child with an unanticipated genetic syndrome |
| Potential Impact of FDA Oversight | Assurance the test meets minimum performance standards; evaluation of manufacturer claims  |
| Cost Impact of Inaccuracy         | Not estimated  |

# Non-invasive prenatal testing for aneuploidy and beyond: challenges of responsible innovation in prenatal screening

**EJHG**Open

Wybo Dondorp<sup>1</sup>, Guido de Wert<sup>1</sup>, Yvonne Bombard<sup>2</sup>, Diana W Bianchi<sup>3</sup>, Carsten Bergmann<sup>4,5</sup>, Pascal Borry<sup>6</sup>, Lyn S Chitty<sup>7</sup>, Florence Fellmann<sup>8</sup>, Francesca Forzano<sup>9</sup>, Alison Hall<sup>10</sup>, Lidewij Henneman<sup>11</sup>, Heidi C Howard<sup>12</sup>, Anneke Lucassen<sup>13</sup>, Kelly Ormond<sup>14</sup>, Borut Peterlin<sup>15</sup>, Dragica Radojkovic<sup>16</sup>, Wolf Rogowski<sup>17</sup>, Maria Soller<sup>18</sup>, Aad Tibben<sup>19</sup>, Lisbeth Tranebjærg<sup>20,21,22</sup>, Carla G van El<sup>11</sup> and Martina C Cornel<sup>11</sup> on behalf of the European Society of Human Genetics (ESHG) and the American Society of Human Genetics (ASHG)

- Crucial elements are the **quality of the screening process** as a whole (including non-laboratory aspects such as **information and counseling**), **education of professionals**, **systematic evaluation** of all aspects of prenatal screening, development of **better evaluation tools** in the light of the aim of the practice, **accountability to all stakeholders** including children born from screened pregnancies and persons living with the conditions targeted in prenatal screening and promotion of equity of access.



# Summary

- cfDNA has had a tremendously rapid uptake
- Very limited clinical data was available prior to implementation
- Some complexities of test are only coming to light subsequent to clinical introduction
- Test options are rapidly expanding with even less validation
- Powerful tool when appropriately implemented