

**Dealing with the** diversity of microplastics for the assessment of external exposure

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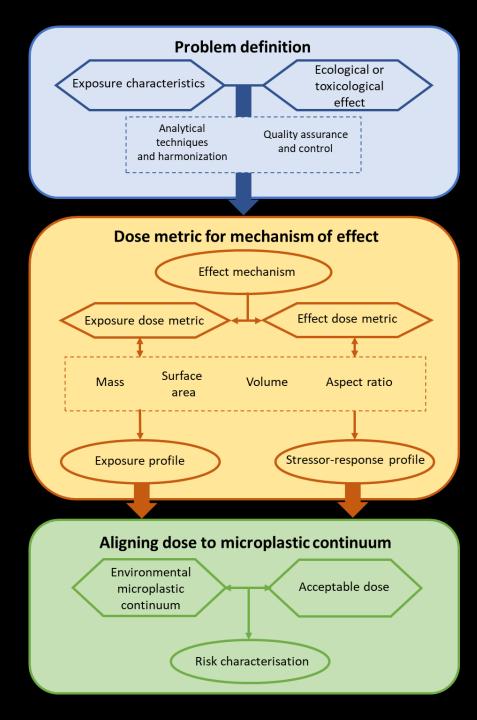
#### Exposure assessment

#### Effect assessment

# Risk communication & Management

'Cooking is a good metaphor for many things'

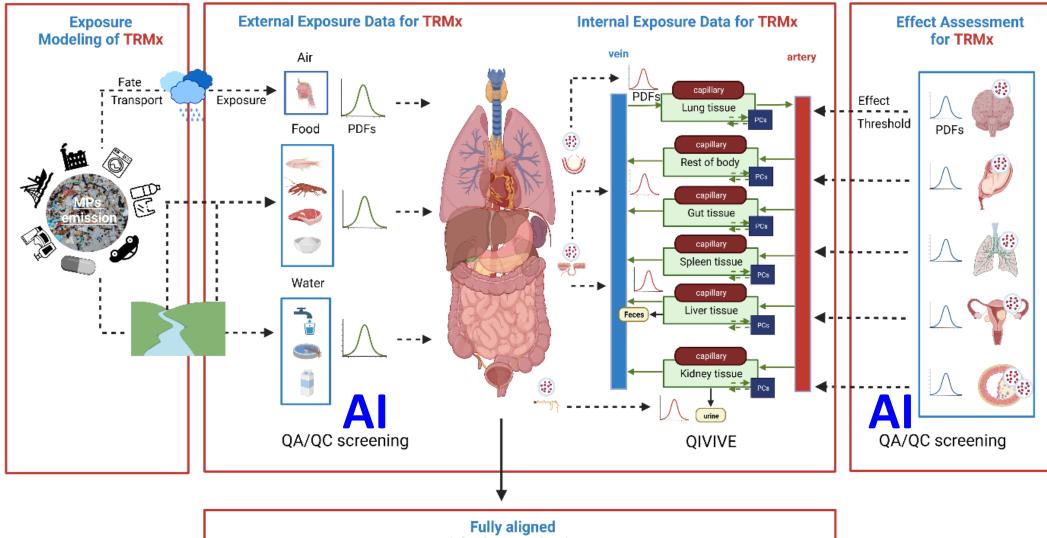
**Risk characterization (HQ)** 

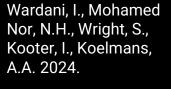


## Toxicologically Relevant Metrics (TRM)

Koelmans, A.A. et al. (2022). Risk assessment of microplastics. *Nature Reviews Materials* 

