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**Webinar on Social Isolation and Loneliness at the End-of-Life
in the Era of COVID-19**

Panelist and Moderator Bios

Dr. Ashwin Kotwal, M.D., M.S. is an Assistant Professor of Medicine in the Division of Geriatrics at the University of California, San Francisco (UCSF) School of Medicine, specialized in geriatrics and palliative care. He conducts research funded by the National Institute on Aging focused on understanding and enhancing the social well-being of older adults with serious illness or approaching the end of life. His research recognizes the critical role that social isolation and loneliness can play in improving overall quality of life and health care access. Recent work has further investigated the impact of social restrictions during the COVID-19 pandemic on the mental and social well-being of older adults. His research involves the analysis of large national data sets and the evaluation of community-based interventions to address loneliness and isolation.

Peggy Maguire, J.D. is President of Cambia Health Foundation, and works with a wide range of stakeholders to drive health care transformation that results in better experiences for people and families. Sojourns®, the Foundation's signature program, promotes palliative care to help people with serious illness and their caregivers live well. Through Healthy People, Healthy Communities, the Foundation invests in whole person care models that address social determinants of health, improve health equity, and empower consumers to take charge of their health and wellbeing. Under Peggy's leadership, the Foundation has invested \$46M to advance palliative care quality, access and awareness. In 2016, the American Academy of Hospice and Palliative Medicine recognized the Cambia Health Foundation with its highest honor, a Presidential Citation. Peggy also oversees Corporate Social Responsibility, Ethics, Compliance and Palliative Care Solutions for Cambia Health Solutions, the Foundation's parent company. Peggy launched and provides strategic direction for Cambia's regional health plans' "Personalized Care Support" program, which includes benefits for palliative care services, as well as specialized case management and resources for family caregivers. Peggy joined the company in 1997 as an associate general counsel and has held several posts, including chief of staff to the CEO, vice president of Legal Services, and director of Litigation & Risk Management. Previously, Peggy worked as an attorney at Garvey Schubert & Barer. Peggy was recognized by Portland Monthly magazine as an Extraordinary Board Member in

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2017 for her service to the community and leadership of the Cambia Health Foundation. She was honored by Dress for Success Oregon with its Athena Award in 2016, by the Girl Scouts of Oregon and Southwest Washington as a Woman of Distinction in 2015, and by the Portland Business Journal as a Woman of Influence in 2014. She received her bachelor's degree in philosophy and anthropology from Lawrence University and her law degree from Northwestern School of Law of Lewis and Clark College. She completed an Executive Program at the Stanford Graduate School of Business in 2016.

Carla M. Perissinotto, M.D., M.H.S., is a Professor in the Division of Geriatrics, Department of Medicine at the University of California, San Francisco (UCSF) and is board certified in internal medicine, geriatrics, and palliative medicine. She served as the associate chief for geriatrics clinical programs at UCSF from 2017 to 2021. In this role she oversaw and developed new clinical programs serving older adults across care settings. For over a decade she has worked in home-based primary care. More recently, she has begun working in hospice, working to rethink how we care for patients with terminal dementia. Dr. Perissinotto has gained national and international recognition for her research on the effects of loneliness on the health of older adults. Her research and advocacy has focused on integration of loneliness assessments in health care, and evaluation and implementation of community-based programs focused on ameliorating loneliness and isolation in adults.

Christine Ritchie, M.D., M.S.P.H. is the Kenneth L. Minaker Chair in Geriatrics and Director of Research for the Division of Palliative Care and Geriatric Medicine at Massachusetts General Hospital (MGH). She is a board-certified geriatrician and palliative care physician and conducts research focused on optimizing quality of life for those with chronic serious illness and multimorbidity. She co-leads the NINR-funded Palliative Care Research Cooperative and the national Home-based Primary Care and Palliative Care Consortium, which seeks to improve our understanding and care of the homebound population. Dr. Ritchie directs the Center for Aging and Serious Illness Research within the MGH Mongan Institute and the MGH Dementia Care collaborative. She is past president of the American Academy of Hospice and Palliative Medicine and serves on the board of the International Neuropalliative Care Society. She has a longstanding passion towards reducing and addressing social isolation and loneliness through intergenerational connection, shared meaning making and support groups for caregivers.

