

HUNTSMAN MENTAL HEALTH INSTITUTE NEUROBEHAVIOR HOME PROGRAM "HEALTHY OPTIONS MEDICAL EXCELLENCE"

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BACKGROUND

- Started in 2000 as a partnership among the University of Utah, Grant from Robert Wood Johnson Foundation, and the Utah Department of Health.
- Medicaid sought a population who were high utilizers of Medicaid services and who might benefit from coordinated health care.





WHAT WE ARE

- A co-located clinical program providing medical and mental health care to children and adults with developmental disabilities
- A Medicaid MCO with blended physical and behavioral health funding (excluding pharmacy and dental)
- Internal services are billed through Epic, processed through University Health Plans, and credited statistically

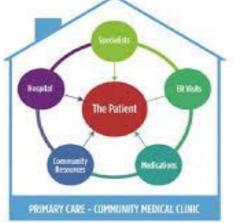






PHILOSOPHY

- HOME aligns as closely as possible to the principles of the Patient Centered Medical Home (PCMH)
 - Comprehensive, Patient Centered, Coordinated, Accessible, Quality and Safety, Technology







PROGRAM ELIGIBILITY

- Utah Medicaid
- A developmental disability
- A mental health or behavioral concern
- Willing to receive primary care at the HOME clinic
- The HOME Program treats the most behaviorally and psychiatrically complicated patients in our community
- Enrollment as of November 2021 = 1367







CARE MANAGEMENT: THE SECRET SAUCE

- Each enrollee has a case manager who is their point person for all concerns
- The case manager has immediate access to the entire team and is able to rally necessary supports and services
- Enrollees are encouraged to come into the clinic at least every six months, so we can stay on top of all health concerns
- Entire clinical team meets EVERY morning to discuss crises, patient issues, and clinician schedules for the day



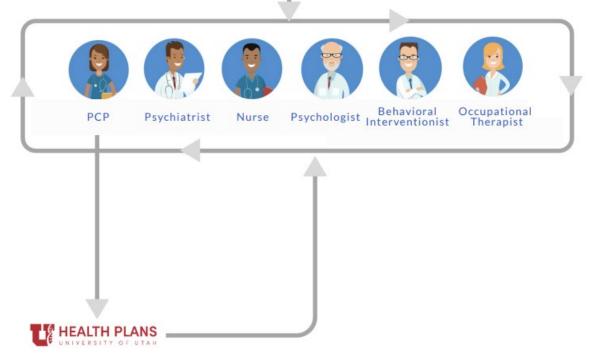


CASE MANAGEMENT-HUB

Care Manager

Patient receives the majority of physical, mental, and behavioral health care from HOME.

Patient has access to a designated care manager. This care manager is the center of communication and ensures that patient needs are met.



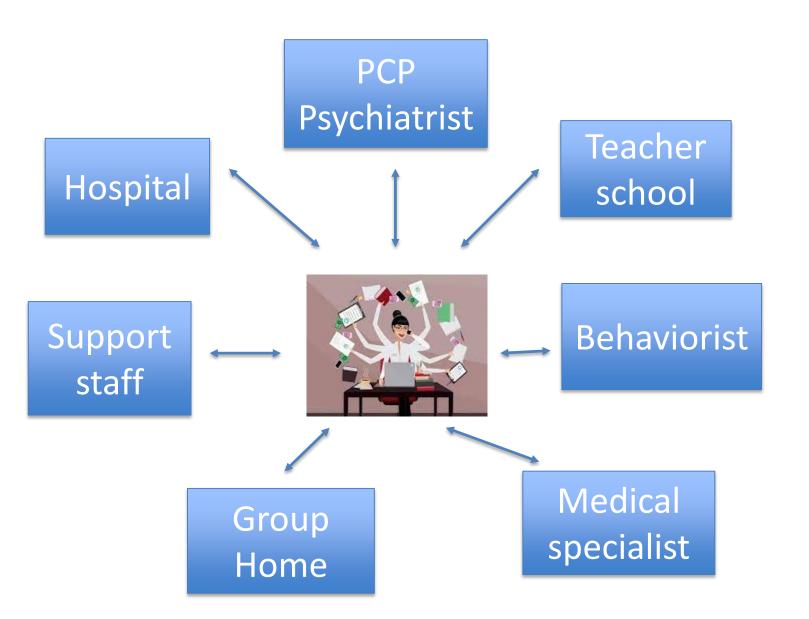


Stanford Clinical Excellence Research Center



CARE NAVIGATOR-CASE MANAGER

- Single point of contact.
- Respond within a few hours.
- Facilitate needed care and access.
- Family support.