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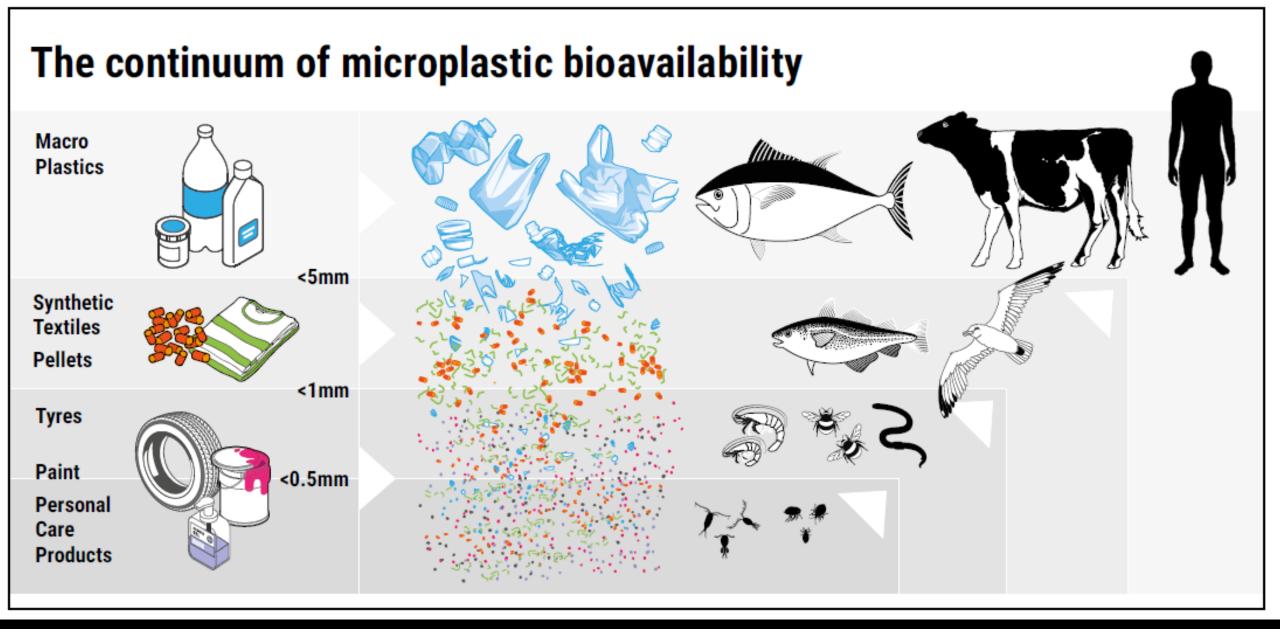
Microplastic PBPK modeling in the context of human exposure and risk assessment, Environ. Internat

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bridging the gap between microplastics and human health



**Thompson, R.C., Courtene-Jones, W., Boucher, J., Pahl, S., Raubenheimer, K., Koelmans, A.A.** 2024. Twenty years of microplastics pollution research – what have we learned? *Science* 

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#### Reported microplastics concentrations in the human body



Saliva 0.33 MP/individual/day Abbasi & Turner, 2021

#### Sputum

1.86-9.78 MP/mL Huang et al. 2022

Blood 1.6 µg/mL Leslie et al. 2022

Breast milk 20.2 MP/g Liu et al 2023

Liver 3.2 MP/g Horvatits et al. 2022

Kidney

0 - 0.3 MP/g Horvatits et al. 2022

Colon 28.1 ± 15.4 MP/g Ibrahim et al 2020

Placenta

0.28 - 18 MP/g Liu et al 2023 Zhu et al 2023

Saphenous vein tissue 4.99 ± 17.18 MP/g hell et al. 2023 Inhalation Microplastics can become airborne from the wear and tear of plastic items and synthetic textiles, leading to inhalation

#### Dietary Intake

Microplastics are found in seafood, salt, beer, honey, and both tap and bottled water, among other food and beverage products.

> Lung 0.69±0.8 MP/g Jenneretal

Bronchoalveolar Lavage fluid 0.0918 ± 0.0245 MP/ml Baeza-Martinez et al. 2022

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Spleen 0.9 MP/g Horvatits et al. 2022

#### Dermal absorption

Microplastics are present in various consumer products, including cosmetics and personal care items, leading to potential ingestion or skin contact.

> Meconium 54.1 MP/g Liu et al 2023

Faeces 1 – 41.8 MP 3.33-13.99 µg/g Liu et al 2023 Zhang et al 2021 Luqman et al Yan et al. 2022

#### Clear:

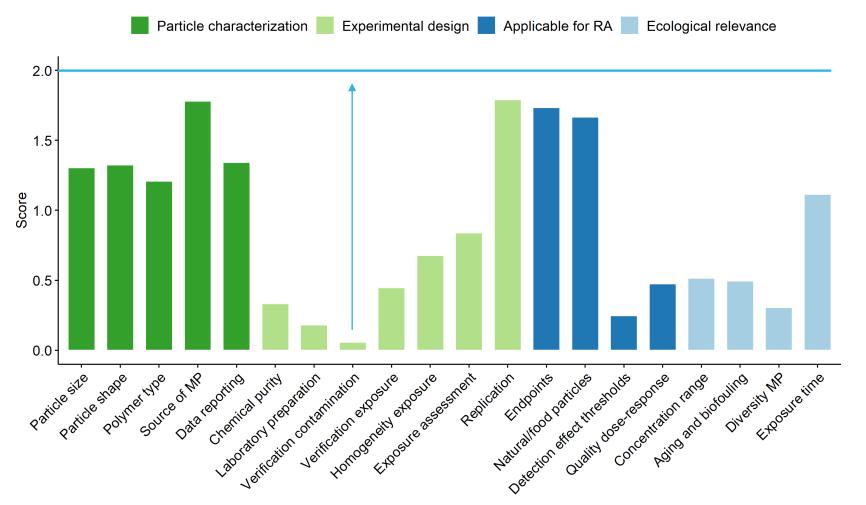
NMPs are in our body.

