

Models for Effective Community Suicide Prevention

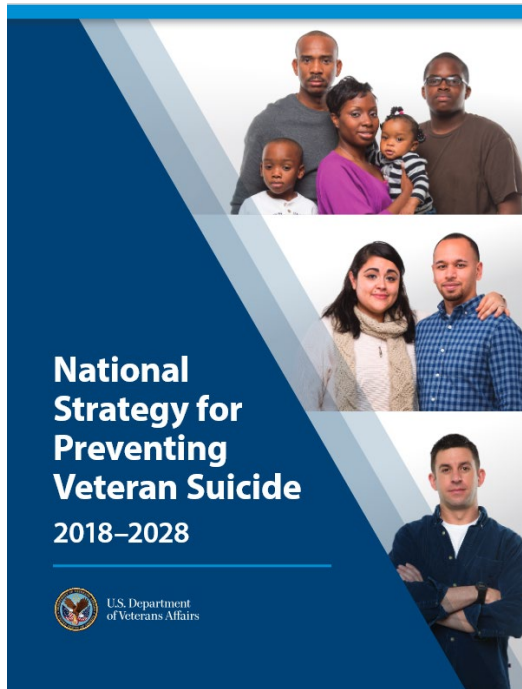
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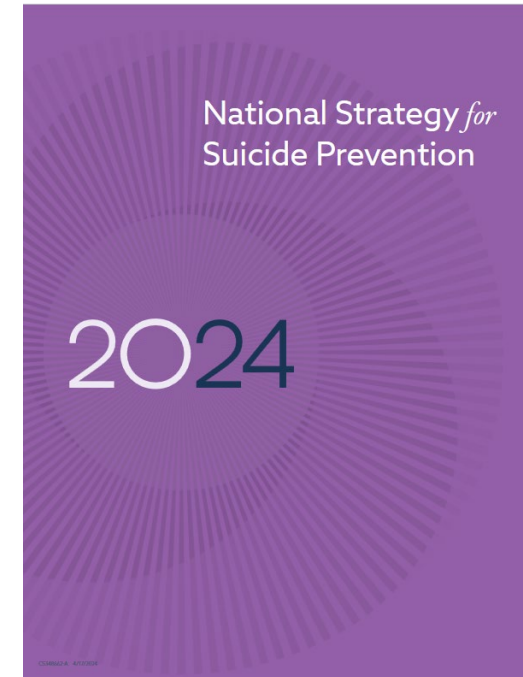
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Community Suicide Prevention: A National Priority



- Calls for “**appropriate community-based supports**” for Veterans to be available nationwide
- These programs should support “**active participation of a diverse range of community members**” in Veteran suicide prevention programs.

