

AGENCY FOR HEALTHCARE RESEARCH AND QUALITY

### **Closing Evidence Gaps in Clinical Prevention: A Perspective from AHRQ**

NAM Consensus Committee Meeting #1 December 15, 2020

Arlene S. Bierman, M.D., M.S. Director, Center for Evidence and Practice Improvement, Agency for Healthcare Research and Quality (AHRQ)

### Agenda



- About AHRQ
- AHRQ's support to USPSTF
- AHRQ Perspective: Project Impetus

### Agency for Healthcare Research and Quality's Mission





www.ahrq.gov

To produce evidence to make health care <u>safer</u>, higher <u>quality</u>, more <u>accessible</u>, <u>equitable</u> and <u>affordable</u>

To work with HHS and other partners to make sure that the <u>evidence is</u> <u>understood and used</u>

# AHRQ's Support of the Task Force



- AHRQ provides <u>administrative</u>, <u>scientific</u>, <u>technical</u>, <u>and dissemination</u> support to the USPSTF
  - Since 1998 when authorized by Congress
- The USPSTF is an <u>independent entity</u>
  - Panel members are volunteers

### **USPSTF** Overview



The U.S. Preventive Services Task Force...

- Is an <u>independent panel of non-Federal experts</u> in prevention & evidence-based medicine
- Makes evidence-based recommendations about clinical preventive services, including <u>screening</u>, <u>counseling</u>, and preventive medications
  - Recommendations address only services offered in the primary care setting or services referred by a primary care clinician
  - Recommendations apply to adults & children with <u>no signs</u> or symptoms (or unrecognized signs and symptoms)

# **Communicating Research Gaps**



 In its recommendation statements, USPSTF highlights evidence gaps by:

ann J Greentinsenen Tadara J RECOMMENDING STREAM Ocular Prophylaxis for Gonococcal Ophthalimia Neonatorum US Preventive Services Task Force Reaffirmation Recommendation Statement

- Issuing an "I statement"
- Describing in all recommendation statements and evidence reviews, such as the "Research Needs and Gaps" section



Highlights priority research gaps each year in its Annual Report to Congress

### **USPSTF** in FY20



#### Of the Task Force's portfolio of 85 topics, the following posted or published this year.

#### Draft Research Plan

- Aspirin Use to Prevent CVD & Colorectal Cancer
- Diet & Physical Activity Counseling for CVD Prevention in Adults Without Known Risk
- Screening for Atrial Fibrillation
- Screening for Chronic Obstructive Pulmonary Disease
- Screening for Depression, Anxiety & Suicide Risk in Adults
- Screening for Depression, Anxiety & Suicide Risk in Children & Adolescents
- Screening for Eating Disorders in Adolescents & Adults
- Screening for Impaired Visual Acuity & Glaucoma
- Screening for Type 2 Diabetes in Children & Adolescents
- Statin Use for Prevention of CVD

#### Final Research Plan

- Aspirin Use to Prevent CVD & Colorectal Cancer
- Diet & Physical Activity Counseling for CVD Prevention in Adults Without Known Risk
- Prevention of Dental Caries in Children
- Screening for Atrial Fibrillation
- Screening for Carotid Artery Stenosis
- Screening for Depression, Anxiety & Suicide Risk in Adults
- Screening for Depression, Anxiety & Suicide Risk in Children & Adolescents
- Screening for Eating Disorders in Adolescents & Adults
- Screening for Impaired Visual Acuity & Glaucoma

#### Draft Recommendation

- Behavioral Counseling Interventions to Prevent STIs
- Diet & Physical Activity Counseling for CVD Prevention in Adults With Known Risk
- Interventions for Tobacco Smoking Cessation in Adults
- Primary Care–Based Drug Use Prevention in Young People
- Screening for Bacterial Vaginosis in Pregnancy
- Screening for Carotid Artery Stenosis
- Screening for Hearing Loss in Older Adults
- Screening for Hepatitis B in Adolescents & Adults
- Screening for Hypertension in Adults
- Screening for High Blood Pressure in Children & Adolescents
- Screening for Lung Cancer
- Screening for Vitamin D Deficiency

#### Final Recommendation

- Behavioral Counseling Interventions to Prevent STIs
- Primary Care–Based Drug Use Prevention in Young People
- Primary Care Interventions to Prevent & Stop Tobacco Use in Youth
- Screening for Abdominal Aortic Aneurysm
- Screening for Bacterial Vaginosis in Pregnancy
- Screening for Cognitive Impairment in Older Adults
- Screening for Hepatitis C in Adolescents & Adults
- Screening for Unhealthy Drug Use

### 2020 Annual Report on Evidence Gaps



**NOVEMBER 2020** 

### High-Priority Evidence Gaps for Clinical Preventive Services



- Focus on Child and Adolescent Health and Health Inequities
  - Mental and
    Behavioral Health
    Substance Use
    Obesity

### **Research Gaps Process**



USPSTF Identifies Gaps & Disseminates Recommendations

USPSTF Develops and Updates Recommendations

Funders and Investigators Review

New Funding Opportunities & New Research

# Example: Identifying & Filling Gaps





- In 2005, the USPSTF concluded there was not enough evidence to recommend for or against routine screening in overweight children and adolescents as a means to prevent adverse health outcomes.
  - Five years later—in 2010—the USPSTF issued a B recommendation advising that clinicians screen children age 6 years or older for obesity and offer them or refer them to comprehensive, intensive behavioral interventions to promote improvement in weight status.
  - The USPSTF was able to make this recommendation because of new evidence on the topic, including studies funded by the NIH.

# Example: Identifying & Filling Gaps





- In 2018, the USPSTF concluded there was not enough evidence on screening for abuse and neglect in older and vulnerable adults.
  - To address this research gap, NIH is funding several projects to identify elder abuse and the mistreatment of people with physical and mental disabilities.
- In 2003, the USPSTF concluded that the evidence was insufficient to be able to recommend for or against routine screening for tobacco use or interventions to prevent and treat tobacco use and dependence in children or adolescents.
  - But, in 2013, when the USPSTF reviewed the evidence again on this topic, it identified and considered new studies, including studies funded by NIH.
  - The new evidence enabled the USPSTF to make a recommendation that clinicians should provide interventions to prevent tobacco use in children and adolescents (change from an I statement to a grade B recommendation).

# AHRQ Perspective: Project Impetus



- To support the USPSTF in:
  - Developing its recommendations, including having new and better evidence to examine when USPSTF updates topics
  - Communicating its evidence gaps
- Multiple organizations play a role
  - Organizations developing recommendations (e.g., USPSTF)
  - Funding agencies
  - Members of the research community

# AHRQ Perspective: Project Impetus



- Need for taxonomy and recommendations to be:
  - Actionable to recommendation developers, funders, and the research community
  - Account for the multiple dimensions of evidence gaps
  - Consider both existing USPSTF methods and innovative new methodologies that could help close the evidence gaps

# AHRQ Perspective: Project Impetus



- Hope a taxonomy may help stakeholders:
  - Better understand and use the evidence gaps
  - Assess their relative importance
  - Identify innovative methods to help fill the evidence gaps, and
  - Accelerate research that addresses evidence gaps

# Summary



- AHRQ has an important role in supporting the USPSTF to develop and disseminate its recommendations
- Multiple organizations play a role in helping identify, fill, and close evidence gaps
  - Recommendation developers e.g., USPSTF, funders, and the research community all play a role
- Need for an actionable taxonomy and recommendations