## Challenge: <u>Exposure</u> data are uncertain, fragmentary and not aligned. Same for <u>effects data</u>

Thompson, R.C., Courtene-Jones, W., Boucher, J., Pahl, S., Raubenheimer, K., Koelmans, A.A. 2024. Twenty years of microplastics pollution research – what have we learned? *Science* 

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### Challenge! Data not 'fit for purpose' due to low quality

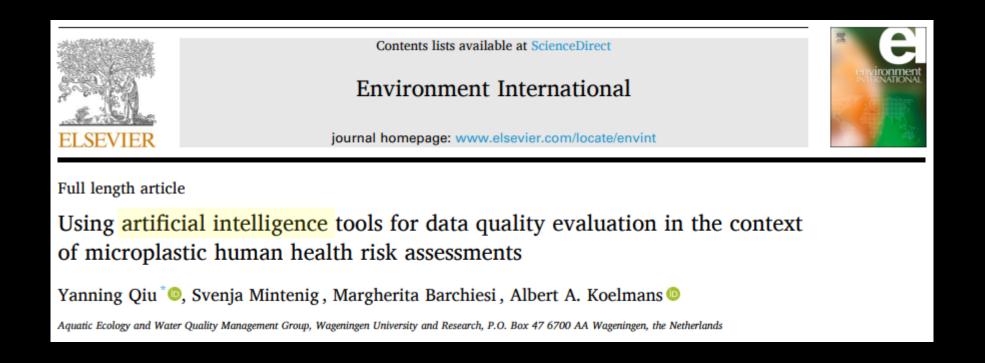


de Ruijter, V.N., Redondo-Hasselerharm, P.E., Gouin, T., Koelmans, A.A. 2020. Quality criteria for microplastic effect studies in the context of risk assessment: A critical review. Environ. Sci. Technol.

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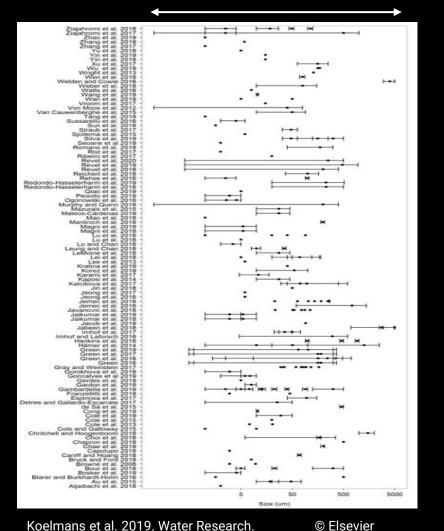
# How should we deal with the enormous and growing volume of published data?

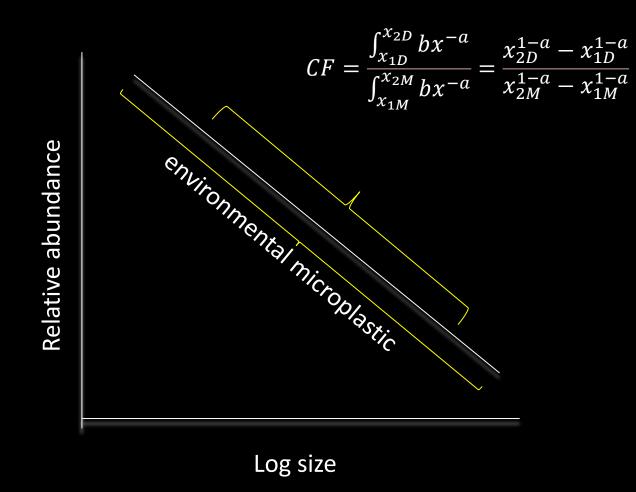


Qiu, Y., Mintenig, S., Barchiesi, M., Koelmans, A.A. 2025. Using artificial intelligence tools for data quality evaluation in the context of microplastic human health risk assessments. Environment International.