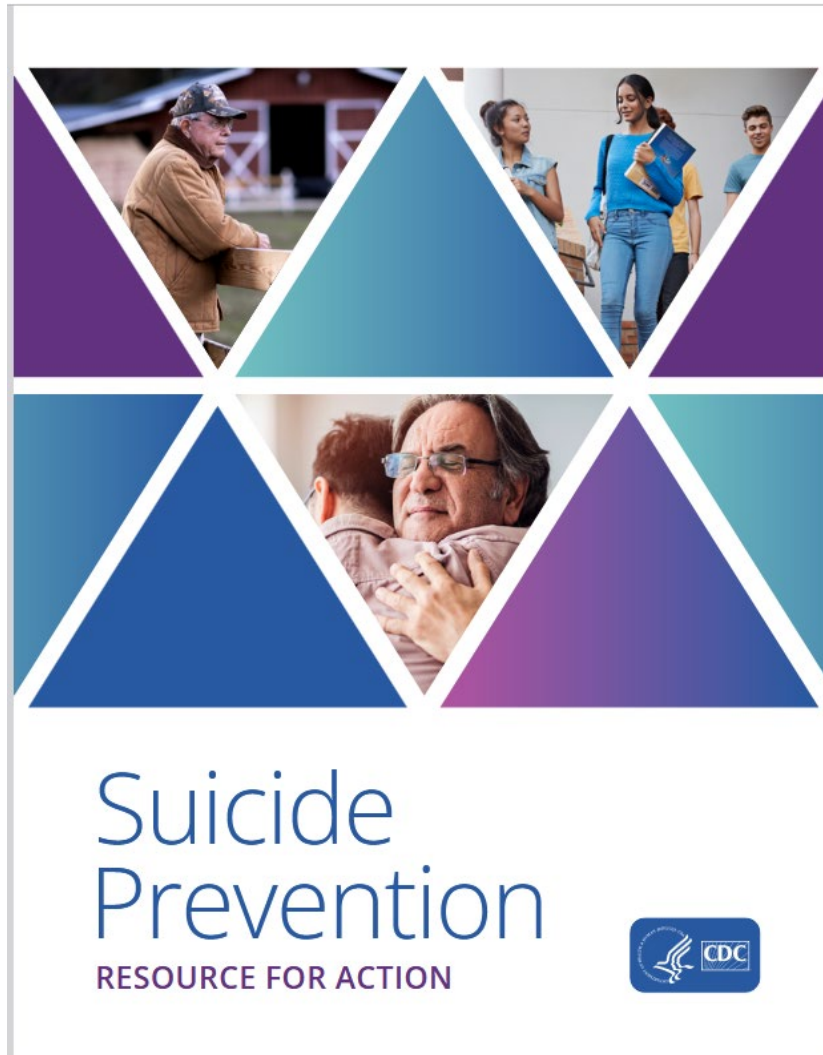


- Identifies **community as a “critical context for suicide prevention,”** encompassing spaces where people live, work, learn, play, and/or worship
- “**Every community can benefit from a coordinated, comprehensive suicide prevention approach.**”

Models for Effective Community Suicide Prevention



WHAT to Implement for Effective Community Suicide Prevention: CDC Suicide Prevention Resource for Action



STRATEGIES AND APPROACHES

to achieve and sustain substantial reductions in suicide

STRATEGY	APPROACH
 1 Strengthen Economic Supports	<ul style="list-style-type: none"> • Improve household financial security • Stabilize housing
 2 Create Protective Environments	<ul style="list-style-type: none"> • Reduce access to lethal means among persons at risk of suicide • Create healthy organizational policies and culture • Reduce substance use through community-based policies and practices
 3 Improve Access and Delivery of Suicide Care	<ul style="list-style-type: none"> • Cover mental health conditions in health insurance policies • Increase provider availability in underserved areas • Provide rapid and remote access to help • Create safer suicide care through systems change
 4 Promote Healthy Connections	<ul style="list-style-type: none"> • Promote healthy peer norms • Engage community members in shared activities
 5 Teach Coping and Problem-Solving Skills	<ul style="list-style-type: none"> • Support social-emotional learning programs • Teach parenting skills to improve family relationships • Support resilience through education programs
 6 Identify and Support People at Risk	<ul style="list-style-type: none"> • Train gatekeepers • Respond to crises • Plan for safety and follow-up after an attempt • Provide therapeutic approaches
 7 Lessen Harms and Prevent Future Risk	<ul style="list-style-type: none"> • Intervene after a suicide (postvention) • Report and message about suicide safely

WHAT to Implement for Effective Community Suicide Prevention: SPRC Comprehensive Approach



HOW to do effective Community Suicide Prevention: SPRC's Strategic Planning Approach



HOW to do effective Community Suicide Prevention: EDC's Community-Led Suicide Prevention Model



Unity



Planning



Integration



Sustainability



Data



Fit



Communication



Adapted from the National Action Alliance for Suicide Prevention's report: [*Transforming Communities: Key Elements for Implementation of Comprehensive Community-Based Suicide Prevention*](#)

References/Resources

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Thank you

Merci

Gracias

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