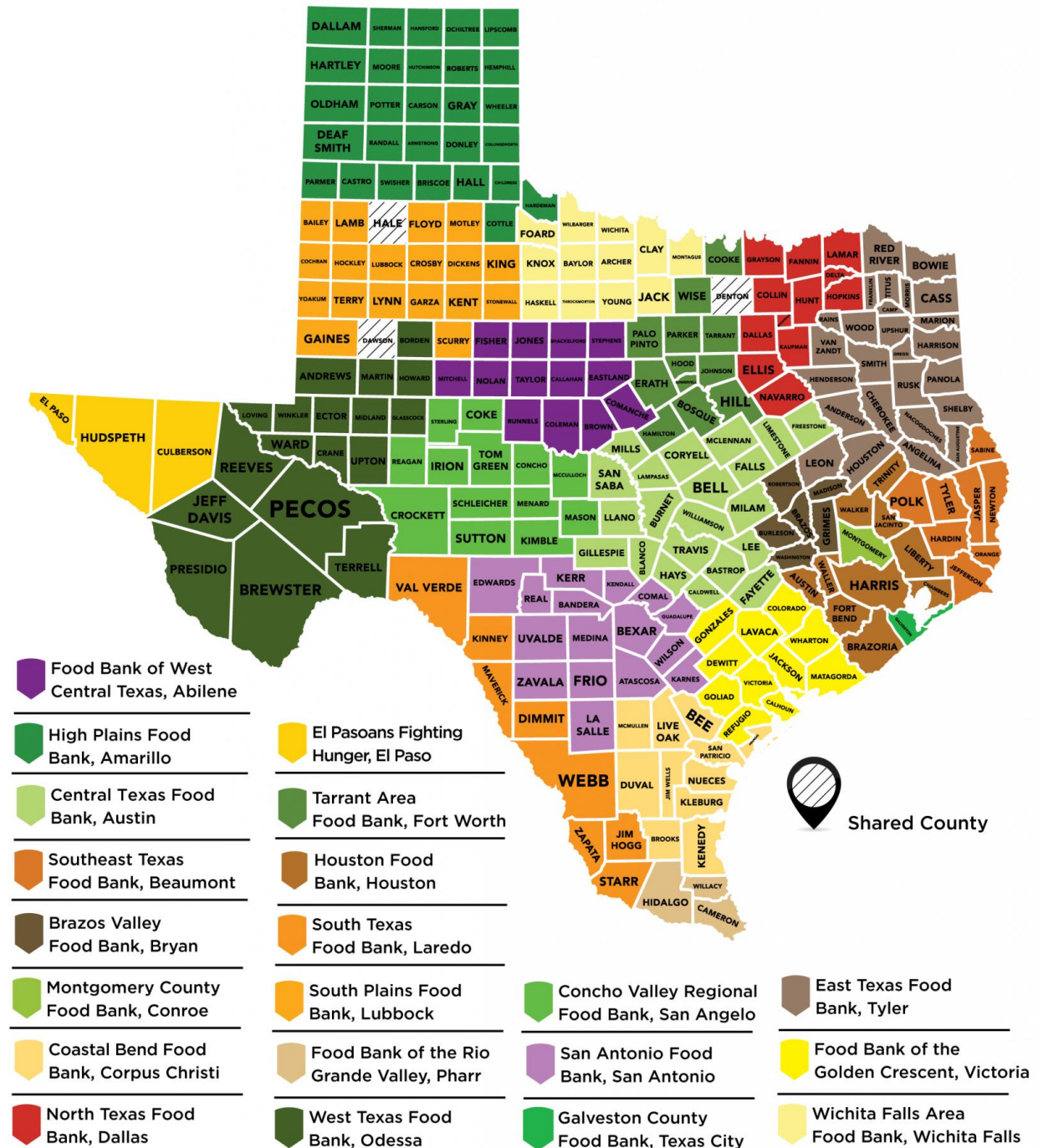# FEEDING TEXAS™

We lead a unified effort for a hunger-free Texas.

Feeding Texas supports a network of 21 food banks. Collectively we serve every county, making us the largest hunger-relief organization in Texas.

Food Bank of West Central Texas, Abilene

High Plains Food Bank, Amarillo

Central Texas Food Bank, Austin

Southeast Texas Food Bank, Beaumont

Brazos Valley Food Bank, Bryan

Montgomery County Food Bank, Conroe

Coastal Bend Food Bank, Corpus Christi

North Texas Food Bank, Dallas

El Pasoans Fighting Hunger, El Paso

Tarrant Area Food Bank, Fort Worth

Houston Food Bank, Houston

South Texas Food Bank, Laredo

South Plains Food Bank, Lubbock

Food Bank of the Rio Grande Valley, Pharr

West Texas Food Bank, Odessa

Concho Valley Regional Food Bank, San Angelo

San Antonio Food Bank, San Antonio

Galveston County Food Bank, Texas City

East Texas Food Bank, Tyler

Food Bank of the Golden Crescent, Victoria

Wichita Falls Area Food Bank, Wichita Falls

Shared County

Why Health and Nutrition Matter

Food insecurity, nutrition, and health are closely connected. People facing food insecurity have few options for nutritious foods and healthy eating. Poor nutrition increases the risk of health issues like diabetes and hypertension. Food insecurity makes managing a chronic disease even harder.

