

Feeding Programs for Older Americans

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Purpose of the Older Americans Act



Hunger

Malnutrition

Food Insecurity

<https://iadc.gov/programs/health-wellness/nutrition-services>

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Sec 339 (A) of the OAA

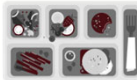
(A) provides meals that— (i) comply with the most recent Dietary Guidelines for Americans, published by the Secretary and the Secretary of Agriculture, and (ii) provide to each participating older individual— (I) a minimum of 33 1/3 percent of the dietary reference intakes established by the Food and Nutrition Board of the National Academies of Sciences, Engineering, and Medicine, if the project provides one meal per day, (II) a minimum of 66 2/3 percent of the allowances if the project provides two meals per day, and (III) 100 percent of the allowances if the project provides three meals per day.

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Older Americans Act (OAA) Nutrition Services

- Supports services for adults age 60 and older
- Provided by local senior nutrition program
- Offers health home-delivered meals and congregate meals
- Other services include: nutrition screening, education, and counseling



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Senior Meal Program Reach



5,000 Providers



> 900,000 Meals/day

<https://iadc.gov/programs/health-wellness/nutrition-services>

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Attributes of Survey Respondents

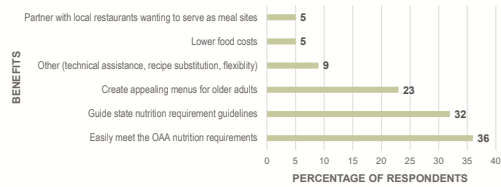
ATTRIBUTE	NUMBER	PERCENTAGE (%)
Number of Meal Sites Served (n=17)	Up to 149	10
	150 and higher	7
Basis of State's Nutritional Guidelines (n=43)*	AMDR	6
	Nutritional Analysis	14
	Dietary Patterns	20
	Other (Native Plate, RDI standards, combination)	3
		26
		31
		87
		13

* Participants could select more than one response

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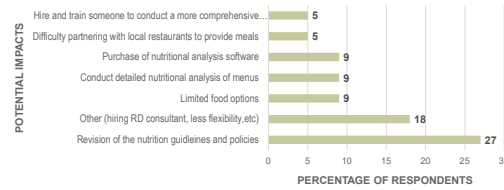
Perceived Benefits to Using the AMDRs



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Potential Impacts of AMDR Discontinuation



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Summary

Perceived Benefits

- Enhanced compliance and alignment
- Improved menu appeal and cost efficiency
- Strengthened partnerships and flexibility

Perceived Impacts

- Compliance challenges and increased costs
- Limited food options and resource constraints
- Transition challenges and loss of flexibility

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