

Insights From Research in the Oldest-Old

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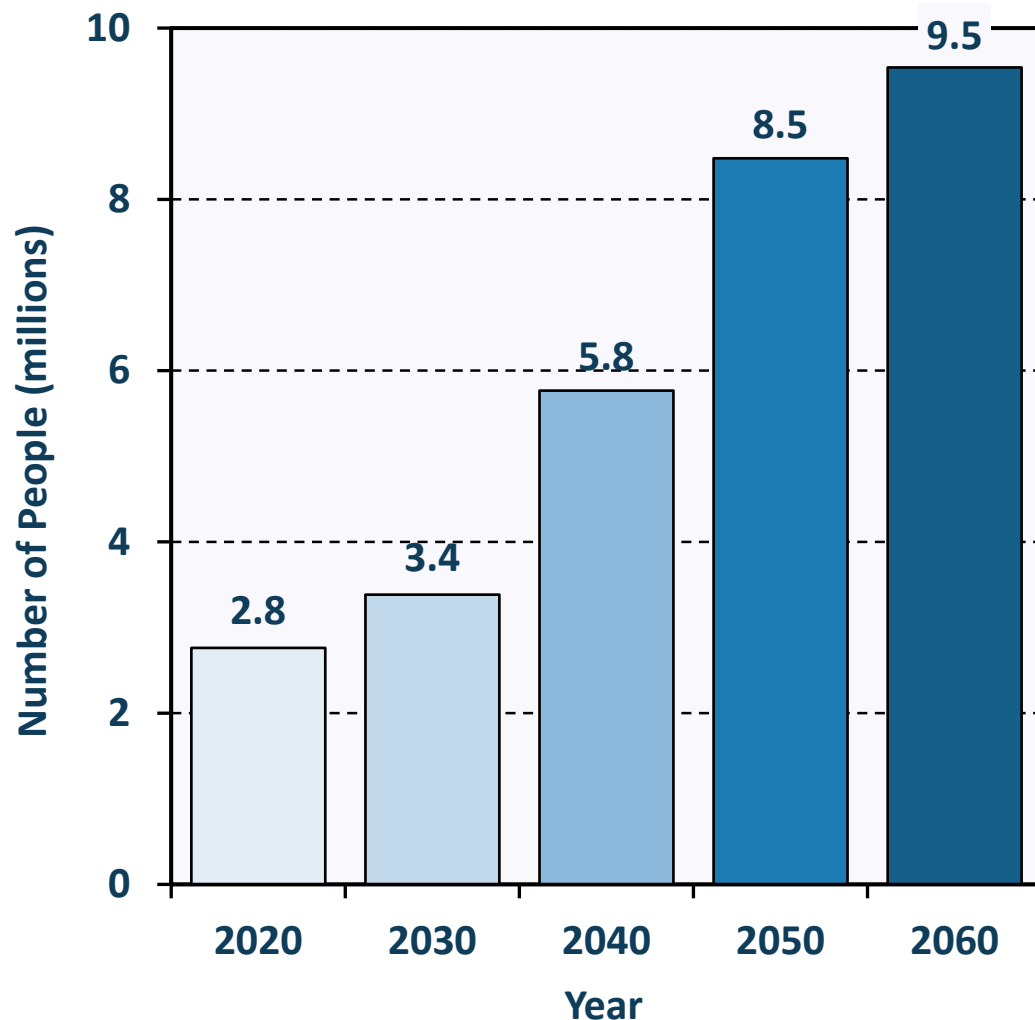
