

The Risk of Contraceptive Coercion Post-*Roe*

Kavita Shah Arora, MD, MBE, MS

Understanding our History

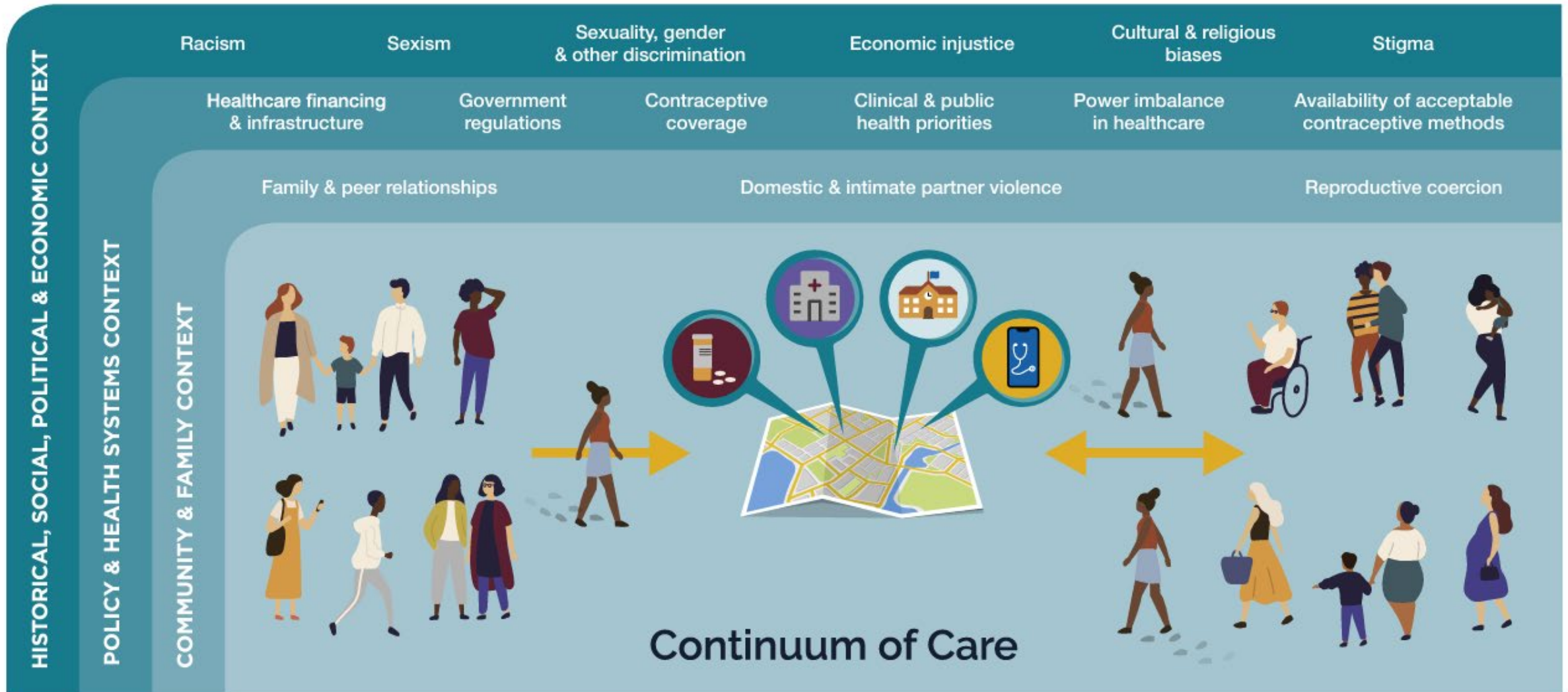
- Oral contraceptive pill trials in Puerto Rico
- “Mississippi appendectomies”
- Coercive sterilizations in California penal system
- Tennessee – reduced prison time for LARC

Public Health vs. Individual Patient Goals

- LARC First
- Reducing rates of pregnancy for specific groups
 - Teens
 - Patients with substance use disorder
 - Native Americans
 - Patients with Medicaid