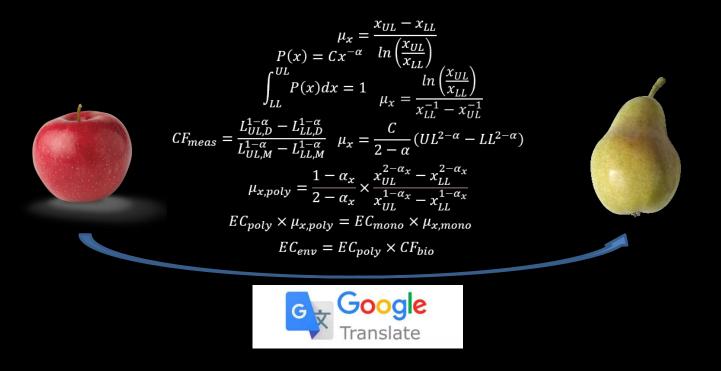
# Alignment of data that are obtained with methods that target different size ranges

Imagine: 'default' microplastic 1 to 5000  $\mu m$ 





Koelmans, A.A., et al. 2020. Solving the non-alignment of methods and approaches used in microplastic research in order to consistently characterize risk. Environ. Sci. Technol. © American Chemical Society

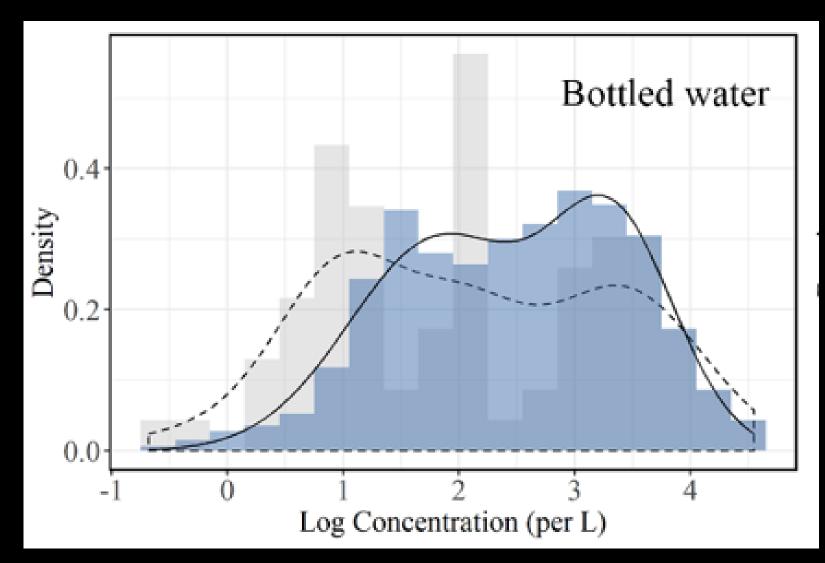


Koelmans et al (2020, 2022), Kooi et al (2021)

## Aligning incomparable exposure & effects data

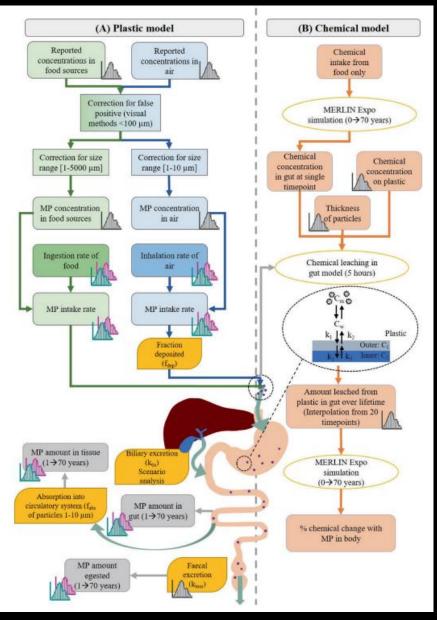
 $HQ = \frac{\text{Exposure}}{\text{Reference Dose (RfD) or Acceptable Daily Intake (ADI}}$ 

#### **ALIGNMENTS EXAMPLE** Probabilistically Aligning Microplastics data in media relevant for Human Exposure



Mohamed Nor, Kooi, M., Diepens N., Koelmans AA, 2021. Lifetime accumulation of microplastic in children and adults. ES&T.

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4700 0.15 years 50th percentile 0.10 Density 97.5th percentile 0.05 5353 1600 0004 l grain of salt Credit card 0.00  $10^{-8}$  $10^{-6}$  $10^{-4}$  $10^{-2}$  $10^{0}$  $10^{2}$  $10^{4}$  $10^{6}$  $10^{8}$ Microplastics concentration (mg/person/week)

• Mohamed Nor, N.H., Kooi, M., Diepens, N.J. Koelmans, A.A. 2021. Lifetime accumulation of nano- and microplastic in children and adults. *ES&T* 

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PBK modeling of particles & chemicals

## Take home

- Exposure gains significance in the context of effect and risk assessment; therefore, the entire framework must be properly aligned from the outset.
- 2. There are tools available for aligning data and determining data quality. Unfortunately, in media relevant to human exposure—or in organs and tissues—the quality of the data is too often insufficient for a reliable exposure (and thus risk) assessment.

Thank You!