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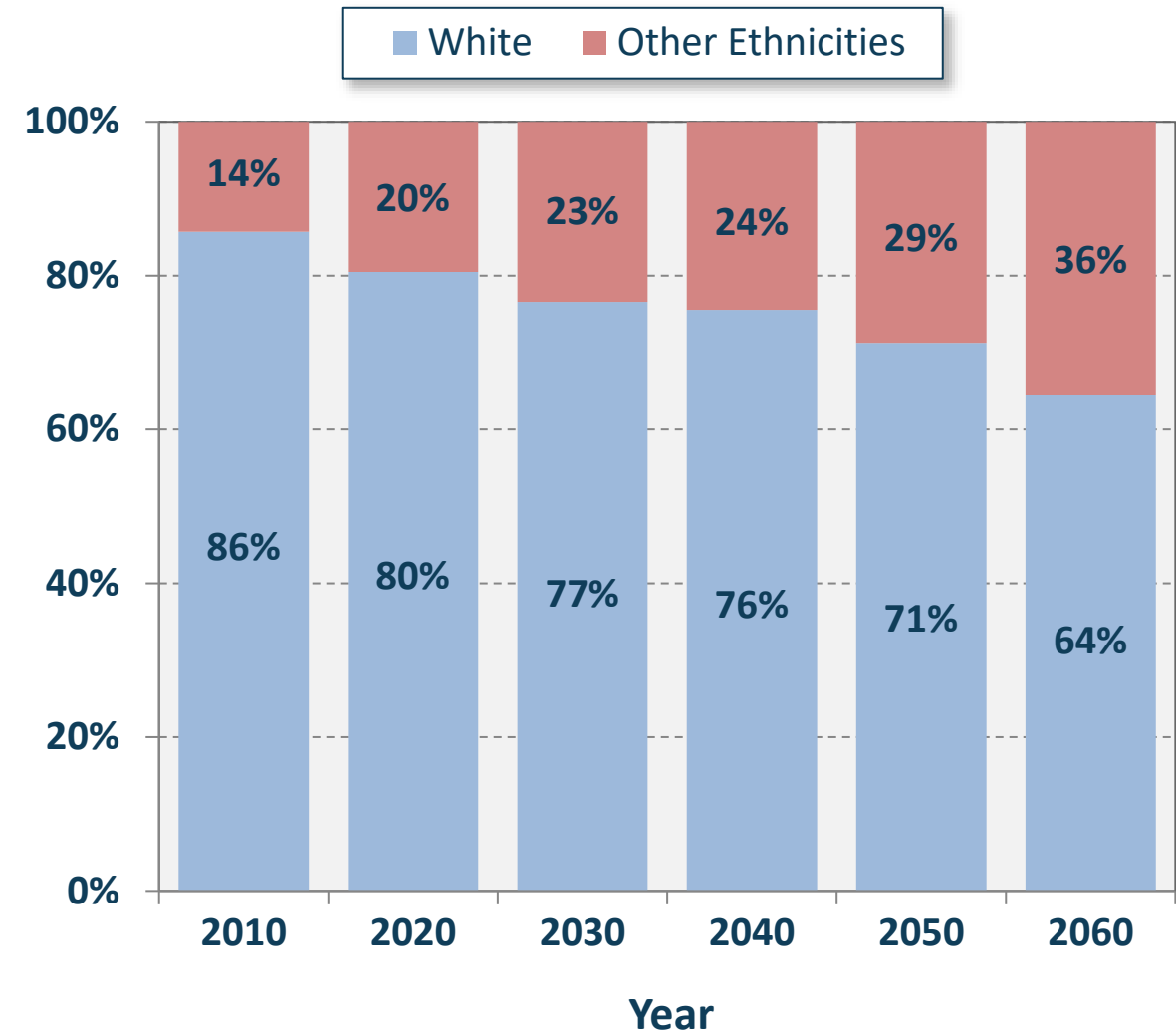
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U.S. 90+ Projected Population Growth