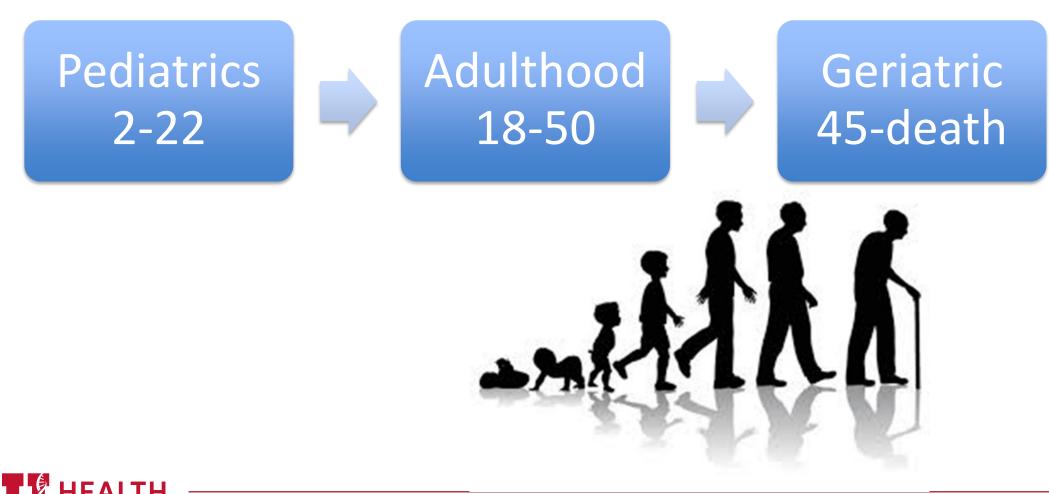






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SEAMLESS TRANSITIONS





INTERNAL SERVICES

HOME provides the following services internally and coordinates them:

- Primary Care(5) Physical Exams, Sick Visits, Procedures
- Psychiatric Care (6) Evaluations and Medication Management
- Therapy (4)-individual, group, and educational
- Occupational Therapy (1)
- Behavior Analysts (5)
- In-home family therapy / behavior education
- Early Intervention
- Psychological testing (2)
- Case Management (7)
- Dietary Services (1)
- Billing Support
- Crisis Management







EXTERNAL SERVICES

- HOME utilizes the Healthy U provider panel for specialty care services
- External services are billed to Healthy U who provides claims management on behalf of HOME
- BUT Utilization decisions remain with HOME and oversight of UUHP is outlined in a Letter of Understanding





PATIENT CHARACTERISTICS

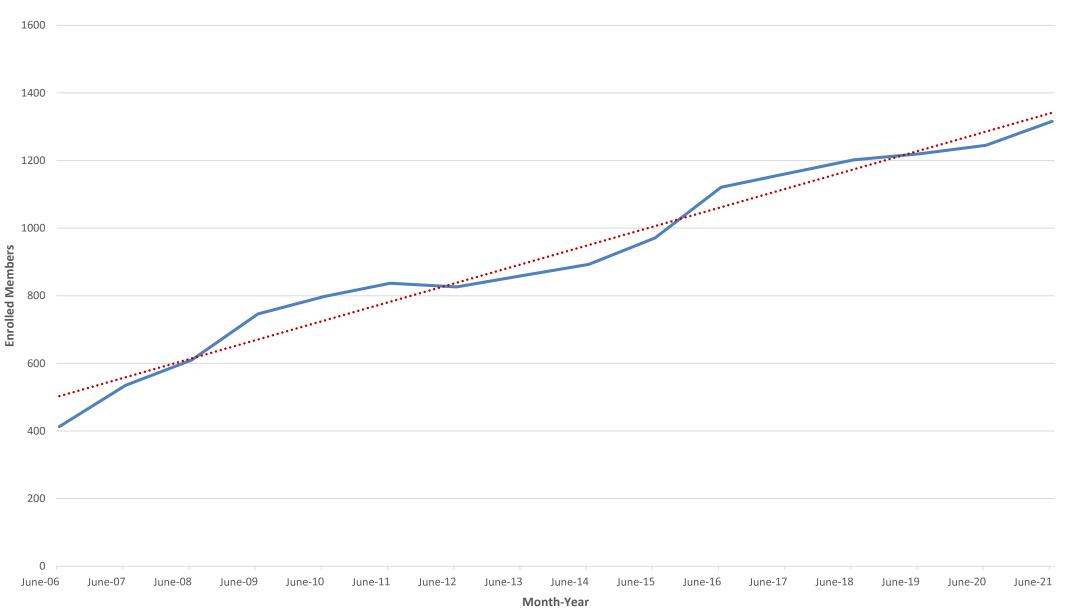
Source: Enrollment Data Sept 2016; Billing Data 2016

