#### Assessment of NIH Research on Women's Health

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# NIH/NICHD Career Development Awards for Ob/Gyn's

The Women's Reproductive Health Research (WRHR) Program

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#### Disclosures

- NICHD Grant Funding
- WRHR mentor and Research Director

#### Past

- Committees
  - RSDP (evaluation)
  - AAOGF (selection and evaluation)
- T32 Program Director

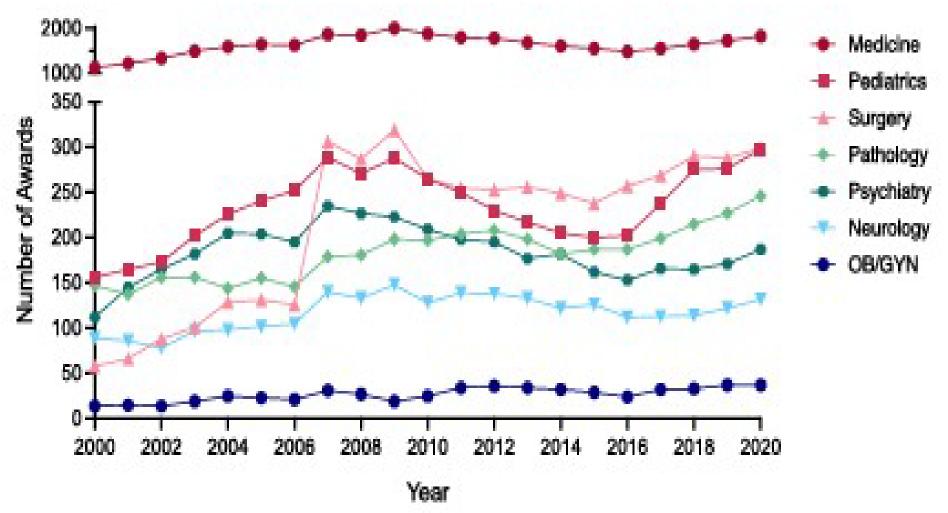


#### ObGyn Workforce pipeline

- 5%-6% of medical school graduates go into ObGyn
- 241 Programs (IM 467) 4 years
- 1150-1250 graduates/year (IM 10,000-12,000)
- 1/3 of graduates subspecialize (IM 70-75%)
  - 2-3 years (with research component)
- Faculty appointment
  - 4-7 years post MD graduation
- ABOG Certification
   2-4 years post clinical training graduation

ND-PhD POY-1 Residents by Specialty, 2015-2019	n=565 ± 24 Mean (SD), %		
Internal Medicine	37.4 (2.4)		
Pediatrics	10.5 (1.2) 8.5 (0.6) 7.5 (1.2)		
Pathology			
Psychiatry			
Surgery	6.7 (0.5)		
Transitional Year	4.6 (0.7)		
Neurosurgery	3.2 (0.5)		
Anesthesiology	2.9 (1.0)		
Neurology	2.8 (0.5)		
Obstetrics & Gynecology	2.5 (0.5)		