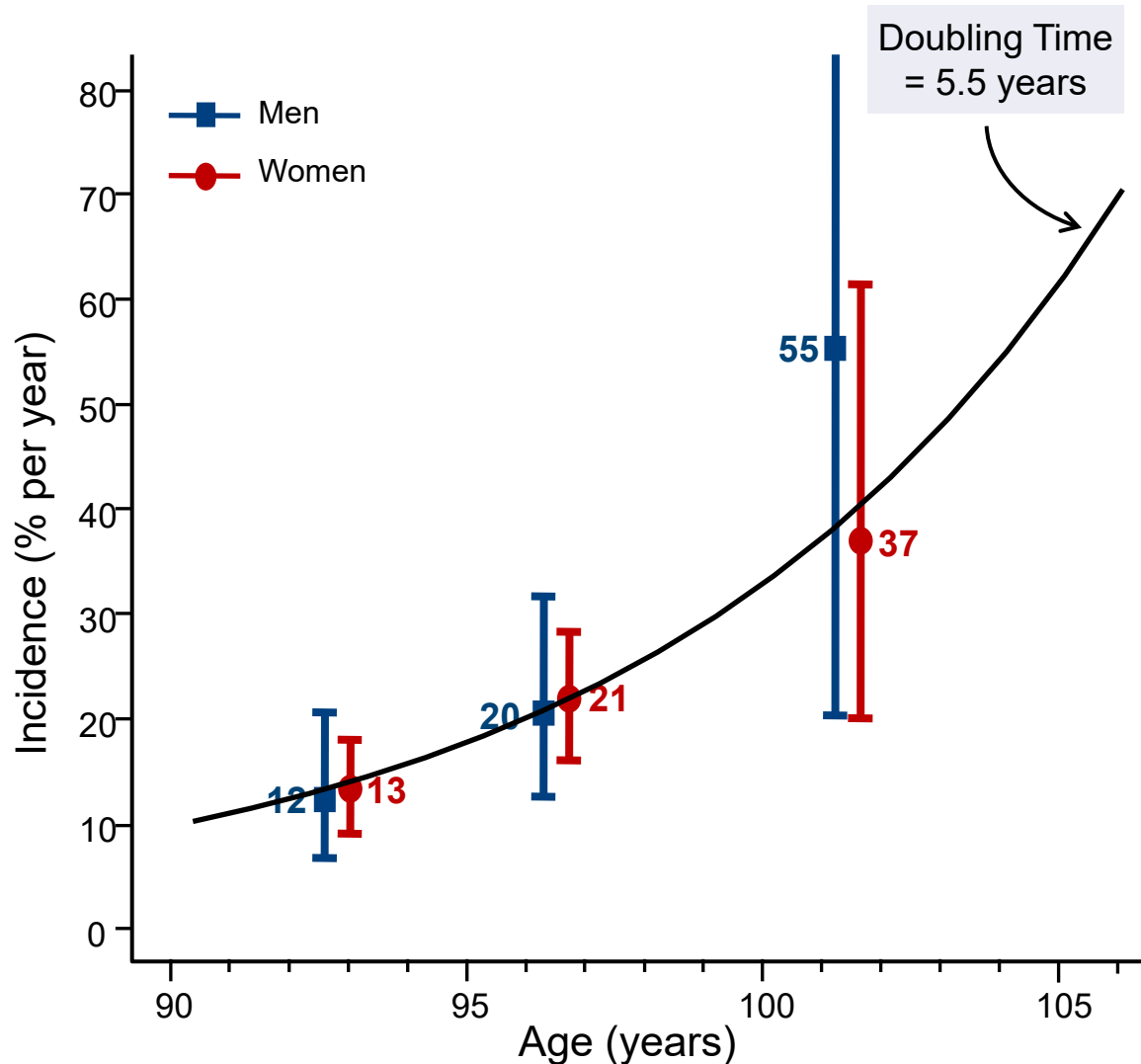
U.S. Census Bureau. Projections of the Population by Sex and Age for the United States: 2015 to 2060 (NP2014-T9)