Male	68%	Adult	82%
Female	32%	Pediatric	18%
Intellectual Disability	82%	0-9 years	3%
Mild ID	29%	10-19 years	21%
Moderate ID	15%	20-29 years	32%
Severe ID	6%	30-39 years	25%
Profound ID	4%	40-49 years	10%
Unspecified ID	28%	50-59 years	7%
Medicaid Only	39.2%	60-69 years	3%
Medicaid and Medicare	30.3%	70 years and older	1%
Medicaid and Private Insurance	25.2%		
Medicaid, Medicare, and Private	5.3%		



HOME program





HOME Growth 2006-2021

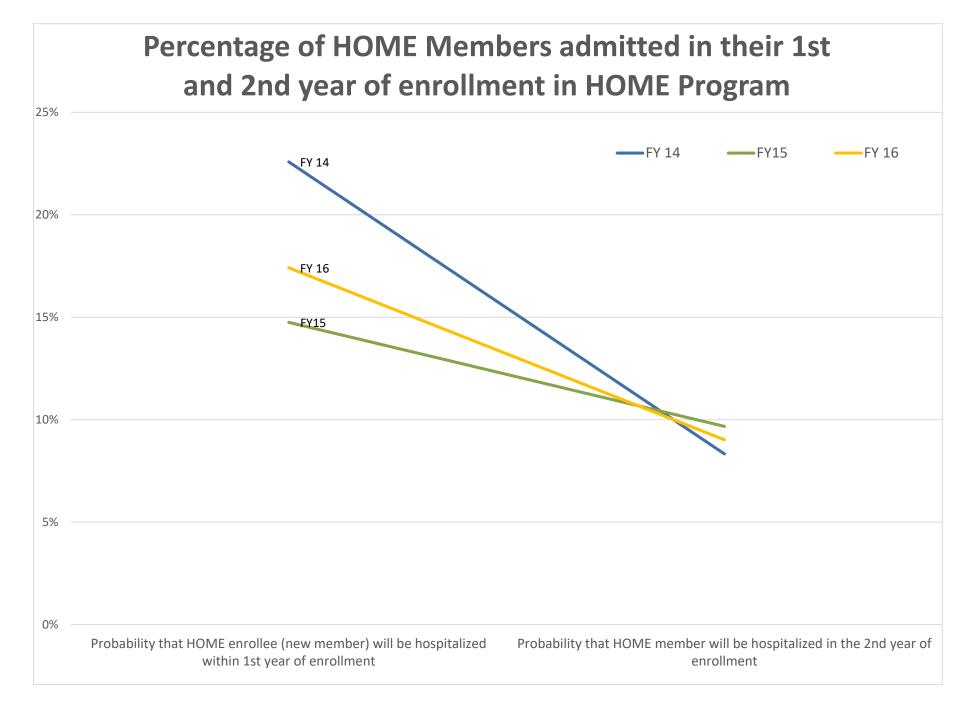


Quality Measures

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June-21

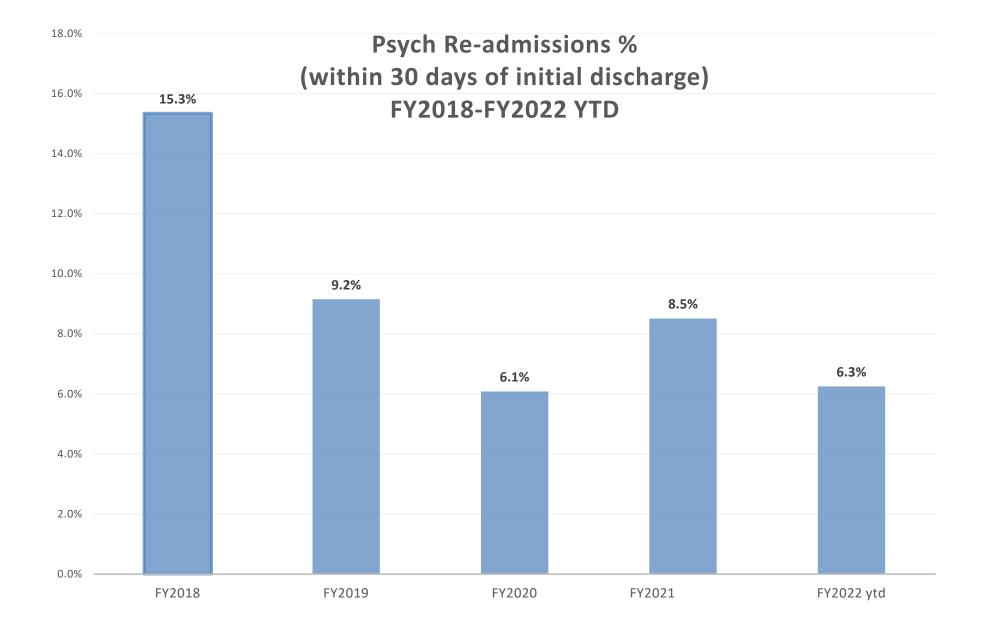






Quality Measures

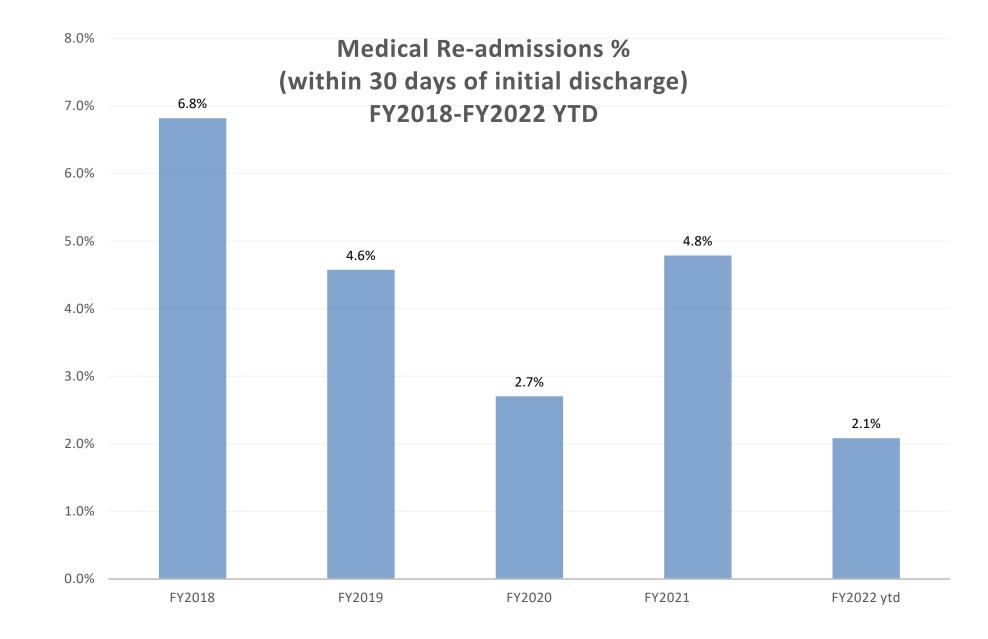






Quality Indicators







Quality Indicators



STRENGHTS

- Collaboration with the families or caregivers.
- Care coordination
- Flexible care adapted to each individual's needs
- Community partnerships



- Seamless transition
- Quality improvement
- Continuity of care
- Expertise in IDD
- Progressive state level policy
- Contract with State Medicaid.
- External monitoring-





CHALLENGES



- Only Medicaid reimbursement.
- Limited geographic catchment area dictated by the State
- Shortage of qualified professionals.
- Adequate triage













FINANCIAL OUTCOMES

- Per Capita Medicaid expenditure estimates for 2018
 - Utah Developmental Disabilities = \$28,619*
 - HOME = \$11,095 (includes third party payment estimates; <u>excludes Rx</u>)
- HOME offers high quality care at much lower cost!

