

NIA-BSR Opening Remarks

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National Institute
on Aging

Why Aging in Place with Dementia Matters

- **The number of people**

- 10% of adults over age 65 may have dementia (4.9 million), and 22% may have mild cognitive impairment (12 million) (Manly et al 2022).

- **Most want to age in place**

- In order to age in place, individuals may need to plan for a variety of supports to be able to live in their own home, including managing finances, modifying a home to improve mobility accessibility, meeting healthcare needs, utilizing transportation throughout the community, and maintaining social interaction with family and friends (Crews et al., 2019; Liu et al., 2020; Szanton et al., 2011)

- **Impact at the Community level**

- Services & supports needed
- Financial implications
- State and community level planning
- Diversity of experience, not everyone has equal access to supports

- **People want to know how to age in place/in the community with dementia**

- NIA receives questions on this topic
- How do people stay healthy and safe and supported with dignity?

Aging in Place with Dementia is relevant to NIA Strategic Objectives

2019 BSR NACA Review Recommendation

- Support research to improve care for persons with dementia and caregivers

AD/ADRD Research Implementation Milestones, from Summits

Workshop Goals & Perspectives

Overall Goal: Discuss the state of knowledge and identify conceptual approaches to guide research on aging in place for people living with dementia in the United States. The workshop will emphasize community- and neighborhood-level factors that enable aging in place.

Diverse Perspectives: We want to hear from & learn from those who represent diverse racial, ethnic, and socioeconomic backgrounds as well as different geographic contexts (including international perspectives), and those who live alone with dementia or MCI.

Guiding Questions to Facilitate Future Research

- How well do our **models** of the neighborhood and community factors which facilitate aging in place fit people living with dementia?
- What aspects of **infrastructure** affect the ability of people living with dementia to age in place?
- To what extent should the goals of programs that support aging in place with dementia be targeted to keep people in their **own homes versus** in a **community** or **social environment**?
- Can aging in place for people living with dementia be evaluated in terms of improvements in quality of life, deferring transitions to facility-based care, or other **metrics**?
- How can **local health** and **social service systems** be incorporated into community level efforts to support people living with dementia?
- What interventions are available that might be useful to support those **without family or friends**?
- What research is needed to identify the challenges to implementation in “**real world**” programs?
- How can interventions be developed to be sustainable in **diverse community settings**?