Increasing % of Ethnicities other than White in U.S. 90+



U.S. Census Bureau. Projected Population by Single Year of Age, Sex, Race, and Hispanic Origin for the United States: 2014 to 2060 (Table 1).

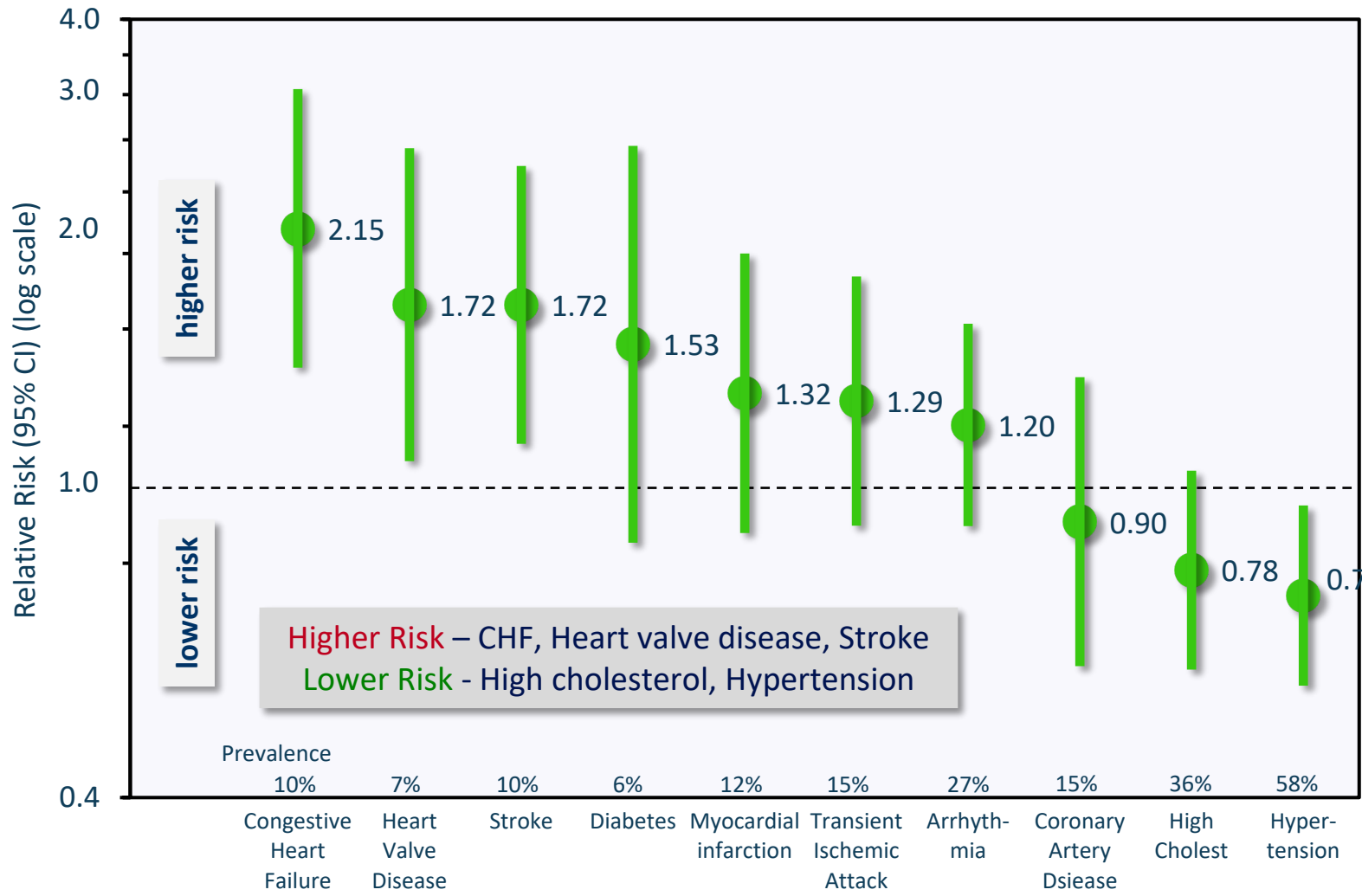
Age-Specific Incidence of Dementia in 90+



