

SOLUTIONS TO ADVANCE HEALTH

Challenges in Financing and Payment for People with IDD

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Altarum works across the health ecosystem to improve care



Financing and payment defined



Financing

Dollars flowing **into the healthcare system** (e.g., Medicare Trust Fund)

Payment

Dollars flowing **directly to providers and payers** (e.g., payments to a physician for an office visit)

Key financing & payment barriers to enabling personcentered, integrated care for people with IDD

- ▲ Variations in types of services covered
- ▲ Lack of financial incentives for providing integrated care
- ▲ Structural issues in payments

NOTE: Many other barriers exist (e.g., limits on self-direction, presumption of fraud in system, etc.)

Your ability to *access* services is highly dependent upon your coverage



Type of insurance	Physical health	Long Term Services & Supports (LTSS)	Behavioral Health	Pharmacy
Medicaid	\checkmark	\checkmark	\checkmark	\checkmark
Medicare	\checkmark		Limited	\checkmark
Medicaid & Medicare (Duals)	\checkmark	\checkmark	\checkmark	\checkmark
Commercial	\checkmark		Limited	\checkmark

Even if you have full coverage, there's limited financial incentives in place to ensure that services are coordinated – Medicaid & Medicare



Financial alignment *can* lead to more integrated models

health

provider

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Fully coordinated model – Medicaid only



*Tennessee, Kansas and Iowa use Managed Care Organizations (MCOs); Arkansas has similar model that is provider led

Multiple states use such entities for only one or two of the services (e.g. PH/RX which creates minor opportunities for alignment)



I Health

provider

*PACE programs, Financial Alignment Demonstrations (MMPs), Fully

provider

integrated Dually Eligible plans (FIDEs)

Pharmacy

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- Risk bearing entity creates **opportunity** for better alignment of care
- No guarantee that integration occurs just because financing is aligned
- Lack of risk bearing entity creates no incentive for alignment
- Perceived conflicts of interest exist with risk bearing entities

Payments to risk bearing entities often do not facilitate person-centered care...



Medicaid

How it works

- State pays Managed Care Organizations (MCOs) based on populations via rate cells (e.g., people with disabilities, women with children, etc.)
- ▲ The rate cells are based on the **prior year's costs plus adjustments**



Potential problems

- Adverse Selection Different MCO's can have different mixes of populations (e.g., more people with disabilities) and the rates will be inadequate for that MCO
- Poor data State actuaries may not be able to "see" different types of populations in the data if it is not coded correctly (e.g., people with IDD) and that will make the rates inadequate Proprietary and Confidential | Altarum

Medicare

How it works

- CMS pays risk bearing entities based on each individual enrolled in that entity via a hierarchical condition category (HCC)
- ▲ HCC scores are based on the beneficiary's **medical records** from their **physician**



Potential problems

- Poor coding if physicians do not appropriately document, then the rates will be insufficient
- Structural issues with HCC model The model does not fully account for people with disabilities and therefore does not fully compensate risk bearing entities

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...nor do payments to providers



How physicians are paid

- ▲ Providers are paid based on **specific codes**
- ▲ The payments are tied to the expected **amount of time required** for the visit
- ▲ These codes are **standard for all populations**
- ▲ Different payers (e.g., Medicaid, Medicare, Commercial) pay at different levels

Problems for people with IDD

- ▲ Working with people with IDD often takes longer but physicians are generally not paid for that time
- ▲ A significant number of people with IDD are in Medicaid many physicians will **not treat Medicaid** populations because the **rates are lower**

How do we make it better?



- ▲ Create more integrated, aligned risk bearing entities
- ▲ Develop more rate cells for people with IDD in Medicaid
- ▲ Fix the HCC risk adjustment model to properly account for people with IDD
- ▲ Capture appropriate data for people with IDD to inform payment to providers
- ▲ Enhance payment to providers for person-centered care



Thank you

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