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Karen E. Steinhauser, Ph.D. is a social scientist dedicated to improving quality of life of patients, families, and providers during serious illness. She is a Health Scientist with the Center for Health Services Research in Primary Care, VA Medical Center, Durham and Professor, Department of Medicine, Duke University Medical Center, Senior Fellow with the Duke University Center for Aging, and a former VA Career Development Awardee. Dr. Steinhauser's primary interests are end-of-life care, medical sociology and patient-provider relationships. Specifically, she investigates the composition and measurement of the quality of life for patients and their families at the end of life. Dr. Steinhauser is a Health Scientist with the Center for Health Services Research in Primary Care, VA Medical Center, Durham; Professor, Department of Population Health Science and Medicine; Senior Fellow with the Duke University Center for Aging; Associate Chief for Research, Duke Palliative Care, and Director, Duke Residency Professional Development Coaching Program. Karen Steinhauser, PhD, is Professor, Departments of Population Health Sciences and Medicine, Duke University Medical Center and Senior Fellow with the Duke University Center for Aging and Health Scientist with the Center for Health Services Research in Primary Care, VA Medical Center, Durham. Her research is dedicated to improving patient and family psychosocial and spiritual care, in serious illness. She has developed measurement tools to assess patient and family quality of life as well as psychosocial interventions to improve the experience of serious illness for patients and those who care for them. Dr. Steinhauser's research has used qualitative and quantitative methods, observational, trial and implementation research. Her latest work includes: developing a measure to assess the spiritual needs in palliative care, and addressing clinician resilience in palliative care. She serves as Associate Chief of Research for Duke Palliative Care, Director of the Duke Residency Professional Development Coaching program and Vice Chair of Faculty Development for Population Health Sciences. She has been a long-term member of AAHPM, having served on the research committee and being the 2015 Awardee for Excellence in Scientific Research in Palliative Care. She is the Director of Duke's Residency Professional Development Coaching Program and Vice Chair for Faculty Development, Department of Population Health Sciences

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Rebecca Stoeckle is a Vice President at Education Development Center, where she directs initiatives in health, technology, aging and systems change. Her primary focus is the intersection between innovation and impact in the design of interventions, especially for clinicians and those facing health disparities. Ms. Stoeckle has extensive experience implementing models of care and working with older adults. She is currently the director and Principal Investigator of the National Collaboratory to Address Elder Mistreatment, funded by The John A. Hartford Foundation and The Gordon and Betty Moore Foundation, leading a team of national experts to design and test a national care model to improve the response to elder mistreatment. She is also a Co-Investigator on The John A. Hartford Foundation-funded program to nationally disseminate the evidence-based UCLA Alzheimer's and other Dementia Care (ADC) model for community-based care. Ms. Stoeckle is a member and Co-Chair of the National Academies of Science, Engineering and Medicine Forum on Aging, Disability and Independence. Ms. Stoeckle is also a member of the World Health Organization's G7 Advisory Group on Aging and the Environment and of the US International Standards Organization's Technical Advisory Group on Dementia. She is a practitioner of the Human Centered Design approach to intervention development, which emphasizes the importance of understanding cultural and contextual feasibility to ensure uptake and impact in a particular target audience. For over two decades, she has directed projects and teams aimed at improving health services and the integration of behavioral health services in community settings, primary care, and hospital settings, addressing some of the world's foremost health and education challenges, including end-of-life care, the prevention of falls in long-term care, and ethical practices in the VHA system. She has led complex, multi-component collaboration projects, bringing together clinicians and academics to develop effective and scalable responses to health challenges such as advance care planning, PTSD among veterans, HIV prevention, and breast and cervical cancer. Her work has been funded by the U.S. Agency for International Development, the Centers for Disease Control and Prevention, the U.S. Veterans Administration, and by the private sector, and has received national recognition and awards for excellence in innovation and sustainable systems change.