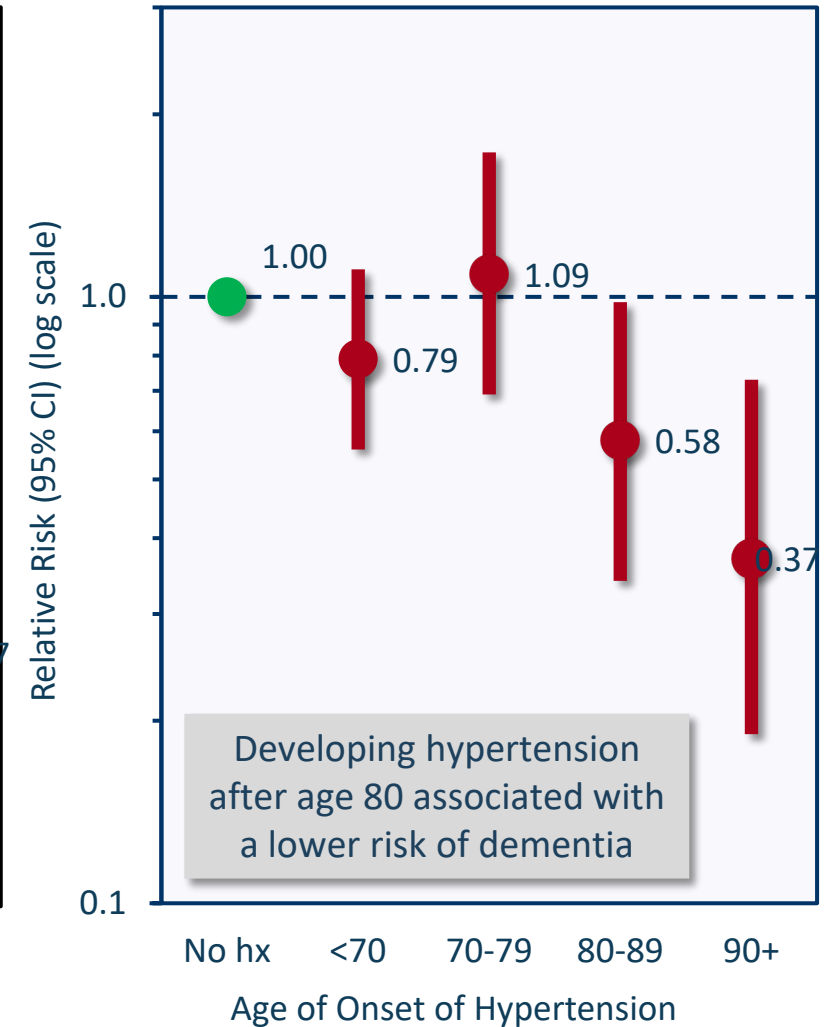
Exposures NOT Associated with Dementia in the Oldest-Old

- ▷ Vitamin E (supplements)
- ▷ Vitamin C (diet and supplements)
- ▷ BMI
- ▷ Alcohol
- ▷ Physical activities
- ▷ Leisure activities
- ▷ Homocysteine levels
- ▷ Thyroid function
- ▷ Apolipoprotein E e4