## Trends in Individual K Awards (K08, K23) by Department



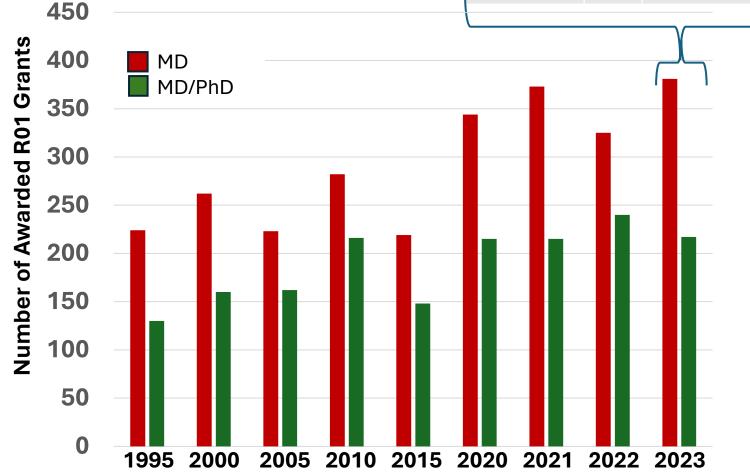


# First R01 or equivalent



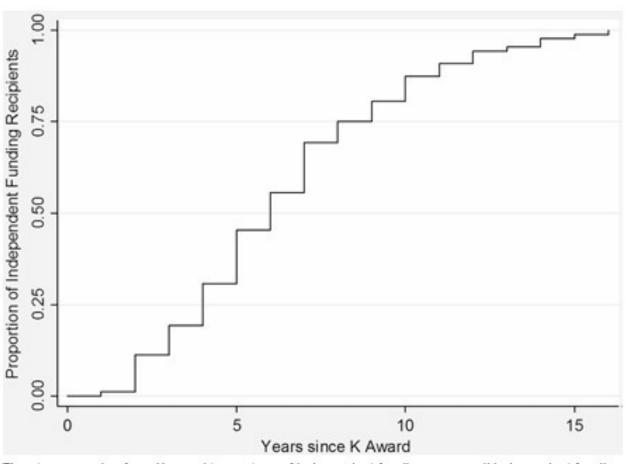
extramural **NEXUS** 

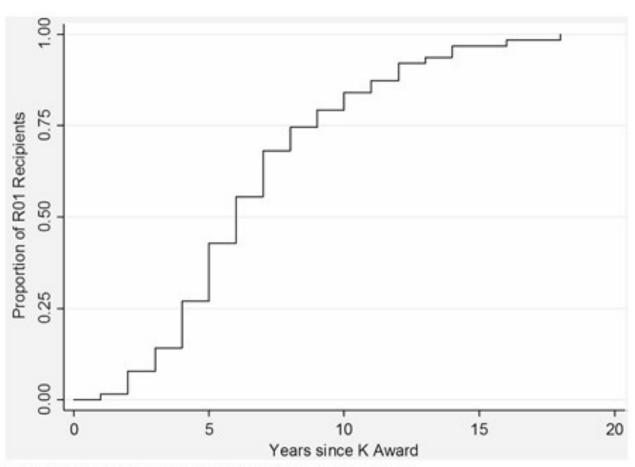






#### Ob/Gyn K to Independent Funding Transition



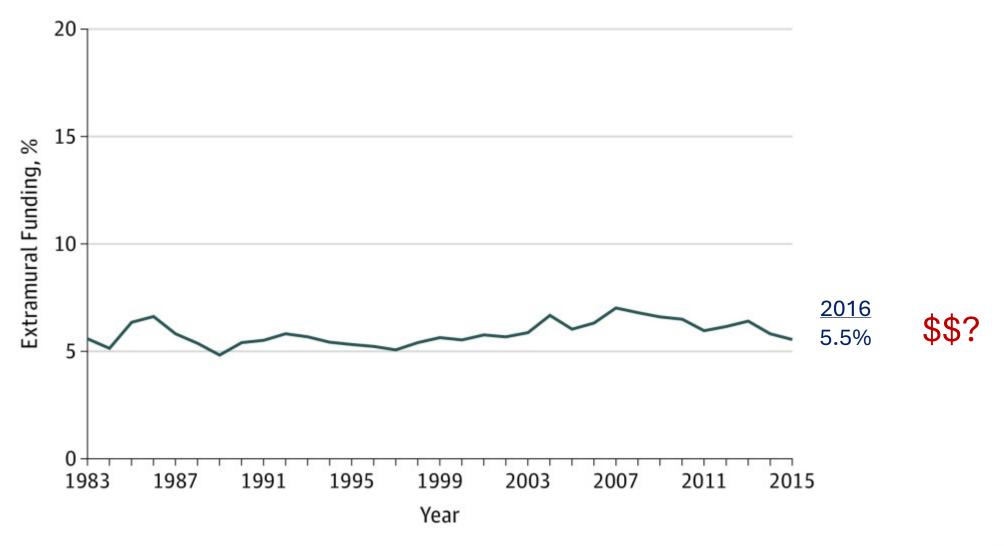


Time to conversion from K award to any type of independent funding among all independent funding recipients.

Time to conversion from K award to R01 among R01 recipients.