Connecting Health and Food Access

Access to Healthy Foods

Promoting nutrition means ensuring people can access foods that fight disease, respect their cultural traditions, and promote wellness.

Nutrition Education

Food banks are crucial in providing education that empowers individuals to make healthier choices. Knowledge is key to making positive changes in our overall health.

Health Partnerships

By forming strong partnerships with health care providers, we can reach more people at risk of food insecurity, improve nutrition, and achieve health equity.

Role of Public Policy

Systems- and policy-level changes are critical to address food insecurity and its root causes

Strengthening the federal nutrition programs & other income-support programs offer immediate opportunities

Adequacy	Reach
Access & Use	Nutrition Quality

Healthcare Partnerships

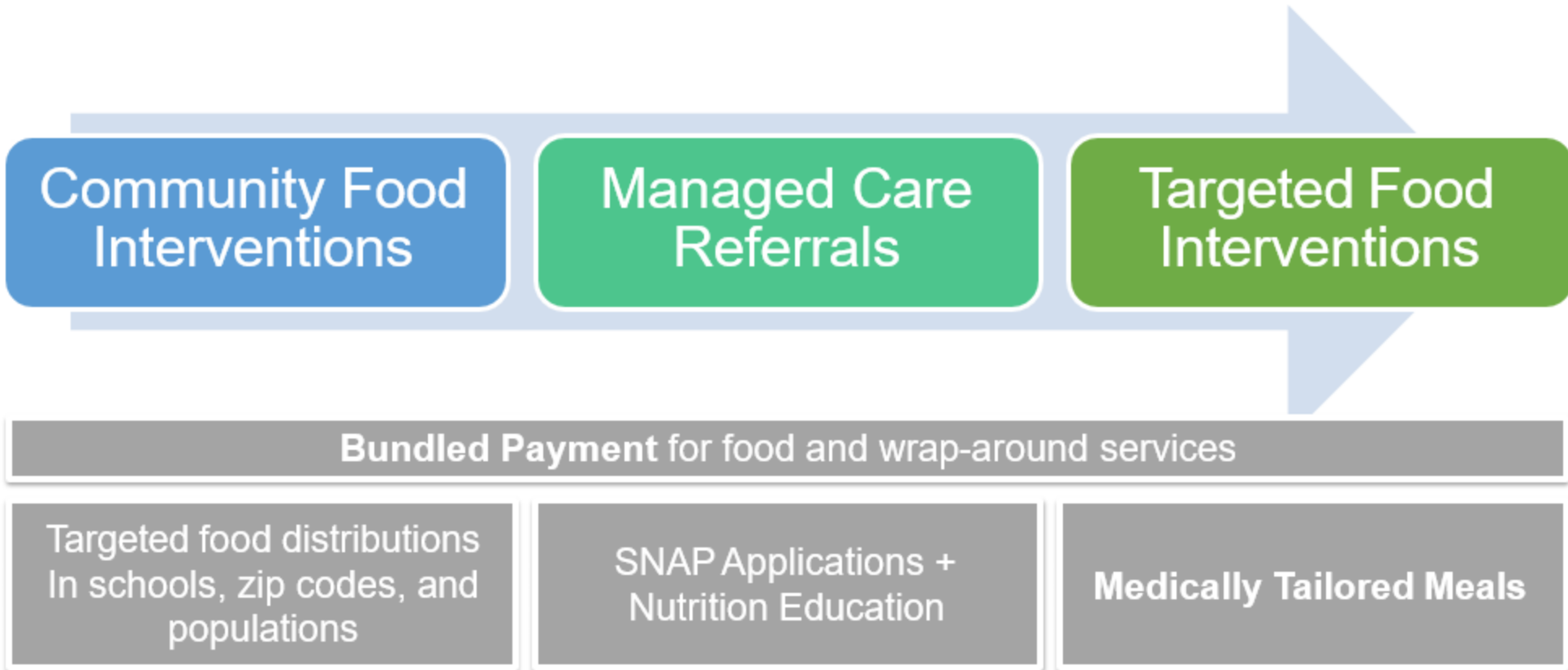# A Conceptual Framework:
Cycle of Food Insecurity & Chronic Disease

IDENTIFYING & ADDRESSING FOOD INSECURITY AT A HEALTHCARE SITE

CONDUCT
Food Insecurity Screening

REFER
To Existing Food Bank Programs & Food Pantries

HOST
New Food Distribution Programs

- On-Site Pantry
- Mobile Food Distribution
- Emergency Food Bags, Boxes or Meals

CONNECT
Clients to SNAP, WIC, and Other Food Programs

Partnership Opportunities with MCOs

Community Food Interventions	Managed Care Referrals	Targeted Food Interventions

Bundled Payment for food and wrap-around services

Targeted food distributions In schools, zip codes, and populations	SNAP Applications + Nutrition Education	**Medically Tailored Meals**

What is needed to drive change?

PARTNERSHIP
support & facilitation

Capture **LEARNING**
and progress

IMPLEMENTATION
of pilots

SCALE and
cultivate new efforts