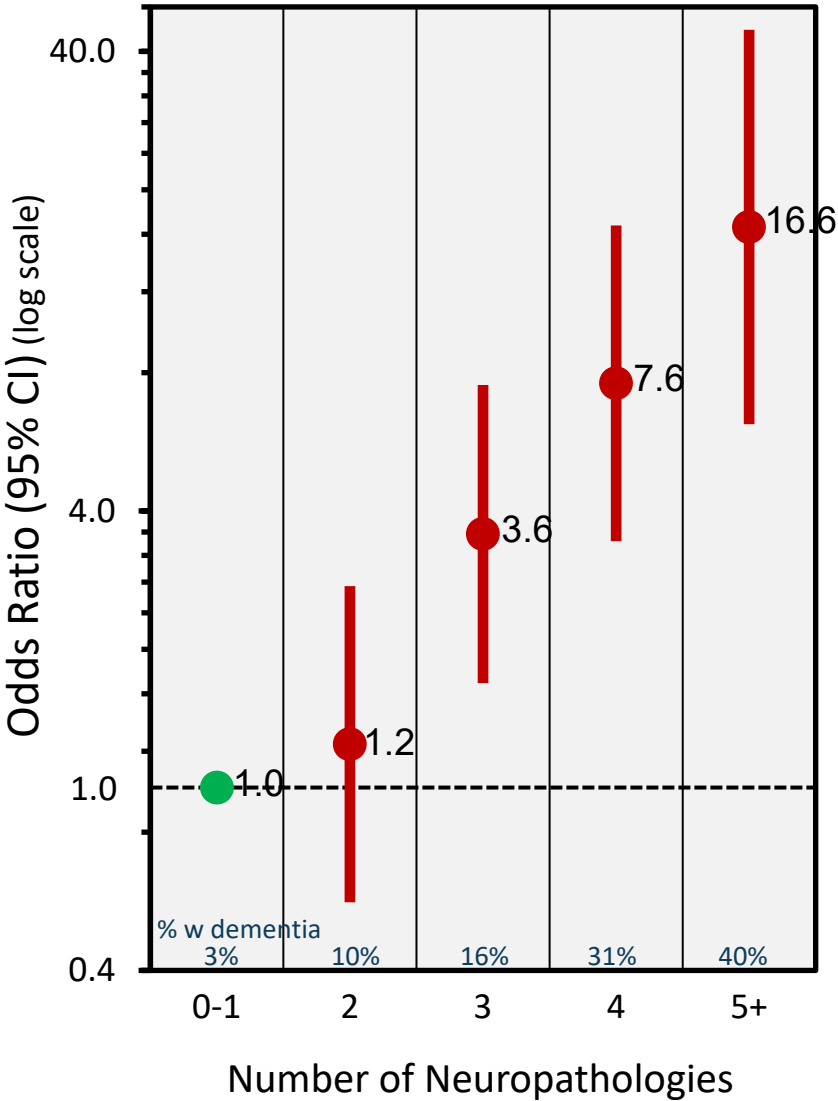
History of Vascular Disease & Dementia Risk (N=559)