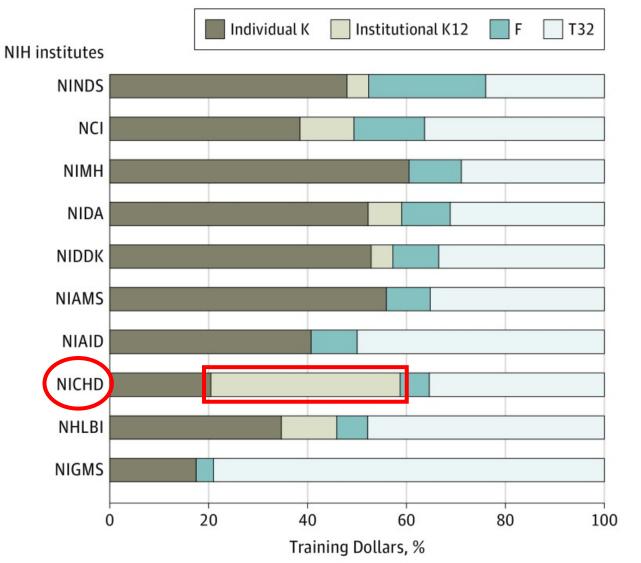
#### NICHD Extramural Training and Career Development



Twombly et al., Association of National Institute of Child Health and Human Development Career Development Awards with Subsequent Research Project Grant Funding. **JAMA Pediatr.** 172:226-231, 2018



### Training and Career Development Funding Across NIH



ALL specialties / subspecialties / scientific focus

Twombly et al., Association of National Institute of Child Health and Human Development Career Development Awards with Subsequent Research Project Grant Funding. <u>JAMA Pediatr</u>. 172:226-231, 2018

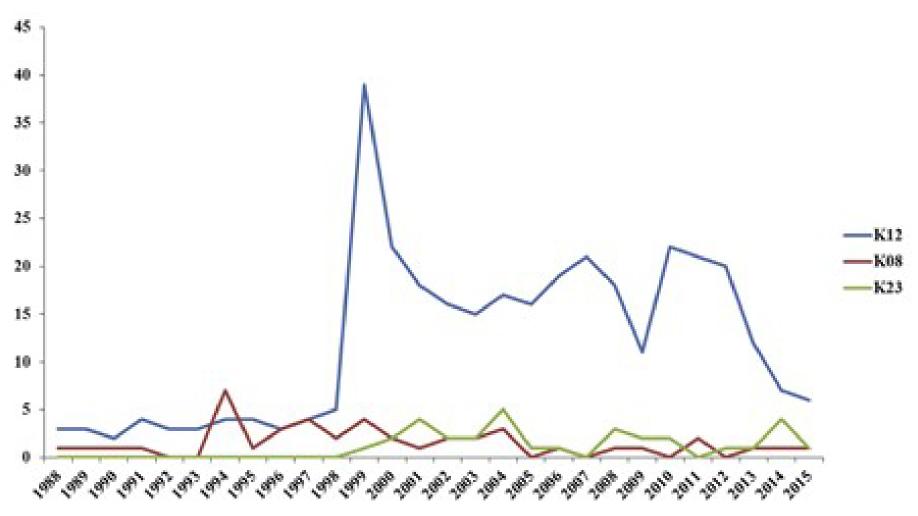


#### K12 Programs for Obstetricians and Gynecologists

- RSDP (1988)
- WRHR (1998)
  - 1998: 12 Programs / 1999: +8 Programs for a Total of 20 (3 slots/program)
  - 2024: 15 Programs (2 slots/program)
  - 28 Institutions/ObGyn Departments have participated
- [BIRCWH (2000)]



## NICHD Ob/Gyn NEW K Awards/Year



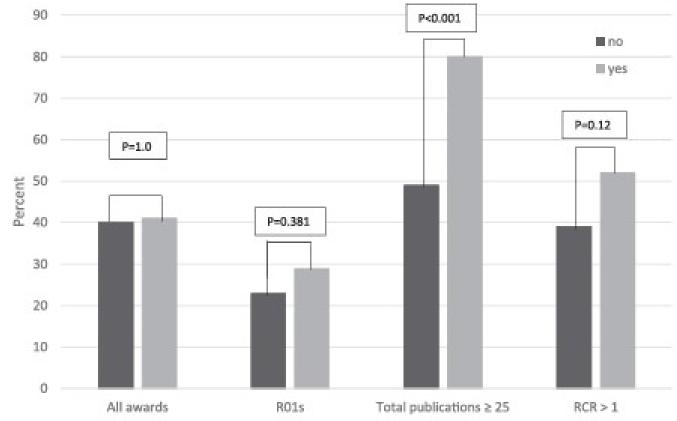
Number of new K recipients each year.