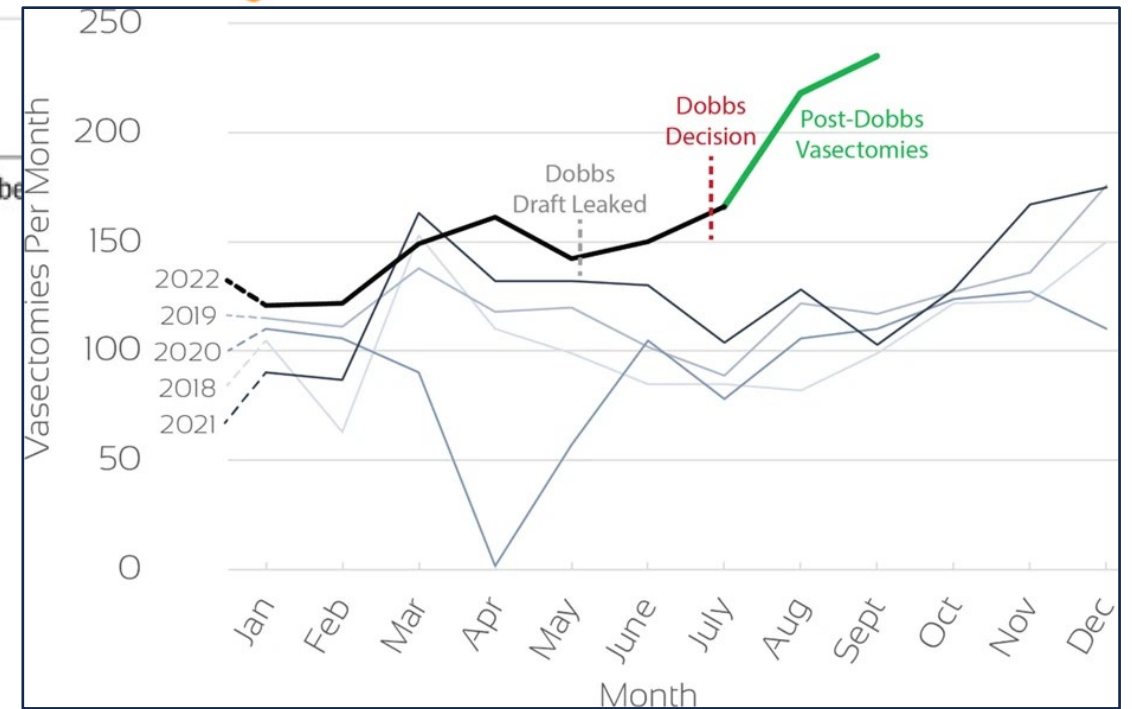
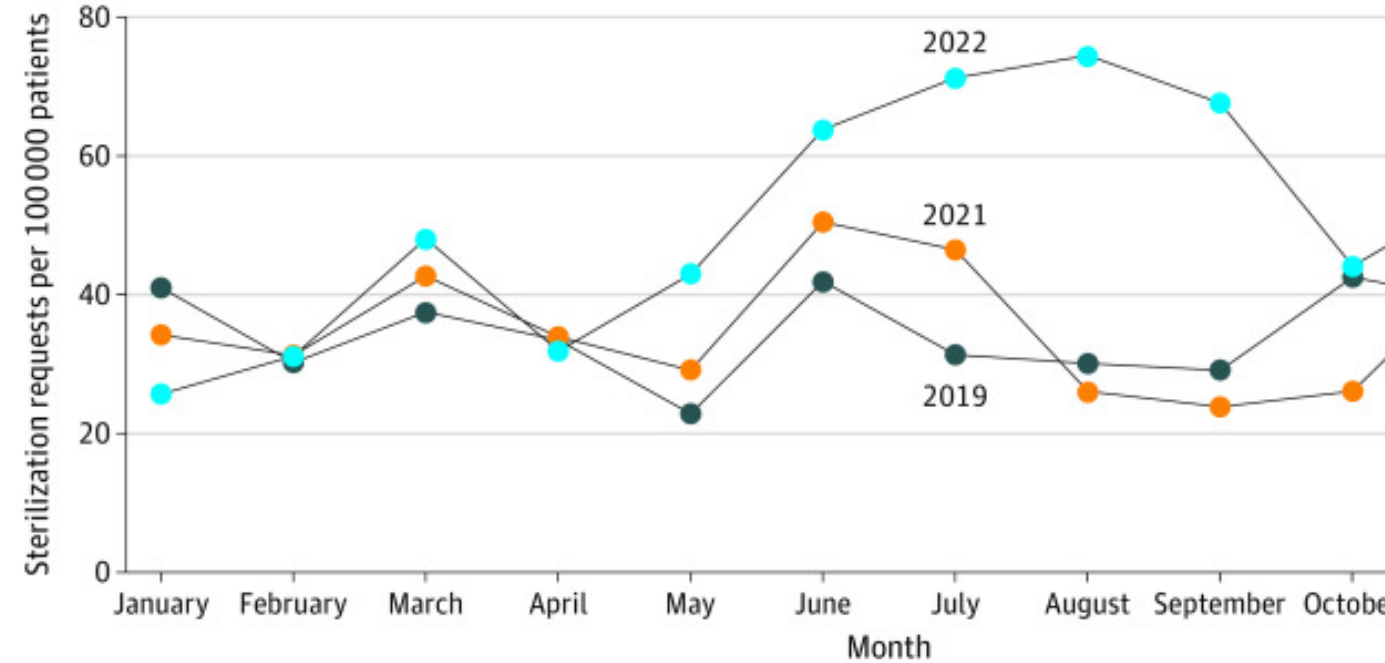
Person-Centered Contraceptive Care Framework



***Dobbs*– an acute on chronic problem**

- Political/legal interferences to non-coercive care pre-date *Dobbs*
- Greater “need” for contraception
- Inequities – gender, state, and resources
- Abortion restrictions are not solved by contraception

Permanent Contraception



External Motivators & Contraception

- Permanent Contraception
 - Nomenclature
 - Balancing gatekeeping and reduction of long-term regret
- Overemphasis on clinical & public health goals over individual patient preferences
- Shared decision-making
 - Choice Talk
 - Options Talk
 - Decision Talk

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