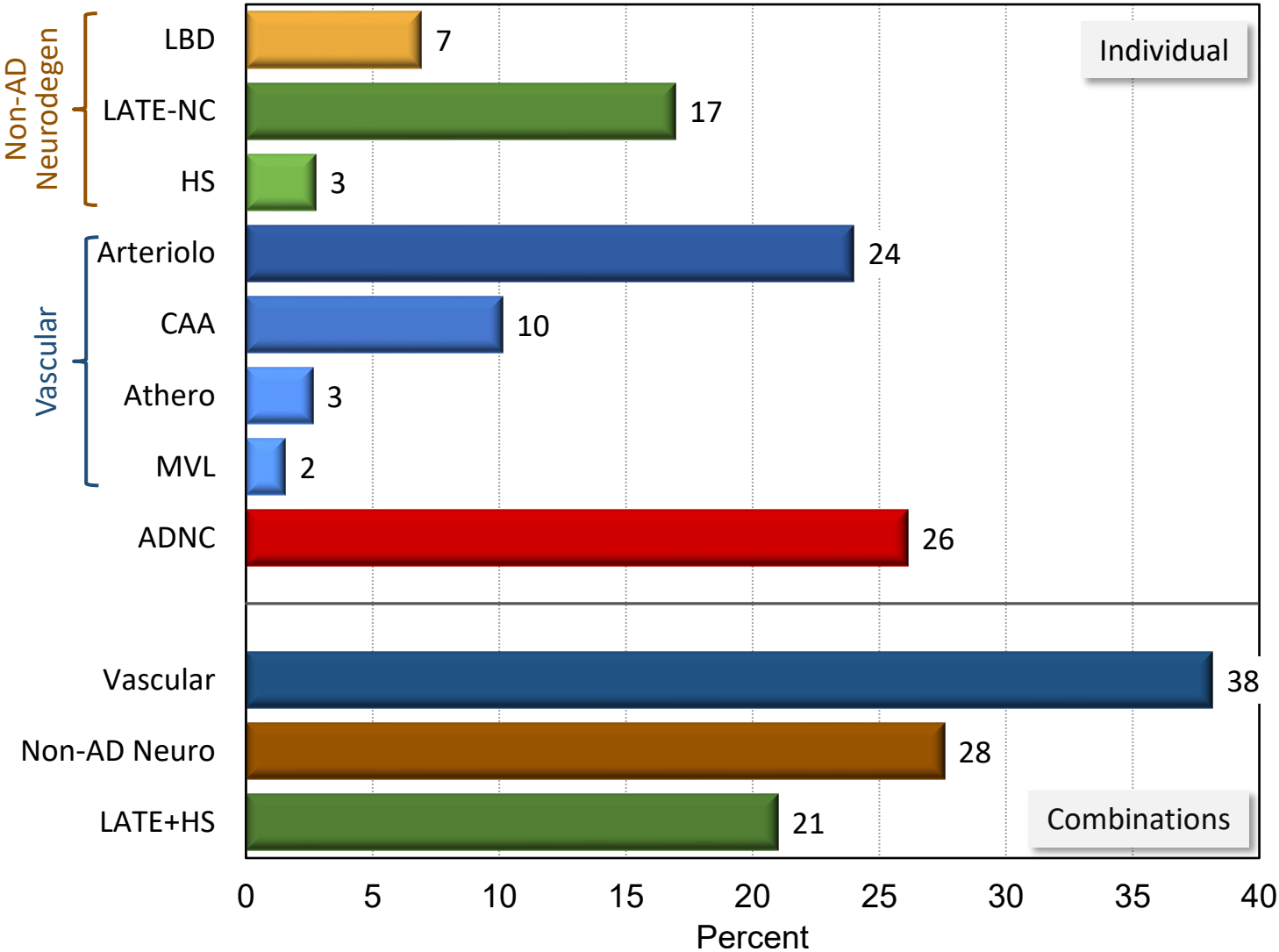
Age of HTN Onset & Dementia Risk



Odds of Dementia By Number of Neuropathological Changes



Proportion of Dementia Cases Attributable to Neuropathological Changes



LBD=Lewy Body Disease; LATE-NC= Limbic-predominant age-related TDP-43 encephalopathy neuropathologic change; HS=Hippocampal Sclerosis; Arteriolo=Arteriolo sclerosis; CAA=Cerebral Amyloid Angiopathy; Athero=Atherosclerosis; MVL=Microvascular lesions; ADNC= Alzheimer's Disease Neuropathologic Change;



Key Points about the Oldest-old

- ▷ An important segment of the population for dementia research
 - Fast growing numbers, high dementia rates
- ▷ Ethnoracial diversity should be prioritized in research investigations
- ▷ Risk and protective factors different in oldest-old vs. younger old
- ▷ Dementia is the result of multiple pathologies, most cannot be detected during life – Autopsy studies are crucial
- ▷ Most dementia at this age is not AD
 - AD accounts for <25% of dementia, vascular pathologies account for ~40% of dementia
- ▷ Need to identify risk and protective factors for individual neuropathologies
- ▷ Improve methodology to increase inclusion, maximize participation, reduce missing data