Okeigwe et al. Physician-scientists in obstetrics and gynecology. Am J Obstet Gynecol 2017.



# The WRHR Program: Scholarly Success Rates of Survey Respondents and Non-Responders

- 1998-2015
- 223 (+34) Scholars
- **>** 178
- **>** 151
- **>** 69 (45.7%)



Y axis: proportions of survey respondents (gray) and survey nonrespondents (black). X axis, from left to right: >1 National Institutes of Health award, >1 R01, >25 publications, and RCR >1.



#### **WRHR**

- Departmental benefits
  - Financial
  - Development/expansion of research program(s)
  - Development of physician investigators/scientists
- Scholar benefits
  - Dedicated time for research
  - Networking
  - Exposure to NIH
- Departmental drawbacks
  - Financial
- Scholar drawbacks
  - Financial
  - Delay in Board Certification

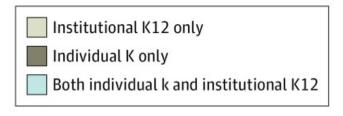


#### WRHR / NICHD K Awards Suggestions

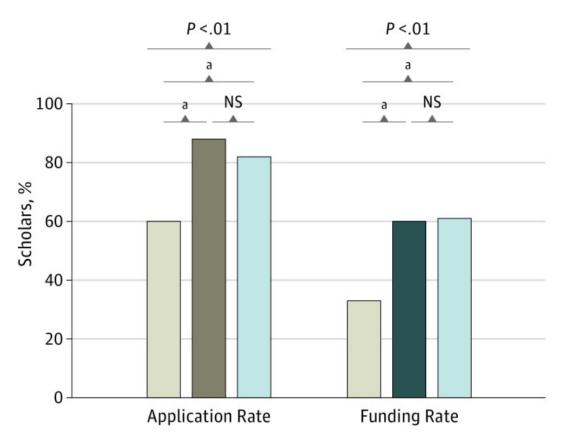
- Duration of WRHR/K appointment (Phase 1/Phase 2)
- Flexibility in effort
  - Bench/translational research (75-100%)
  - Clinical and health services research (50-75%)
- Multi-thematic Institutional WRHR programs
- Increase the T32 and F32 trainee pipeline
- Given the shift in support from K12 (WRHR cuts) to individual K's
  - Earmark K08 and K23
    - For Ob/Gyn's
    - (For other investigators with Women's Health Research focus)
- Modify categories for K01 eligibility (women-specific conditions)
- K99-R00

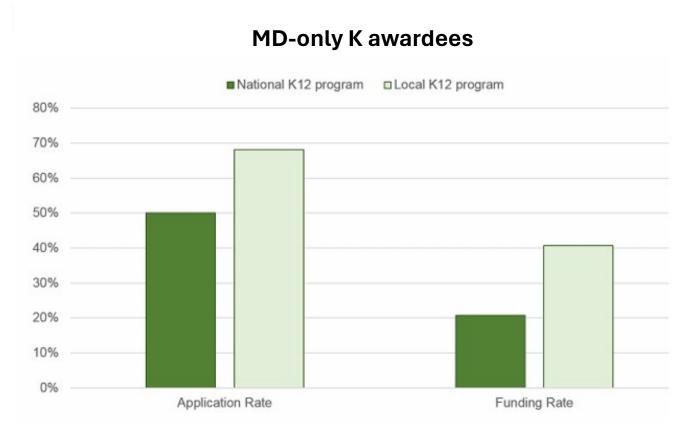


## NICHD K Awards and Subsequent Research Funding



ALL specialties / subspecialties / scientific focus





Twombly et al., Association of National Institute of Child Health and Human Development Career Development Awards with Subsequent Research Project Grant Funding. **JAMA Pediatr.** 172:226-231, 2018

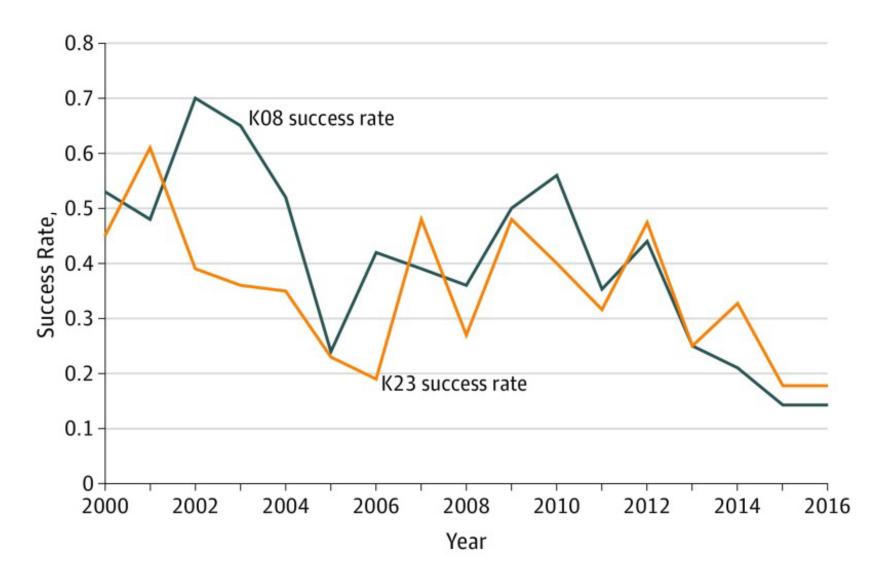


#### NICHD K Awards Review Committee (2015)

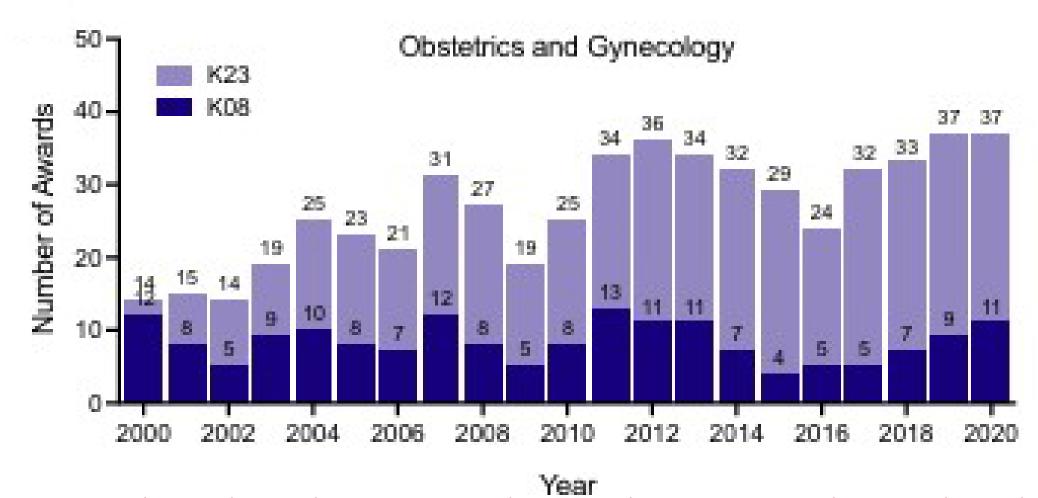
- Shift support from K12 to individual K's
- Increase success for K99-R00
- Modify K08 and K23 salary and research allowances
- Focus K08 and K23 fellows/scholars at more junior levels
- Consider modifying categories for K01 eligibility
- Create multi-thematic institutional K12 programs
- Consider consolidating reviews of K12 programs
- Consider establishing expectation for the duration of K12 appointment
- Continue to monitor K programs



#### NICHD Individual K Success Rates



Twombly et al., Association of National Institute of Child Health and Human Development Career Development Awards with Subsequent Research Project Grant Funding. **JAMA Pediatr.** 172:226-231, 2018



Parchem, et al., More than grit: growing and sustaining physician-scientists in obstetrics and gynecology

